

# Sarah M. Smith

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## EDUCATION

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<b>Creighton University School of Medicine</b> , Omaha NE Doctor of Medicine, anticipated May 2021	2020 - Present
<b>Regis University</b> , Denver, CO Master's of Science in Biomedical Science	2019 - 2020
<b>Creighton University</b> , Omaha, NE Bachelor of Arts and Science Biology, <i>magna cum laude</i>	2015 – 2019

## HONORS AND AWARDS

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<b>Gold Humanism Honor Society</b> Creighton University Chapter	2023 - Present
<b>Graduate Honors</b> Master of Science in Biomedical Science Regis University, Denver, CO	2020

## PRESENTATIONS/ PUBLICATIONS

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### Poster Presentation

**Smith, S.**, Jones, R., & Brown, B.B. (2022, February). Cytoplasmic Localization of 14-3-3 is Associated With Suppression of Cell Death in Cell Carcinoma. Poster presented at the Midwest Student Biomedical Research Forum, Omaha, NE.

### Oral Presentation

Tran, M.L., & **Smith, S.S.** (2021, February). Efficacy of low-cost eyeglasses distribution in underserved areas of Omaha, Nebraska, Guatemala, Ghana, Cambodia, and the Dominican Republic. Presented at the Global Health Conference Midwest, Omaha, NE.

## RESEARCH ACTIVITIES

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<b>Molecular Mechanisms of Carcinogenesis in Skin Cancer Research</b> Creighton University, Laura Hansen, Ph.D.	2021 – Present
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- Investigating the interaction of 14-3-3 family proteins and how it potentially causes relocation and suppression of apoptosis in cutaneous squamous cell carcinoma
- Investigating Epidermal Growth Factor Receptor's influence in skin cancer
- Learning lab techniques such as immunohistostaining and growth cell cultures

**Type II Diabetes Research Master's Externship**

2019 - 2020

University of Colorado Anschutz, Judy Regensteiner, Ph.D.

- Investigated effects in Type II Diabetes patients and their associated diseases such as peripheral neuropathy and cardiovascular disease with a variety of interventions
- Interventions included exercise, dietary changes, and medications
- Performed screening subjects, exercised tested, followed up with subjects throughout study, and analyzed data

**LEADERSHIP**

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**Gold Humanism Honor Society Leader**

2023 – Present

Creighton University Chapter

- Organize society members involvement with community outreach Humanism Rounds discussing topics such as language barriers, wellness, burnout, team work/communication, and death

**Healing Gift Clinic President**

2021 - Present

Omaha, NE

- Clinic works in collaboration with all health professional schools to provide medical service for acute health care problems to underserved community
- Manage group meetings, organize fundraising, and work with administration to run and improve clinic

**American Medical Woman Association**

2021 – Present

- Attended and helped lead Q&A meetings to discuss topics such as Step 1 preparation, choosing M3 clinical rotations, and preparing for residency applications
- Participated in women enrichment activities bringing together students and women physicians

**Obstetrics and Gynecology Society Fundraiser Chair**

2022 – Present

- Establish and advertise fundraising events to raise money for the Creighton Obstetrics and Gynecology Society.
- Fundraising funds go toward hosting events within the group to foster interest and provide guidance for students interested in the specialty.

**Magis Clinic Manager**

2021 - 2022

Omaha, NE

- Organized medical students volunteer experience at the clinic
- Volunteered at clinic 1-2 times a month to oversee medical students and correspond with practitioners

**Project CURA Community Service Chair** 2020 - 2021  
Omaha, NE

- Organized community service experience for 50+ medical students at primary schools around Omaha Metro area teaching about health and cultural awareness.
- Participated with CURA executive board to discuss topics such as fundraising events and upcoming abroad service trips

**Vice Present Public Relations** 2017-2019  
Gamma Phi Beta Sorority

- Ensured organization preserved respectable relations with fellow Greek organizations, alumnae, Creighton University, and member's parents
- Attended weekly board meetings and organized bimonthly departmental meetings
- Planned and managed philanthropy events to support Campfire USA and social events.

