

# Sadie English



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## EDUCATION

- Aug 2022 - Present      **Doctor of Medicine, University of Virginia School of Medicine**  
Anticipated graduation date May 2026
- Aug 2018 - May 2022    **Bachelor of Science, Biochemistry, Clemson University**  
Summa Cum Laude  
General Honors and Departmental Honors in Biochemistry

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## RESEARCH EXPERIENCE

- June 2023 - Present    **University of Virginia Department of Plastic Surgery, Maxillofacial, and Oral Health**  
*Advisor: Scott Hollenbeck, MD*  
Study: The effect of geographic location and patient resources on outcomes in autologous breast reconstruction
- Augmented and analyzed an IRB-approved database to compare differences in surgical outcomes between rural versus urban populations and favorably resourced versus unfavorably resourced cohorts
  - 2 abstracts submitted for the 2024 Plastic Surgery Research Council Conference
  - Poster: University of Virginia Medical Student Research Symposium, 2023
- June 2023 - Present    **University of Virginia Department of Plastic Surgery, Maxillofacial, and Oral Health**  
*Advisor: Scott Hollenbeck, MD*  
Study: Analysis of patient flow through the multi-disciplinary breast cancer program within the University of Virginia health system
- Developing an IRB-approved database of patients who underwent mastectomy and lumpectomy procedures at UVA between 2018 and 2022
  - Analyzing socioeconomic status, geographic location, health literacy, referrals, and procedural information in correlation with breast reconstruction rates

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## LEADERSHIP

- Feb 2023 - Present    **Health Policy Interest Group, Executive Board Publicity Chair,**  
University of Virginia School of Medicine
- Work with other board members to organize a lecture series focused on relevant health policy issues for School of Medicine students to attend
  - Organize events for medical students to network with business and law students also interested in health policy
  - Outlined the beginnings of a UVA Health Policy social media campaign that will highlight students' work in local and national healthcare-focused policy

- Feb 2023 - Present **Mulholland Society Student Government, Social Chair**, University of Virginia School of Medicine
- Organize school-wide and class social events for students to mingle and interact outside of the classroom
  - Coordinate the social orientation for incoming first year medical students
  - Collaborate with other student government officers to organize events for the Admissions Office and Alumni Association
- Sept 2022 - Present **Mulholland Society Student Government, Fundraising Chair**, University of Virginia School of Medicine
- Coordinate school fundraising efforts, primarily through the designing and selling of school apparel
  - Work with the class treasurer to manage the class budget
  - Collaborate with other student government officers to plan fundraising events
- Aug 2023 - Present **Edgerton Society Plastic Surgery Interest Group, Co-Vice President**, University of Virginia School of Medicine
- Organize informational meetings for students interested in plastic surgery and otolaryngology surgery
- Mar 2023 - Present **Medical Design Club, Executive Board Member**, University of Virginia School of Medicine
- Collaborate with team of medical students to teach design thinking and lead workshops for UVA School of Medicine students
- Mar 2023 - July 2023 **Mulholland Society Student Government, Virginia Medical Outdoor Orientation Leader**, University of Virginia School of Medicine
- Selected to direct the largest annual social orientation event for 60 incoming first-year medical students
  - Collaborated with a team of 14 counselors to plan the itinerary and secure student safety
  - Prepared and led students through a weekend of team building and bonding activities

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## **PUBLIC HEALTH RELATED EXPERIENCE AND SERVICE**

- Sept 2022 - Present **Buford Middle School Fitness Program, Mentor/Volunteer**, Charlottesville, VA
- Worked with middle schoolers to help improve their health through fitness and nutrition through a year-long program
  - Developed and led workout plans for groups of 3-5 middle schoolers to introduce new techniques and teach proper form
  - Serve as an academic and personal mentor to 4 eighth graders
  - Serve as a liaison for the program following transition to new pre-clerkship medical student leadership

- Aug 2023 - Present      **Ronald McDonald House, *Volunteer***, Charlottesville, VA
- Volunteer to cook meals for families regularly through the Cooking for a Cause and Association of Women Surgeons organizations at the School of Medicine
- Apr 2023 - May 2023      **Sun Protection Outreach Teaching Program, *Student Teacher***, Charlottesville, VA
- Organized school-wide and class social events for students to mingle and interact outside of the classroom
  - Coordinated the social orientation for incoming first year medical students
  - Collaborated with other student government officers to organize events for the Admissions Office and Alumni Association
- Sept 2022 - Dec 2022      **Medical Design Program, University of Virginia School of Medicine**
- Selected to collaborate with Emergency Medicine physicians and other first year medical students to learn about and solve complex health policy issues through design thinking
  - Assisted the Emergency Medicine team in redesigning the virtual urgent care platform
- Aug 2020 - Apr 2022      **Pickens County Advocacy Center, *Volunteer***, Easley, SC
- Served as an on-call volunteer to support victims of sexual assault and domestic violence
- Apr 2020 - Nov 2020      **Virtual Breast Cancer Education Workshops, *Facilitator***, Clemson, SC
- Organized a series of virtual workshops led by healthcare professionals during COVID-19 to educate college students on breast cancer risk factors and self-check techniques
- Feb 2020 - Nov 2020      **“Big Man on Campus” Breast Cancer Fundraiser, *Director***, Clemson, SC
- Led a committee of 40 people and 23 contestants in the organization of a male pageant to raise money for breast cancer education and awareness
  - Designed a website to serve as a virtual platform for the event once COVID-19 guidelines were put in place
  - Organized fundraising efforts to earn over \$50,000 for the chosen charities

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## PROFESSIONAL ASSOCIATIONS

- Aug 2022      **American Medical Association**  
 Aug 2022      **Medical Society of Virginia**

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## EXTRACURRICULARS

- Aug 2023 - Present      **Mentor, Pre-Med Mentorship Program, University of Virginia School of Medicine**
- Meet with UVA students interested in applying to medical school
  - Serve as a direct mentor to 2 undergraduate students
  - Participate in mock interview and Q+A sessions to guide applicants through the process