

# Infection-Associated Chronic Illness (IACI)

## What to Expect from Your Visit

1



### Complete History and Physical Exam

It is important to share with your clinician when symptoms started and what makes them better or worse. Tell them about any medical problems in family members and personal things like your job and hobbies and where you live.

2



### Review Old Records

If you have old medical records—lab work or imaging reports—**bring them to your appointment**. Your clinician may need time to review them all, but it is important they know what has been done already.

3



### Evaluate Results

Your clinician will talk about ruling in or out other medical conditions. While some people with **Infection-Associated Chronic Illness (IACI)** will not have another medical diagnosis, sometimes **your clinician can uncover another medical condition** that requires treatment.

4



### Make a Follow-up Appointment

**IACI is a complex condition that will require regular, ongoing care.** Your clinician will look for ways to manage symptoms **and help improve your quality of life.**

5



### Individualize Your Treatment Plan

**Patients with IACI have similar symptoms, but the treatment plan should be individualized.** Your clinician may refer you to other specialists or therapists to focus on specific symptoms or concerns.