

## Delegate

### Daniel Udrea, MD



**Residency/Fellowship Program:** Loma Linda University Health

**Expected Graduation Date:** July 2023

**Specialty:** Anesthesia Critical Care Medicine

I remember joining the AMA in my last year of medical school, invited along by one of my good friends. I had no idea what I was getting into, and it was intimidating. Parliamentary procedure can seem so daunting and there are so many bright trainees and physicians here that it can feel impossible to know where to start. The assembly both engaged and excited me, but also had its confusing moments. As delegate, I want to help make sure our RFS is a welcoming place for all members so we can all engage in meaningful advocacy together.

On my state and specialty level, I have been the chair of membership for residents, where I have enjoyed creating opportunities for residents to share, stay connected, solve problems, and most importantly, be there for each other during these past few hard years. It's been a lot of fun and personally fulfilling, engaging others in advocacy, and getting people interested in the policy that directly impacts their careers, and their patients.

It is never too late for anyone to start participating in organized medicine and I want to make sure our RFS is a place where members can easily engage in advocacy. As your delegate, I want to make our meetings a place where we get to inspire with great policy making and rejuvenate with relationship building.