# Gain the tools you need to overcome barriers and restore the joy in medicine.











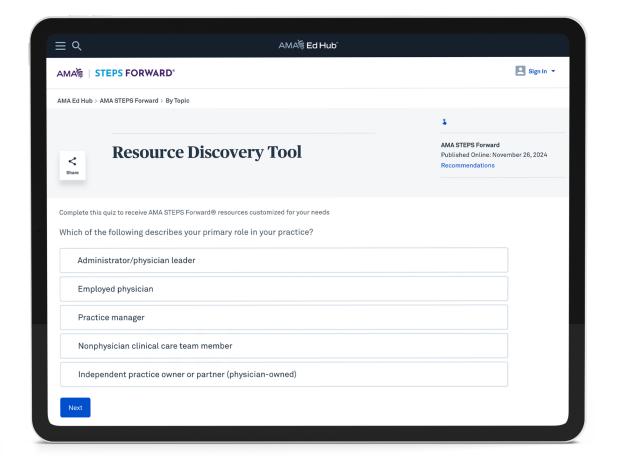


### Don't know where to start?



Use our Resource Discovery Tool to find the resources you need based on your needs and interests.

Get started

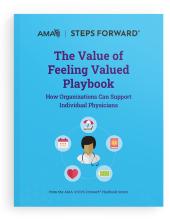


## Playbooks



Playbooks combine the best elements of our open-access program—toolkits, webinars, podcasts, success stories, and ready-to-use resources—into topical guides with strategies and tactics to help you create change in your practice.

Access our playbooks

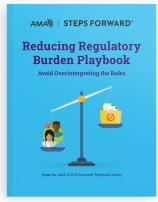


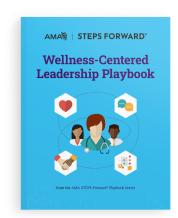
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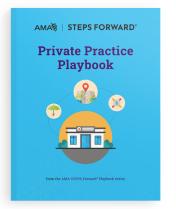
**Saving Time** 

Playbook









### **Toolkits**



Toolkits offer practical, actionable steps for physicians and their teams to address physician well-being and thrive in the new health care environment.

Here's a look at some of our top toolkits across several topics:







### **Physician Burnout and Well-being**

Understand how to address physician burnout and engage health system leadership to improve culture and well-being.

- Assessment of Burnout in Physicians and other Clinicians
- Individual Resilience and Well-Being
- Resident and Fellow Burnout

### **Teamwork and Operational Efficiency**

Implement team-based care to save time, redistribute and share responsibilities with your team, and provide better care.

- Team-Based Care
- Pre-Visit Laboratory Testing
- Simplified Outpatient Documentation and Coding

### **EHR Improvements**

Learn best practices in selecting the right software, implementing the system with ease and maximizing its benefits in your practice.

- A Systematic Approach to Reducing EHR Inbox Burden
- EHR Transitions
- Team Documentation

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### **Leadership and Culture**

Successfully lead and manage change initiatives, empower your team, drive tangible results, and build a supportive culture to effect change at your organization.

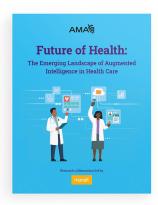
- Cultivating Leadership
- Getting Rid of Stupid Stuff (GROSS)
- Onboarding Optimization



#### **Patient-Centered Care**

Build welcoming patient environments, collaborative care team models, and systems for improved patient communication.

- **Empathetic Listening**
- Patient Portal Optimization
- Social Determinants of Health



#### **Future of Health**

Implement digital health solutions, optimize and sustain telehealth, and leverage clinical technology to reduce administrative burdens.

- Developing a Governance Model for Augmented Intelligence (AI)
- Telehealth Integration and Optimization
- Telehealth and Team-Based Care

Access these and more toolkits



### **Podcasts**



Listen and learn from health care leaders as they share personal stories, strategies, and insights to overcome practice challenges on this weekly podcast series.

Browse all episodes

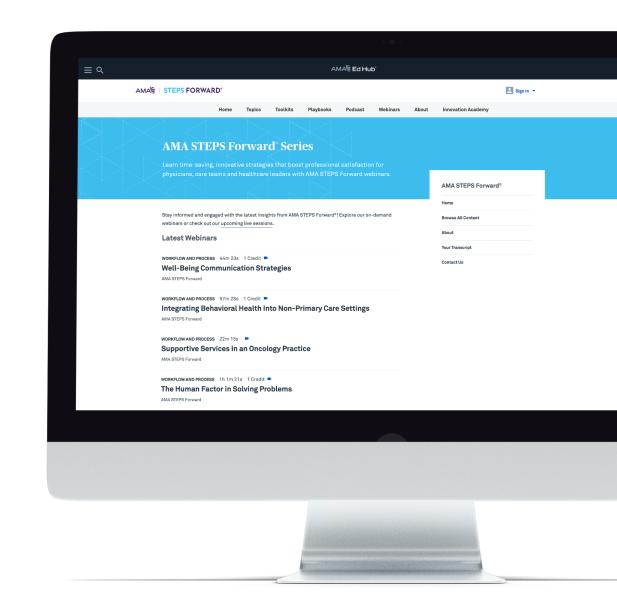


### Webinars



Learn proven approaches from experts on how to streamline workflows, boost patient satisfaction, and reduce unnecessary work.

Attend live or watch on-demand



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## Ready to Take the Next Step?



Customize your practice transformation journey with hands-on support. We provide physicians, care teams and health care leaders with strategies that promote professional satisfaction, efficient use of technology, practice sustainability and quality patient care.



### **Boot Camps**

Gain best practices from top physician experts, network with likeminded peers, engage in cross-sector collaboration and learn from each other's successes and mistakes. Together, we can empower each other to improve patient care, prioritize professional wellbeing and restore joy to the practice of medicine!

Learn more about Boot Camps



#### **Learning Collaboratives**

Advance your practice with guided facilitation and expert solutions that will help your organization improve in important areas of practice, including workflow, teamwork and clinician well-being. This program's format is designed to offer the best experience and support to participating groups looking to embark on system-level changes.

### Learn more about Learning Collaboratives



### **Customized Mentorship**

Our expert physician advisors conduct one-on-one conversations to support practices in addressing challenges and strategic priorities. This no-cost support will help you transform physicianled teams and patient experiences, save time, and help you provide quality care.

### Learn more about Mentoring for Impact



### **Expert Speaking Engagements**

Physician experts are available to speak at engagements on topics such as physician burnout, digital health, practice sustainability and practice transformation. Contact us at ps2contentstrategy@ama-assn.org to learn more.

STEPS FORWARD®

# Redesign your practice. Reignite your purpose.

AMA STEPS Forward® open-access resources offer innovative physiciandeveloped strategies that allow physicians and their organizations to thrive in the new health care environment. These resources can help you prevent physician burnout, create the organizational foundation for joy in medicine, and improve practice efficiency.

Visit **stepsforward.org** today!

