

ALEESHA SHAIK, MD, MPH

EDUCATION AND TRAINING

University of California, Los Angeles, CA Cardiovascular Disease Fellowship Program	July 1, 2022 - Present
Mount Sinai Hospital, New York, NY Internal Medicine Residency Program	July 1, 2019 – June 30, 2022
Drexel University College of Medicine, Philadelphia, PA Doctor of Medicine	August 2014-May 2019
Harvard T.H. Chan School of Public Health, Boston, MA Master of Public Health; Field of Study: Health Policy; Concentration: Health Communication <i>Practicum project:</i> Unbundling Maternal and Infant Mortality in South Asia: worked with Barakat Bundle to develop a health education and communications training manual for community health workers in India on issues related to infant and maternal mortality in the perinatal period	August 2017-May 2018
Johns Hopkins University, Baltimore, MD Bachelor of Science, <i>General University Honors, Dean's List August 2010-May 2013</i> Double Major: Molecular and Cellular Biology; French <i>French Honors Thesis:</i> Cartoons and Violence: Exploring the limits of the press and the freedom of expression	August 2010 - May 2013

HONORS AND AWARDS

Resident of the Month Nominee, Mount Sinai Graduate Medical Education Nominated by peers for exemplary service to patients and families, leadership, and service to peers	February 2021, November 2021
National Lipid Association Young Investigator Award Second Place Winner Presented by the Foundation of the National Lipid Association for outstanding research for the abstract "Use of lipid lowering therapies in patients with CKD and ASCVD: A 1-year update from GOULD"	June 2020
Health Equity Scholar, Drexel University College of Medicine (DUCOM) Explored differences in healthcare for the homeless across the United States, created a health education course for residents of a shelter, and helped to develop a health equity course for students at Drexel: "Flipping Health Disparities to Equity", led a seminar on "Homelessness and Health Disparities"	May 2019
Women's Health Scholar, DUCOM Created a women's health education resource on body image, led a health education workshop at My Sister's Place, and organized a seminar on healthcare and other issues of incarcerated and recently released women	May 2019
Medical Humanities Scholar, DUCOM Faculty supervised capstone project: "Homeless but Human" blog featuring stories of homeless individuals from around the country; homelessbuthuman.wordpress.com	May 2019
American College of Physicians, Pennsylvania Chapter Special Recognition Award Presented by the leaders and members of the PA-ACP to exemplary members for their notable contributions	December 2017
American Medical Association Excellence in Medicine Leadership Award Presented by the AMA Foundation to physicians, residents and medical students who exemplify the medical profession's highest values: commitment to service, public health, advocacy, leadership, dedication to patient care	June 2016
David R. Cox Prize for Rare Compassion Semifinalist Essay on Gaucher's Disease: "The Fight of Her Life: From OK to KO"	September 2015

LEADERSHIP EXPERIENCE

American Medical Association

Chair, AMA Women Physicians Section Governing Council	June 2022-Present
Resident and Fellow Section Representative, AMA Women Physicians Section Governing Council <ul style="list-style-type: none">Created successful Speed Mentorship program, developed new standing committee to better engage members, established Pathways to Leadership Series, advocated for members and patients on timely issues affecting the SectionWork with physician leaders to provide a forum for networking, mentorship, advocacy, and leadership development for women physicians and trainees; create and review policy affecting women's health and professional issues	June 2020-Present
Chair, AMA Resident and Fellow Section Committee on Long Range Planning <ul style="list-style-type: none">Led a group of residents and fellows from around the country in studying and making recommendations on the strategic planning of the Resident and Fellow Section by identifying and analyzing issues critical to member wellbeing and optimal patient care, including physician burnout, trainee family support and fertility	August 2019-August 2020
Vice Chair, AMA Medical Student Section <ul style="list-style-type: none">Elected to represent over 55,000 medical students at a national level; fostered communication and collaboration between schools and students across the country while working with student and physician leadership at a regional and national level	June 2018-June 2019

- Oversaw over 200 members of 14 Standing Committees ranging from the Committee on Global and Public Health to the Committee on Health Information Technology to Women in Medicine; led new initiatives in leadership development, virtual member education, advocacy efforts, and program coordination at three national meetings

