

## Delegate

### Subhan Tabba, MD, MBA



**Residency/Fellowship Program:** Texas Health Presbyterian Dallas

**Expected Graduation Date:** Internal Medicine

**Specialty:** Spring 2024

“Life is about jumping into the river, not sitting on the banks watching it float by.” These wise words from my grandfather inspired my six-year-old self to dream of one day having an impact, and they continue to serve as my guiding light to this day.

This past year, I encountered Mr. M, an uninsured 32 year old who presented with a variceal bleed. The patient had lost his mother and coped by drinking. He had a high school education and did not know alcohol could be detrimental to his health. I was advised that the patient would not be a good candidate for transplant given his ongoing alcohol use and that palliative care should be consulted. I created a list of every hepatologist office and transplant center in Dallas and subsequently reached out to and spoke with over fifty physicians to share Mr. M’s story and determine if there was a way to help him attain insurance expeditiously. Through these discussions, I found an affordable plan for Mr. M who then successfully received a transplant.

Service is an integral part of my life and a fundamental pillar of medicine. Throughout medical school and now in residency, I have continued to be an active volunteer in the community. From coordinating a charity banquet to raise funds for the refugee populations in Houston to helping pediatric cancer patients with arts and crafts as part of their therapy, I have found that genuine joy and fulfillment are derived from each act of kindness. Seeing how appropriate education could have prevented Mr. M’s condition, I worked with my peers to create an alcohol abuse educational program for middle schoolers in his socioeconomically restricted school district which received excellent evaluations and support from the students and community members alike.

Experiencing the impact we were able to have through coordinated efforts and how we were able to change lives in a positive manner only increased my desire to participate in ongoing service. If re-elected to serve as an RFS Sectional Delegate, I would continue to have the opportunity to be involved on a national scale in policies that will shape not only our experience as residents and fellows but also those that will shape the future of medicine. As a member of the delegation I will continue to bring dedication, creativity, compassion, and effective communication skills to bring impactful legislation to fruition.