

Reference Committee G

Report(s) of the Board of Trustees

- 20 Mitigating the Impact of Excessive Prior Authorization Processes
- 22 Comprehensive AMA Policy Publication Regarding Employed Physicians

Report of the Council on Medical Service

- 01 Council on Medical Service Sunset Review of 2016 House Policies
- 04 Expanding Medicare Coverage of Medical Nutrition Therapy
- 06 Study of Practice Models for Physicians Performing Procedures Across State Lines
- 07 Private Insurance Coverage of Anti-Obesity Medications
- 09 Nonprofit Status

Resolutions

- 701 The Crisis in the Availability of Primary Care: Halt the Required Participation of Small Practices in Value-Based Payment (VBP) Models
- 702 Physicians Who Do Not Practice in Hospital Setting
- 703 Parity in Pricing for Anti-Obesity Medications
- 704 Advocating Against Automatic Refill Requests
- 705 Recognizing Physicians as Sexual Assault Forensic Examiners
- 706 Discharge Summaries from Skilled Nursing Facilities
- 707 Malpractice Insurance for Employed Physicians
- 708 Oppose Imposition of Fees on Physicians for Electronic Payment Transfers
- 709 Requiring Transparency and Accountability When Insurers and Third-Party Administrators Require Utilization Review, Thereby Practicing Medicine
- 710 Parity in Access to Evidence-Based Obesity Treatment
- 711 Oppose Denials Based on Origin of Referral
- 712 Addressing the Commoditization of Medicine Through Recognition of the Full Scope of Physician Work and Contributions
- 713 Reducing Prior Authorization Delays to Improve Access to Neuromodulation and Non-Opioid Pain Therapies
- 714 Physician Case Log Portability
- 715 Oppose the Legal Position that Virtual Credit Cards are a Legal Method of Payment under HIPAA
- 716 Equal Opportunity for Payment for “On Call” Duty
- 717 Advocacy for a Failure-Proof National Centralized Electronic Transaction Clearinghouse

REPORT OF THE BOARD OF TRUSTEES

BOT Report 20-A-26

Subject: Mitigating the Impact of Excessive Prior Authorization Processes;
(Resolution 704-A-25, Resolve 2)

Presented by: David H. Aizuss, MD, Chair

Referred to: Reference Committee G

1 At the 2025 Annual Meeting, Resolution 704-A-25 was introduced by the Florida delegation.
2 The House of Delegates adopted two of the resolve statements of the resolution resulting in
3 Policy D-320.971, “Mitigating the Impact of Excessive Prior Authorization Processes”, which
4 states:

- 5
- 6 1. Our AMA will actively and urgently generate a prior authorization database collecting
7 and analyzing data including metrics reflecting denial rates, care delays, impact on
8 patient care, and associated cost adversely affecting patients and physicians across major
9 health care insurers.
- 10 2. Our AMA will strengthen and expand the existing public awareness campaign including
11 but not limited to social media, print media, and editorials to highlight the negative
12 impacts of abusive and obstructive prior-authorization requirements on patient care, and
13 educate physicians AND patients on their rights and available resources.
- 14

15 An additional resolve statement was referred and is the subject of this report. The referred
16 resolve reads as follows:

17
18 RESOLVED, That our American Medical Association working with legal experts, determine
19 whether and to what extent it may be appropriate to initiate and/or support a class action
20 lawsuit against insurance companies based on the identified prior authorization data, and if so
21 appropriate, collaborate with patient advocacy groups to support potential lawsuits.
22

23 BACKGROUND

24
25 Prior authorization is a process used by health insurers requiring physicians to receive approval
26 from plans before certain prescribed medications, procedures, or treatments can be provided to
27 patients. While intended to control costs and ensure medical necessity, prior authorization has
28 become a significant administrative burden for physicians. Per the American Medical
29 Association (“AMA”) Prior Authorization Survey conducted in 2024ⁱ, ninety-three percent of
30 physicians report that prior authorization leads to delays in patient care, and eighty-two percent
31 say it results in patients abandoning treatment due to these barriers.ⁱⁱ Most alarmingly, more than
32 one-quarter of physicians report that such delays have resulted in serious adverse events for

1 patients—including hospitalization or death.ⁱⁱⁱ In addition, the average weekly prior authorization
2 workload for a single physician consumes 13 hours of physician and staff time, with 89 percent
3 of physicians saying that prior authorization increases burnout. These findings underscore the
4 urgent need for reform to reduce administrative friction and protect patient access to timely care.

5
6 *Relevant Current AMA Policy*

7
8 AMA Policy H-320.939, “Prior Authorization and Utilization Management Reform,” supports
9 the overall effort to mitigate the impact of prior authorization on patient care.

10
11 AMA Policy H-320.950, “Eliminating Precertification,” advocates for utilization review efforts
12 and preauthorization request to focus on statistical outliers and physicians whose claims have
13 shown to be statistical outliers, respectively, rather than the physician population at large.

14
15 AMA Policy D-320.974, “Insurer Accountability When Prior Authorization Harms Patients,”
16 calls for increased legal accountability of insurers via (i) private right of action for patients to sue
17 insurers that supersedes any other contractual provision, and (ii) the prohibition of mandatory
18 pre-dispute arbitration clauses.

19
20 DISCUSSION

21
22 The referred Resolve clause, which is the subject of this report, calls for a possible class action
23 lawsuit against insurance companies “based on the identified prior authorization data” collected
24 pursuant to the now adopted policy. The AMA has not yet created the prior authorization
25 database mandated under the new policy, as funding for this project was not available until
26 January 2026. The Advocacy Group is issuing a request for proposal (RFP) for a feasibility study
27 to assess the logistics, costs (both initial and long term), and overall return on investment in
28 creating such a database. The vendor selected from the RFP process would prepare a robust
29 report to inform the AMA’s future decisions on the direction of this project. Given the current
30 status of the database, the condition precedent to implementation of the class action under the
31 Second Resolve has not transpired, and so the AMA lacks the necessary data to evaluate the
32 suggested lawsuit.

33
34 While the lack of the prior authorization database is a barrier to assessing potential lawsuits,
35 disregarding that obstacle the proposed class action would be a steep uphill climb. The AMA has
36 long been and remains a staunch advocate for physicians and that includes, where appropriate,
37 taking necessary legal action or submitting an *amicus curiae* (“a friend of the court”) non-party
38 brief in on-going legal matters. These briefs help inform courts and judges of points of
39 information in lawsuits involving the healthcare industry and the wider, real-world impact of
40 legal decisions. The AMA has, for years, searched for meritorious class action lawsuits against
41 managed care companies; however, to bring such a case remains challenging – the reasons
42 include:

1 *Class Actions are Difficult to Bring*

2
3 Class actions are inherently difficult to bring successfully. Rule 23 of the Federal Rule of Civil
4 Procedure imposes multiple, demanding procedural and substantive requirements that plaintiffs
5 must satisfy at an early stage of litigation. Proposed class representatives must establish all four
6 prerequisites of Rule 23(a) – numerosity, commonality, typicality, and adequacy – each of which
7 is technically complicated, closely scrutinized by courts,^{iv} and often contested by defendants.
8 These prerequisites are defined as follows:

- 9
- 10 • Numerosity: the class is so numerous that joinder of all members is impracticable.^v
 - 11 • Commonality: there are questions of law or fact common to the case.^{vi}
 - 12 • Typicality: the claims or defenses of the representative parties are typical of the claims or
13 defenses of the class.^{vii}
 - 14 • Adequacy: the representative parties will fairly and adequately protect the interest of the
15 class.^{viii}
 - 16 • Prior authorization disputes can be heavily individualized due to varied patient
17 conditions, differing practices based on specialty, and varied insurance contracts, all of
18 which undermine the “commonality” and “typicality” requirements for class
19 certification.^{ix}
- 20

21 *Restrictions on Prior Authorization are Intended to Protect Patients*

22
23 Restrictions on insurance companies’ use of prior authorization are generally focused on
24 protecting patients – not physicians. While physicians may incur harm because of prior
25 authorization abuse, such harm could be considered only incidental to the harm caused to
26 patients. Most of the prior authorization legislation enacted to date is intended to protect patients’
27 access to care – addressing items such as response times, retrospective denial, clinical criteria,
28 medical necessity, qualifications of reviewers, peer-to-peer review/appeals processes, and
29 physician “gold carding” (a process where physicians with a proven track record of prior
30 authorization approvals – often over 90 percent – are exempted from prior authorizations, and
31 one of the few remedies that has a *direct* impact on physicians).^{x xi} Similarly, the Centers for
32 Medicare & Medicaid Services cited the barrier for care and disproportionate impact prior
33 authorization may have on certain patient demographics for adopting rules requiring faster
34 determinations and greater transparency in Medicare Advantage and Medicaid programs.^{xii}

35
36 Most law and policy remedies are directed at enforcement by public officials—not at
37 empowering physicians or their organizations to bring class actions. Physicians do not generally
38 have a private right of action to bring a lawsuit under laws on prior authorization.^{xiii xiv}

39
40 *Other Considerations*

41
42 Proving prior authorization abuse to sustain a class action suit would be difficult. An isolated
43 case of abuse would be insufficient – a class action suit would need to rely on systematic abuse.
44 Indirect and anecdotal evidence would be only a start. Prior authorization decisions are likely to
45 vary, based on insurers, physicians, patients, and treatment settings. These variations can make it
46 difficult to substantiate uniform, class-wide harm.

1 Further, physician network contracts almost always include provisions that (a) require pre-
2 dispute arbitrations and (b) prohibit consolidation of claims, of which a class action would be an
3 extreme example. Courts have routinely upheld network contract arbitration clauses in disputes
4 between healthcare providers and payors.^{xv}

5
6 CONCLUSION

7
8 This report does not conclusively determine that the contemplated class action would be
9 impossible – only that it would be difficult. The AMA has searched for meritorious class actions
10 against managed care organizations, and that effort continues.

11
12 RECOMMENDATIONS

13
14 The Board of Trustees recommends the following and the remainder of the report be filed:

- 15
16 1. That the referred resolve clause of Resolution 704-A-25 not be adopted.
17 2. That our AMA continue to actively monitor prior authorization legislation and
18 litigation on a state and federal level and, where appropriate, take action to advance
19 legislation and support litigation, respectively, that have a direct impact on reducing
20 the burdens of prior authorization for physicians.
21 3. That existing AMA policies H-320.939, “Prior Authorization and Utilization
22 Management Reform”, D-320.974, “Insurer Accountability When Prior Authorization
23 Harms Patients”, and H-320.950, “Eliminating Precertification” be reaffirmed.

24
Fiscal Note: No Significant Fiscal Impact

ⁱ 2024 AMA Prior Authorization Physician Survey *located at:* <https://www.ama-assn.org/system/files/prior-authorization-survey.pdf>

ⁱⁱ <https://www.ama-assn.org/system/files/prior-authorization-survey.pdf>

ⁱⁱⁱ <https://www.ama-assn.org/system/files/prior-authorization-survey.pdf>

^{iv} Wal-Mart Stores, Inc. v. Dukes, 564 U.S. 147, 161 (2011) (holding that Rule 23(a)’s requirements “are not mere pleading standards” and must be proven with evidentiary support at certification).

^v Fed R. Civ. P. 23(a)(1).

^{vi} Fed R. Civ. P. 23(a)(2).

^{vii} Fed R. Civ. P. 23(a)(3)

^{viii} Fed R. Civ. P. 23(a)(4)

^{ix} "Doctors Target Insurers’ Prior Authorization Policies in Legislative Push," MedPage Today, March 2023 *located at:* <https://www.medpagetoday.com/special-reports/features/98337>.

^x <https://medcitynews.com/2025/04/gold-carding-prior-authorization/>

^{xi} National Association of Insurance Commissioners, Prior Authorization White Paper, December 2025 *located at:* https://content.naic.org/sites/default/files/national_meeting/PA%20white%20paper%2012.4.2025%20final.pdf

^{xii} 89 Fed. Reg. 8,759-60 (Feb. 08, 2024).

^{xiii} National Association of Insurance Commissioners, Prior Authorization White Paper, December 2025 *located at:* https://content.naic.org/sites/default/files/national_meeting/PA%20white%20paper%2012.4.2025%20final.pdf

^{xiv} <https://www.ncsl.org/health/health-insurance-how-states-are-reforming-the-prior-authorization-process>

^{xv} *Infectious Disease Doctors, P.A. v. Bluecross Blueshield of Texas*, No. 3:13-CV-02920-L, 2015 WL 4992964 (N.D. Tex. Aug. 21, 2015). *See also* *Klay v. United Healthgroup, Inc.*, 376 F.3d 1092 (11th Cir. 2004).

REPORT OF THE BOARD OF TRUSTEES

BOT Report 22-A-26

Subject: Comprehensive AMA Policy Publication Regarding Employed Physicians

Presented by: David H. Aizuss, MD, Chair

Referred to: Reference Committee TBD

1 At the 2025 American Medical Association (AMA) Annual Meeting, the House of Delegates
2 (HOD) adopted Policy D-225.971 “Comprehensive AMA Policy Publication Regarding Employed
3 Physicians,” which directs the AMA to “comprehensively review the current landscape of the
4 employment of physicians for report back to the House of Delegates at Annual 2026, including but
5 not limited to:

- 6
- 7 1. The changing context and expectations of different practice models;
- 8 2. Factors which have led to physicians increasingly choosing an employment practice model
9 over independent practice;
- 10 3. The employed physician relationship with healthcare organizations, including those
11 controlled by private equity; and
- 12 4. The evolution of collective bargaining by, and unionization of, physicians.”
- 13

14 The policy separately directs the AMA to create a policy publication addressing various matters of
15 relevance to employed physicians, such as employment contracting, compensation models, and
16 maintaining professionalism and the primacy of the physician-patient relationship in an
17 employment relationship. While that policy publication is not the subject of this informational
18 report, this report additionally highlights various AMA resources that are responsive to the needs of
19 employed physicians.

20

21 **BACKGROUND**

22

23 *Practice model options*

24

25 From an ownership and employment perspective, physicians have a range of practice models to
26 choose from, each offering different levels of autonomy, financial opportunity, and administrative
27 responsibility. At the most generalized level, these models include:

- 28
- 29 • Solo practice: Physicians have complete control and autonomy over their practice but bear
30 all administrative duties and financial risk.
- 31
- 32 • Group practice partnership: Multiple physicians share ownership, distributing risks and
33 workloads and providing a balance between independence and collaboration.
- 34
- 35 • Third-party-owned practice (including hospital, health system, private equity, or other
36 corporate ownership): Physicians are employed, with reduced administrative burden but
37 also often less autonomy.

1 While the term “physician employment” most commonly refers to working for an entity owned by
2 a third party, physicians may also be employed by group practices (sometimes on a partnership
3 track), governmental agencies, or non-profit organizations.

