

## **Webinar Resources**

*Addressing Behavioral Health in Primary Care: Non-Pharmacological Services & Treatments*  
BHI Collaborative Webinar- January 27, 2022

The [Common Factors Approach: HEL<sup>2</sup>P<sup>3</sup> to Build a Better Alliance](#) offers foundational communication skills for building a therapeutic alliance. HEL<sup>2</sup>P<sup>3</sup> components are effective interventions common to diverse therapies across multiple diagnoses.

The American Academy of Pediatrics resource on [Brief Interventions for Common Pediatric Primary Care Problems](#) highlights components of psychosocial therapies that apply to a group of related conditions.

The National Academies of Science, Engineering, and Medicine [Tools for Supporting Emotional Wellbeing in Children and Youth](#) provide physicians with resources to address a child's emotional health. These resources were created to help young people develop healthy ways to deal with stressful situations brought on by the pandemic.