I am eager to apply the skills I have developed at my state specialty society more broadly to the physician community through service as member-at-large for the AMA RFS.

For three years, I have served on the membership commission for the New York State Academy of Family Physicians; as a student and resident leader I have designed and implemented processes to diversify the student and resident leadership in New York.

I have served as a student then resident delegate to NYSAFP Board of Directors, where I have become well-versed in both the rules of order and the careful consideration required to meet the varied needs of physicians in my geographically and socially diverse home state.

In my experience over the past several years with the policy nomination, review, and recommendation processes from NYSAFP’s Congress of Delegates, I helped author a number of resolutions, including one on incorporating POCUS into GME that was adopted by AAFP last year. I served on a reference committee for the organization this past year, and on the Diversity, Equity, and Inclusion Commission since its inception three years ago.

As I have collaborate and learn from a wide range of physicians in my residency and throughout my state, I find my focus turning to the broader needs of the physician community. The AMA - and the RFS - is in a unique position to advocate for the future of physicians and I am committed to this mission.
Diversity Statement

I am a non-traditional medical trainee, having earned a doctorate in another field and practiced in that field for several years before embarking on my journey to becoming a physician. This gives a different perspective on the training process, having lived through other training processes, and negotiating the traditional advice on training and willingness to move - while having a highly educated and high-achieving partner in another field - has forced me to look critically at medical training expectations and the biases these expectations reinforce. As someone who has navigated medical education with ADHD, I pay attention to the role that neurodiversity plays in medical training and practice, and would bring that perspective to the council.