4
5 *Trends in practice ownership and physician employment*
6

7 The AMA’s Physician Practice Benchmark Survey, conducted on a biennial basis since 2012,
8 provides insight into trends in practice ownership and physician employment and factors driving
9 these trends. Since the early 1980s, the share of physicians with an ownership share in their
10 practice decreased from approximately 76 percent to 53.2 percent in 2012 to just 35.4 percent in
11 2024. Similarly, the share of physicians who worked in a practice that was owned by a hospital,
12 hospital system, or health system, or were directly employed by or contracted with a hospital,
13 increased from 29 percent in 2012 to 47 percent in 2024. An additional 6.5 percent of physicians
14 reported practicing in settings owned by private equity groups in 2024, an increase from
15 approximately 4.5 percent in both 2020 and 2022.¹
16

17 AMA research highlights three key factors driving physicians to sell their independent practices or
18 seek employment relationships:²
19

- 20 • Financial pressures: Large organizations are able to negotiate higher payment rates with
21 insurers compared to smaller, independent practices. Lower reimbursements make it more
22 difficult for private practices to remain sustainable, while employment offers greater
23 financial stability.
24
- 25 • Access to resources: Hospitals and health systems can afford to invest in expensive
26 medical equipment and advanced technology, often giving employed physicians better
27 access to these resources than those in small independent practices.
28
- 29 • Administrative burden: The growing complexity of healthcare regulations and
30 administrative requirements makes independent practice increasingly challenging.
31 Employed settings provide administrative and regulatory support, alleviating some of this
32 burden for physicians.
33

34 Members are encouraged to review the AMA’s most recent [Physician Practice Benchmark Survey](#)
35 for a comprehensive discussion of these and other practice trends.
36

37 *Trends in physician unionization*
38

39 While the number of physicians who are members of unions is small compared to the size of the
40 profession, that share is growing. The AMA has estimated that between 2014 and 2019 the share of
41 physicians who were union members increased from 5.7 percent to 7.2 percent.³ This trend appears
42 to be accelerating, as highlighted by a *JAMA* study analyzing trends in the number of petitions filed
43 with the National Labor Relations Board to form unions with physician members; there were 44
44 such petitions filed between 2000 and 2022 – and an additional 33 filed in 2023-2024 alone.⁴ The
45 same study found that physicians are motivated to organize unions primarily due to “concerns
46 about working conditions, physicians’ autonomy, and voice in management, and the quality of
47 patient care.”⁵

1 Members are encouraged to review the AMA issue brief, [Collective bargaining for](#)
2 [physicians and physicians-in-training](#), for a comprehensive discussion of the topic. Members may
3 also wish to review [CLRPD Report 2-A-24, Scenarios on Collective Action and Physician Unions](#),
4 which examined trends and factors in collective bargaining and physician unionization and
5 implications for the AMA. Finally, see [AMA ethical opinion 1.2.10, Political Action by Physicians](#),
6 which addresses the ethical implications of unionization and collective bargaining.

7 8 DISCUSSION

9 10 *Challenges of physician employment*

11
12 Employment and practice ownership status do not change a physician's professional or ethical
13 obligations. However, shifts in practice ownership, especially employment by third-party entities in
14 which a physician has no ownership interest, introduce unique challenges and create complicated
15 relationships between physicians and their employers. Notable challenges that may arise with
16 physician employment include:

- 17
18 • Decreased clinical autonomy: Physicians may have less control over clinical decisions and
19 daily operations due to complex leadership structures in larger organizations.
- 20
21 • Reduced influence in decision-making: Employment in larger organizations can limit
22 opportunities for physicians to participate in high-level decisions affecting clinical practice
23 or workplace operations.
- 24
25 • Alignment with organizational goals: Physicians must adapt to employer-set policies and
26 values, which may differ from their own practice philosophies.
- 27
28 • Performance metrics and targets: Physicians may feel pressured to meet benchmarks set by
29 employers, which can at times be perceived as emphasizing productivity or administrative
30 tasks over individualized patient care.
- 31
32 • New administrative demands: Employment structures may simply replace the
33 administrative demands of independent practice with a new set of administrative demands,
34 adding to workload and impacting job satisfaction.
- 35
36 • Potential for burnout: These challenges can affect physician professional satisfaction and
37 lead to burnout.⁶

38 39 *Addressing the challenges of physician employment*

40
41 While employment relationships often provide financial stability, access to resources, and
42 operational advantages, they may also introduce challenges that affect satisfaction and well-being.
43 These challenges can be reduced significantly in organizations that prioritize physician well-being.
44 Therefore, when evaluating potential employers, physicians should look beyond compensation to
45 consider an organization's commitment to physician well-being. Two key indicators of such
46 commitment include:

- 47
48 • Has the organization conducted an [AMA Organizational Biopsy®](#), or other biopsy
49 assessment, to measure and take action to improve the health of the organization in areas

1 critical to physician well-being, such as organizational culture, practice efficiency, self-
2 care, and retention?
3

- 4 • Has the organization applied for or received recognition through the [AMA Joy in](#)
5 [Medicine™ Health System Recognition Program](#) for its efforts to combat burnout and
6 promote a culture of wellness at the organizational level?
7

8 Weighing these factors carefully will help ensure physicians select a workplace that respects their
9 professionalism while supporting their well-being, job satisfaction, and lasting career fulfillment.
10 Members are encouraged to review the AMA STEPS Forward® module, [What to Look for in Your](#)
11 [First or Next Practice](#), to learn more.
12

13 *Other AMA resources for employed physicians*

14
15 The AMA offers a suite of practical tools and support to help employed physicians and health care
16 organizations navigate challenges associated with physician employment:
17

- 18 • The [AMA Annotated Model Physician-Group Practice Employment Agreement](#) and the
19 [AMA Physicians' Guide to Hospital Employment Contracts](#) provide comprehensive
20 guidance for understanding, evaluating, and negotiating key terms and implications of
21 physician employment contracts. Additionally, the AMA has published a [six-part podcast](#)
22 [series](#) exploring contract negotiation.
23
- 24 • As a benefit of membership, AMA members receive a [20 percent discount](#) on contract
25 review packages and salary data from Resolve, an industry leader in physician employment
26 contract review.
27
- 28 • The [AMA Principles for Physician Employment](#), codified as AMA policy H-225.950,
29 provide guidance to help physicians and their employers navigate unique challenges to
30 professionalism and patient care arising from employment relationships, addressing issues
31 such as conflicts of interest, advocacy for patients and the profession, contracting, medical
32 staff relations, peer review, and payment agreements.
33
- 34 • The [AMA Physician's Guide to Medical Staff Organization Bylaws](#) is designed to assist
35 medical staffs with drafting or amending medical staff bylaws and understanding how
36 emerging issues in health care impact medical staff. Notably, the Guide addresses issues
37 specific to employed physicians within the context of the medical staff, such as hearing
38 rights for employed physicians.
39
- 40 • [AMA STEPS Forward®](#) is a collection of resources covering everything from time-saving
41 strategies and preventing physician burnout to improving practice workflows, building a
42 supportive organizational culture, and implementing digital health solutions that reduce
43 technology-associated administrative burdens.
44
- 45 • The AMA [Joy in Medicine® Health System Recognition Program](#) is a prestigious AMA-
46 granted distinction in recognition of an organization's demonstrated efforts to enhance
47 physician well-being by resolving the root causes of work-related burnout.
48
- 49 • The AMA [Organizational Biopsy®](#) is an assessment tool and set of services developed by
50 the AMA to assesses burnout levels within health care organizations to provide metrics that

1 can guide solutions and interventions that mitigate system-level burnout rates and improve
2 physician well-being.

- 3
- 4 • The AMA issue brief, [Collective bargaining for physicians and physicians-in-training](#),
5 provides an overview of trends in physician unionization, examines the factors driving
6 physicians to join unions, and discusses the implications of union membership for
7 physicians and the broader healthcare system.
- 8
- 9 • The AMA Organized Medical Staff Section (OMSS) has convened an employed physician
10 caucus to amplify the voice and issues of employed physicians in AMA policy
11 development. Members may contact the OMSS (omss@ama-assn.org) to learn more.
- 12

13 The AMA is currently evaluating the most effective ways to organize its diverse and
14 comprehensive resources for use by employed physicians and those considering employment
15 opportunities. This curated collection ultimately will serve as the policy publication designated by
16 Policy D-225.971, offering practical, real-time guidance for physicians as they navigate
17 employment relationships and decisions.

18

19 CONCLUSION

20

21 The landscape of physician employment and practice ownership continues to change, with
22 physicians increasingly employed by hospitals, health systems, and corporate-owned practices. As
23 traditional practice ownership declines and trends toward employment and unionization increase,
24 physicians are encountering new challenges related to clinical autonomy, professional identity, and
25 workplace dynamics. The AMA remains committed to supporting employed physicians by
26 providing educational resources, advocacy, and practical tools to successfully navigate these
27 evolving environments.

28

29 RECOMMENDATION

30

31 The Board of Trustees recommends that the first directive of Policy D-225.971, Comprehensive
32 AMA Policy Publication Regarding Employed Physicians, be rescinded as having been
33 accomplished by this report and that the remainder of the report be filed.

REFERENCES

1. American Medical Association. Policy Research Perspectives – Physician Practice Characteristics in 2024: Private Practices Account for Less than Half of Physicians in Most Specialties. <https://www.ama-assn.org/system/files/2024-prp-pp-characteristics.pdf>. Accessed March 5, 2026.
2. Ibid
3. American Medical Association. ARC Issue brief: Collective bargaining for physicians and physicians-in training. <https://www.ama-assn.org/system/files/advocacy-issue-brief-physician-unions.pdf>. Accessed March 5, 2026.
4. Jena AB, Evans S, Paik H, Huang J, Fisher J. Unionization of Physicians in the United States, 2000-2024. JAMA. 2024;331(20):2095-2097. Accessed March 5, 2026. <https://jamanetwork.com/journals/jama/fullarticle/2828330>
5. Ibid
6. Friedberg, Mark W., Peggy G. Chen, Kristin R. Van Busum, Frances Aunon, Chau Pham, John P. Caloyeras, Soeren Mattke, Emma Pitchforth, Denise D. Quigley, Robert H. Brook, F. Jay Crosson, and Michael Tutty, Factors Affecting Physician Professional Satisfaction and Their Implications for Patient Care, Health Systems, and Health Policy. Santa Monica, CA: RAND Corporation, 2013. https://www.rand.org/pubs/research_reports/RR439.html. Accessed March 9, 2026.

RELEVANT AMA POLICY

D-225.971 Comprehensive AMA Policy Publication Regarding Employed Physicians

1. Our AMA will comprehensively review the current landscape of the employment of physicians for report back to the House of Delegates at Annual 2026, including but not limited to:
 - a. The changing context and expectations of different practice models;
 - b. Factors which have led to physicians increasingly choosing an employment practice model over independent practice;
 - c. The employed physician relationship with healthcare organizations, including those controlled by private equity; and
 - d. The evolution of collective bargaining by, and unionization of, physicians.
2. Our AMA will create a comprehensive policy publication, which will be an essential tool for employed physicians with guiding principles, rights, and responsibilities regarding, but not limited to, the following:
 - a. Employment contracting;
 - b. Different compensation models;
 - c. Professional accountability to, and as a member of, the medical staff; and
 - d. Primacy of the doctor-patient relationship within the context of employment.
3. Our AMA will have a comprehensive policy publication regarding employed physicians available to all physicians, in any employment model, and to all healthcare collaborators with the AMA who directly employ and/or have contracting arrangements with physicians.

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 1-A-26

Subject: Council on Medical Service Sunset Review of 2016 House Policies

Presented by: Betty Chu, MD, MBA, Chair

Referred to: Reference Committee G

- 1 Policy G-600.110, “Sunset Mechanism for AMA Policy,” calls for the decennial review of
2 American Medical Association policies to ensure that our AMA’s policy database is current,
3 coherent, and relevant. Policy G-600.010 reads as follows, laying out the parameters for review and
4 specifying the procedures to follow:
5
- 6 1. As the House of Delegates adopts policies, a maximum ten-year time horizon shall exist. A
7 policy will typically sunset after ten years unless action is taken by the House of Delegates to retain
8 it. Any action of our AMA House that reaffirms or amends an existing policy position shall reset
9 the sunset “clock,” making the reaffirmed or amended policy viable for another 10 years.
10
 - 11 2. In the implementation and ongoing operation of our AMA policy sunset mechanism, the
12 following procedures shall be followed: (a) Each year, the Speakers shall provide a list of policies
13 that are subject to review under the policy sunset mechanism; (b) Such policies shall be assigned to
14 the appropriate AMA councils for review; (c) Each AMA council that has been asked to review
15 policies shall develop and submit a report to the House of Delegates identifying policies that are
16 scheduled to sunset; (d) For each policy under review, the reviewing council can recommend one
17 of the following actions: (i) retain the policy; (ii) sunset the policy; (iii) retain part of the policy; or
18 (iv) reconcile the policy with more recent and like policy; (e) For each recommendation that it
19 makes to retain a policy in any fashion, the reviewing council shall provide a succinct, but cogent
20 justification; and (f) The Speakers shall determine the best way for the House of Delegates to
21 handle the sunset reports.
22
 - 23 3. Nothing in this policy shall prohibit a report to the HOD or resolution to sunset a policy earlier
24 than its 10-year horizon if it is no longer relevant, has been superseded by a more current policy, or
25 has been accomplished.
26
 - 27 4. The AMA councils and the House of Delegates should conform to the following guidelines for
28 sunset: (a) when a policy is no longer relevant or necessary; (b) when a policy or directive has been
29 accomplished; or (c) when the policy or directive is part of an established AMA practice that is
30 transparent to the House and codified elsewhere such as the AMA Bylaws or the AMA House of
31 Delegates Reference Manual: Procedures, Policies and Practices.
32
 - 33 5. The most recent policy shall be deemed to supersede contradictory past AMA policies.
34
 - 35 6. Sunset policies will be retained in the AMA historical archives.

1 RECOMMENDATION

2

3 The Council on Medical Service recommends that the House of Delegates policies that are
4 listed in the appendix to this report be acted upon in the manner indicated and the
5 remainder of this report be filed.

APPENDIX – Recommended Actions

APPENDIX – Recommended Actions

POLICY #	Title	Text	Recommendation
D-120.949	Ensuring the Safe and Appropriate Use of Compounded Medications	Our AMA will: (1) monitor ongoing federal and state evaluations and investigations of the practices of compounding pharmacies; (2) encourage the development of regulations that ensure safe compounding practices that meet patient and physician needs; and (3) report back on efforts to establish the necessary and appropriate regulatory oversight of compounding pharmacy practices.	Retain. Policy is relevant.
D-155.995	Containing Catastrophic Care Costs	Our AMA will: (1) in order to ensure that quality of care is not compromised, encourage physicians and the medical profession to become more engaged in the development and implementation of cost-containment policies and strategies, particularly those directed toward high-cost patients; (2) support additional research into the characteristics of the five percent of the patient population with the highest health care costs; (3) support greater evaluation of the use of disease management, case management, pay-for-performance, and end-of-life care programs for high-cost patients, so that their cost-containment impact and projected future savings can be better assessed; and (4) continue to inform the medical profession and the general public regarding issues impacting catastrophic care costs and the complexities therein.	Retain. Policy is relevant.
D-160.924	Hospital Discharge Communications	Our AMA will develop model guidelines for physicians to improve communications to other physicians, hospital staff and patients, and promote these guidelines to payers, hospitals and patients.	Retain. Policy is relevant.
D-160.926	A Guide to Selecting a Physician-Led Integrated System	Our AMA, in collaboration with the Integrated Physician Practice Section and appropriate partners within the House of Medicine, will accomplish the following by the 2017 Annual Meeting: 1. Develop a guide for physicians considering joining or aligning with a physician-led integrated system that addresses, but is not limited to the following: A. various models of integrated systems; B. metrics that help determine the extent to which an integrated system fulfills the definition of, and performs as, an integrated system; C. how to determine an organization’s quality commitment/record; D. how to know if a particular system is the right fit;	Sunset. Directive was accomplished.

