

# Behavioral Health Integration Collaborative



*"BEATING PHYSICIAN BURNOUT WITH BEHAVIORAL HEALTH INTEGRATION"*

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July 29, 2021

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# About the BHI Collaborative

*The BHI Collaborative was established by several of the nation's leading physician organizations\*\* to catalyze effective and sustainable integration of behavioral and mental health care into physician practices.*

*With an initial focus on primary care, the Collaborative is committed to ensuring a professionally satisfying, sustainable physician practice experience and will act as a trusted partner to help them overcome the obstacles that stand in the way of meeting their patients' mental and behavioral health needs.*

*\*\*American Academy of Child & Adolescent Psychiatry, American Academy of Family Physicians, American Academy of Pediatrics, American College of Obstetricians and Gynecologists, American College of Physicians, American Medical Association, American Osteopathic Association, and the American Psychiatric Association.*

# TODAY'S SPEAKERS



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# 100% Virtual BHI to Beat Clinician Burnout

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Eunice Yu, M.D.

*Henry Ford Medical Group*



all for you

# Disclosures

- The presenters have no actual or potential conflict of interest in relation to this presentation.

# The 4 “Cs” of BHI

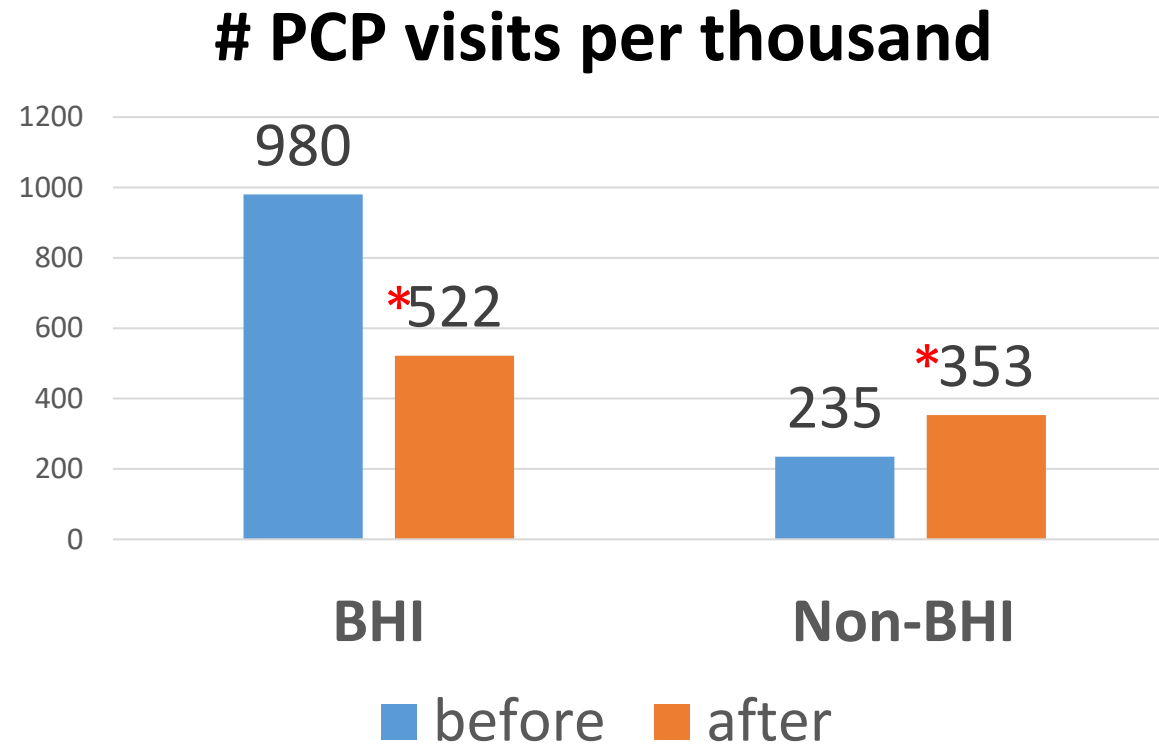
**Quick** – seen within 14 days

**Convenient** – completed through Mobile Video Visits

**Collaborative** – PCP remains the doctor and prescriber

**Coping** – 6-8 sessions, focused on brief therapy and coping skills

# Impact on PCP Visits (3-month cohort)



\*  $p \leq 0.05$



# BHI Collaborative “On Demand” Webinars

- The Value of Collaboration and Shared Culture in BHI
- Behavioral Health Billing & Coding 101: How to Get Paid
- Implementation Strategies for Virtual BHI
- Financial Planning: Quantifying the Impact of BHI
- Physicians Leading the Charge: Dismantling Stigma around Behavioral Health Conditions & Treatment
- Privacy & Security: Know the Rules for Communication of Behavioral Health Information
- Effective BHI Strategies for Independent Practices
- Advancing Health Equity through BHI
- Bolstering Chronic Care Management with BHI
- How to Address the Growing Behavioral Health Concerns Among Children, Adolescents, and Families

Watch these webinars on the [Overcoming Obstacles YouTube playlist](#) now!

# Collaborative Resource – BHI Compendium

*The BHI Compendium serves as a tool to learn about behavioral health integration and how to make it effective for your practice and patients.*



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to learn how to make the best decisions for the mental health of your patients.



Thank you for joining!