

Joshua Aaron Carrasco

Medical Training & Education

University of California, San Francisco (UCSF) – Pediatrics

Pediatric Resident - Categorical, PGY-1

San Francisco, CA, USA

Jun 2023 – Jun 2026

UT Health San Antonio (UTHSA) – Long School of Medicine

Doctor of Medicine

San Antonio, TX, USA

Jul 2019 – May 2023

UT Health Houston – School of Public Health

Master of Public Health

Houston, TX, USA

May 2019 – May 2023

The University of Texas at Austin

Bachelor of Science in Neurobiology, Minor in Arabic Language

Austin, TX, USA

Aug 2012 – May 2015

Service & Leadership

American Medical Association (AMA) – Resident & Fellow Section (RFS)

USA

Sectional Delegate – Endorsed by American Academy of Pediatrics (AAP)

Nov 2023 – Present

- Elected to represent Residents and Fellows across the country throughout the AMA's rigorous policy making cycle by reviewing resolutions, drafting and publishing testimony online, giving testimony in person at National Conferences, strategizing with the RFS and AAP, and voting with the House of Delegates

AMA – RFS – Justice, Equity, Diversity, and Inclusion (JEDI) Committee

USA

Committee Member

Jul 2023 – Present

- Acknowledged as a topic expert to contribute to educational programming and resolution review in an effective way that prioritizes and re-centers the experiences, health, and wellness of marginalized communities within our society

UCSF – Pediatrics Mentorship Program

San Francisco, CA, USA

Longitudinal Mentor

Jan 2024 – Present

- Selected, as a pediatric resident, to connect with and mentor an outstanding first-year URiM medical student on their journey to pursue a career in pediatrics with the ultimate goal to follow the student throughout their time in medical school and assist them in successfully applying and matriculating into a residency program that is right for them

UCSF – Residents for Inclusion, Social Justice, and Equity (RISE) Coalition

San Francisco, CA, USA

Coalition Member

Jun 2023 – Present

- Organizing with fellow residents at the grass-roots level to cultivate a residency program that welcomes and celebrates diversity among faculty, fellows, residents, medical students, and community members, whom we serve
- Contributing to the various subcommittees of the Coalition that focus on community engagement, advocacy, and wellness

AMA – Medical Student Section (MSS) Governing Council

USA

Inaugural Diversity, Equity, and Inclusion Officer

Jun 2022 – Jun 2023

- Elected to represent the interests of nearly 50,000 medical students across the United States that make up the MSS
- Launched a Working Group that fosters sustainable relationships between the AMA and the national leadership of medical student organizations, like Association of Native American Medical Students and Student National Medical Association, that represent students who are underrepresented within medicine and the AMA
- Incorporated the voices, perspectives, and expertise of national leaders represented in the Working Group into the advocacy efforts of the AMA - MSS, such as resolution and report writing and reviewing

American Medical Association – MSS National Minority Issues Committee

USA

National Co-Chair

Jun 2021 – Jun 2022

- Spearheaded application review & selection of members, creation of mentor-mentee pairs, and equitable distribution of committee responsibilities
- Planned and led monthly committee meetings focused on strengthening relationships between members, communicating the statuses of our projects, and providing MSS updates
- Co-founded Heritage Month Storytelling events to promote community and mutual understanding within the medical community by uplifting and amplifying inspiring intersectional voices using a virtual platform

HIV Out Loud! – Center for Medical Humanities & Ethics – UTHSA**San Antonio, TX, USA***Student Leader, Founding Member, & Oral History Practitioner*

Jun 2021 – June 2023

- Conducted and recorded extensive interviews and archiving the voices, experiences, and life stories of San Antonio community members who are living with or have been affected by HIV
- Trained as an oral historian by local leaders in the fields of archivism and anthropology to develop meaningful relationships with community storytellers, record their stories, and purposefully archive the data for future use
- Collaborated with faculty mentors to curate an appropriate website to provide a space for listeners and learners to experience the recordings and pictures we have begun to collect from our storytellers

Office of Inclusion & Diversity – UTHSA**San Antonio, TX, USA***Diversity Peer Facilitator*

Feb 2020 – Mar 2021

- Curated two independent 2-hour lessons focusing on LGBTQ+ identity & allyship in a series of six lessons for 30 preclinical students to engage in listening, reflection, and discussion on various topics centered around identity
- Worked on team with Chiquita Collins, Ph.D., Vice President for Diversity, Equity, and Inclusion at UTHSA, and the Inclusion and Diversity team to ensure success of project

Auscultations – UTHSA**San Antonio, TX, USA***Co-founder & President*

Feb 2020 – Feb 2021

- Directed a team of 7 peers to design and launch a platform that uses storytelling to foster a culture of understanding and kindness within medicine toward individuals who are underrepresented in these spaces
- Coordinated two virtual storytelling events that features three speakers and over 50 listeners at each event

Student Faculty Collaborative Practice – UTHSA**San Antonio, TX, USA***Pride Community Clinic Coordinator*

Dec 2019 – Feb 2021

- One of three Medical Student Leaders who orchestrated a biweekly clinic that serves 90 patients, primarily trans men and women, without health care coverage from San Antonio and South Texas seeking gender affirming care
- Acquired grant funding to completely cover all patient costs, including labs, prescriptions, and injection supplies
- Collaborated with three Nursing Student Leaders daily to ensure all aspects of patient care and student volunteer experiences were appropriately addressed

