# Checklist: After a Physician Suicide

Upon receiving the tragic news of the death of a colleague, clinical and non-clinical team members will experience a range of grief responses. This document provides tools and information about resources at leadership's disposal that may be utilized as deemed appropriate and beneficial. These tasks can be split among the Crisis Response Team and work unit leader.

## Day 1

| Action | Person Responsible | Completed [Date/Time] |
|---|---|---|
| Collect your thoughts. Take some initial time to reflect on the person and the event. | | |
| Activate the Crisis Response Team. | | |
| Notify local/work unit leadership as soon as possible. | | |
| Contact the deceased's family or emergency contact person. | | |
| Notify close colleagues (in person, if possible; otherwise, virtually). | | |
| Ensure continued coverage of the deceased's workload, as needed. | | |
| Task someone in the relevant work areas to manage support logistics for team members who may need additional support. | | |
| Notify others within the organization. | | |

## Day 2

| Action | Person Responsible | Completed [Date/Time] |
|---|---|---|
| Connect with site-specific resources (ie, Employee Assistance Program) for any employee issues that arise, as needed. | | |
| Consider activating a peer support program. | | |
| Check in with individuals in the work unit or department. | | |
| Check in with the deceased's family or emergency contact regarding memorial service planning, additional questions, and their access to support services. | | |

*Adapted with permission from After a Suicide: A Toolkit for Physician Residency/Fellowship Programs developed by the American Foundation for Suicide Prevention and Mayo Clinic.*



*Source: AMA. Practice transformation series: After Physician Suicide. 2021.*