

Amber Clark, MD

University of Alabama at Birmingham



Amber Clark, MD, is an assistant professor in the Department of Physical Medicine and Rehabilitation at the University of Alabama at Birmingham (UAB). There, she diagnoses and treats individuals with spine and musculoskeletal disease/injury, strokes and neuromuscular disease with the goal of restoring function, independence and quality of life.

Dr. Clark is a former Jackson Heart Study (JHS) scholar and recently completed The George Washington University residency fellowship in health policy with distinction. She credits the JHS with planting the seed that disparate social constructs can be dismantled. As a physiatrist who sees firsthand how intersectionality of disability and disparities creates more disparate circumstances, Dr. Clark's passion for dispelling health disparities continues to deepen. Thus, she has chosen to pursue a career in health policy and is determined to be a positive change agent, thought leader and healer of systemic injustices.

Dr. Clark received her medical degree from Brown University in 2016. She completed her internship at Baptist Health System in Birmingham, Ala., and her residency training in physical medicine and rehabilitation at UAB where she served as administrative chief resident her senior year. Thereafter, she joined the UAB faculty. Dr. Clark currently serves as chair of the American Medical Association Young Physician Section (YPS), and as the YPS representative for her state medical society to the AMA House of Delegates.



