

Delegate

Sophia Spadafore, MD



Residency/Fellowship Program: Mount Sinai

Expected Graduation Date: June 2025

Specialty: Emergency Medicine, Health Policy Fellow

My name is Sophia Spadafore, I am an Emergency Medicine Health Policy Fellow at Mount Sinai in New York City, and I am seeking your vote for re-election to be an RFS Delegate to the AMA House of Delegates (HOD).

Having served as your RFS Vice Speaker and then Speaker, and now as your RFS representative to the Council on Legislation, I believe I have shown my dedication to the section and passion for trainee issues. I am now in my second year on council and have done my best to voice trainee issues in every meeting, every time. I have also served on the RFS delegation to the HOD for the past three years, and in this time have learned so much about how to best advocate for our section at all levels of the AMA.

The RFS is a special section, it is full of people so dedicated to policy and advocacy work that they find a way to travel and spend time doing work outside of an already grueling schedule. The issues we have advocated for, from residents abandoned after their programs closed to firearm violence and access to reproductive healthcare have inspired me over the years to continue my commitment to policy work and the section. If you will continue to have me, I would love to serve as a Delegate for another year. Thank you!