

Council on Medical Education (CME)

Sahiba Singh, MBBS



Residency program: Appalachian Regional Healthcare
Internal Medicine Residency

Specialty: Internal Medicine

Statement of Interest

I am a female resident physician who is an international medical graduate. Hailing from the part of North India, where female literacy rate in this day and age is only 63%. I moved to South India for my medical school. Not only did this involve learning new language, adapting to cuisines but also it offered plethora of opportunity to learn in an enriching and diverse environment. And my experiences have only been getting richer and diverse moving through New York City, Nebraska (for rotations) to now Eastern Kentucky for residency.

From experiencing medical education at stalwart places like Columbia University to now training in an underserved area in Eastern Kentucky, I can palpate the healthcare concerns and potential measures to enhance inclusivity and improve healthcare through a proximal lens.

I am a firm believer that - Diversity is excellence, as it brings new perspective, knowledge overall enriching the experience of health care. If we aspire to make healthcare inclusive for all-race, ethnicities, backgrounds etc., it shall all start by involving diverse health care workers in decisions, reforms and policies. With this mindset, and zest for utilizing diversity, to maximize positive experiences at various levels of healthcare-both patients and professionals, participation as resident member in CME will be a promising opportunity.