

# HOW TO SET UP MEETINGS W/ YOUR MEMBER OF CONGRESS

Put your Advocacy in ACTION on October 27, 2023!

1

## Identify your Members of Congress

Go to [Congress.gov](https://www.congress.gov) and type your permanent home address into the 'Contact Your Member' box on the right side of the screen.



2

## Contact your Members

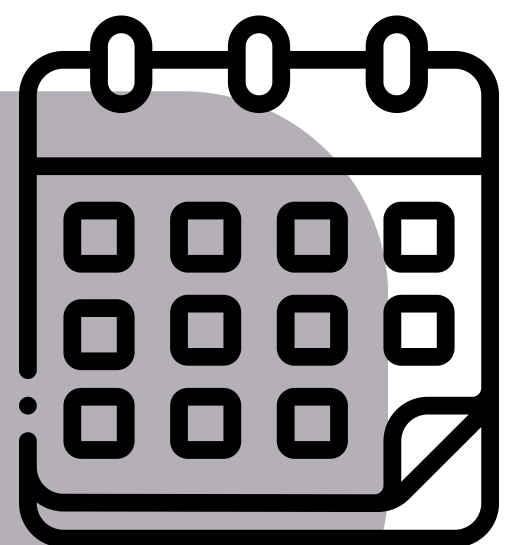
Click 'contact.' Each office has different requirements. Either call, email, or fill out a form to request a meeting with the **Member & the Health Legislative Assistant.**



3

## Schedule a Virtual Meeting on or around Oct. 27, 2023

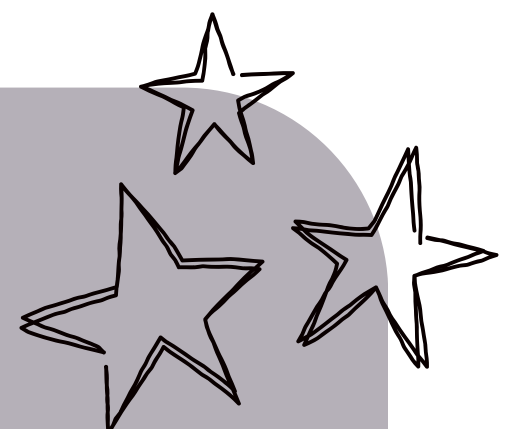
When scheduling, let them know that you are a constituent and would like to discuss **physician payment, prescription drug costs, and maternal mortality.**



4

## Confirm Meeting & follow up

Confirm the meeting time with the scheduler. Then, reach out a few days prior to the scheduled meeting to follow up and re-confirm meeting time.



Questions? Email Jessica McAllister at [graf@ama-assn.org](mailto:graf@ama-assn.org)