

Alternate Delegate

Anna Heffron, MD, PhD



Residency/Fellowship Program: Icahn School of Medicine at Mount Sinai

Expected Graduation Date: 2026

Specialty: Emergency Medicine

I am thrilled at the opportunity to represent the RFS as a delegate to the AMA. It has been a pleasure and an honor to work alongside the RFS from the MSS over the past 8 years as a MD/PhD candidate, and I believe my passion for this work and the breadth and depth of my experiences, briefly described below, make me well-prepared to be an effective advocate for the RFS.

I have extensive experience within the AMA and House of Delegates (HoD) throughout my years of involvement, including serving as: (1) a Medical Student Section (MSS) Regional Delegate and Regional Delegation Chair to the House of Delegates; (2) member or Chair of multiple MSS Committees; (3) MSS Councilor to the Council on the Constitutions and Bylaws and MSS representative on the House Rules and Credentials Committee; and (4) Section Delegate for the MSS Caucus to the House, among other positions within my state society. I have authored, coauthored, and defended numerous policies adopted by the HoD. I have relevant experience in quantitative and qualitative research, political and community organizing, and basic science and clinical research, all of which lent me insight into effectively interacting with groups and fields relevant to health policy. These experiences have given me a solid basis of understanding for successful advocacy within the AMA. I am particularly passionate and experienced in advocating for justice- and equity-related topics, and I have been thrilled to see these topics are likewise an area of growing passion and dedication in the RFS.

Having served in the MSS for nearly a decade, I have long anticipated the transition to using my skills to advocate for RFS priorities, and I am delighted at the opportunity to use my abilities to advocate for the unique and pressing needs and priorities of residents and fellows. My background has prepared me to be a versatile and effective advocate on priority topics for the RFS, and I look forward to continuing to learn from my passionate and devoted colleagues through this position.

It would be a true honor to serve the RFS as a sectional delegate. Thank you for your consideration of my candidacy, and thank you as always for your advocacy!