**Freshman Leadership Program** 2018 – 2019  
Creighton University

- Organization promotes leadership and self-development through a live-together community
- Attended leadership seminars and participated in at least three hours of weekly service.
- Engaged student body in seminars and service

## **UNIVERSITY SERVICE**

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**Creighton University School of Medicine Admissions Committee** 2021– Present

- Responsibilities included interviewing prospective students, giving tours, hosting prospective students
- Participated in shadow a medical student day for undergraduate premedical students

**Creighton University School of Medicine Peer Mentor** 2021 – Present

- Lead medical student small group enrichment activities
- Participate in physician/student panel events to discuss topics such as physician leadership and teamwork

**Vital Signs M3 Peer Mentor** 2021 – Present

- A mentoring program to provide relationships and support for medical students of all levels
- Meet in small group setting to provide support and give advice to younger medical students
- Work with alumni mentor to put together group events.

## **COMMUNITY SERVICE**

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**Healing Gift Clinic** 2020 - Present

- Volunteers take history and complete physical exam, formulate a differential list, and propose treatment plan to practitioners
- Get exposure to the underserved community in Omaha, NE

**Magis Women's Health Clinic** 2020 – Present

- Volunteer in this non-profit organization that serves women in Omaha who are homeless and uninsured

- Participate in primary care, women’s preventative care, prenatal care, and sexually transmitted infection screening

**Magis Clinic** 2020 - Present

- Volunteer in this non-profit organization that serves patients who are homeless and uninsured in Omaha
- Participate in the primary care, psychiatric, and women’s health clinic taking history and physical and proposing differentials and treatment plans to the attending

**Phi Rho Sigma Medical Fraternity** 2020 – Present

- Provide good fellowship among students, alumni and faculty
- Chapter gets involved in yearly Project Homeless Connection, and I was able to perform eye screenings and glasses fittings

**Body Basics** 2021 – 2022

- Student-run CUSOM organization that offers free science based program to Omaha schools
- Directed a stations, teaching about sheep hearts, sheep brains, cow eyes and human bones

**Project CURA** 2021-2022

- Student-run CUSOM organization that sends medical students both abroad and local to work, treat, and help underserved populations
- Participated in local volunteer experiences as well as facilitated events to raise funds for a group of 50+ student’s abroad experience
- Spent two weeks at Pine Ridge Reservation volunteering in schools, providing service at orphanages, fitting over 200 children with glasses, and immersing myself in the Pine Ridge culture

**Charles Drew Clinic** 2021 - 2022

- Organization provides affordable healthcare to individuals
- I took histories and provided input into the development of diagnosis and treatment plan.

**Florence Clinic** 2018 – 2019

- A family medicine residency-run free clinic
- Shadowed a resident to get experience in a wide variety of clinic complaints such as abdominal pain, sexually transmitted infections, and tuberculosis

**Geriatric Exercise Class Volunteer** 2017 – 2018

- Taught exercise classes and interacted with adult participants
- Tried to focus on exercises that would improve functionality in everyday life by mimicking actions such as getting out of car, lifting groceries, and balancing exercises
- Idea was to get them to function better on daily basis

**EMPLOYMENT**

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**West Iowa Orthopedics** 2019 – 2020

- Shadowed physicians in the practice
- Scribed for multiple physicians in the practice

- Assisted nurses to preparing medical materials such as injections and casting material
- Obtained patient's health and family history
- Assisted in the process of converting paper charts to electronic medical records

**Iowa Surgery Center**

2018

- Shadowed a variety of physicians during pre-op, surgery, and post-op.
- Tasks included assisting nurses with patients before and after surgery, updating charts, and assisting in management of medical supply inventory for the entire center.
- Gave me exposure to the operating room

**PROFESSIONAL MEMBERSHIPS**

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**American Medical Woman Association**

2021 – Present

**Phi Rho Sigma Medical Fraternity**

2020 – Present

**American Medical Association**

2020 - Present

**HOBBIES AND INTERESTS**

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Traveling, Hiking, Skiing, Cooking, Exercise, Creighton Bluejays Basketball