

BHI pediatric workflow example: Primary Care Behavioral Health (PCBH) Model

Reception

Provide age-appropriate social emotional (SE) and/or developmental screens at health supervision visits birth-21 years



Clinical staff

Scores tool and shares with the primary care clinician (PCC)
(Note: Varies based on practice process for documentation)



Routine SE or developmental screen shows risk

Primary care clinician

- Reviews screens and discusses results with the patient and caregiver
- May also provide a brief behavioral intervention that includes Common Factors and discusses plan with family



Primary care clinician

Mental health clinician

- PCC initiates warm handoff to team mental health clinician (MHC), who briefly meets with the patient and family
 - *The MHC may now do the secondary screen and may include a family navigator in the meeting if needed*
- If the MHC is with another patient and not available:
 - *The MHC may contact the patient via telehealth to provide a brief assessment, or may connect with the family after the visit to schedule an appointment to meet*



Mental health clinician

- Completes initial assessment
- Discusses next steps and follow up with the patient and family and, if indicated, recommendations for referral for further evaluation and therapy



Primary care clinician

Mental health clinician

- The MHC confers with the PCC regarding the patient's brief assessment and shares recommendations for primary care follow-up and referrals (e.g., IE, school, community MH provider, psychiatrist as indicated)
- PCC confers with psychiatrist through CPAP line if indicated
- If medication is prescribed, patient has regular scheduled medication management visits with the PCC, at which the MHC will also participate

BHI pediatric workflow example: Collaborative Care Model (CoCM)

