Physician Tools & Resources

The American Academy of Pediatrics Suicide Prevention Resource webpage offers pediatricians and pediatric health care providers emotional health and suicide prevention tip sheets, videos and more for addressing depression, self-harm and suicidal ideation in their child and adolescent patients.

The National Institute of Mental Health’s Ask Suicide-Screening Questions (ASQ) Toolkit offers practices, hospitals and emergency departments a quick and effective way to screen children and adults for risk of suicide with four brief screening questions.

The American Foundation for Suicide Prevention’s Project 2025 is working to reduce the annual rate of suicide in the United States by 20% by 2025. This resource offers access to many open-access tools and resources, including a parental guide to child and adolescent mental health, and CDC preventing suicide toolkit.