

# Delegate

**Adam Roussas, MD, MBA, MSE**



**Residency/Fellowship Program:** Cook County Health

**Expected Graduation Date:** July 1, 2025

**Specialty:** Emergency Medicine

I joined the AMA in 2016 and attended my first meeting that November. I arrived expecting to attend some sessions and study in-between, but instead left with sleep deprivation and a new professional passion: health policy and advocacy. Now 6 years and multiple friends and mentors later, I am excited to submit my candidacy to be an RFS Delegate to our HOD. I have previously served in multiple roles that make me an excellent candidate for the position including but not limited to:

**Organized Medicine Leadership Roles**

- Region 1 Delegate to HOD (4 terms)
- Alternate Delegate for Arizona (4 terms)
- Region 1 Vice-Chair of Policy and Advocacy
- Co-Chair - MSS House Coordinating Comm
- State Society Student Trustee (2 terms)
- County Society Student Trustee (2 terms)
- State Society RFS Chair-Elect

**Other Leadership Roles**

- Vice President – UArizona Graduate Professional Student Council (GPSC)
- Resident Chair – GME Comm on Quality Improvement and Patient Safety at Cook County Health (GME-QIPS)
- EM Representative – AAMC Organization of Resident Representatives (ORR)

Via my experience as a past HOD delegate and other leadership roles within the AMA and state societies, I was responsible for managing and representing multiple delegations and leading health policy writing, review, mentorship, and advocacy systems for hundreds of items. Further, I gained a strong understanding of the various political, sectional, and logistical relationships that move resolutions through our HOD. As an RFS delegate, I will bring this institutional knowledge and passion to our own policy writing and review. I am excited to contribute the continued success, good relationships, and strong presence of the RFS in our HOD.

Further, I believe my experiences as a leader in other institutions are also helping me become a more skilled advocate. As VP of the GPSC, we negotiated with insurers to reduce family premiums. On the GME-QIPS, we are integrating a fractured bureaucracy to enhance resident education and patient safety. In the ORR, we are working against the grain to support resident unionization. I believe these experiences in addition to my AMA experience make me someone our section can count on to speak ardently and thoughtfully on behalf of residents.

Thank you for your time and consideration,



Adam Roussas, MD, MBA, MSE  
Emergency Medicine PGY2  
Cook County Health and Hospital Systems