

Idaho Medicaid Program Coverage Update: Guide to utilizing Self-Measured Blood Pressure (SMBP) benefits



General steps for ordering devices and providing clinical support to eligible patients on Medicaid:

- **Step 1: Determine if patient is eligible for device and submit order**
 - Automatic blood pressure device and cuff are covered for all beneficiaries 18 years and older without prior authorization, at a frequency of **once every 5 years**
 - Patient eligibility for devices can be found in the [Idaho Medicaid Provider Handbook – Suppliers](#)
 - Devices should be listed on the Validated Device Listing (validatebp.org)
- **Step 2: Check that patient has received their device**
 - Submit relevant documentation as needed to patient's DME supplier
 - Patients should receive notification on how to obtain their device from the supplier (pick up or home delivery)
- **Step 3: Initiate SMBP with patient**
 - When patient receives device, ask patient to conduct an in person or virtual visit for initial cuff fitting and training on how to use the device

○ **Step 4: Provide patient with ongoing SMBP support**

- Follow SMBP protocol (see resources for more information)
- Share plan with patient on how often to take readings, record them, and communicate back
- Update treatment plan as necessary based on SMBP readings

○ **Step 5: Sustain your SMBP program**

- Submit claims for SMBP clinical services using CPT® codes
 - Medicaid providers may be reimbursed for SMBP services using 99473, for patient device education and training, and 99474, for data collection and interpretation in Idaho

Resources

Policy

- [Idaho Medicaid Provider Handbook – Suppliers](#)
- [Idaho Medicaid Fee Schedule July - September 2025](#)

Initiating SMBP with patients

- [Idaho Blood Pressure Toolkit](#)
- [AMA 7-step SMBP Quick Guide](#)
- [US Blood Pressure Validated Device Listing \(VDL\)™](#)
- [SMBP Jumpstart](#)