Medical Student Representative, Women Physicians Caucus, Pennsylvania Medical Society April 2018-June 2019

- Assisted in developing a plan to advance issues relevant to female clinicians, promoted the Caucus within the Medical Student Section, advocated for the needs of medical students, and created networking opportunities

Chair, Pennsylvania Medical Society Medical Student Section October 2017-October 2018

Vice Chair, Pennsylvania Medical Society Medical Student Section October 2016-October 2017

- Promoted intercollegiate communication and events, such as debates on hot topics in medicine and poster sessions
- Collaborated with medical students around the state to create resolutions and policies improving healthcare and medical education in Pennsylvania, thus increasing student engagement in health policy
- Worked with the Society leadership to create a Women Physicians Caucus to ensure better representation

Committee on Global and Public Health, American Medical Association Medical Student Section January 2017-July 2018

- Reviewed current global and domestic public health issues and to educate the Medical Student Section on these topics; Coordinated a nation-wide campaign encouraging medical schools to participate in National Public Health Week

Committee on Long Range Planning, American Medical Association Medical Student Section July 2017-July 2018

- Studied the structure, function, and strategic planning of the Medical Student Section
- Created an Orientation Manual for conference attendees, detailing conference logistics and parliamentary procedures
- Developed programming for medical students on burnout and study how this issue affects future physicians

Reference Committee Member

- *American Medical Association Medical Student Section* September-November 2017, April 2018-June 2018
- *Pennsylvania and Philadelphia County Medical Societies* August-November 2017, August-November 2018
- Coordinate a thorough review and analysis of proposed resolutions, ensure that resolutions have a positive impact on patients and public health, and make a recommendation as to whether the resolution should be adopted as policy

Chair, AMA Medical Student Section Region 6 June 2017- June 2018

- Fostered communication and events between mid-Atlantic region schools while working with student leadership at local, state, and regional levels; coordinated and presided over region meetings at national AMA meetings
- Encouraged intra-region collaboration through region-wide community service projects and common resolutions

President, AMA school chapter, DUCOM April 2015-May 2016

- Founded MedTalks @Drexel, an annual TED Talk-style event featuring notable experts showcasing issues in healthcare, attended by over 300 medical students, faculty, and staff from Philadelphia medical schools; featured notable speakers such as Philadelphia Health Commissioner, Sofosbuvir developer, and Pennsylvania Medical Society President
- Created a cookbook of healthy, affordable meals that were distributed at free clinics for vulnerable populations

American College of Cardiology

Fellows-in-Training Committee, American College of Cardiology April 2024-Present

- Selected to serve on the national ACC FIT Council to develop programming initiatives and efforts to engage fellows

Editorial Fellow, American College of Cardiology September 2023-Present

- Author articles for publication on the ACC website on clinical and non-clinical topics of interest for fellows-in-training, such as women in cardiology and preventive cardiology, in collaboration with ACC faculty mentors and leaders

Fellows-in-Training Committee, American College of Cardiology, California Chapter July 2023-Present

- Develop educational programming for and assess needs of Cardiology fellows in California; advise the national ACC FIT Council on programming initiatives and efforts to engage fellows

American College of Physicians

Residents Committee, American College of Physicians, New York Chapter January 2020-June 2022

- Collaborated with other New York resident leaders to develop a survey to assess the changing medical education landscape and needs among residents as a result of COVID; assisted in resident programming development

Council of Student Members, American College of Physicians February 2018-April 2019

- Led a new initiative to regularly communicate with Internal Medicine Interest Group leaders through personal emails and phone calls to update them on national and local efforts and opportunities for involvement, resulting in increased student engagement with state ACP chapters and at national meetings; reviewed resolutions affecting medical students, providing recommendations

Medical Student Representative, American College of Physicians, Pennsylvania Chapter February 2016-May 2019

- Created the popular Milestone IMoments video series featuring interviews by medical students with Pennsylvania physicians who won awards for exceptional work in medicine to inspire the next generation of physician leaders
- Organized a conference call for Pennsylvania medical students with PA-ACP governors and ACP policy experts at the DC office to discuss the potential implications of the 2016 election on healthcare, affording students the opportunity to directly engage with ACP leaders and better understand the value of organized medicine in advocacy

