

Delegate

Nikita Sood, MD



Residency/Fellowship Program: Brown OBGYN Residency Program

Expected Graduation Date: June 2027

Specialty: OBGYN

It is with great enthusiasm that I submit my candidacy to serve as an RFS Sectional Delegate. I would be honored to continue serving the AMA and begin serving my Section by working to advance our interests within the HOD.

As a new RFS member, much of my passion for and experience with the AMA comes from my time within the MSS. I still remember attending my first AMA meeting as a wide-eyed MS1 at I-19 in San Diego. I immediately fell in love with the bustle of the meeting, the community of people passionate about advocacy, and the numerous opportunities to get involved—and get involved I did. As a Region Chair, Standing Committee leader, and, eventually, Governing Council member, I had the privilege of gaining insight into not only the structure and dynamics of the MSS but also of the greater organization that influences the work we do as a Section and as an HOD. I worked with AMA Staff, our Board of Trustees, and other parts of the Federation to accomplish my Section's goals and truly learned the power of the action we can take as an HOD as well as the limitations of that role. This understanding only better prepares me to serve as a Sectional Delegate with a well-honed understanding of what goals are best accomplished through our policy cycle and what goals may be better served through other means.

Above all, my two years as Missouri Alternate Delegate provided me with invaluable experience from which I will draw as a Sectional Delegate. As AD, I had the opportunity to participate in the MSS Caucus, serve as a Caucus Team Lead, and immerse myself in the HOD. I wrote, edited, and strategized on multiple resolutions and reports as part of the policy cycle; learned how to balance familiarizing myself with the breadth of issues being discussed at HOD with having the depth of understanding of the items within my Reference Committee; and navigated advocating for issues within a state delegation whose views often starkly differed from my own.

As a Sectional Delegate, I hope to continue this work, apply these experiences, and build upon them to continue growing in my ability to represent and act in the best interests of my Section. I am so excited to join the RFS and would be honored to serve as a Sectional Delegate. Thank you for your consideration.