POLICY #	Title	Text	Recommendation
		<p>E. what does a physician stand to gain/lose when joining such a system; and</p> <p>2. The guide should also provide information to physicians in or considering solo and small practice on how they can align through Independent Practice Associations, Accountable Care Organizations, Physician Hospital Organizations, and other models to help them with the imminent movement to risk-based contracting and value-based care.</p>	
D-160.928	Hierarchical Condition Category Coding	<p>Our AMA will continue to work with the Centers for Medicare and Medicaid Services to refine risk adjustment in all alternative payment models and Medicare Advantage plans, particularly to revise risk-adjustment processes, to allow hierarchical condition category (HCC) codes to automatically follow the beneficiary from year-to-year to reflect chronic conditions that will never change.</p>	Retain. Policy is relevant.
D-160.945	Communication Between Hospitals and Primary Care Referring Physicians	<p>Our AMA:</p> <p>(1) advocates for continued Physician Consortium for Performance Improvement? (PCPI) participation in the American College of Physicians (ACP), the Society of General Internal Medicine (SGIM), and the Society of Hospital Medicine (SHM) work to develop principles and standards for care transitions that occur between the inpatient and outpatient settings;</p> <p>(2) advocates for timely and consistent inpatient and outpatient communications to occur among the hospital and hospital-based providers and physicians and the patient's primary care referring physician; including the physician of record, admitting physician, and physician-to-physician, to decrease gaps that may occur in the coordination of care process and improve quality and patient safety;</p> <p>(3) will continue its participation with the Health Information Technology Standards Panel (HITSP) and provide input on the standards harmonization and development process;</p> <p>(4) continues its efforts with The Joint Commission, the Centers for Medicare & Medicaid Services, and state survey and accreditation agencies to develop accreditation standards that improve patient safety and quality; and</p> <p>(5) will explore new mechanisms to facilitate and incentivize communication and transmission of data for timely coordination of care (via telephone, fax, e-mail, or face-to-face communication) between the hospital-based physician and the primary physician.</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
D-215.990	AMA Assistance for Members in Matters Pertaining to Physician-Hospital/Health System Relationships	<p>1. As a benefit of membership our AMA will provide assistance, such as information and advice (but not legal opinions or representation), as appropriate to employed physicians, physicians in independent practice, and independent physician contractors in matters pertaining to their relationships with hospitals, health systems, and other similar entities, including, but not limited to, breach of contracts including medical staff bylaws, sham peer review, economic credentialing, and the denial of due process.</p> <p>2. Our AMA encourages the Federation of Medicine and its members to provide assistance, such as information and advice (but not legal opinions or representation), as appropriate to employed physicians, physicians in independent practice, and independent physician contractors in matters pertaining to their relationships with hospitals, health systems, and other similar entities, including, but not limited to, breach of contracts including medical staff bylaws, sham peer review, economic credentialing, and the denial of due process.</p>	Retain. Policy is relevant.
D-220.975	The Joint Commission Transparency	<p>1. Our AMA Commissioners to The Joint Commission will be asked to advocate for a truly open and transparent comment process for all proposed changes to TJC standards.</p> <p>2. It is AMA policy that: (a) all proposed changes to TJC standards resulting from field reviews be published along with clearly stated rationale(s) for each proposed change; (b) all proposed changes to TJC standards be published along with clearly stated identities of entity(ies) external to TJC that suggested the proposed changes to TJC; (c) all proposed changes to TJC standards that are modified by TJC as a result of comments received must provide clearly stated rationale(s) for each modified proposal, to include a clear and thorough analysis of the comment or comments upon which the modification(s) was based; and (d) all proposed changes to TJC standards that are adopted as final by TJC be published along with a clear and thorough analysis of all the field review.</p>	Retain. Policy is relevant.
D-220.976	The Relationship Between The Joint Commission and Physicians	<p>Our AMA will:</p> <p>(1) communicate to The Joint Commission (TJC) the concern regarding the unintended consequences of TJC's standards, and methods of communicating those standards to physicians;</p> <p>(2) advocate with TJC for direct communication to physicians' organizations about standards to be</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>adopted or modified, with at least six months available for open commentary and feedback;</p> <p>(3) advocate that this communication be timely and that it occur in print media as well as through e-mail;</p> <p>(4) advocate that TJC accreditation standards be made available to any licensed physician without hindrance;</p> <p>(5) advocate that TJC establish a process for any physician to provide feedback about TJC programs that affect that physician's practice; and</p> <p>(6) require that AMA TJC Commissioners meet with the Organized Medical Staff Section Governing Council to review TJC standards no less than twice per year.</p>	
D-220.977	The Joint Commission - Evidence-Based Recommendations	<p>Our AMA will: (1) work with The Joint Commission (TJC) to investigate the provision of a cost analysis for each new requirement; and (2) request that TJC provide an evidence-based evaluation to justify the expenditures for the recommendations it makes.</p>	Retain. Policy is relevant.
D-225.975	De-Linkage of Medical Staff Privileges from Hospital Employment Contracts	<p>Our AMA will develop resources to assist physicians transitioning from employment to independent practice.</p>	Sunset. Directive was accomplished.
D-230.988	Fiduciary Credentialing	<p>Our AMA will: (1) continue to encourage physicians who have experienced what they believe to be inappropriate hospital de-credentialing to contact their state medical association and the Litigation Center of the AMA and the State Medical Societies; and (2) explore the feasibility of participating in legal action designed to address arbitrary and abusive economic profiling of physicians.</p>	Retain. Policy is relevant.
D-285.974	Possible Anti-Competitive and Ethical Implications of Integrated Hospital System Referral Expectations	<p>Our AMA will continue to receive information on and monitor the issue of restrictions on referrals in all health care delivery settings.</p>	Retain. Policy is relevant.
D-290.984	State Plan Amendments for Medicaid	<p>Our AMA will: (1) promote mechanisms that provide the opportunity for public comment and legislative oversight prior to submission of the State Plan Amendments (SPAs) to the Centers for Medicare and Medicaid Services; and (2) serve as a repository of information relating to the outcomes of SPAs in different states, disseminate such information and educate</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		physicians about the impact of proposed changes to Medicaid via SPAs.	
D-315.983	Guiding Principles for the Collection, Use and Warehousing of Electronic Medical Records and Claims Data	Our AMA will continue to monitor the economic implications of the secondary sale and use of non-identifiable, aggregate data.	Retain. Policy is relevant.
D-330.909	Study the Costs of Administrative and Regulatory Burdens	Our AMA will perform or commission an analysis of the direct and indirect costs and documented benefits associated with significant administrative and regulatory requirements imposed by the Centers for Medicare & Medicaid Services, including but not limited to face to face documentation requirements, the Physician Quality Reporting System, and the Meaningful Use program.	Retain-in-part; amend by deletion as the policy is no longer limited to the Physician Quality Reporting System or the Meaningful Use program.
D-330.928	Strategies to Strengthen the Medicare Program	Our AMA: (1) will continue to study combining Parts A and B of the Medicare Trust Funds into a single program, and report back, clearly delineating the advantages and disadvantages of this action, including the effect on graduate medical education funding and of adding a means test to Medicare Part A; and (2) encourages the Centers for Medicare and Medicaid Services to explore the use of value-based, targeted benefit design to facilitate a more efficient and meaningful cost-sharing structure that will help align incentives for patients to seek appropriate and effective care.	Retain. Policy is relevant.
D-335.987	Erroneous Guidance by Medicare Carriers and Waiver of Audit and Refund Penalties	1. Our AMA will: (a) ask the Centers for Medicare and Medicaid Services to enforce the requirement that Medicare representatives who have given verbal guidance must immediately confirm that guidance in writing, requiring Medicare carriers to (i) closely monitor carrier representatives' compliance with the rule and (ii) penalize those representatives who do not comply; and (b) urge CMS to eliminate the rule that if a physician incurs a penalty having relied on erroneous guidance from a carrier representative, that penalty cannot be waived unless the physician's initial request was in	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>writing.</p> <p>2. Whether or not CMS eliminates that rule, our AMA will ask CMS to require Medicare carriers to provide central e-mail and fax units, to which physicians can send all requests for coding and billing clarifications, and from which physicians can receive all carrier responses in “real time.”</p>	
D-345.986	Accurate Mental Status Reporting	Our American Medical Association encourages interested national medical specialty societies to develop recommendations regarding mental status information that should be transmitted when patients transition care settings.	Retain. Policy is relevant.
D-380.997	Private Contracting by Medicare Patients	<p>1. It is the policy of the AMA: (a) that any patient, regardless of age or health care insurance coverage, has both the right to privately contract with a physician for wanted or needed health services and to personally pay for those services; (b) to pursue appropriate legislative and legal means to permanently preserve that patient’s basic right to privately contract with physicians for wanted or needed health care services; (c) to continue to expeditiously pursue regulatory or legislative changes that will allow physicians to treat Medicare patients outside current regulatory constraints that threaten the physician/patient relationship; and (d) to seek immediately suitable cases to reverse the limitations on patient and physician rights to contract privately that have been imposed by CMS or the private health insurance industry.</p> <p>2. Our AMA strongly urge CMS to clarify the technical and statutory ambiguities of the private contracting language contained in Section 4507 of the Balanced Budget Act of 1997.</p> <p>3. Our AMA reaffirms its position in favor of a pluralistic health care delivery system to include fee-for-service medicine, and will lobby for the elimination of any restrictions and physician penalties for provision of fee-for-service medicine by a physician to a consenting patient, including patients covered under Medicare.</p>	Retain-in-part; rescind clause (2) , as the Centers for Medicare & Medicaid Services has developed extensive regulatory guidelines that have eliminated the technical and statutory ambiguities of the private contracting language contained in Section 4507 of the Balanced Budget Act of 1997.
D-390.974	Modes of Participation in Medicare and Their Impact on the Patient, the Physician, and the US Congress	<p>Our AMA will:</p> <p>(1) continue working to identify politically viable modifications to the statutory language on private contracting that will make opting out a more reasonable choice for practicing physicians; and</p> <p>(2) educate physicians on the different options for participating in the Medicare program and provide our members with the tools and information necessary to analyze the impact on their patients, their practice</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>, and the US Congress, of their choice of the three modes of relating to the Medicare program by:</p> <p>(a) opting out of Medicare; or</p> <p>(b) caring for Medicare patients in a fee-for-service relationship, making the decision to “accept assignment” on the basis of mutual needs of the patient and the physician; or</p> <p>(c) continuing as a “participating physician” in the Medicare program understanding that the physician is subject to the continued anticipated reductions in direct reimbursement and the ultimate inability to directly negotiate any fees on behalf of their practice. This may give Congress the wrong impression that there is no problem with continued fee reductions.</p>	
D-390.985	Medicare Balance Billing	Our AMA will work on behalf of physicians to regain the right to balance bill Medicare patients for the full reasonable fees as they determine appropriate.	Retain. Policy is relevant.
D-450.953	Development of Quality Measures with Appropriate Exclusions and Review Processes	Our AMA will provide input on the Severe Sepsis and Sepsis Shock: Management Bundle measure during the National Quality Forum's (NQF) review of the measure in 2017, and ask the Centers for Medicare and Medicaid Services to redesign the measure.	Sunset. Directive was for action at the 2017 NQF meeting.
D-478.971	Electronic Health Records and Meaningful Use	Our AMA: (1) will continue to work with the Centers for Medicare and Medicaid Services and other relevant stakeholders to allow for partial credit for eligible professionals in the Meaningful Use and Merit-Based Incentive payment programs; and (2) will compile and continue to educate physicians on the available guidance related to different types of EHRs, system downtime, and technology failures, including mitigation strategies, continuity training solutions, and contracting solutions.	Retain. Policy is relevant.
D-480.970	Access and Equity in Telemedicine Payments	Our AMA will advocate that the Centers for Medicare & Medicaid Services pay for telemedicine services for patients who have problems accessing physician specialties that are in short supply in areas that are not federally determined “shortage” areas, if that area can show a shortage of those physician specialists.	Retain. Policy is relevant.
D-60.980	Emergency Medical Services for Children (EMSC) Program	Our AMA (1) recognizes the importance of Emergency Medical Services for Children ((EMSC)); (2) advocates for full funding for the (EMSC) program in Congress; and (3) advocates for continuous passage of (EMSC) reauthorization legislation in Congress.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
D-70.957	Fixed Reimbursement to Physicians for Laboratory Services	Our AMA: (1) encourages physicians to become knowledgeable about the appropriate use of CPT modifier 26 in order to bill the professional component separately from the technical component for the interpretation of laboratory tests and clinical oversight of the laboratory; and (2) will advocate that Medicare and other third party payers provide appropriate coverage for the use of CPT modifier 26, as well as care plan oversight codes and prolonged services codes.	Retain. Policy is relevant.
D-70.958	Blended Payments	Our AMA will work with Congress to make it illegal for insurance companies to unilaterally change payments by “blending” levels.	Retain. Policy is relevant.
D-70.979	Preservation of Five Levels of Evaluation and Management Services	Our AMA will communicate to the Centers for Medicare and Medicaid Services and to private payers that the current levels of Evaluation and Management services should be maintained and not compressed, with appropriate payment for each level.	Retain-in-part; edit title to remove term “Five,” as it is no longer accurate.
H-100.950	Addressing the Exploitation of Restricted Distribution Systems by Pharmaceutical Manufacturers	<ol style="list-style-type: none"> 1. Our AMA will advocate with interested parties for legislative or regulatory measures that require prescription drug manufacturers to seek Food and Drug Administration and Federal Trade Commission approval before establishing a restricted distribution system. 2. Our AMA supports requiring pharmaceutical companies to allow for reasonable access to and purchase of appropriate quantities of approved out-of-patent drugs upon request to generic manufacturers seeking to perform bioequivalence assays. 3. Our AMA will advocate with interested parties for legislative or regulatory measures that expedite the FDA approval process for generic drugs, including but not limited to application review deadlines and generic priority review voucher programs. 	Retain. Policy is relevant.
H-120.928	Pharmacy Use of Medication Discontinuation Messaging Function	Our AMA strongly encourages: (1) all software providers and those pharmaceutical dispensing organizations that create their own software to include the functionality to accept discontinuation message transmittals in their electronic prescribing software products; and (2) all dispensing pharmacies accepting medication prescriptions electronically to activate the discontinuation message transmittal functionality in their electronic prescribing support software.	Retain. Policy is relevant.
H-120.931	Access to Self-Administered Medications	1. Our AMA supports legislation that prohibits health insurance and pharmacy benefit management (PBM) companies from denying early prescription refills for solutions, ointments, gels, creams, nasal sprays, and other formulations that are difficult and/or imprecise to self-	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>administer.</p> <p>2. Our AMA supports and encourages interested national medical specialty societies and other stakeholders to continue to advocate on the state level and work with health insurance and PBM companies to re-evaluate their refill policies on medications that are difficult and/or imprecise to self-administer to allow for early refills as needed.</p>	
H-155.970	Cost-Cutting Decisions by Third Party Payers	Our AMA strongly opposes, and will take appropriate action as necessary to restrict, third party payer cost-containment strategies that jeopardize patient health and the quality of care.	Retain. Policy is relevant.
H-160.904	Increasing Collaboration Between Physicians and the Public to Address Problems in Health Care Delivery	Our American Medical Association will continue to consider and implement the most strategic and sustainable approaches to stay engaged with physician and non-physician stakeholders essential to our endeavor to improve the delivery of quality medical care.	Retain. Policy is relevant.
H-160.908	Payment Mechanisms for Physician-Led Team-Based Health Care	<p>1. Our AMA advocates that physicians who lead team-based care in their practices receive the payments for health care services provided by the team and establish payment disbursement mechanisms that foster physician-led team-based care.</p> <p>2. Our AMA advocates that payment models for physician-led team-based care should be determined by physicians working collaboratively with hospital and payer partners to design models best suited for their particular circumstances.</p> <p>3. Our AMA advocates that physicians make decisions about payment disbursement in consideration of team member contributions, including but not limited to:</p> <ul style="list-style-type: none"> a. Volume of services provided; b. Intensity of services provided; c. Profession of the team member; d. Training and experience of the team member; <p>and</p> <ul style="list-style-type: none"> e. Quality of care provided. <p>4. Our AMA advocates that an effective payment system for physician-led team-based care should:</p> <ul style="list-style-type: none"> a. Reflect the value provided by the team and that any savings accrued by this value should be shared by the team; b. Reflect the time, effort and intellectual capital provided by individual team members; c. Be adequate to attract team members with the appropriate skills and training to maximize the success of the team; and 	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		d. Be sufficient to sustain the team over the time frame that it is needed.	
H-160.937	The Promotion of Quality Telemedicine	<p>1. The AMA adopts the following principles for the supervision of nonphysician providers and technicians when telemedicine is used:</p> <p>A. The physician is responsible for, and retains the authority for, the safety and quality of services provided to patients by nonphysician providers through telemedicine.</p> <p>B. Physician supervision (e.g. regarding protocols, conferencing, and medical record review) is required when nonphysician providers or technicians deliver services via telemedicine in all settings and circumstances.</p> <p>C. Physicians should visit the sites where patients receive services from nonphysician providers or technicians through telemedicine, and must be knowledgeable regarding the competence and qualifications of the nonphysician providers utilized.</p> <p>D. The supervising physician should have the capability to immediately contact nonphysician providers or technicians delivering, as well as patients receiving, services via telemedicine in any setting.</p> <p>E. Nonphysician providers who deliver services via telemedicine should do so according to the applicable nonphysician practice acts in the state where the patient receives such services.</p> <p>F. The extent of supervision provided by the physician should conform to the applicable medical practice act in the state where the patient receives services.</p> <p>G. Mechanisms for the regular reporting, recording, and supervision of patient care delivered through telemedicine must be arranged and maintained between the supervising physician, nonphysician providers, and technicians.</p> <p>H. The physician is responsible for providing and updating patient care protocols for all levels of telemedicine involving nonphysician providers or technicians.</p> <p>2. The AMA urges those who design or utilize telemedicine systems to make prudent and reasonable use of those technologies necessary to apply current or future confidentiality and privacy principles and requirements to telemedicine interactions.</p> <p>3. The AMA emphasizes to physicians their responsibility to ensure that their legal and ethical requirements with respect to patient confidentiality and data integrity are not</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>compromised by the use of any particular telemedicine modality.</p> <p>4. The AMA advocates that continuing medical education conducted using telemedicine adhere to the standards of the AMA's Physician Recognition Award and the Accreditation Criteria of the Accreditation Council for Continuing Medical Education.</p> <p>5. Our AMA supports the appropriate use of telemedicine in the education of medical students, residents, fellows and practicing physicians.</p>	
H-160.966	Market Forces on Medical Practice	<p>It is the policy of the AMA that (1) the ratcheting down of physician payment rates will not produce appreciable reductions in the rate of health care cost increase, since payment for physicians' services constitutes only about one-fifth of spending for health care; however, it may well reduce access to care as more physicians leave the area, retire, or in other ways change their practices; (2) at the same time, physician-directed peer review mechanisms must take the lead in fostering appropriate utilization of services and encouraging less hospital-intensive patterns of care where indicated; (3) the capture of a dominant or controlling share of the private health insurance market by any one payer can ultimately result in payer control of physicians' total remuneration; such control should be resisted through all legislative means available; (4) physicians must continue to initiate and publicize voluntary programs to accept assignment and/or other special arrangements for lower-income Medicare beneficiaries as a deterrent to legislation mandating assignment or banning balance billing for all Medicare enrollees regardless of economic status; and (5) it is equally incumbent on those developing state legislative and regulatory proposals to seek the advice of the health care professionals who will be affected by such proposals at the outset; without such input, the state will risk alienating those who provide the care and jeopardizing the health of its residents.</p>	Retain. Policy is relevant.
H-165.851	Options for Implementing and Financing Tax Credits for Individually Selected and Owned Health Insurance	<p>Our AMA supports incremental steps toward financing individual tax credits for the purchase of health insurance, including but not limited to capping the tax exclusion for employment-based health insurance.</p>	Reconcile with Policies H-165.828 and H-165.865 .

