

FREIDA™, the American Medical Association Residency & Fellowship Database®

The road to residency made simple.

About FREIDA

The FREIDA database allows medical students and residents to easily search more than 12,000 residency and fellowship programs accredited by the Accreditation Council for Graduate Medical Education.

How FREIDA can help you land the right spot

FREIDA allows you to search our vast database of over 12,000 programs with efficiency and confidence. FREIDA's exceptional tools and resources let you:

- **Target and refine your search** using up to 35 filters; for example, location (using list or map view), program type, salary
- **Get information** on sponsoring and affiliated institutions using our institution directory
- **Access FREIDA's Specialty Guide**, designed to simplify medical students' specialty selection process, highlight major specialties, detail training information and provide access to related specialty society information
- **Search for newly vacant positions** posted by program directors
- **Save your searches** so you don't have to reapply your filters for each search
- **Browse our video gallery**, featuring resources to help you navigate your residency journey

How AMA membership can help you get the most out of FREIDA

Beyond standard FREIDA capabilities, AMA members gain access to benefits including:

- **Members-only dashboard** that lets you compare programs side-by-side and download your results to a worksheet
- **Personalized section** for adding your notes, program ratings, application status, post-interview thoughts—helpful when creating your Rank Order List for the National Resident Matching Program (NRMP)
- **The FREIDA Residency Calculator** can help you plan ahead for application and Match fees

Your perfect program is waiting. Access FREIDA today.
freida.ama-assn.org

Check out the FREIDA demo video

