



AMA Physician Well-Being Program

Through this program, the American Medical Association empowers physicians with the knowledge, tools and resources to succeed in their chosen model of practice, delivering high-quality patient care while being professionally satisfied and financially secure.



RESEARCH

The AMA grounds its physician well-being work in research on topics such as [physician burnout](#), [professional satisfaction](#), [clinical technology and AI](#), and [organizational characteristics](#). This research helps identify system-level drivers associated with burnout; its local and global effects; and strategies organizations can implement for effective and sustainable changes to improve the well-being of their physicians and care teams.

MEASURE

The Organizational Biopsy® is an assessment tool developed by the AMA to support organizations in holistically measuring and taking action to improve the well-being of their organization. The Organizational Biopsy provides a comprehensive assessment across four domains:

- Organizational culture (leadership, teamwork, trust, etc.)
- Practice efficiency (team structure, team stability, workflows, etc.)
- Self-care (post-traumatic stress, post-traumatic growth, work-life balance, etc.)
- Retention (work intentions)

ACT

AMA STEPS Forward® offers real-world solutions to common challenges in health care today. Explore a variety of innovative, physician-developed resources designed to help prevent physician burnout, optimize workflows, improve well-being and enhance patient care.

The Debunking Regulatory Myths series reduces guess work by helping physicians and care teams quickly and easily understand ever-changing medical regulatory requirements.

Key regulatory victories: The AMA advocates against administrative burden by shaping more than 40 policies and securing 12 regulatory victories.

RECOGNIZE

The Joy in Medicine® Health System Recognition Program serves as a strategic guide to support organizations in their journey to improve professional satisfaction and organizational well-being. The goal of the program is to unite the health care community in building a culture committed to increasing joy in medicine for the profession nationwide.

CONVENE

The AMA is a proud co-sponsor of two prominent conferences focused specifically on combating physician burnout and improving physician health and well-being:

American Conference on Physician Health

The biennial American Conference on Physician Health™ (ACPH), sponsored by Stanford Medicine, the American Medical Association and Mayo Clinic, promotes scientific research and discourse on health system infrastructure and actionable steps organizations can take to improve physician well-being.

International Conference on Physician Health

The biennial International Conference on Physician Health™ (ICPH), co-sponsored by the Canadian Medical Association, the British Medical Association and the American Medical Association, supports doctors and medical students in creating better working environments for themselves and their colleagues.

To learn more, visit ama-assn.org/topics/physician-well-being-burnout.