POLICY #	Title	Text	Recommendation
H-165.887	Development of Health Care Priorities	Our AMA supports efforts to move patients in public programs into the private sector, through the implementation of vouchers or other mechanisms, thereby enabling individual patients to participate in the prioritization of their health care services; and encourages state governments that are investigating the prioritization of health care services provided under Medicaid programs to consider other potential allocation methodologies including variable levels of funding tied to relative health benefit, beneficiary income, or other factors, for such services.	Retain. Policy is relevant.
H-180.968	Third Party Payer Credentialing	It is the policy of the AMA that third party payers should not exclude non-board-certified physicians as a class from participation in their programs, without regard to individual training, experience, and current competence.	Retain. Policy is relevant.
H-185.925	Addressing Discriminatory Health Plan Exclusions or Problematic Benefit Substitutions for Essential Health Benefits Under the Affordable Care Act	<ol style="list-style-type: none"> 1. Our AMA supports improvements to the essential health benefits benchmark plan selection process to ensure limits and exclusions do not impede access to health care and coverage. 2. Our AMA encourages federal regulators to develop policy to prohibit essential health benefits substitutions that do not exist in a state's benchmark plan and the selective use of exclusions or arbitrary limits that prevent high-cost claims or that encourage high-cost enrollees to drop coverage. 3. Our AMA encourages federal regulators to review current plans for discriminatory exclusions and submit any specific incidents of discrimination through an administrative complaint to Office for Civil Rights. 	Retain. Policy is relevant.
H-185.926	Reproductive Health Insurance Coverage	Our AMA supports: (1) insurance coverage for fertility treatments regardless of marital status or sexual orientation when insurance provides coverage for fertility treatments; and (2) local and state efforts to promote reproductive health insurance coverage regardless of marital status or sexual orientation when insurance provides coverage for fertility treatments.	Retain. Policy is relevant.
H-200.998	Tax Credit to Disadvantaged Area Medical Practices	Our AMA actively supports national and state legislation which would grant income tax credits to medical practices established in disadvantaged communities and in areas of critical physician need.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-215.966	Evaluating Advertising	<p>1. AMA policy is that organizations conferring titles/awards/rankings on hospitals should adopt the following criteria:</p> <ul style="list-style-type: none"> a. Significant physician involvement in selection of criteria and methodology. b. Significant physician involvement in screening potential award winners. c. Significant physician involvement in on-site hospital review (if part of the ranking/title/award process). d. Significant physician involvement in the judging process and final selection of award winners. e. Evidenced based performance measures for selection. f. Public transparency and substantive information regarding all aspects including the leadership involved in the criteria, methodology, selection process. g. Disclosure of any conflicts of interest 	Retain. Policy is relevant.
H-215.975	Uniform Standards for Not-For-Profit and For-Profit Hospitals	The AMA supports the concept that all hospitals be held to the same standards of care, community service, professional education and commitment to their respective communities.	Retain. Policy is relevant.
H-220.938	The Joint Commission Adherence to its Own Standards	The AMA Board of Trustees directs its Commissioners to The Joint Commission (TJC) to strongly advocate that TJC: (1) consistently enforce its standards regarding unilateral amendment of medical staff bylaws; (2) continue to cite hospitals for unilateral amendment of medical staff bylaws, rules and regulations, which may lead to loss of accreditation if the violation is not rectified within a specified time frame; and (3) cite hospitals for including provisions in their corporate bylaws that allow for the unilateral amendment of medical staff bylaws, rules and regulations, when state statutes do not require the governing body of the hospital to have such authority.	Retain. Policy is relevant.
H-220.975	Medical Staff Comment on The Joint Commission "Field Review of Proposed Standards"	Our AMA believes that all "Field Review of Proposed Standards" that are sent to hospitals should be sent simultaneously to the medical staff of said hospital, with their comments to be returned directly to The Joint Commission for its consideration.	Retain. Policy is relevant.
H-220.976	Bylaws Approval Time Limit	The AMA supports including a standard in The Joint Commission Accreditation Manual for Hospitals requiring that initial medical staff bylaws and subsequent amendments be approved or disapproved by the hospital	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		governing body within a reasonable period of time specified in the medical staff bylaws and, if the governing body fails to act within the time specified, the proposed changes should be deemed adopted.	
H-220.978	Hospital Medical Staff Representation on the Hospital Governing Body	The AMA supports amending The Joint Commission Leadership Standard LD.01.03.01 to provide for representation at all meetings of the governing body, with vote by one or more medical staff members nominated and elected by the medical staff, consistent with applicable state law.	Retain. Policy is relevant.
H-225.943	Mixed Medical Staffs	Our AMA affirms its unyielding support for the principle that the members of the organized medical staff must work collectively to improve patient care and outcomes, regardless of the employment status or practice setting of each individual member, and through its Organized Medical Staff Section and other appropriate channels, will provide guidance to medical staffs, including but not limited to effective medical staff leadership strategies and relevant updates to the <i>AMA Physician's Guide to Medical Staff Organization Bylaws</i> , that facilitate representation of and encourage participation in medical staff activities by community-based and independent physicians.	Retain. Policy is relevant.
H-225.944	Medical Staff Engagement at Critical Access Hospitals	Our AMA encourages all MD/DO(s) on staff at Critical Access Hospitals to contribute to the quality and safety of care provided in those organizations by participating in medical staff activities, including but not limited to credentialing and privileging activities.	Retain. Policy is relevant.
H-225.949	Medical Staff and Hospital Engagement of Community Physicians	<ol style="list-style-type: none"> 1. Our AMA encourages medical staffs to develop medical staff membership categories for physicians who provide a low volume or no volume of clinical services in the hospital ("community physicians"). 2. Our AMA encourages medical staffs and hospitals to engage community physicians, as appropriate, in medical staff and hospital activities, which may include but need not be limited to: (a) medical staff duties and leadership; (b) hospital governance; (c) population health management initiatives; (d) transitions of care initiatives; and (e) educational and other professional and collegial events. 	Retain. Policy is relevant.
H-225.984	Hospital Corporate Bylaws	The AMA encourages hospital medical executive committees to: (1) regularly examine the hospital/corporate bylaws, rules and regulations for any conflicts with the medical staff bylaws, rules and regulations or practices; (2) request that their hospital board of trustees/directors notify them of any proposed or	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		impending changes in the hospital/corporate bylaws; and (3) advise members/applicants of the medical staff of the effect of these hospital/corporate bylaws, rules and regulations.	
H-225.986	Physician Economic Incentive Program	The AMA: (1) opposes physician economic incentives that conflict with patients' welfare; and (2) believe the physician must remain the patient's advocate in the patient's relationship with the hospital.	Retain. Policy is relevant.
H-230.963	Limitations of Membership on Multiple Hospital Medical Staffs	Our AMA: (1) supports the principle that a hospital may not limit a physician's participation or medical staff privileges at the hospital based in whole or in part on the physician's membership or participation at a different hospital or hospital system or on the medical staff membership or participation of a partner, associate or employee of the physician at a different hospital or hospital system; (2) opposes hospitals placing limitations on medical staff privileges or participation at a hospital based in whole or in part on the physician's membership or participation at a different hospital or hospital system or on the medical staff membership or participation of a partner, associate or employee of the physician at a different hospital or hospital system; and (3) opposes hospitals placing limitations on medical staff privileges or participation at a hospital based in whole or in part on the physician (or a partner, associate or employee of the physician) having a financial relationship with another hospital/health system.	Retain. Policy is relevant.
H-230.984	Peer Review of the Performance of Hospital Medical Staff Physicians	The AMA (1) encourages state and local medical associations to establish procedures and committees for monitoring, upon the request of the medical staff, the effectiveness of hospital medical staff peer review; and (2) supports working with the AHA and other appropriate organizations to devise methods to encourage the development of such programs.	Retain. Policy is relevant.
H-230.997	Recertification and Hospital or Health Plan Network Privileges	(1) The fact that a board-certified practitioner fails to undergo the recertification examination shall not be adequate reason to modify or withhold hospital privileges or health plan network status from a physician. (2) Modification or withholding of hospital privileges or health plan network status shall be purely on the basis of assessment of performance.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-235.968	Physician Review of Medical Staff Activities	The AMA recommends that hospital medical staffs have a policy that would allow minutes of medical staff committees, except minutes concerning peer review or corrective action information, be made available for review by medical staff members in the medical staff office; and recommends that the medical executive committee approve all reports, policies and recommendations from medical staff clinical departments and committees and have a process to distribute significant changes to the members of the medical staff.	Retain. Policy is relevant.
H-235.970	Conflict of Interest Issues and Medical Staff Leaders	Our AMA encourages medical staffs to adopt and incorporate into their bylaws medical staff conflict of interest policies that reflect the following principles: 1. Disclosure of potential conflicts. Candidates for election or appointment to medical staff leadership positions should disclose in writing to the medical staff, prior to the date of election or appointment, any personal, professional or financial affiliations or relationships of which they are reasonably aware, including employment or contractual relationships, which could foreseeably result in a conflict of interest with their acting on behalf of the medical staff. Elected or appointed medical staff leaders should disclose potential conflicts in writing to the medical staff whenever they arise. 2. Management of conflicts. When conflicts of interest exist, elected or appointed medical staff leaders should, as appropriate, recuse themselves from the deliberative process and/or abstain from voting on the matter to which the conflict relates. The medical staff should establish a process for disqualification from the deliberative process and/or from voting on the matter at hand for any elected or appointed medical staff leader with an identified conflict who fails to disclose the interest or who fails to recuse himself or herself from the deliberative process and/or from voting on the matter to which the conflict relates, as appropriate.	Retain. Policy is relevant.
H-235.985	Medical Executive Committee Composition	The AMA's policy states that the medical staff shall govern itself by the bylaws, rules and regulations which define the Medical Staff Executive Committee, whose members are selected in accordance with criteria and standards established by the medical staff, consistent with applicable state law.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-260.964	Reimbursement for Clinical Lab Work	Our AMA supports the concept that a professional fee should be paid directly to the appropriate physician for clinical laboratory work, regardless of payer source.	Retain. Policy is relevant.
H-260.998	Laboratory Services Contracted by a Physician	Our AMA believes that: (1) laboratories should bill and collect from patients or third-party payers for laboratory services; (2) attending physicians are entitled to fair compensation for professional services rendered; and (3) bills for laboratory services performed by attending physicians should show the location where services were rendered and a description of such services.	Retain. Policy is relevant.
H-280.951	Quality of Care and Staffing in Nursing Homes	Our AMA will support the policy that staffing levels in nursing homes should appropriately address: (1) the acuity of the patient population; (2) the functional level of the patient and the services provided; (3) the existence of shortages for certain types of staff in some geographic locations and temporary shortages due to events such as employee illness or termination; and (4) the quality, education, and training of staff.	Retain. Policy is relevant.
H-280.953	Physicians Visits Under Medicare Skilled Nursing Facility Prospective Payment System	Our AMA will: (1) work with the Centers for Medicare and Medicaid Services (CMS) and The Joint Commission (TJC) to ensure that physician visits to nursing homes and skilled nursing facilities be based on the physician's determination of appropriate care for each patient; (2) work with CMS to ensure that its Medicare carriers implement these policies in a uniform way; and (3) advocate that physician assessments necessary to comply with both the prospective payment system (PPS) as well as TJC requirements be recognized and reimbursed.	Retain. Policy is relevant.
H-285.941	Managed Care Consensus Bill	The AMA continues to support the enactment of comprehensive legislation that addresses the wide range of patient protection and physician fairness issues, such as disclosure of health plan information to enrollees and prospective enrollees, utilization review and grievance procedures, due process in physician selective contracting decisions, and physician involvement in health plan medical policies.	Retain. Policy is relevant.
H-285.950	Managed Care Organizations' Use of Physicians to Provide Second Opinions to Physicians Providing Emergency Services	The AMA adopts the following principles to guide the use by managed care plans of physicians employed or contracted with to specifically provide second opinions to physicians providing emergency services. The AMA encourages managed care plans to follow these guidelines when employing or contracting with physicians to provide second opinions to physicians providing emergency services. (1) All managed care plans shall disclose to their	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>enrollees and prospective enrollees any plan requirements or the existence of contractual arrangements whereby physicians are required to provide second opinions to physicians providing emergency services regarding the care provided to patients presenting at emergency departments or facilities.</p> <p>(2) The required use of physicians to provide second opinions to physicians providing emergency services regarding the care provided to patients presenting at emergency departments or facilities shall not impede the immediate diagnosis and therapy of acute cardiac, trauma, and other critical patient situations for which delay may result in death or an increase in severity of illness.</p> <p>(3) Any physician with a contractual arrangement to provide second opinions to physicians providing emergency services regarding the care provided to patients presenting at emergency departments or facilities shall be licensed to practice medicine and actively practicing emergency medicine in the same state in which the second opinion is provided.</p> <p>(4) Any physician with a contractual arrangement to provide second opinions to physicians providing emergency services regarding the care provided to patients presenting at emergency departments or facilities shall have active staff privileges in any facility in which the second opinion is provided.</p> <p>(5) To the degree possible, patients presenting at an emergency department or facility should be involved in the decisions regarding the treatment, referral, and follow-up care for their condition.</p> <p>(6) In the event of disagreements over second opinions, final decisions regarding the treatment, referral, and follow-up care provided to patients presenting at emergency departments or facilities shall be made by the attending emergency physician or other appropriate physicians on staff at the facility.</p>	
H-285.967	Distribution of Premiums Collected by Managed Care Companies	The AMA develop and support appropriate legislation to require managed care plans to publish, on an annual basis, relevant operating and financial information.	Retain. Policy is relevant.
H-285.971	Population Based Practices in Managed Care Systems	The AMA recommends to all managed care plans that they: (1) develop population based programs for prevention, health risk assessments, and health's status improvement; (2) adopt a process to measure clinical quality provided to patients and demonstrate how quality in their system	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>of care is improving; (3) develop programs which assure that communicable and environmentally induced health problems are followed up by physicians within the plan in cooperation with competent health department personnel; and (4) manage these programs in concert with established standards of preventive medicine and public health.</p>	
H-285.983	Organized Medical Staffs in Medical Delivery Systems	<p>The AMA supports expanding the concept of physician governance of medical delivery systems by recommending that: (1) Medical delivery systems establish self-governing medical staffs similar, if not identical, to those in hospitals; (2) The principles of self-governance should include, but not be limited to: (a) the development of medical staff bylaws which cannot be unilaterally changed by the governing board of a medical delivery system; (b) physician election of representatives to the governing board and other appropriate committees of medical delivery systems including credentialing, privileging, quality assurance and utilization review committees; (c) due process protections for physicians credentialed by a medical delivery system; and (d) full indemnification by medical delivery systems of physicians who, in good faith, serve as members of credentialing, quality assurance and utilization review committees of medical delivery systems; and (3) Policy of the AMA is that the establishment of guidelines, review of decisions, and the adjudication of patient care quality issues in managed care plans must be performed by participating practicing physicians.</p>	Retain. Policy is relevant.
H-290.973	Medicaid Citizenship Documentation	<p>Our AMA strongly advocates that a state Medicaid agency's record of payment for the birth of an individual in a US hospital is satisfactory documentary evidence of both identity and citizenship.</p>	Retain. Policy is relevant.
H-315.972	HIPAA Business Associate Contracting, Domestic and Foreign, and Foreign Outsourcing	<p>1. Our AMA encourages physicians who have entered or who are considering entering a business associate agreement (BAA) to undertake careful due diligence regarding the business associate and to consider with legal counsel the inclusion of contractual provisions such as:</p> <ul style="list-style-type: none"> a. strong confidentiality clauses; b. required steps to mitigate any harmful effects of wrongful use or disclosure of protected health information (PHI); c. assurance that, upon the contract's termination, all PHI is returned to the covered entity, and no copies are retained by the business associate, except as required for legal or audit purposes; d. indemnification of the covered entity against 	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>any losses caused by a business associate;</p> <p>e. the business associate's procurement of specified types of liability insurance which may either protect the covered entity or enable the business associate to meet its indemnity;</p> <p>f. posting a surety bond (a.k.a. performance bond) to ensure faithful performance of the BAA by the business associate; or</p> <p>g. physicians should take care that the original contract should contain provisions addressing the costs involved with the return and maintenance of the PHI at or after the end of the contract term.</p> <p>2. Our AMA supports legislation and/or regulation requiring all third parties who receive and maintain clinical information from a clinician to make those data available to the clinician in usable form at the end of the business relationship.</p>	
H-320.941	Eliminate Fail First Policy in Addiction Treatment	Our AMA will advocate for the elimination of the “fail first” policy implemented at times by some insurance companies and managed care organizations for addiction treatment.	Retain. Policy is relevant.
H-320.943	Medicare and Insurance Takeback Procedures	Our AMA: (1) will advocate to ensure that when a patient hospitalization is retrospectively found not to meet criteria for inpatient admission, then the take back amount be only the difference between the cost of the admission and the cost of necessary observation for that patient stay; and (2) will advocate to ensure that, for any care provided to hospital patients who have Medicare, managed Medicare, or commercial insurance, hospitals have the option to rebill denied inpatient claims as outpatient claims, when a physician using clinical judgment makes a prospective decision to admit a patient who is later not found to meet admission criteria.	Retain. Policy is relevant.
H-320.987	Second Opinions When Required by Carrier	The AMA believes that second opinions for medical or surgical services and procedures are best provided by physicians who have the training, experience or skills which provide the necessary information base to assess the need for or advisability of a specific medical or surgical intervention.	Retain. Policy is relevant.
H-320.989	Third Party Utilization Review Programs	Our American Medical Association recommends that hospital medical staffs, prior to approving the written plan for utilization review, ensure the inclusion of provisions that require the hospital to seek formal review and recommendations from the medical staff concerning “any qualified outside organization” that is going to contract with the hospital to perform review activities specified in the plan, prior to entering into the contract.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-320.990	Standardization of Mandatory Second Surgical Opinion Programs	The AMA urges third party payers who require second opinions to inform their subscribers so that they understand the requirements of such programs.	Retain. Policy is relevant.
H-320.991	Hospital Preadmission Review/Certification	The AMA believes that the following principle should be applied in evaluating any preadmission review program, so as to minimize any detrimental impacts on quality or accessibility of care: There should be direct and continuing communications to physicians and insureds patients regarding prior authorization requirements.	Retain-in-part; amend by deletion and addition to make the policy consistent with language used in other AMA policies.
H-330.879	Providers and the Annual Wellness Visit	<p>1. Our AMA supports that the Medicare Annual Wellness Visit (AWV) is a benefit most appropriately provided by a physician or a member of a physician-led health care team that establishes or continues to provide ongoing continuity of care.</p> <p>2. Our AMA supports that, at a minimum, any clinician performing the AWV must enumerate all relevant findings from the visit and make provisions for all appropriate follow-up care.</p> <p>3. Our AMA supports that the Centers for Medicare & Medicaid Services (CMS) provide a means for physicians to determine whether or not Medicare has already paid for an AWV for a patient in the past 12 months.</p> <p>4. Our AMA encourages CMS to educate Medicare enrollees, that, in choosing their primary care physician, they are encouraged to make their AWVs with their primary care physician in order to facilitate continuity and coordination of their care.</p>	Retain. Policy is relevant.
H-330.880	Virtual Supervision of "Incident to" Services	<p>1. Our AMA supports pilot programs in the Medicare program to enable virtual supervision of "incident to" services that require direct supervision if they are developed with specialty society input and abide by the following principles:</p> <p>A. The physician billing "incident to" must fulfill other requirements of direct supervision of "incident to" services, including first seeing the patient and initiating the course of treatment, and providing subsequent services at a rate that shows active participation in and management of the course of treatment.</p> <p>B. The extent of supervision provided by the physician should conform to the applicable medical practice act in the state where the patient receives services.</p> <p>C. Non-physician practitioners and employees providing "incident to" services must follow existing requirements for the provision of</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>“incident to” services, including abiding by state licensure laws and state medical practice laws and requirements in the state in which the patient receives services.</p> <p>D. The delivery of “incident to” services must be consistent with state scope of practice laws.</p> <p>E. Virtual supervision of “incident to” services must require the supervising physician to be connected through real-time audio and video technology with the room in which the “incident to” service is provided, to ensure that the physician is immediately able to provide assistance and direction during the provision of the service.</p> <p>F. Virtual supervision of “incident to” services must follow evidence-based practice guidelines, to the degree they are available, to ensure patient safety, quality of care and positive health outcomes.</p> <p>G. Physicians providing virtual supervision of “incident to” services should visit the sites in person where patients receive procedures from non-physician practitioners or employees.</p> <p>H. Physicians providing virtual supervision of “incident to” services must establish protocols for arranging for emergency services, including having an agreement with a physician at the site at which “incident to” services are provided, to ensure the provision of immediate assistance.</p> <p>I. Patients receiving “incident to” services that are virtually supervised must have access to the certification, licensure and/or board certification qualifications of the health care practitioners who are providing and supervising the care in advance of their visit.</p> <p>J. Patients receiving “incident to” services that are virtually supervised must have a choice of provider, as is required for all medical services.</p> <p>2. Our AMA encourages national medical specialty societies to develop best practices and protocols for virtual supervision of “incident to” services, including specifying which services and procedures would not qualify for this practice.</p>	
<p>H-330.899</p>	<p>Medicare Pharmaceutical Benefit</p>	<p>Our AMA utilizes the following principles in evaluating legislative proposals for the addition of a Medicare pharmaceutical benefit:</p> <p>(1) Any pharmaceutical benefit should be fully funded by additional budgetary allocations, separate from existing budget provisions. The benefit should provide for adequate accounting so that drug program expenditures can be tracked separately from all other expenditures.</p> <p>(2) The pharmaceutical benefit should be targeted to reduce hardship for those with low-incomes</p>	<p>Retain. Policy is relevant.</p>

