



2023 Interim Meeting of the AMA Senior Physicians Section

Friday, November 10, 2023, 2:30 – 5:00 p.m. Eastern Standard Time (EST)

Gaylord National Resort & Convention Center
National Harbor, MD

Friday, November 10

2:30 – 3:00 p.m.	<p>SPS Education Program</p> <p>Title: Dietary Supplements for Seniors: Considerations for Safety and Support</p> <p>Program Description: With dietary supplements widely available and marketed to seniors, it's important to be prepared to support seniors in making informed decisions about supplement use. In this session, we will explore seniors' motivations for supplement use, provide insights into the diverse range of supplement types, and discuss safety considerations and essential frameworks that will help physicians ensure the well-being of their senior patients.</p> <p>Learning Objectives</p> <ul style="list-style-type: none">• Define the term dietary supplement and ingredient labeling.• Review considerations for product safety and accuracy.• Examine the requirements for claim substantiation. <p>Speaker: Cara Welch, PhD, Director of Office of Dietary Supplement Programs, U.S. Food & Drug Administration</p> <p>Moderator: Ved V. Gossain, MD, Immediate Past Chair, Senior Physicians Section</p>	Room: TBD
3:00 – 4:00 p.m.	<p>SPS Assembly Business Meeting (welcome introductions program overview)</p> <p>Virginia (Ginny) E. Hall, MD, AMA-SPS delegate Douglas M. DeLong, MD, AMA-SPS alternate delegate</p>	Room: TBD
4:00 – 5:00 p.m.	<p>SPS Education Program</p> <p>Title: Demystifying Medicare for Patients: Traditional Medicare vs. Medicare Advantage</p> <p>Program Description: The Medicare landscape is evolving rapidly, marked by the</p>	Room: TBD

expansion of Medicare Advantage plans which offer private alternatives to traditional Medicare. Today, seniors are faced with an overwhelming array of plans to choose from, and as a result, the decision-making process is growing increasingly complex. In this session, we'll discuss the benefits of simplified information and tools that empower seniors to make informed decisions about their health care coverage.

Learning Objectives

- Review recent trends of seniors enrolled in Traditional Medicare vs. Medicare Advantage programs.
- Review factors that assist seniors in recognizing the pros and cons of different coverage plans.
- Recognize the current challenges associated with transitioning between plans, like switching from Medicare Advantage to Traditional Medicare.

Speakers:

(1) David A. Lipschutz, JD, Associate Director/Senior Policy Attorney, Center for Medicare Advocacy;
(2) Shari Erickson, MPH, Chief Advocacy Officer and Senior Vice President, Governmental Affairs and Public Policy, American College of Physicians

Moderator: Jenny Boyer, MD, JD, PhD, SPS GC Immediate Past Chair

2023 Interim Meeting of the AMA House of Delegates

November 10-14, 2023

Visit the [AMA website](#) for meeting details