



## AMA Women Physicians Section Governing Council Nomination Form – Medical Student

The AMA is committed to promoting diversity and inclusion in every facet of organized medicine and encourages you to consider nominating diverse candidates such as historically underrepresented minorities, women, and international medical graduates for positions on AMA councils/committees.

**Term:** One-year term, commencing June 2024. You must be a medical student and a member of the AMA throughout the term of service.

**Time commitment:** AMA Governing Councils typically meet three times each year, usually in June and November, with one other meeting date. Governing Council members may also participate in regular conference calls.

**Application deadline:** 1:59 a.m. CT on December 17, 2023.

**AMA’s Conflict of Interest Policy:** Please review carefully the information provided at the end of this form.

### Nominee Information

Name:	Sadie English	B	English
	<small>First</small>	<small>Middle Initial</small>	<small>Last</small>
Address:	[REDACTED]		
	<small>Street Address</small>		
City/State:	[REDACTED]	[REDACTED]	[REDACTED]
	<small>City</small>	<small>State</small>	<small>Zip Code</small>
Telephone:	[REDACTED]	Fax: N/A	
	<small>Daytime Phone</small>		
Email address:	[REDACTED]		
Date of Birth:	[REDACTED]	Place of Birth:	[REDACTED]
	<small>(mm/dd/yyyy)</small>	<small>City and State</small>	
Medical School:	University of Virginia School of Medicine		
Graduated:	May 2026	Medical Specialty:	N/A - Student
Board Certification(s):	N/A		

Nominee is an AMA Member:  Yes  No

AMA Member Since: August 2022

Nominee is an AMA Delegate:  Yes  No

Nominee has agreed to serve:  Yes  No

**Submitted By: Sadie English**

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Name of person/organization submitting the nomination

Email Address:

[REDACTED]

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[REDACTED] submitting the nomination

## Supporting Information

### 1. Current Professional Position and Responsibilities

(i.e. practice, administrative, research, academic)

At UVA School of Medicine, I hold several leaderships positions. In the Mulholland society, our student government, I serve as the school Fundraising Chair and my class social chair. I also am on the executive board for the Health Policy Interest Group, Medical Design Club, and the Edgerton Society Plastic Surgery Interest Group. I am a pre-med mentor for UVA's undergraduate students, and I also serve as a student host and ambassador for the admissions committee.

### 2. Current/Prior State and Specialty Medical Society Memberships and Affiliations, and Faculty Appointments

(List current and past roles and positions held and dates of service.)

American Medical Association, August 2022-Present

Medical Society of Virginia, August 2022-Present

### 3. Current/Prior Membership on AMA Councils/Committees:

(List Councils or Committees and dates of service.)

N/A

### 4. Sponsor's Narrative Statement

(Describe nominee's accomplishments and contributions using not less than 50, nor more than 250 words.)

N/A

### 5. Candidate's Statement of Interest

(Not less than 50, nor more than 250 words.)

Growing up in South Carolina, I learned just how devastating healthcare disparities can be. I split my childhood between the rural, farm-town communities and a suburban city, and I saw the issues of access to care, medical mistrust, and financial instability run rampant through the places I called home. Watching my grandparents and family friends struggle to navigate the healthcare system and get the care they needed inspired my decision to go into medicine, but I knew I wanted to do more than simply practice compassionate care. I realized that to improve our medical landscape, I would need to get involved with policy-making and administrative roles. My interests became aligned with women's health while working with breast cancer survivors and domestic violence survivors in the upstate of South Carolina during college. Hearing their personal experiences made me realize how much work there is to be done, and I would love to directly work towards better access to care and gender equity through WPS. I hope you consider me for the medical student representative role, as I would be honored to take on this responsibility.

### 6. Endorsements

(Are welcome, but not required.)

Scott T. Hollenbeck - letter or recommendation is attached.

## Diversity and Demographics

In order to attract the most diverse pool of candidates possible, we request the following self-reported diversity statement and optional demographic information. This information will be used in the internal deliberation of candidates and may be reported in aggregate form only. For applicants to organizations outside the AMA: this information will only be released to the organization to which you are seeking appointment (1) if you are the AMA's selected nominee and (2) if you provide permission to do so.\*\*