POLICY #	Title	Text	Recommendation
		<p>and those with catastrophic costs.</p> <p>(3) Any legislation should provide a pharmaceutical benefit that is equal across geographic regions.</p> <p>(4) A pharmaceutical benefit should be designed in a way that allows for benefits options under both the traditional Medicare fee-for-service program and any version of the Medicare program that relies on the private marketplace. Different levels of drug benefits for different products would be permissible.</p> <p>(5) A pharmaceutical benefit should include a tiered deductible and co-payment structure that encourages economically responsible behavior.</p> <p>(6) Any pharmaceutical benefit should be designed to prevent adverse selection.</p> <p>(7) Any pharmaceutical benefit should be designed in a manner that prevents interference with clinical decision-making and physician prescribing decisions.</p> <p>(8) Any pharmaceutical benefit should be designed in a manner that minimizes the administrative burden placed on physicians.</p> <p>(9) Any pharmaceutical benefit should be designed in a manner that ensures beneficiary access to local pharmacies, and not be limited to mail order pharmacies.</p> <p>(10) In the implementation of any Medicare drug benefit, employers are highly encouraged to preserve existing coverage, and for Medicare beneficiaries with existing drug coverage, any Medicare benefit should be supplemental to and coordinated with that existing coverage.</p>	
H-330.934	Sharing Demographic Medicare Data with Other Public Entities by CMS	The AMA supports continued provision of aggregate anonymous demographic information to state and local health agencies where its use will promote community health and improve utilization of health care dollars, as long as adequate safeguards to protect individual privacy are preserved.	Retain. Policy is relevant.
H-330.937	Local Medical Policy of Medical Payers	AMA policy states that when payers apply local medical policies to physicians in remote areas from where the local medical policy was originally developed, this local medical policy must be widely disseminated to the physicians in those areas along with printed explanations to the practitioners involved.	Retain-in-part; amend by deletion as printing is no longer the standard and if maintained, it becomes the expectation.
H-340.913	Peer Review by Actively Practicing Physicians	The AMA continues to urge CMS to assure that under the Medicare review process only actively practicing physicians in the same specialty and similar practice settings be allowed to perform Medicare reviews.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-345.980	Advocating for Reform in Payment of Mental Health and Substance Use Disorder Services	Our American Medical Association advocates that funding levels for public sector mental health and substance use disorder services not be decreased in the face of governmental budgetary pressures, especially because private sector payment systems are not in place to provide accessibility and affordability for mental health and substance use disorder services to our citizens.	Retain. Policy is relevant.
H-375.964	IOM Report on QIO Program	Our AMA opposes the removal of medical review responsibilities from the QIO scope of work and further opposes conversion of contracts to national or regional contractors.	Retain. Policy is relevant.
H-385.909	The Rights of Patients, Providers and Facilities to Contract for Non-Covered Services	Our AMA will: (1) engage in efforts to convince the Centers for Medicare & Medicaid Services to abstain from inappropriate bundling in situations in which functional and aesthetic considerations should be considered separately; and (2) actively oppose further regulations that would interfere with the rights of patients, providers, and facilities to privately contract for non-covered services.	Retain. Policy is relevant.
H-385.910	Physician Communications and Care Coordination During Patient Hospitalization	Our AMA will continue to advocate that third party payers establish separate physician payments for interprofessional consultative services related to the care of hospitalized patients.	Retain. Policy is relevant.
H-385.924	Support for State Medical Association Economic Research, Development and Planning	The AMA urges state medical associations to establish bureaus or departments of economic research, development and planning to study, develop and disseminate data concerning the economic aspects of medical practice. The AMA continues to assist state associations in collecting such data and to act as a clearinghouse for data so gathered. The AMA encourages state medical associations to designate representatives to deal energetically with third party agencies and programs, utilizing the concept of usual, customary or reasonable charges.	Retain. Policy is relevant.
H-385.991	Balance Billing	Our AMA supports the right of the physician to balance bill a patient for any care given, regardless of method of payment, where permissible by law or contractual agreement.	Retain. Policy is relevant.
H-390.836	Support for Seamless Physician Continuity of Care	Our AMA encourages physicians who encounter contractual difficulties with Medicare Advantage (MA) plans to contact their Centers for Medicare & Medicaid Services (CMS) Regional office.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-390.839	Requiring Secondary and Supplemental Insurers to Medicare to Follow Medicare Payments	Our AMA will support payment by secondary insurers of the balance of the approved Medicare payment in an amount bringing Medicare and secondary payments up to the full allowance of the secondary insurer for services covered by the secondary insurer.	Retain. Policy is relevant.
H-390.854	Freedom of Choice	(1) The AMA will seek appropriate cases to challenge the legality and constitutionality of Medicare restrictions on non-participating physicians' medical practice and on patient freedom of choice by such mechanisms as limitations on balance billing and prohibitions on private "opt out" arrangements between physicians and patients. (2) The AMA will strongly resist such restrictions being extended to other payers in national health care reform legislation.	Retain. Policy is relevant.
H-390.977	Reimbursement for Diagnostic Studies Identified as Surgical Procedures	(1) The AMA supports the concept of separate payment by private and public payers for the services of physicians who perform diagnostic procedures separately and apart from surgical therapy. (2) The AMA supports the concept of one inclusive fee or payment to a physician by private and public payers for diagnostic surgical procedures performed in conjunction with and as a part of surgical therapy and encourages payers to utilize for payment purposes a coding system which can recognize the greater complexity or extent of the service which may be rendered. (3) The AMA urges physicians billing third parties to ensure that all services provided are completely described or coded on the appropriate claim form(s).	Retain. Policy is relevant.
H-405.993	Median Physician Income	The AMA encourages all who prepare reports on physician income to include not simply "mean" (average) data, but also "median" data and quartile distributions, which are far more representative of actual physician income profiles and are better reflections of medical care costs.	Retain. Policy is relevant.
H-406.999	Goal of Health Care Data Collection	The AMA (1) continues to advocate that health care data collected by government and third-party payers be used for education of both consumers and providers; and (2) believes that government, third party payers and self-insured companies should make physician-specific utilization information from carefully selected studies available to medical societies.	Retain-in-part; amend by addition to fulfill the intent of Board Report W-A-92, the origin of this policy.
H-410.970	Use of Practice Parameters	Our AMA: (1) urges organizations that have developed practice parameters to recognize that practice parameters are educational tools, not mechanisms to determine reimbursement or credentialing, to assist physicians in clinical decision making and are not replacements for	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>clinical decision making. Physicians must retain autonomy to vary from practice parameters without retribution in order to provide the quality of care that meets the individual needs of their patients; (2) encourages physicians to be cost conscious and to exercise discretion, consistent with good medical care, when implementing practice parameters; and (3) encourages physician organizations developing practice parameters to include appropriate explanatory disclaimers to ensure that practice parameters are used in a manner that is consistent with AMA policy.</p>	
H-410.997	Practice Parameters and Review Criteria	<p>Our AMA believes that variations from medical practice guidelines and parameters are not, except in very limited circumstances, per se indicators of quality or medical necessity problems. Only where a variation involves provision of a service or procedure deemed by the preponderance of medical opinion to be inappropriate in any clinical situation should it be used as a per se indicator for judgments regarding quality or payment denials. Otherwise, variations from the guidelines and parameters should constitute only a signal for further peer-to-peer considerations relative to quality or payment issues.</p>	Retain. Policy is relevant.
H-450.929	CMS Emergency Department Patient Experience of Care Survey (EDPEC)	<p>Our AMA will monitor the development of the Centers for Medicare and Medicaid Services' Emergency Department Patient Experience of Care (EDPEC) Surveys and advocate for fair and reliable reporting that accurately reflects the quality of care provided by physicians and/or hospitals.</p>	Retain-in-part; amend by deletion and addition to reflect the fact that while the initial CMS EDPEC survey has been completed, subsequent surveys are ongoing.
H-450.930	Developing Measures for Good Access to Care	<p>1. Our AMA will collaborate with the appropriate organizations to support specialty-designed measures of access to care that ensure physicians have the measures they need to be successful under the Medicare Access and Chip Reauthorization Act (MACRA). 2. Our AMA encourages the Centers for Medicare and Medicaid Services (CMS) to use specialty society-developed access to care measures for the Clinical Practice Improvement incentives rather than CMS-generated measures of access.</p>	Retain. Policy is relevant.
H-450.937	Medical Care Outside the United States	<p>1. Our AMA advocates that employers, insurance companies, and other entities that facilitate or incentivize medical care outside the US adhere to the following principles:</p>	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		<p>A. Medical care outside of the US must be voluntary.</p> <p>B. Financial incentives to travel outside the US for medical care should not inappropriately limit the diagnostic and therapeutic alternatives that are offered to patients, or restrict treatment or referral options.</p> <p>C. Patients should only be referred for medical care to institutions that have been accredited by recognized international accrediting bodies (e.g., the Joint Commission International or the International Society for Quality in Health Care).</p> <p>D. Prior to travel, local follow-up care should be coordinated and financing should be arranged to ensure continuity of care when patients return from medical care outside the US.</p> <p>E. Coverage for travel outside the US for medical care must include the costs of necessary follow-up care upon return to the US.</p> <p>F. Patients should be informed of their rights and legal recourse prior to agreeing to travel outside the US for medical care.</p> <p>G. Access to physician licensing and outcome data, as well as facility accreditation and outcomes data, should be arranged for patients seeking medical care outside the US.</p> <p>H. The transfer of patient medical records to and from facilities outside the US should be consistent with HIPAA guidelines.</p> <p>I. Patients choosing to travel outside the US for medical care should be provided with information about the potential risks of combining surgical procedures with long flights and vacation activities.</p> <p>2. Our AMA supports efforts that allow for the reporting and tracking of quality and safety issues associated with medical procedures performed abroad.</p>	
<p>H-450.941</p>	<p>Pay-For-Performance, Physician Economic Profiling, and Tiered and Narrow Networks</p>	<p>1. Our AMA will collaborate with interested parties to develop quality initiatives that exclusively benefit patients, protect patient access, do not contain requirements that permit third party interference in the patient-physician relationship, and are consistent with AMA policy and Code of Medical Ethics, including Policy H-450.947, which establishes the AMA's Principles and Guidelines for Pay-for-Performance and Policy H-406.994, which establishes principles for organizations to follow when developing physician profiles, and that our AMA actively oppose any pay-for-performance program that does not meet all the principles set forth in Policy H-450.947.</p>	<p>Retain-in-part; rescind clause (4), as time frame for reporting directive has passed.</p> <p>Additionally, in 2018 the AMA published a thorough guide, including model contract language, titled: Evaluating Pay-for-Performance Contracts.</p>

