

## Member at-large

### Sanjeevani Tomar, MD



**Residency program:** University at Buffalo, Internal Medicine

#### Statement of Interest

I am pleased to submit my candidacy for the AMA-RFS member-at-large position. I am immensely grateful to be a part of this wonderful section and to be represented by our strong leadership. I know I stand on the shoulders of many remarkable leaders who have come before me, and if elected, I will make every effort to advance the mission of the AMA-RFS and lead by example for current and future residents.

I am extremely passionate about health policy and advocacy and am looking forward to the opportunity to have further impact by serving our section in the AMA.

I have had the opportunity to serve as a resident member on the Medical Society of Erie County Board of Directors and as an RFS delegate for the Medical State Society of New York House of Delegates (MSSNY HOD). In these roles, I reviewed and commented on submitted resolutions, represented the voice of the RFS at the local and state levels, and fought for issues that matter to residents and fellows.

While working in a leadership capacity, I gained insight into trending issues for residents and fellows, which includes identifying postgraduate opportunities and ways to manage student debt. If I am privileged to serve the RFS for the AMA, I would highlight issues in need of resolution for the resident and fellow body and collaborate with other esteemed colleagues at the AMA to resolve those issues.

Thank you for your time and the opportunity to earn your vote.

#### Diversity Statement

Diversity is a representation paradigm where the goal is simply about the head count—it is a numbers game. By contrast, inclusion is about acting on the foundations provided by increased representation to create an environment of involvement, respect, and connection—where ideas, backgrounds, and perspectives are harnessed to enrich the work environment.

As an international medical graduate and a female of Indian origin who moved to the United States alone for residency training, I understand the importance of feeling "included" in the professional community. Diversity, equity, and inclusion enable individuals to live up to their optimal value and feel fulfilled in all aspects of their career. If elected, I plan to use this privilege to work against oppression and to show solidarity and help others of all backgrounds to be heard.