President, Internal Medicine Interest Group, DUCOM February 2015-May 2016

- Developed innovative events, such as *House M.D.* discussions and Mentor Mentee dinners with physicians of various subspecialties, and organized shadowing opportunities to promote student interest in Internal Medicine

University of California, Los Angeles

Cardiology Program Representative, Graduate Medical Education Committee July 2023 - Present

- Regularly meet with GME and other program leadership to advocate for the needs of Cardiology fellows and participate in the Diversity, Equity, and Inclusion Subcommittee

Mount Sinai Hospital

House Staff Council President, Graduate Medical Education August 2021-June 30, 2022

- Elected by trainees across Graduate Medical Education departments to lead a group of program representatives in advocating for trainee needs with program leadership
- Regularly meet with residents and fellows of all departments, as well as GME leadership, to facilitate discussions on issues affecting trainees and develop solutions

Residents of Sinai Cardiology President, Internal Medicine Residency Program August 2020-June 30, 2022

- Organize events to foster resident interest in the field of cardiology and to provide mentorship and guidance for fellowship applicants; developed the inaugural Women in Cardiology panel to highlight the unique challenges women face at various career stages in a variety of subspecialties

COVID Organizing Committee, Internal Medicine Residency Program March 2020-May 2020

- Upon seeing many duplicative and disjointed efforts by residents to respond to COVID, developed an overarching steering committee comprised of subgroups for education, wellness, and advocacy to better organize initiatives
- As a result of this committee, numerous successful programs were implemented including a comprehensive Google Drive information repository for COVID shared hospital-wide, meal coordination, Zoom wellness sessions, and more

House Staff Council President, Internal Medicine Residency Program August 2019-June 30, 2022

- Elected by residency class to serve on program council to advocate for resident needs with program leadership
- Regularly meet with residents and facilitate discussions on potential improvements to the program, as well as to patient care, including: step down unit system, patient triaging, wellness and burnout initiatives, and more

Professionalism Committee, Internal Medicine Residency Program August 2019-June 30, 2022

- Developed a survey to assess the efficacy and professionalism of electronic medical record communications between health care providers with the goal of creating a code of conduct

Subcommittee on Medicine Programs, Internal Medicine GME Program August 2019-June 30, 2022

- Proactively engage with Program Directors and trainees across the Mount Sinai Health System in reviewing Annual Program Evaluations, ACGME Survey Results, and other data to assess areas for improvement

Harvard T.H. Chan School of Public Health

Secretary, Alumni Association Class of 2018 May 2018-Present

- Maintain communication and collaboration within the Harvard Chan alumni community and with the school after graduation and work with the rest of the Alumni Association to advocate for the needs of alumni

Research Team, Humanitarian Negotiations in Syria, Harvard Humanitarian Initiative January 2018-December 2018

- Prepared backgrounders for and organized several meetings of humanitarian negotiators (in Lebanon, Turkey, UAE, and France) regarding the situation in Syria and potential solutions for humanitarian organizations using information gathered from discussions with leaders of frontline humanitarian efforts in Amman, Jordan

MPH-45 Representative, Harvard Chan Student Association September 2017-May 2018

- Served as the liaison between the MPH-45 cohort and the Student Association; organized events, such as one-on-one meetings, interdisciplinary panels, dinners with faculty, and storytelling events to encourage networking and interdisciplinary education within the MPH-45 cohort and also among other cohorts

Content Committee Chair, Poverty and Inequality Conference September 2017-May 2018

- Coordinated a committee of twenty students from multiple Harvard graduate schools in order to organize panels and speakers on topics ranging from health inequity to childhood education for an event that drew 300 attendees

Student Moderator, Voices in Leadership September 2017-May 2018

- Interviewed renowned speakers, such as former Secretary of Defense Ash Carter and Harvard President Drew Faust, regarding their experiences in leadership roles to help guide public health students as they begin their careers

Drexel University College of Medicine

Board Member, Health Outreach Project February 2015-May 2017

- *Executive Advisor* (May 2016-May 2017): provided input on clinic operations and endeavors; worked with clinics to establish health education sessions for patients and shelter residents; collaborated with student-run free clinics of other Philadelphia schools and the Dornsife School of Public Health to organize a free community health fair