POLICY #	Title	Text	Recommendation
		<p>2. Our AMA strongly opposes the use of tiered and narrow physician networks that deny patient access to, or attempt to steer patients towards, certain physicians primarily based on cost of care factors.</p> <p>3. Our AMA pledges an unshakable and uncompromising commitment to the welfare of our patients, the health of our nation and the primacy of the patient-physician relationship free from intrusion from third parties.</p> <p>4. Because there are reports that pay for performance programs may pose more risks to patients than benefits, our AMA will prepare an annual report on the risks and benefits of pay for performance programs, in general and specifically the largest programs in the country including Medicare, for the House of Delegates over the next three years, beginning at the 2007 Interim Meeting. This report should clearly delineate between private pay for performance programs and voluntary public pay for reporting and other related quality initiatives.</p> <p>5. Our AMA will continue to work with other medical and specialty associations to develop effective means of maintaining high quality medical care which may include physician accountability to robust, effective, fair peer review programs, and use of specialty-based clinical data registries.</p> <p>6. As a step toward providing the Centers for Medicare and Medicaid Services (CMS) with data on special populations with higher health risk levels and developing variable incentives in achieving quality, our AMA will continue to work with CMS to encourage and support pilot projects, such as the Physician Quality Reporting Initiative (PQRI), by state and specialty medical societies that are developed collaboratively to demonstrate effective incentives for improving quality, cost-effectiveness, and appropriateness of care.</p> <p>7. Our AMA will advocate that physicians be allowed to review and correct inaccuracies in their patient specific data well in advance of any public release, decreased payments, or forfeiture of opportunity for additional compensation.</p>	
H-450.943	Effects of Pay-for-Performance on Minority Health Disparities	Our American Medical Association urges that physicians with expertise in eliminating racial and ethnic health disparities be involved in the design, implementation and evaluation of pay-for-performance programs.	Retain. Policy is relevant.
H-450.999	Practice Evaluation	(1) Our AMA urges state and local medical societies to consider developing public	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		information programs to inform consumers about existing quality assurance activities. (2) Our AMA encourages increased use of office or hospital outpatient facilities, and use of these facilities for diagnostic testing prior to hospitalization whenever medically feasible, and where quality of service can be assured.	
H-460.896	Stem Cell Tourism	Our AMA (a) encourages the study of appropriate guidance for physicians to use when advising patients who seek to engage in stem cell tourism and how to guide them in risk assessment, (b) encourages further research on stem cell tourism, and (c) urges physicians to educate themselves on these issues.	Retain. Policy is relevant.
H-475.991	Postoperative Care - Responsibility and Reimbursement	Our AMA: (1) continues to support repeal of the federal law which allows reimbursement to optometrists for the unsupervised/independent provision of postoperative care; and (2) reaffirms its position that physicians performing surgery have an ethical and professional responsibility to continue the care of their individual patients through the post-surgical recovery and healing period, or to arrange coordination of such care, especially in those situations where there is a reasonable expectation that another physician will provide postoperative surgical care.	Retain. Policy is relevant.
H-475.996	Revision of AMA Surgical Screening Criteria	The AMA (1) urges national medical specialty societies to review all criteria sets in use within the QIO program to determine whether sections applicable to the practice of their members are in need of revision and, if they are, to develop recommendations for change; (2) encourages state medical societies to organize specialty specific liaison activities between specialty groups and their respective QIOs in order to address particular issues that may arise concerning the development or application of criteria; and (3) supports continued efforts to collect information on screening criteria sets and to evaluate the process by which they are being applied.	Retain. Policy is relevant.
H-480.953	Interoperability of Medical Devices	Our AMA believes that intercommunication and interoperability of electronic medical devices could lead to important advances in patient safety and patient care, and that the standards and protocols to allow such seamless intercommunication should be developed fully with these advances in mind. Our AMA also recognizes that, as in all technological advances, interoperability poses safety and medico-legal challenges as well. The development of standards and production of interoperable equipment protocols should strike the proper balance to achieve	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
		optimum patient safety, efficiency, and outcome benefit while preserving incentives to ensure continuing innovation.	
H-480.968	Telemedicine	The AMA: (1) encourages all national specialty societies to work with their state societies to develop comprehensive practice standards and guidelines to address both the clinical and technological aspects of telemedicine; (2) will assist the national specialty societies in their efforts to develop these guidelines and standards; and urges national private accreditation organizations (e.g., URAC and JCAHO) to require that medical care organizations which establish ongoing arrangements for medical care delivery from remote sites require practitioners at those sites to meet no less stringent credentialing standards and participate in quality review procedures that are at least equivalent to those at the site of care delivery.	Retain. Policy is relevant.
H-70.914	Opposing Coverage Decisions Based Solely on ICD-10 Code Specificity	Our AMA opposes limitations in coverage for medical services based solely on diagnostic code specificity.	Retain. Policy is relevant.
H-70.918	Medicare Evaluation and Management Medical Decision Making Guidelines	It is AMA policy that: (1) all Medicare contractors disclose any Medical Decision Making tool or score sheet algorithm used in audits; (2) all Medicare contractors have a clearly defined process to resolve conflicts of interpretation on Medical Decision Making tools and/or score sheets between practicing physicians and contractor clinical auditors; and (3) any Medical Decision Making tool or score sheet algorithm must be based on the factors for arriving at complexity, as defined in instructions for Medical Decision Making as outlined in CPT Guidelines that accompany the CPT Book Code Set.	Retain-in-part; amend by deletion and addition to update this policy to align with current CPT guidelines.
H-70.958	Medicare ICD-10 Coding Requirements	Our AMA will: (1) request that the Centers for Medicare & Medicaid Services ensure that its Medicare carriers fully understand and implement the distinction between coding to the “highest level of specificity” within a code category, and that coding for the condition(s) to the “highest degree of certainty” for that visit. For this purpose, symptoms, signs, abnormal test results or other reason for the visit are appropriate and acceptable diagnoses; and (2) will use all appropriate vehicles to communicate to physicians the correct method to report ICD-10-CM codes to describe diagnoses and other reasons for the physician-patient encounter.	Retain. Policy is relevant.

POLICY #	Title	Text	Recommendation
H-70.960	Documentation Requirements for Physician Care Plan Oversight	The AMA will (1) continue to work with CMS so that CPT codes 99375 and 99376, for Care Plan Oversight, are recognized for payment to all physicians; (2) the AMA CPT Editorial Panel will consider revising the Care Plan Oversight codes to more accurately reflect medical practice; (3) will work with CMS to develop documentation requirements that are more consistent with standard medical practice and are not time based; and (4) the CPT Editorial Panel will continue to monitor CMS's implementation of documentation requirements.	Sunset; policy obsolete with advent of the Chronic Care Management (99490, 99491; 99437, 99439) and Complex Chronic Care Management (99487, 99489) CPT codes.
H-75.984	Increasing Availability and Coverage for Immediate Postpartum Long-Acting Reversible Contraceptive Placement	<p>1. Our AMA: (a) recognizes the practice of immediate postpartum and post pregnancy long-acting reversible contraception placement to be a safe and cost effective way of reducing future unintended pregnancies; and (b) supports the coverage by Medicaid, Medicare, and private insurers for immediate postpartum long-acting reversible contraception devices and placement, and that these be billed separately from the obstetrical global fee.</p> <p>2. Our AMA encourages relevant specialty organizations to provide training for physicians regarding (a) patients who are eligible for immediate postpartum long-acting reversible contraception, and (b) immediate postpartum long-acting reversible contraception placement protocols and procedures.</p>	Retain. Policy is relevant.
H-85.957	Encouraging Standardized Advance Directives Forms Within States	Our AMA encourages each state society to develop a standardized form of advance directives for use by physicians and other health care providers as a template to discuss end-of-life care with their patients.	Retain. Policy is relevant.

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 4-A-26

Subject: Expanding Medicare Coverage of Medical Nutrition Therapy

Presented by: Betty Chu, MD, MBA, Chair

Referred to: Reference Committee G

1 Resolution 116, “Medicare Coverage of Registered Dietician and Certified Nutrition Support
2 Specialist Visits Beyond Type 2 Diabetes and Renal Disease,” was introduced by the Senior
3 Physicians Section at the 2025 Annual Meeting and was referred. It asks the following:

4
5 RESOLVED, that our American Medical Association (AMA) support legislation for Medicare
6 coverage for registered dietitian or certified nutrition support specialist visits referred by
7 physicians for conditions such as obesity, pancreatic insufficiency, hyperlipidemia, irritable
8 bowel syndrome, small intestinal bacterial overgrowth, gout, and allergies, recognizing that
9 other significant chronic conditions can also benefit from tailored dietary interventions; and be
10 it further;

11
12 RESOLVED, that our AMA specify that payment for registered dietician or certified nutrition
13 support specialist services should be made separately from Medicare physician services (i.e.
14 outside the Medicare physician fee schedule) to avoid having a negative impact on the
15 conversion factor that would impact payment for all physician services.

16
17 This report discusses the Medicare Physician Fee Schedule (MPFS), provides a summary of
18 medical nutrition therapy (MNT) Medicare coverage, and includes several policy
19 recommendations.

