

# Oregon Medicaid Program Coverage Update: Guide to utilizing Self-Measured Blood Pressure (SMBP) benefits

## General steps for ordering devices and providing clinical support to eligible patients on Medicaid:

### ○ Step 1: Determine if patient is eligible for device and submit order

- Automatic blood pressure devices are covered for beneficiaries to diagnose and monitor hypertension, including hypertensive diseases of pregnancy, and related cardiac conditions. PA is required, and beneficiaries must meet the following standard:
  - Covered only if no one in residence is available to safely and accurately use or assist with standard blood pressure equipment and client or caregiver must be able to demonstrate ability to use equipment and correctly interpret results
- Patient eligibility for devices can be found in the Oregon Administrative Rule (OAR) [410-122-0620, Table 122-0620 Miscellaneous Supplies](#)
- Devices should be listed on the Validated Device Listing ([validatebp.org](https://validatebp.org))
- Determine cuff size prior to order placement
- Patients with coverage under a coordinate care organization should [contact](#) their CCO for coverage and PA requirements

### ○ Step 2: Check that patient has received their device

- An OHP-enrolled durable medical equipment (DME) supplier will require prescription and clinical note documenting medical need from an in-person or telemedicine visit
- Patients should receive notification on how to obtain their device from the supplier (pick up or home delivery)

### ○ **Step 3: Initiate SMBP with patient**

- When patient receives device, ask patient to conduct an in person or virtual visit for initial cuff fitting and training on how to use the device

### ○ **Step 4: Provide patient with ongoing SMBP support**

- Follow SMBP protocol (see resources for more information)
- Share plan with patient on how often to take readings, record them, and communicate back
- Update treatment plan as necessary based on SMBP readings

### ○ **Step 5: Sustain your SMBP program**

- Submit claims for SMBP clinical services using CPT® codes
  - Medicaid providers may be reimbursed for SMBP services using 99473, for patient device education and training, and 99474, for data collection and interpretation in Oregon

## **Resources**

### **Policy**

- [OHA Coverage of Home Blood Pressure Monitoring during the Covid-19 Emergency](#)
- [Sept 2024 Medical Dental Fee Schedule](#)

### **Initiating SMBP with patients**

- [AMA 7-step SMBP Quick Guide](#)
- [US Blood Pressure Validated Device Listing \(VDL\)™](#)
- [SMBP Jumpstart](#)