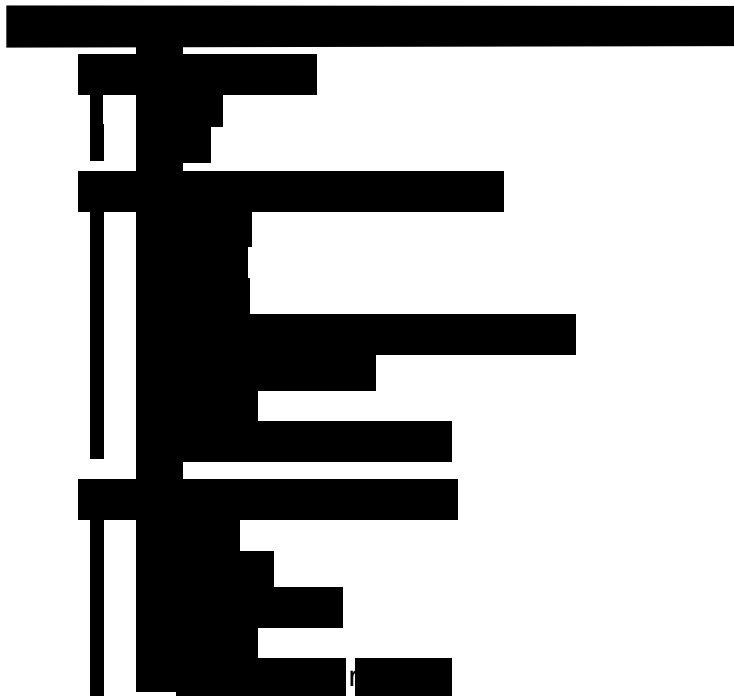
### 7. Candidate's Diversity Statement. Please describe how you will bring diversity to the position for which you are applying.

Throughout my pre-medical years, I actively engaged with breast cancer and domestic violence survivors, allowing me to witness firsthand the intersectionality of health disparities affecting women. Hearing about their journeys and the difficulties faced, especially by women of color and those with financial instability, fueled my dedication to understanding and addressing the unique challenges women face in healthcare.

Having served on multiple DEI committees while in college, I developed an understanding of the importance of fostering inclusivity. These experiences equipped me with the skills to advocate for diversity, equity, and inclusion within my immediate community, and they will help me achieve similar goals in the medical community. My ongoing research in breast cancer care disparities reflects my commitment to addressing systemic issues affecting women's health, particularly those from underrepresented backgrounds.

I currently serve on the executive board of UVA's Health Policy Interest Group, where I actively introduce and educate my fellow students on relevant policies promoting equitable healthcare. This position and my involvement in other leadership and student government positions further demonstrate my ability to collaborate, lead, and implement positive change.

If granted the opportunity to serve on the WPS Governing Council, I am dedicated to amplifying the voices of all women in medicine. My multifaceted background, coupled with a passion for advocating for the underserved, positions me to contribute meaningfully to the council's mission of advancing the interests of women physicians and the patients we serve. Together, we can work towards a more inclusive and equitable future for women in medicine.





**\*\*Optional Release to External Organization Positions** – For AMA nomination opportunities for external leadership positions: To further our mission of ensuring diverse representation, the AMA asks nominees if they would like to share the diversity statement and optional demographic information they have provided to us with the external organization for the position for which they have applied.

**Please indicate your decision below:**

No. I choose NOT to authorize the AMA to share this diversity statement and optional demographic information on this form to any external organization.

Yes. I authorize the AMA to share the diversity statement and optional demographic information I have provided in this application with the external organization to which I am applying for a position. I understand that the AMA will only include this optional diversity information if I am selected as a nominee.

## 9. AMA's Conflict of Interest Policy

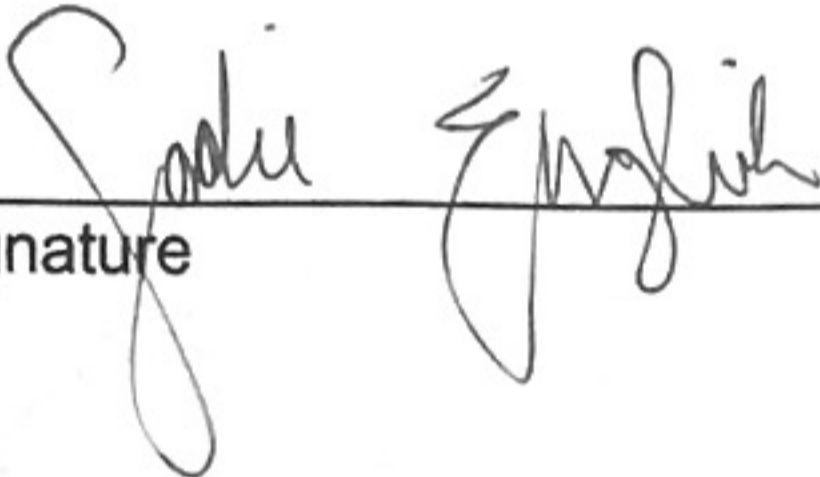
Please review carefully the AMA's Conflict of Interest Policy.

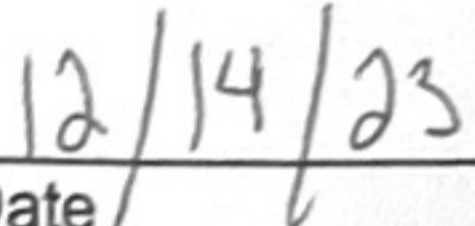
All Council nominees must complete a conflict of interest disclosure form by **January 3, 2024**. Upon the AMA's receipt of your nomination submission, an email with details on how to access the disclosure form will be forthcoming. Your nomination materials will not be considered complete until your disclosure form has been completed and returned.