20
21 BACKGROUND

22
23 Since 1992, Medicare payment for physicians’ services has been valued through the MPFS.¹
24 Payment rates are based on resources required to furnish services, which are assigned relative value
25 units (RVUs) under the Resource-Based Relative Value Scale (RBRVS) considering three types of
26 inputs: clinician work, practice expense, and professional liability insurance.² Annual updates to
27 the MPFS include statutorily-required updates to the conversion factor under the [Medicare Access
28 and CHIP Reauthorization Act of 2015 \(MACRA\)](#).³

29
30 Under [current law](#), the projected cost of all changes to the MPFS must be budget neutral and may
31 not raise or lower total Medicare spending by more than \$20 million per year.⁴ Thus, the evaluated
32 change of RVUs or the introduction of new services are accompanied by offsets to the fees for
33 other services.^{5,6} The budget neutrality requirement is a provision of the [Social Security Act](#) which
34 dates to the founding of the RBRVS legislation and has not been updated since passage. The
35 Centers for Medicare & Medicaid Services administers the statute’s budget neutrality requirement
36 with a percentage adjustment.⁷ The actual payment rate for each service is determined by
37 multiplying its value under the RBRVS by a conversion factor.⁸ Budget neutrality adjustments are
38 accomplished by raising or lowering that conversion factor. If new services or higher payments are

1 added to the MPFS, an offsetting cut (a negative adjustment) must be made to other service
 2 payments to keep total spending balanced.⁹ Beginning in 2026, there will be two separate
 3 conversion factors: one for qualifying alternative payment model (APM) participants (QPs) and
 4 one for physicians and practitioners who are not QPs.¹⁰ QPs are those that meet thresholds for
 5 participation in an Advanced APM – features that ensure accountability for quality and cost of
 6 care.¹¹

7
 8 MEDICAL NUTRITION THERAPY

9
 10 Medical nutrition therapy (MNT) is a form of treatment that utilizes nutrition education and
 11 behavioral counseling to prevent or manage a medical condition.¹² A Registered Dietitian
 12 Nutritionist (RDN), credentialed by the Commission on Dietetic Registration (CDR), collaborates
 13 with an individual and, in some cases, members of their medical team to identify health needs and
 14 personal goals. RDNs must hold at least a master’s degree, complete an Accreditation Council for
 15 Education in Nutrition and Dietetics accredited program with specific coursework, and finish 1,000
 16 hours of supervised practice in health care facilities, community agencies, or food service
 17 corporations. Additionally, an RDN must pass a national registration exam administered by the
 18 CDR. Further, many states require licensure to practice and ongoing professional development to
 19 maintain credentialing. The RDN can act as part of a medical team, in various practice settings,
 20 such as hospitals, physician offices, private practice and other health care facilities. An RDN can
 21 build a nutrition plan that maximizes micro- and macronutrient intake while optimizing health
 22 status.^{13,14,15,16} MNT typically has four steps: nutrition assessment, nutrition diagnosis, plan, and
 23 monitoring and evaluation.¹⁷ The tailored personalized nutrition plan includes: 1) dietary changes,
 24 2) education, 3) supplements, and 4) advanced nutrition support which includes, in severe cases,
 25 tube feeding (enteral) or intravenous nutrition (parenteral). MNT also comes in two types –
 26 standard MNT and diabetic self-management training – which may be offered either alone or
 27 together. For patients with diabetes, MNT is usually most effective when the practitioner delivers
 28 both types together.

29
 30 MNT can provide significant benefits by offering personalized nutrition plans to improve chronic
 31 disease management (e.g., diabetes, heart disease, obesity, kidney disease, cancer), reduce
 32 symptoms, lower health risks, improve lab markers (e.g., blood sugar, lipids, blood pressure), boost
 33 energy, support weight management, and decrease overall health care costs by reducing
 34 hospitalization and medications.¹⁸ MNT can also nourish a patient’s body when the digestive
 35 system is not working effectively or efficiently. MNT can help a patient learn ways to build
 36 physical activity into their daily routine, take an active role in their health care, and overcome
 37 barriers to nutritious eating. Twenty-five systematic reviews published between 2017 and 2024
 38 indicate that MNT is likely effective in improving a range of health outcomes in adults with pre-
 39 diabetes, type 1 diabetes, type 2 diabetes, obesity, pre-hypertension, hypertension, dyslipidemia,
 40 chronic kidney disease, head and neck cancer, and chronic obstructive pulmonary disease
 41 compared with no MNT or standard care.¹⁹

42
 43 Current systematic reviews demonstrate that MNT interventions provided by RDNs may be
 44 clinically effective for adults with overweight or obesity, malnutrition, and chronic obstructive
 45 pulmonary disease.²⁰ Additionally, in a pooled analysis, MNT interventions lowered low-density
 46 lipoprotein cholesterol, total C, triglycerides, fasting blood glucose, hemoglobin A1c, and body
 47 mass index (BMI) compared to a control group.²¹ Cost effectiveness and economic savings of
 48 MNT for dyslipidemia showed improved quality-adjusted life years and cost savings from reduced
 49 medication use.²² It was concluded that multiple MNT sessions by an RDN are clinically effective
 50 and cost beneficial in patients with dyslipidemia and cardiometabolic risk factors.²³

1 While there are benefits to MNT, there are also potential disadvantages. For instance, MNT is a
 2 time burden with high drop-out rates for patients engaging in therapy.²⁴ Relatedly, while telehealth
 3 has grown in use overall, face-to-face visits tend to be the most widely used mode of service for
 4 MNT and can pose a burden for patients, RDNs, and clinical operations.²⁵ Furthermore, though
 5 nurses, community health workers, and primary care physicians can play a significant role in the
 6 nutritional counseling of patients, it is not always the case that they are involved. In many states,
 7 MNT can be provided without the supervision or order (prescription) of a physician, making it
 8 difficult for patients to receive integrated care.

9
 10 There are also broader concerns about access to effective, safe, and integrated MNT. Currently,
 11 there is only consistent insurance coverage for nutrition care for adults with type 2 diabetes and
 12 chronic kidney disease in outpatient settings.²⁶ Though evidence indicates that MNT can improve
 13 outcomes, practitioners may hesitate to refer clients due to high out-of-pocket costs. The lack of
 14 coverage for MNT may be a detriment to clients with lower incomes who may have more health
 15 issues, but who are less likely to be able to afford nutrition care.²⁷ Shortages of health care workers,
 16 including RDNs, are also a widespread concern, particularly in areas that are rural or lack sufficient
 17 resources.²⁸ Additionally, a lack of appropriate coverage for services may lead hospitals to have too
 18 few RDNs on staff, leading to more patients being served per RDN and less effective care as a
 19 result.

20
 21 **MEDICARE COVERAGE OF MEDICAL NUTRITION THERAPY**

22
 23 Medicare covers MNT for patients who meet certain eligibility criteria, such as those with diabetes,
 24 kidney disease, and post-36 months after a kidney transplant.²⁹ Services included are nutrition
 25 assessments, therapy, counseling, and follow-up visits.³⁰ Medicare does not provide coverage for
 26 MNT for patients with pancreatic insufficiency, hyperlipidemia, irritable bowel syndrome, small
 27 intestinal bacterial overgrowth, gout, and allergies. However, Medicare provides coverage for
 28 medically necessary diagnosis and treatment, which can include physician visits, diagnostic tests,
 29 screenings, prescription medications, and procedures for each of the outlined conditions. While
 30 Medicare does not cover MNT for patients with obesity, it does cover obesity screenings and
 31 behavioral counseling for those with a BMI of thirty or greater.³¹ Medicare covers behavioral
 32 therapy if a primary care physician or other primary care practitioner provides the counseling in a
 33 primary care setting, where personalized prevention plans can be coordinated with other care.
 34 Intensive Behavioral Therapy (IBT) is a structured counseling program, primarily for obesity, that
 35 uses behavioral techniques (e.g., cognitive behavioral therapy, goal setting, dietary advice) with a
 36 health care provider (e.g., physician, dietitian, therapist) to promote lasting weight loss through
 37 diet, exercise, and mindset changes.³² IBT focuses on changing habits and thoughts around food
 38 and activity, offering support and strategies for healthier lifestyles.³³ Studies surrounding IBT have
 39 been shown to be effective in inducing a 10 percent weight loss, which is sufficient to significantly
 40 improve health. While weight loss maintenance was shown to be difficult for most participants,
 41 long-term outcomes have the potential to be improved through various methods, including
 42 prolonging contact between patients and providers or combining lifestyle modification with
 43 pharmacotherapy.³⁴

44
 45 As previously discussed, the projected cost of all changes to the MPFS must be budget neutral and
 46 may not raise or lower total Medicare spending by more than \$20 million per year. Therefore,
 47 additional coverage of MNT for patients with the conditions listed above would necessitate offsets
 48 to the fees for other services. Furthermore, paying for additional coverage for Medicare
 49 beneficiaries outside the MPFS may not be advisable as it could create access challenges for
 50 Medicare beneficiaries, disrupt coordination in team-based and value-based care models, and
 51 introduce uncertainty around payment authorization, valuation, and operational implementation.

1 Finally, paying for these services outside of the MPFS could set a precedent affecting other non-
2 physician providers currently paid through the MPFS.

3
4 AMA ADVOCACY & RESOURCES

5
6 In statements to the [U.S. Senate Committee on Health, Education, Labor and Pensions,](#)
7 [Subcommittee on Primary Health & Retirement Security,](#) and the [U.S. House of Representatives](#)
8 [Committee on Ways and Means, Subcommittee on Health,](#) the AMA expressed support for
9 expanded coverage and access to intensive behavioral and nutritional interventions including MNT.
10 In these statements, the AMA urged Congress to expand Medicare coverage for MNT to include
11 additional diet-related health conditions beyond diabetes and renal disease. In a 2021 [letter to the](#)
12 [Centers for Medicare & Medicaid Services](#) on the 2022 MPFS rule, the AMA commented on the
13 importance of requiring registered dietitians and nutritional professionals to report back to the
14 physician at the onset of the therapy and periodically during the course of treatment.

15
16 AMA POLICY

17
18 [Policy D-440.954](#) broadly outlines the role that the AMA will take in the study, prevention, and
19 treatment of obesity, which includes increasing public insurance of and payment for the full
20 spectrum evidence-based adult and pediatric obesity treatment, working with national medical
21 specialty societies and state medical associations to address out-of-date restrictions prohibiting
22 physicians from treating obesity, and advocating for patient access to and physician payment for
23 the full continuum of evidence-based obesity treatment modalities (such as behavioral,
24 pharmaceutical, psychosocial, nutritional, and surgical interventions).

25
26 [Policy H-150.953](#) urges physicians and managed care organizations and other third-party payers to
27 recognize obesity as a complex disorder and all payers to ensure coverage parity for evidence-
28 based treatment of obesity, including FDA-approved medications without exclusions or additional
29 carve-outs.

30
31 [Policy H-390.849](#) states that the AMA will advocate for the development and adoption of physician
32 payment reforms that adhere to its outlined principles, opposes bundling of payments in ways that
33 limit medically necessary care, and supports payment methodologies that redistribute Medicare
34 payments among providers based on outcomes. Additionally, [Policy H-390.849](#) highlights that the
35 AMA will continue to monitor health care delivery and physician payment reform activities and
36 provide resources to help physicians understand and participate in these initiatives.

37
38 [Policy H-385.905](#) supports legislation that ensures Medicare physician payment is sufficient to
39 safeguard beneficiary access to care, replaces or supplements budget neutrality in MIPS with
40 incentive payments, or implements positive annual physician payment updates.

41
42 [Policy H-400.972](#) broadly outlines the AMA policy on and recommended principles guiding
43 Medicare physician payment reform.

44
45 [Policy H-160.906](#) defines the role that physicians should have within team-based health care as
46 well as guidelines and a model in the development of physician-led team-based health care.

47
48 DISCUSSION

49
50 The Council acknowledges the value of visits with and treatment from an RDN, especially for
51 patients who are aging or those who have chronic health conditions. At the same time, the Council

1 understands the scope of practice concerns surrounding MNT and the central role that physicians
2 must play in such treatments. Accordingly, the Council supports the use of MNT – delivered by a
3 RDN, as defined in §1861(v)(2) of the Social Security Act and credentialed by the CDR and in
4 ongoing collaboration with the patient’s physician. Furthermore, while the Council supports
5 expanded coverage for these services, it should be accompanied by physician oversight of care
6 teams consistent with Policy H-160.906, which defines the role that physicians have within team-
7 based health care and provides guidelines and a model in the development of physician-led team-
8 based health care.

9
10 On balance, and consistent with previous AMA statements and advocacy efforts, the Council
11 supports expansion of Medicare coverage and access to intensive behavioral and nutritional
12 interventions including medical nutrition therapy for diet-related health conditions exempted from
13 budget neutrality. The Council recognizes that expansion of nutritional services impacts the MFPS
14 but believes the value of this therapy warrants its inclusion. At the same time, the Council
15 acknowledges the negative impacts of budget neutrality on payment and encourages reform of the
16 MFPS to eliminate this effect. As outlined in the [AMA Medicare Basics Series](#), the threshold
17 required by budget neutrality unfairly restricts payment for physicians as well as access to care for
18 patients. Therefore, the Council recommends reaffirming Policy H-385.905, which supports
19 legislation that ensures Medicare physician payment is sufficient to safeguard beneficiary access to
20 care, replacing or supplement budget neutrality in the Merit-based Incentive Payment System
21 (MIPS) with incentive payments, or implementing positive annual payment updates. We also
22 acknowledge that broader reform of the MPFS is important and, as such, recommend reaffirming
23 Policy H-400.972, which outlines the AMA policy on and recommended principles guiding
24 Medicare physician payment reform.

25
26 **RECOMMENDATIONS**

27
28 The Council on Medical Service recommends that the following be adopted in lieu of Resolution
29 116-A-25 and the remainder of the report be filed:

- 30
31 1. That our American Medical Association (AMA) recognize the benefits and support the use of
32 medical nutrition therapy (MNT) – delivered by a Registered Dietitian Nutritionist, as defined
33 in §1861(v)(2) of the Social Security Act and credentialed by the Commission on Dietetic
34 Registration and in ongoing support with the patient’s physician – for the purpose of managing
35 and treating chronic health conditions for which there is evidence of efficacy. (New HOD
36 Policy)
- 37 2. That our AMA support the expansion of Medicare coverage and exemption from budget
38 neutrality for evidence-based intensive behavioral and nutritional interventions, including
39 medical nutrition therapy(MNT). (New HOD Policy)
- 40 3. That our AMA reaffirm Policy H-160.906, which defines the role that physicians should have
41 within team-based health care as well as guidelines and a model in the development of
42 physician-led team-based health care. (Reaffirm HOD Policy).
- 43 4. That our AMA reaffirm Policy H-385.905, which supports legislation that ensures Medicare
44 physician payment is sufficient to safeguard beneficiary access to care, replaces or supplements
45 budget neutrality in Merit-based Incentive Payment System with incentive payments, or
46 implements positive annual physician payment updates. (Reaffirm HOD Policy)
- 47 5. That our AMA reaffirm Policy H-400.972, which outlines the AMA policy on and
48 recommended principles guiding Medicare physician payment reform. (Reaffirm HOD Policy)