Discussions in Medical Ethics – UTHSA**San Antonio, TX, USA***Vice President*

Dec 2019 – Feb 2021

- Organized bimonthly meetings for student-led discussion of ethical issues in medicine including systemic racism, healthcare, and resource scarcity in the setting of the COVID-19 pandemic

Pride Organization – UTHSA**San Antonio, TX, USA***Social Chair*

Dec 2019 – Feb 2021

- Created events that promote the social and professional networking of LGBTQ+ students within our institution
- Initiated and managed the social media accounts to highlight student diversity and promote LGBTQ+-related initiatives

Peace Corps Guinea's First Annual STEAM Camp**Labé & Kankan, Guinea, Africa***National Science, Technology, Entrepreneurship, Arts, & Math Camp Coordinator*

Dec 2017 – Jul 2018

- One of six coordinators on the Volunteer Leadership Team who coordinated and secured a \$4,500 grant to fund a STEAM Camp, which hosted 23 unique community development focused scientific and artistic activities for 50 Guinean Students, 12 Guinean Teachers, and 21 Peace Corps Volunteers

United States Peace Corps – Guinea**Marella, Guinea, Africa***Community Health Center Volunteer*

Dec 2017 – Aug 2018

- Initiated partnership with the Community Health Center staff to collaboratively develop a program that focuses on the distribution of Malaria prevention education using pre-established social institutions, like agriculture, education, and religious groups, in preparation for the season with the highest frequency of Malaria transmission

United States Peace Corps – Guinea**The Republic of Guinea, Africa***Diversity Committee Member*

Dec 2016 – Aug 2018

- Facilitated and participated in diversity trainings among volunteers and administrators to validate and empower the unique experiences of underrepresented volunteers.
- Led Black History Month campaign in which volunteers of color shared how a Black Icon had shaped their service

Work Experience

United States Peace Corps – Guinea – Education Sector

Bissikrima & Marella, Guinea, Africa

Secondary Education Math and Science Professor

Jul 2016 – Aug 2018

- Educated over 550 seventh to tenth grade students in Math and Physics using the French language and supplemented daily lessons with gender equity, black empowerment, and literacy learning objectives
- Partnered with five peers to develop and coauthor a book of standardized lesson plans in the French language for 7th through 10th grade Physical Sciences that fulfilled the national curriculum requirements and incorporated various affordable hands-on-experiments for students to learn from and West Africa-specific examples and references to replace the outdated examples provided in the national France-made textbooks

IT'S TIME TEXAS Nonprofit

Austin, TX, USA

Teach Healthier After School Time Instructor

Aug 2015 – Jun 2016

- Independently enriched the nutritional and fitness knowledge of 60 lower-income and at-risk students in the 1st through 5th grade by coordinating lessons that use physical activity as a teaching tool, every weekday at two elementary schools in Austin Independent School District

IT'S TIME TEXAS Nonprofit

Austin, TX, USA

School Programs Intern

Aug 2015 – Jun 2016

- Developed the content of IT'S TIME TEXAS' Teach Healthier smartphone application while working closely with multiple departments to ensure the effective evolution of the application based on user experience and feedback

Presentations

Crous Y., **Carrasco J.A.**, Pearson R. Oral History for Medical Students: How HIV Out Loud is improving empathic listening skills and reducing HIV stigma among future physicians. Poster presented at: 11th Annual Texas Oral History Conference; September 10, 2022; Houston, Texas.

Carrasco J., Knight M., Sánchez J. P., Seija L. Rebuilding Trust among Minoritized and Marginalized Communities Through a Narrative Lens. Education Program presented at: 175th Annual American Medical Association Conference; June 10, 2022; Chicago, Illinois. <https://ama-making-the-rounds.simplecast.com/episodes/three-physicians-discuss-the-history-of-experimentation-and-medical-abuse-and-implications-for-today>

Xie L., **Carrasco J.**, Arcayan B., Lopez P., Olson J., Garcia S. Protecting and Advancing Care for Transgender Patients. Education Program presented at: 175th Annual American Medical Association Conference; June 9, 2022; Chicago, Illinois.

Crous Y., **Carrasco J.**, *et al.* HIV Out Loud: Confronting HIV Stigma with a Mobile Storytelling Booth. Poster presented at: 15th Annual Community Service Learning Conference; February 5, 2022; San Antonio, Texas.

Carrasco J. and Tamirisa S. LGBTQ+ Intersectionality in Healthcare. Education Session presented at: AMA-MSS National LGBTQ+ Affairs Committee Monthly Journal Club; May 6, 2020; Chicago, Illinois.

Awards & Honors

- 2023 Most Creative Ambassador – American Medical Association
- 2022 Gold Humanism Honor Society Inductee – UT Health San Antonio
- 2022 Excellence in Promoting Diversity & Inclusion Awardee – AMA-Medical Student Section
- \$7,500 Grant – Operating PRIDE Community Clinic during COVID – Texas Pride Impact Funds
- \$4,500 Grant – National Science, Technology, Entrepreneurship, Arts, and Math Camp – Peace Corps Guinea
- 2nd Most Active Volunteer (of 150 volunteers) – Malaria Month Competition – Peace Corps Guinea
- 2nd Place Overall in Texas Crew's (UT Austin's Men Rowing Team) Annual Pentathlon