

Delegate

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Residency/Fellowship Program: University of MS Medical Center

Expected Graduation Date: June 2024

Specialty: Psychiatry

I have been an AMA member since I began medical school in 2015. Over the last 7 years of my involvement, I've grown more as a physician-in-training, patient advocate, and person than I would have if I had not become involved with the AMA. I want to share a bit about my experience and leadership roles within the AMA and my state medical association. I have served as a RFS Delegate for the last two years. I am currently an AMA-SHLI Medical Justice in Advocacy Fellow and serve on the AMA Foundation Board of Directors. In addition, I have also served a second term on the AMA-RFS Committee on Business and Economics (former Vice Chair). Currently, I am serving my third term on the MSMA Board of Trustees, having served for two years prior as a medical student. In the past, I have been very involved with the MSS serving as Region III Membership Chair; Membership, Engagement, and Recruitment Standing Committee member; Women in Medicine Standing Committee member; and Hospitality Convention Committee member. I also served two terms on the AMA Ambassador Steering Committee and on the AMAF Communications Committee. I am also a graduate of the AMA Foundation Leadership Development Institute and JAMA Medical Student Leadership Group having published two JAMA articles and one manuscript accepted. I was also awarded three different awards for my involvement in advocacy and policy in addition to the physician social media movement on a state level. I have served as a delegate to the MSMA House of Delegates for the last 7 years. I am also very strongly involved in policy and advocacy, specifically with Scope of Practice and the #MaskUp and #VaxUp campaign. Several years ago, I co-authored a resolution on increasing tobacco tax which was accepted at the MSMA House of Delegates session and gained support from our legislators. I have also spent many years as a continued advocate for strong vaccination laws and was invited to speak by the MS Chapter of the American Academy of Pediatrics to share my "Prescription for Effective Lobbying" published by Merck Manuals. I engage on social media and in person along with encouraging physicians and physicians-in-training to take part in our movement. I move medicine by spearheading advocacy efforts for positive change in our state and our nation. I hope this has given you a small glimpse of my involvement with advocacy efforts, and I hope to continue growing as a leader and advocate by serving as a delegate in the RFS. Thank you for your time and consideration!