If you are seeking nomination/appointment to a leadership position in another organization, please also review carefully that organization's conflict of interest policy to determine that you will be able to comply. Please also familiarize yourself with the other organization's requirements/instructions for completion of any disclosure form.

If you have questions about the AMA's Conflict of Interest Policy, the AMA's Office of General Counsel ([ogc@ama-assn.org](mailto:ogc@ama-assn.org)) is available to provide guidance.

Please confirm, by signing below, that you have reviewed the AMA's Conflict of Interest Policy and Principles, and understand the guidance provided above.

  
Signature \_\_\_\_\_

  
Date \_\_\_\_\_

## 10. AMA Medical Student Section Nomination Addendum

The following additional materials are **required**:

- a. Dean/Advisor Signature (see next page)  
Please acknowledge that you have discussed this time commitment and made appropriate arrangements with your Dean or Advisor by signing the document attached below. Signature also confirms medical student is in good standing at their medical school.
- b. CV  
Please attached candidate's executive curriculum vitae (no more than 3 pages).

The following additional materials are **optional**:

- c. Endorsements / Letters of Recommendation  
You may include additional letters of recommendation. For example, you may include a letter of endorsement from a leader in organized medicine (i.e. your local or state medical society, specialty society, or AMA delegation who is familiar with your prior activities) or a supervisor or faculty member who can evaluate your professional aptitude.
- d. Notification of Dean  
In the case of my appointment, I would like my Dean to receive a congratulatory letter, informing them of my selection.

Yes

No

If yes, please include your Dean's name, mailing address, and email address below:

Name: John Densmore

Mailing address: SOM Admissions Office, University of Virginia, PO Box 800725,  
Charlottesville, VA 22908

Email address: [REDACTED]



**Dean/Advisor Signature – Required**

Candidates for AMA Governing Council positions must be medical students for the duration of their one-year terms, which commence June 2023. AMA Governing Councils typically meet three times each year, usually in June and November, with one other meeting date TBA. Governing Council members may also participate in regular conference calls.

Please acknowledge that you have discussed this time commitment and made appropriate arrangements with your Dean or Advisor by signing below. The signature of your Dean or Advisor is required (1) to verify that your medical school is supportive of your application, (2) to acknowledge the time commitment involved in an AMA Governing Council position and that you will be permitted to attend all required Governing Council meetings, (3) to verify that you are a student in good-standing with your medical school, and (4) to verify that you will be a medical student (or on approved leave from medical school) throughout your term as a Governing Council member.

Candidate signature: Sadi English 12/14/23  
Signature Date

Dean/Advisor signature: [Signature] 12-11-23  
Signature Date

**Submit all application materials to [mss@ama-assn.org](mailto:mss@ama-assn.org) by 1:59 a.m. CT on December 17, 2023.**



Department of Plastic Surgery and Maxillofacial Surgery

Scott T. Hollenbeck, MD, FACS  
Raymond F. Morgan Professor & Chair

To whom it may concern,

It is my pleasure to recommend Sadie English for the Medical Student Representative position on the American Medical Association's Women Physicians Section Governing Council (WPS). I have enjoyed working with Sadie during her time at the University of Virginia School of Medicine, and it is with confidence that I can attest to her exceptional qualities and dedication to advancing the field of medicine.

As a medical student, she actively engages in initiatives to address inequalities in healthcare and foster an inclusive environment within our institution. Currently, she is assisting me on multiple projects assessing disparities in post-mastectomy care among UVA's breast cancer patients. She has been working diligently to determine what barriers may be impacting our patients' surgical outcomes and decisions to proceed with reconstructive surgery, with the goal of developing implementable interventions. Her dedication to this project, on top of her academic and extracurricular responsibilities, shows how committed she is to improving our health system.

One of Sadie's remarkable strengths is her ability to collaborate effectively with diverse groups of individuals. She has shown great leadership skills by spearheading projects that bring together students, faculty, and professionals to address pertinent issues facing women in medicine through her Health Policy Interest Group position. She has organized several events and panel discussions on topics related to women's health, including sessions about domestic violence, reproductive healthcare, and language barriers. She also serves as a personal mentor to female pre-medical students navigating the process of applying to medical school. Her commitment to fostering a supportive community for female physicians aligns perfectly with the goals of the WPS.

She continues to impress me with her work ethic, passion, and focus. I am confident that her commitment to the mission of the WPS Governing Council will be unwavering, and her contributions will be invaluable in shaping the future of the medical profession.

In conclusion, I enthusiastically endorse Sadie English for the position of Medical Student Representative on the Women Physicians Section Governing Council. I am confident that her dedication, leadership, and advocacy skills will make a significant and positive impact on the committee's objectives.

Please feel free to contact me if you require any additional information. Thank you for considering Sadie English for this important position.

Sincerely,

A handwritten signature in black ink that reads "Scott T. Hollenbeck". The signature is fluid and cursive, with a large loop at the end.

**Scott T. Hollenbeck, MD, FACS**  
Raymond F. Morgan Professor & Chair  
Department of Plastic Surgery, Maxillofacial and Oral Health  
University of Virginia