

Delegate

Mrinalini Buddha, MD



Residency Program: Texas Health Presbyterian Dallas

Expected Graduation Date: 12/1/2024

Specialty: Internal Medicine

One of the most rewarding moments in my life was witnessing a mother in the poverty stricken areas of India where I was volunteering bring her children to a free vaccine clinic. I had spent hours for three days in a row convincing this mother of the importance of the Rota virus vaccine but the moments of satisfaction and knowing her family would be safer were worth it. The mother then went and recruited her neighbors & friends to get the Rotavirus vaccine for their children as well and it was incredible the impact we could have in such a short time period. I realized that day that being a physician not only includes treating patients in a hospital or a clinic, but also includes solving problems outside of exam room and making a much larger impact during the process.

I strongly advocate for my patient's health and well-being. For instance, an unfunded 50 year old Ms.B could not receive the Intravitreal antibiotics that can only be administered by a Retina specialist who is not available at our hospital. Ms.B would lose her vision if not transferred to another facility where the services are available. After being left on hold for about three hours, I was able to reach the other hospital and advocate for my patient by explaining the urgent need for transfer. Although it had been a very long day, I knew that I had had a meaningful impact on Ms. B's life.

I believe I am a good fit for the Delegate or Alternate Sectional Delegate position because I am thoughtful, confident, perseverant, and empathetic. I am an experiential leader who always advocates for my patients' health as well as that of my fellow colleagues and physicians. Through this position, I hope to leave a lasting impact on healthcare and the House of Medicine, not only in Texas but nationwide.