

Avani K. Patel, M.D., MHA – Brief CV

EDUCATION

Doctor of Medicine, The University of Mississippi Medical Center School of Medicine **Graduation: May 8, 2020**
Master's in Health Care Administration **Graduation: May 9, 2020**
Oklahoma State University Graduate College, GPA 4.0, Concentration: Executive Level Leadership (CEO/CMO)
Bachelor of Science, Biological Medical Sciences, Mississippi College, Magna Cum Laude **Graduation: December 2014**

POST-GRADUATE TRAINING

Residency Training: Adult Psychiatry, The University of Mississippi Medical Center **Expected Graduation: June 2024**
Fellowship: AMA-SHLI Medical Justice in Advocacy Fellowship **Graduation: November 2022**
The American Medical Association (AMA) & the Satcher Health Leadership Institute (SHLI) at Morehouse School of Medicine
Twelve dynamic physician-leaders across the country were selected from over 300 applicants from across the United States and represent a diverse field of medical professionals in multiple specialties. Together, the fellows generated and exchanged solutions and implemented health equity projects that inform policy to ensure optimal health for all. Under the mentorship of renowned multidisciplinary health equity experts, fellows mobilized to be part of the next generation of advocacy leaders, driving meaningful policy and structural changes that produce equity and justice in the communities they serve.
Fellowship: American Psychiatric Association Leadership Fellowship **Expected Graduation: June 2024**
Fellowship: American College of Psychiatrists Laughlin Fellowship **Accepted: October 2023**
The College selects 12 residents/fellows from the US and Canada. The Laughlin Fellows are chosen from an elite pool of applicants deemed likely to make a significant contribution to the field of psychiatry.
Mississippi State Medical Association Physician Leadership Academy **Graduation: June 2022**

PUBLICATIONS

Patel AK, Bernstein S, Gold, J. A Nuanced Approach to Adolescent Mental Health in the Era of Social Media. *Aims and Scope of Encyclopedia of the Neurological Sciences, Third Edition*. September 2023.
Patel AK, Gleason, SH, Pike-Lee, T, Bueno-Rios, M. The Mask of Psychiatric Disorders: A Case of Acute Inflammatory Demyelinating Polyneuropathy in Postpartum Psychosis and Bipolar I Disorder. *JMPA*. January 2022.
Patel AK, Bryant B. Separation Anxiety Disorder. *JAMA*. 2021;326(18):1880. doi:10.1001/jama.2021.17269
Patel AK, Balasanova AA. Treatment of Alcohol Use Disorder. *JAMA*. 2021;325(6):596. doi:10.1001/jama.2020.2012
Patel AK, Balasanova AA. Unhealthy Alcohol Use. *JAMA*. 2021;326(2):196. doi:10.1001/jama.2020.2015
Patel, AK., Ladner, ME. When Psychosis Versus Infection Ravages the Mind: A Case of Late Latent Syphilis. *JMPA*. 2021.
Avani Patel, M.D., MHA. Stress Management: A Guide to Patients. *JMPA*. 2020; 19-20
Avani Patel. Editorial: The Importance of Humanism and Compassion in Medicine. *JMSMA*. 2020; 61(3): 74
A. Patel, M. Sheth, MD. The Top 10 Women in Medicine You Need to Know. *JMSMA*. 2018; 59(9): 408-409
Schlessinger SD, **Patel AK**, Wadsworth M. Discharging For Dummies: First Year Medical Students Can Improve Discharge Processes In A Large Teaching Hospital. *J Investig Med*. 2017; 65(2): 637-638 (Abstract)

Online Publications

Patel, A and Berg, S. This resident psychiatrist stakes her claim as physician leader. May 2023.
Patel, A and Berg, S. What it's like to specialize in psychiatry: Shadowing Dr. Patel. April 2022.
Berg, S, **Patel, A**, and Balasanova, A. What doctors wish patients knew about unhealthy alcohol use. *American Medical Association*. 2021.
Patel, A. Avani K. Patel: Improving the culture of medicine. *American Medical Association*. 2020.

ORAL & POSTER PRESENTATIONS

Societal Leadership – Hugh O'Brien Youth Leadership Conference, Mississippi Chapter.

Patel A. Oral Presentation as Featured Speaker for June 2023 and in June 2022. Dr. Patel was tasked with speaking on understanding of the responsibilities and opportunities for leaders to contribute to positive social change, various forms of leadership in action and to engage in a learning-project to experience social responsibility in action, to practice connecting individual- and group-level resources to take action toward addressing sustainable development goals, and to develop youth-led root cause analysis that leverages individual, group, and community strengths to address global sustainable development goals at a local level.

Winter Blues: A Guide to Wellness Seminar – Department of Radiology, University of Mississippi Medical Center.

Patel A. and Khan, J. Oral Presentation as Featured Speaker for December 2022.

American Medical Association & Morehouse School of Medicine, Interim Meeting. Honolulu, HI. November 2022.

Equity in Mental Health Framework. **Patel A.** Oral Presentation.

Student to Doctor – Women's Physician Section, Missouri State Medical Association, Virtual Meeting

Preparing Women in Medicine for Virtual Interviews and Residency. October 2022. **Patel A.** Oral Presentation as Featured Speaker.

Wellness Series Grand Rounds – Department of Radiology, University of Mississippi Medical Center.

Patel A. Oral Presentation as Featured Speaker for January 31, 2022 and February 28, 2022.

