# Sustaining behavioral health care in your practice



## DISMANTLING STIGMA FOR ALL: ADDRESSING PHYSICIAN AND PATIENT MENTAL HEALTH INCLUDING SUICIDE RISK RESOURCE LIST

#### For pediatric health providers:

- AAP/AFSP Blueprint: <a href="https://www.aap.org/en/patient-care/blueprint-for-youth-suicide-prevention/">https://www.aap.org/en/patient-care/blueprint-for-youth-suicide-prevention/</a>
- SPRC Youth Resources: https://www.sprc.org/taxonomy/term/130/
- Practical Strategies for Managing Suicidal Ideation and Reducing Risk (webinar recording, slide deck and resource list access): <a href="https://www.ama-assn.org/delivering-care/public-health/practical-strategies-managing-suicidal-ideation-and-reducing-risk">https://www.ama-assn.org/delivering-care/public-health/practical-strategies-managing-suicidal-ideation-and-reducing-risk</a>

#### For adult providers:

- National Action Alliance for Suicide Prevention consensus care steps (includes PCPs, EDs, BH): https://theactionalliance.org/healthcare/standard-care
- The Joint Commission on Suicide Prevention: <a href="https://www.jointcommission.org/resources/patient-safety-topics/suicide-prevention/">https://www.jointcommission.org/resources/patient-safety-topics/suicide-prevention/</a>
- Addressing Adult Suicidal Ideation in the Primary Care Setting (webinar recording and slide deck access):
  <a href="https://www.ama-assn.org/about/events/addressing-adult-suicidal-ideation-primary-care-setting">https://www.ama-assn.org/about/events/addressing-adult-suicidal-ideation-primary-care-setting</a>

#### General resources:

• AMA Suicide Prevention Guide: <a href="https://www.ama-assn.org/delivering-care/public-health/suicide-prevention-guide-treat-risk-patients">https://www.ama-assn.org/delivering-care/public-health/suicide-prevention-guide-treat-risk-patients</a>

### Resources for physicians:

- JAMA Article on Medical Board Questions Alignment with FSMB Recommendations: https://jamanetwork.com/journals/jama/fullarticle/2780002
- AMA Page on Preventing Physician Suicide: <a href="https://www.ama-assn.org/practice-management/physician-health/preventing-physician-suicide">https://www.ama-assn.org/practice-management/physician-health/preventing-physician-suicide</a>

#### Research in this space:

- Moutier CY, Myers MF, Feist JB, Feist JC, Zisook S. Preventing Clinician Suicide: A Call to Action During the COVID-19 Pandemic and Beyond. Acad Med. 2021 May 1;96(5):624-628. doi: 10.1097/ACM.000000000003972.
   PMID: 33570850. https://pubmed.ncbi.nlm.nih.gov/33570850/
- Turner K, Stapelberg NJ, Sveticic J, Dekker SW. Inconvenient truths in suicide prevention: Why a Restorative Just Culture should be implemented alongside a Zero Suicide Framework. Aust N Z J Psychiatry. 2020 Jun;54(6):571-581. doi: 10.1177/0004867420918659. Epub 2020 May 8. PMID: 32383403. <a href="https://pubmed.ncbi.nlm.nih.gov/32383403/">https://pubmed.ncbi.nlm.nih.gov/32383403/</a>