

Council on Medical Education (CME)

Rajendra Shah, MBBS



Residency program: Nuvance Health Internal Medicine Residency

Specialty: Internal Medicine

Statement of Interest

I come from the South Asian country of Nepal, where access to healthcare is limited. Although government-subsidized health services are available, most people pay for healthcare services out of their pockets. When I was in medical school, I helped several people from remote villages looking for healthcare in hospitals by raising funds and working with the hospital administrators so that people in need would get healthcare at reduced prices or free. I successfully established the "Poor Patient Fund" (PPF) to help patients with financial difficulties in my medical school.

I am a part of numerous professional organizations and have been assisting in the formation of policies. I wish to join the Council of Medical Education as a resident member so that I may advocate for policies that are impartial, free from all forms of bias, and for all societal groups. I wish to support the medical community. I've worked in the medical profession for over 12 years, and I believe I am knowledgeable about what is required.

Balancing my clinical responsibilities and learning opportunities, including the expansion of my research ideas, has been challenging indeed. At the start of my internal medicine training, I noticed that patients with congestive heart failure have a high readmission rate, and this has led me to design and implement a qualitative improvement project which aims at reducing CHF readmissions. Being involved with this project allowed me to work with different stakeholders in the hospital.