Preparing for Your Match Interviews for AMA Members – American Medical Association, Virtual Meeting

Preparing for the 2022 Match for AMA Members. October 2021. **Patel A.** Oral Presentation

Student to Doctor – Women's Physician Section, Missouri State Medical Association, Virtual Meeting

Preparing Women in Medicine for Virtual Interviews and Residency. September 2021. **Patel A.** Oral Presentation.

Preparing for the 2022 Match for AMA Members – American Medical Association, Virtual Meeting

Preparing for the 2022 Match for AMA Members. August 2021. **Patel A.** Oral Presentation

WORK EXPERIENCE

- **Merck Manuals, Blogger** July 2016 – June 2022
- **American Medical Association (AMA), Improving Health Outcomes (IHO) Division: Project Administrator (Full-Time Internship, Contract Position)** March 2020 – June 2020
- **Mississippi State Medical Association (MSMA): Social Media & Communications Assistant (Contract Position)** March 2020 – June 2020 and **Marketing and Media Manager (Part-Time Position)** August 2019 – March 2020
- **Mississippi Physicians Care Network (MPCN) – Credentialing Coordinator (Part-Time Position)** Aug 2019 – April 2020

HONORS/AWARDS

PGY-III Resident Medical Student Teaching Award, UMMC June 2023

Doctor of Distinction, Mississippi State Medical Association August 2022

The Garland "Bo" Holloman Service Award, UMMC June 2022

In Recognition by the Department of Psychiatry and Human Behavior for dedication to Patient Care and Advocacy

The Scott Rodgers Interprofessional Teamwork Award, UMMC June 2022

In Recognition by the Department of Psychiatry and Human Behavior named in honor of the former Chair to recognize an outstanding junior resident for excellence in teamwork; this award is the first of its kind and the awardee was voted on by essential staff members (attending, nurses, techs, social workers, etc) on our psychiatry team across the multiple ERs, adult psychiatry wards, and the child psychiatry ward

Mississippi Psychiatric Association/Louisiana Psychiatric Medical Association Annual Conference

Received first place for case report presentation in 2021 and second place for case report presentation in 2022

PROFESSIONAL ORGANIZATIONS & LEADERSHIP POSITIONS

American Psychiatric Association (APA)

- **Board of Trustees, non-voting member** (May 2023 – May 2024), **Chair of the APA/APAF Leadership Fellowship** (June 2023 –2024), **Specialty Organization Corresponding Member, 2024 Annual Meeting Scientific Program**

Committee (January 2023 – May 2024), **Co-Chief of Education, APA/APAF Leadership Fellowship** (June 2022 - 2023), **APA Leadership Fellowship** (June 2022 – June 2024), **Resident Physician Member** (July 2020 – Present)

American Medical Association Foundation (AMAF)

- **AMAF Board of Directors** (June 2022 – Present), **AMAF Executive Director Search Committee** (2023), **AMAF Corporate and Institutional Development Committee** (June 2022 – Present), **AMAF Strategic Planning Committee** (June 2022 – Present), **Leadership Development Institute (LDI), Recipient** (August 2019 – June 2020)

Journal of the American Medical Association Network, Medical Student Leadership Program, Recipient (October 2019 – July 2020)

American Medical Association (AMA)

- **Ambassador Steering Committee (2 Terms)** (November 2018 – November 2020), **Ambassador** (November 2017 – Present), **Resident-Fellow Section Delegate** (3 Terms - November 2020 – Present), **Committee on Business and Economics, Vice Chair** (2 Terms - August 2020 – June 2022), **Women in Medicine Standing Committee Member** (July 2019 – June 2020)

Mississippi State Medical Association (MSMA)

- **Board of Trustees Resident Physician Trustee – 4 terms** (August 2020 - Present), **Women’s Physician Section** (August 2023 – Present), **Council on Scientific Assembly** (September 2021 – Present), **Graduated Dues Subcommittee** (January 2022 – Present), **Board of Trustees Medical Student Trustee – 2 Terms** (August 2017 – 2019), **Annual Session Delegate** (August 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023)

Central Medical Society (CMS), Component Society of MSMA

- **Executive Council Resident Physician Member – 3 Terms** (August 2020 – Present), **Executive Council Medical Student Member – 2 Terms** (August 2017 – 2019)

Mississippi Psychiatric Association (MPA), Executive Council, Resident Member (August 2021 – Present)

Journal of Mississippi Psychiatric Association (JMPA), Executive Council, Resident Member (August 2020 – Present)

Association of American Medical Colleges, Organization of Student Representatives (AAMC-OSR)

- **Southern Region Chair and Administrative Board Member** (November 2017 – 2018), **Arnold P. Gold Foundation Humanism in Medicine Selection Committee** (May 2018), **Institutional Student Representative** (April 2016 – 2019)

Group on Women in Medicine and Science, Member, University of Mississippi Medical Center (August 2018 – Present)

VOLUNTEER SERVICE

American Cancer Society (ACS) Best Dressed Jackson (BDJ)

- **Chairman of 2022-2023 BDJ Committee** (April 2022 – 2023): Selected by ACS leadership to chair the committee in the planning & executive for the 2023 event in addition to providing guidance & leadership to committee members
- **2022 Honoree**: Nominated by my community members and selected by the committee for upholding substantial character and leading with service; raised over \$10,800 for the cause

Mississippi Capitol Screening Initiative with MSMA Alliance (January 2022 & 2024): offered PHQ-9 and GAD-7 (screening tools) to screen for depression and anxiety and aid individuals in establishing mental health care