Whereas, Multiple studies have demonstrated an increased risk for heart attacks, strokes, and fatal car crashes as negative health consequences of moving the clock forward in Spring for Daylight Savings Time; and

Whereas, The American Academy of Sleep Medicine officially recognizes Daylight Savings Time as a public health problem; and

Whereas, A survey of 2,000 adults found that 63% of people supported or strongly supported the elimination of a seasonal time change in favor of a national, fixed, year-round time, and only 11% opposed; and

Whereas, Thirteen states in the past two years have written or enacted legislation to stay on one year-round time zone; therefore be it

RESOLVED, That our American Medical Association work with state medical associations to enact state legislation in support of remaining in the Standard Time Zone year-round (Directive to Take Action); and be it further

RESOLVED, That our AMA urge Congress to repeal the federal law establishing the annual advancement of time known as “Daylight Saving Time” and leave the U.S. on standard time year-round. (Directive to Take Action)

Fiscal Note: Modest - between $1,000 - $5,000

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