Fiscal Note: Minimal

REFERENCES

- ¹ Christensen EW, Nicola GN, Rula EY, Nicola LP, Hirsch JA. Medicare Volume Growth and Shift in Payments From Physicians to Non-Physician Practitioners Under Statutory Budget Neutrality. *Inquiry*. 2024 Apr 26;61:00469580241249076. doi: 10.1177/00469580241249076. PMID: PMC11055487.
- ² *Ibid*.
- ³ Cottrill, A., Cubanski, J., Neuman, T., What to Know About How Medicare Pays Physicians. (KFF, October 2025) <https://www.kff.org/medicare/what-to-know-about-how-medicare-pays-physicians/>.
- ⁴ *Ibid*.
- ⁵ *Ibid*.
- ⁶ Cubanski, J., Freed, M., Ochieng, N., Cottrill, A., Fuglesten Biniek, J., & Neuman, T., Medicare 101. In Altman, Drew (Editor), *Health Policy 101*, (KFF, October 2025) <https://www.kff.org/health-policy-101-medicare/>.
- ⁷ Physician Fee Schedule. Centers for Medicare & Medicaid Services. Page Last Modified: 04/11/2025 08:40 AM. <https://www.cms.gov/cms-guide-medical-technology-companies-and-other-interested-parties/payment/physician-fee-schedule>.
- ⁸ *Ibid*.
- ⁹ *Supra* 3.
- ¹⁰ Fact Sheets: Calendar Year (CY) 2026 Medicare Physician Fee Schedule Final Rule (CMS-1832-F). Centers for Medicare & Medicaid Services. Page Last Modified: 10/31/2025. <https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2026-medicare-physician-fee-schedule-final-rule-cms-1832-f>.
- ¹¹ *Ibid*.
- ¹² Academy of Nutrition and Dietetics. Nutrition Care Process Terminology (NCPT) 11/20/2017. (https://www.andean.org/vault/2440/web/files/EAL/NCP_EAL_201711.pdf).
- ¹³ *Ibid*.
- ¹⁴ Cederholm T, Barazzoni R, Austin P, et al. ESPEN guidelines on definitions and terminology of clinical nutrition. *Clin Nutr*. 2017;36(1):49-64. (<https://pubmed.ncbi.nlm.nih.gov/27642056/>).
- ¹⁵ Centers for Disease Control and Prevention (U.S.). Medical Nutrition Therapy. Page Last Modified 07/21/2023. (<https://www.cdc.gov/diabetes/dsmes-toolkit/reimbursement/medical-nutrition-therapy.html>).
- ¹⁶ Keathley JR, RD, Arbour A, Vohl MC. Towards a Standardized Definition of Medical Nutrition Therapy and Regulatory Reform in Canada. *Can J Diet Pract Res*. 2022;83(2):75-80. (<https://pubmed.ncbi.nlm.nih.gov/35014549/>).
- ¹⁷ *Supra* 16.
- ¹⁸ Sikand G, Cole RE, Handu D, deWaal D, Christaldi J, Johnson EQ, Arpino LM, Ekvall SM. Clinical and cost benefits of medical nutrition therapy by registered dietitian nutritionists for management of dyslipidemia: A systematic review and meta-analysis. *J Clin Lipidol*. 2018 Sep-Oct;12(5):1113-1122. doi: 10.1016/j.jacl.2018.06.016. Epub 2018 Jul 3. PMID: 30055973.
- ¹⁹ The Effectiveness of Medical Nutrition Therapy in Prevention and Treatment of Chronic Disease: A Position Paper of the Academy of Nutrition and Dietetics. Moloney, Lisa et al. *Journal of the Academy of Nutrition and Dietetics*, Volume 0, Issue 0, 156219.
- ²⁰ Sikand G, Cole RE, Handu D, deWaal D, Christaldi J, Johnson EQ, Arpino LM, Ekvall SM. Clinical and cost benefits of medical nutrition therapy by registered dietitian nutritionists for management of dyslipidemia: A systematic review and meta-analysis. *J Clin Lipidol*. 2018 Sep-Oct;12(5):1113-1122. doi: 10.1016/j.jacl.2018.06.016. Epub 2018 Jul 3. PMID: 30055973.
- ²¹ Medical Nutrition Therapy. Cleveland Clinic. Page Last Modified: 02/29/2024. <https://my.clevelandclinic.org/health/treatments/medical-nutrition-therapy-mnt>.
- ²² *Ibid*.
- ²³ *Ibid*.
- ²⁴ Vasiloglou MF, Fletcher J, Poulia KA. Challenges and Perspectives in Nutritional Counselling and Nursing: A Narrative Review. *J Clin Med*. 2019 Sep 18;8(9):1489. doi: 10.3390/jcm8091489. PMID: 31540531; PMID: PMC6780101.
- ²⁵ *Ibid*.
- ²⁶ *Supra* 23.
- ²⁷ *Supra* 23.

²⁸ *Supra* 23.

²⁹ What's covered? Medical Nutrition Therapy Services. Medicare.gov.

<https://www.medicare.gov/coverage/medical-nutrition-therapy-services#:~:text=This%20information%20does%20not%20constitute%20medical%20advice,Follow%20Dup%20visits%20to%20check%20on%20your%20progress.>

³⁰ *Ibid.*

³¹ What's Covered? Obesity Behavioral Therapy. Medicare.gov.

[https://www.medicare.gov/coverage/obesity-behavioral-therapy.](https://www.medicare.gov/coverage/obesity-behavioral-therapy)

³² Opland C, Torrico TJ. Behavioral Therapy. [Updated 2024 Nov 13]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from:

[https://www.ncbi.nlm.nih.gov/books/NBK609098/.](https://www.ncbi.nlm.nih.gov/books/NBK609098/)

³³ *Ibid.*

³⁴ Anne Markus, Carly D.G. Léon, Jeanne Blankenship, Integrating Registered Dietitian Nutritionists' Medical Nutrition Therapy Benefit Into Existing State Medicaid Coverage and Reimbursement Policy: Results From a Nationwide Medicaid Medical Nutrition Therapy Mapping Project, *Journal of the Academy of Nutrition and Dietetics*, Volume 126, Issue 1, 2026, 156198, ISSN 2212-2672, <https://doi.org/10.1016/j.jand.2025.08.009>.

Council on Medical Service Report 4-A-26
Expanding Medicare Access to Medical Nutrition Therapy (MNT)
Policy Appendix

Obesity as a Major Public Health Problem H-150.953

1. Our American Medical Association (AMA) will urge physicians as well as managed care organizations and other third-party payers to recognize obesity as a complex disorder involving appetite regulation and energy metabolism that is associated with a variety of comorbid conditions.
2. Our AMA will work with appropriate federal agencies, medical specialty societies, and public health organizations to educate physicians about the prevention and management of overweight and obesity in children and adults, including education in basic principles and practices of physical activity and nutrition counseling; such training should be included in undergraduate and graduate medical education and through accredited continuing medical education programs.
3. Our AMA will urge federal support of research to determine:
 - a. the causes and mechanisms of overweight and obesity, including biological, social, and epidemiological influences on weight gain, weight loss, and weight maintenance;
 - b. the long-term safety and efficacy of voluntary weight maintenance and weight loss practices and therapies, including surgery;
 - c. effective interventions to prevent obesity in children and adults; and
 - d. the effectiveness of weight loss counseling by physicians.
4. Our AMA will encourage national efforts to educate the public about the health risks of being overweight and obese and provide information about how to achieve and maintain a preferred healthy weight.
5. Our AMA will urge physicians to assess their patients for overweight and obesity during routine medical examinations and discuss with at-risk patients the health consequences of further weight gain; if treatment is indicated, physicians should encourage and facilitate weight maintenance or reduction efforts in their patients or refer them to a physician with special interest and expertise in the clinical management of obesity.
6. Our AMA will urge all physicians and patients to maintain a desired weight and prevent inappropriate weight gain.
7. Our AMA will encourage physicians to become knowledgeable of community resources and referral services that can assist with the management of overweight and obese patients.
8. Our AMA will urge the appropriate federal agencies to work with organized medicine and the health insurance industry to develop coding and payment mechanisms for the evaluation and management of obesity.
9. Our AMA will urge all payers to ensure coverage parity for evidence-based treatment of obesity, including FDA-approved medications without exclusions or additional carve-outs. (CSA Rep. 6, A-99; Reaffirmation A-09; Reaffirmed: CSAPH Rep. 1, A-09; Reaffirmation A-10; Reaffirmation I-10; Reaffirmation A-12; Reaffirmed in lieu of Res. 434, A-12; Reaffirmation A-13; Reaffirmed: CSAPH Rep. 3, A-13; Reaffirmation: A-19; Appended: Res. 806, I-23)

Physician Payment Reform H-390.849

1. Our American Medical Association will advocate for the development and adoption of physician payment reforms that adhere to the following principles:
 - a. Promote improved patient access to high-quality, cost-effective care.
 - b. Be designed with input from the physician community.

- c. Ensure that physicians have an appropriate level of decision-making authority over bonus or shared-savings distributions.
 - d. Not require budget neutrality within Medicare Part B.
 - e. Be based on payment rates that are sufficient to cover the full cost of sustainable medical practice.
 - f. Ensure reasonable implementation timeframes, with adequate support available to assist physicians with the implementation process.
 - g. Make participation options available for varying practice sizes, patient mixes, specialties, and locales.
 - h. Use adequate risk adjustment methodologies.
 - i. Incorporate incentives large enough to merit additional investments by physicians.
 - j. Provide patients with information and incentives to encourage appropriate utilization of medical care, including the use of preventive services and self-management protocols.
 - k. Provide a mechanism to ensure that budget baselines are reevaluated at regular intervals and are reflective of trends in service utilization.
 - l. Attribution processes should emphasize voluntary agreements between patients and physicians, minimize the use of algorithms or formulas, provide attribution information to physicians in a timely manner, and include formal mechanisms to allow physicians to verify and correct attribution data as necessary.
 - m. Include ongoing evaluation processes to monitor the success of the reforms in achieving the goals of improving patient care and increasing the value of health care services.
2. Our AMA opposes bundling of payments in ways that limit medically necessary care, including institutional post-acute care, or otherwise interfere with a physician's ability to provide high quality care to patients.
 3. Our AMA supports payment methodologies that redistribute Medicare payments among providers based on outcomes (including functional improvements, if appropriate), quality and risk-adjustment measures only if measures are scientifically valid, reliable, and consistent with national medical specialty society- developed clinical guidelines/standards.
 4. Our AMA will continue to monitor health care delivery and physician payment reform activities and provide resources to help physicians understand and participate in these initiatives.
 5. Our AMA supports the development of a public-private partnership for the purpose of validating statistical models used for risk adjustment.

(CMS Rep. 6, A-09; Reaffirmation A-10; Appended: Res. 829, I-10; Appended: CMS Rep. 1, A-11; Appended: CMS Rep. 4, A-11; Reaffirmed in lieu of Res. 119, A-12; Reaffirmed in lieu of Res. 122, A-12; Modified: CMS Rep. 6, A-13; Reaffirmation I-15; Reaffirmation: A-16; Reaffirmed in lieu of: Res. 712, A-17; Reaffirmed: BOT Action in response to referred for decision: Res. 237, I-17; Reaffirmation: A-19; Reaffirmed: BOT Action in response to referred for decision Res. 111, A-19; Reaffirmed: BOT Action in response to referred for decision Res. 132, A-19; Reaffirmed: Res. 212, I-21; Reaffirmed: Res. 240, A-22; Reaffirmation: A-22; Modified: CMS Rep. 04, A-23; Reaffirmed: Res. 214, A-23; Reaffirmation: A-23; Reaffirmed in lieu of: Res. 225, A-25; Reaffirmed: Res. 226, A-25)

Merit-based Incentive Payment System (MIPS) Update H-385.905

Our American Medical Association supports legislation that ensures Medicare physician payment is sufficient to safeguard beneficiary access to care, replaces or supplements budget neutrality in MIPS with incentive payments, or implements positive annual physician payment updates.

(BOT Rep. 13, I-20; Reaffirmed: Res. 212, I-21; Reaffirmed: Res. 220, I-24)

Physician Payment Reform H-400.972

1. It is the policy of our American Medical Association to take all necessary legal, legislative, and other action to redress the inequities in the implementation of the RBRVS, including, but not limited to:
 - a. Reduction of allowances for new physicians.
 - b. The non-payment of EKG interpretations.
 - c. Defects in the Geographic Practice Cost Indices and area designations.
 - d. Inappropriate Resource-Based Relative Value Units.
 - e. The deteriorating economic condition of physicians' practices disproportionately affected by the Medicare payment system.
 - f. The need for restoration of the RBRVS conversion factor to levels consistent with the statutory requirement for budget neutrality.
 - g. The inadequacy of payment for services of assistant surgeons.
 - h. The loss of surgical-tray benefit for many outpatient procedures (Reaffirmed by Rules & Credentials Cmt., A-96);
2. Seek an evaluation of:
 - a. Stress factors (i.e., intensity values) as they affect the calculation of the Medicare Payment Schedule, seeking appropriate, reasonable, and equitable adjustments.
 - b. Descriptors (i.e., vignettes) and other examples of services used to determine RBRVS values and payment levels and to seek adjustments so that the resulting values and payment levels appropriately pertain to the elderly and often infirm patients.
3. Evaluate the use of the RBRVS on the calculation of the work component of the Medicare Payment Schedule and to ascertain that the concept for the work component continues to be an appropriate part of a resource-based relative value system.
4. Seek to assure that all modifiers, including global descriptors, are well publicized and include adequate descriptors.
5. Seek the establishment of a reasonable and consistent interpretation of global fees, dealing specifically with preoperative office visits, concomitant office procedures, and/or future procedures.
6. Seek from CMS and/or Congress an additional comment period beginning in the Fall of 1992.
7. Seek the elimination of regulations directing patients to points of service.
8. Support further study of refinements in the practice cost component of the RBRVS to ensure better reflection of both absolute and relative costs associated with individual services, physician practices, and medical specialties, considering such issues as data adequacy, equity, and the degree of disruption likely to be associated with any policy change.
9. Take steps to assure that relative value units in the Medicare payment schedule, such as nursing home visits, are adjusted to account for increased resources needed to deliver care and comply with federal and state regulatory programs that disproportionately affect these services and that the Medicare conversion factor be adjusted and updated to reflect these increased overall costs.
10. Support the concepts of HR 4393 (the Medicare Geographic Data Accuracy Act of 1992), S 2680 (the Medicare Geographic Data Accuracy Act of 1992), and S 2683 (Medicare Geographic Data Accuracy Act) for improving the accuracy of the Medicare geographic practice costs indices (GPCIs) and work with CMS and the Congress to assure that GPCIs are updated in as timely a manner as feasible and reflect actual physician costs, including gross receipt taxes.
11. Request that CMS refine relative values for particular services on the basis of valid and reliable data and that CMS rely upon the work of the AMA/Specialty Society RVS Updating

- Committee (RUC) for assignment of relative work values to new or revised CPT codes and any other tasks for which the RUC can provide credible recommendations.
12. Pursue aggressively recognition and CMS adoption for Medicare payment schedule conversion factor updates of an index providing the best assurance of increases in the monetary conversion factor reflective of changes in physician practice costs, and to this end, to consider seriously the development of a "shadow" Medicare Economic Index.
 13. Continue to implement and refine the Payment Reform Education Project to provide member physicians with accurate and timely information on developments in Medicare physician payment reform.
 14. Take steps to assure all relative value units contained in the Medicare Fee Schedule are adjusted as needed to comply with ever-increasing federal and state regulatory requirements. (Sub. Res. 109, A-92; Reaffirmed: I-92; Reaffirmed by CMS Rep. 8, A-95 and Sub. Res. 124, A-95; Reaffirmation A-99 and Reaffirmed: Res. 127, A-99; Reaffirmation A-02; Reaffirmation A-06; Reaffirmation I-07; Reaffirmed: BOT Rep. 14, A-08; Reaffirmation A-09; Reaffirmed: CMS Rep. 01, A-19; Reaffirmed: Res. 212, I-21; Reaffirmed: Res. 802, I-24)

Addressing Adult and Pediatric Obesity D-440.954

1. Our American Medical Association will:
 - a. Assume a leadership role in collaborating with other interested organizations, including national medical specialty societies, the American Public Health Association, the Center for Science in the Public Interest, and the AMA Alliance, to discuss ways to finance a comprehensive national program for the study, prevention, and treatment of obesity, as well as public health and medical programs that serve vulnerable populations.
 - b. Encourage state medical societies to collaborate with interested state and local organizations to discuss ways to finance a comprehensive program for the study, prevention, and treatment of obesity, as well as public health and medical programs that serve vulnerable populations.
 - c. Continue to monitor and support state and national policies and regulations that encourage healthy lifestyles and promote obesity prevention.
2. Our AMA, consistent with H-440.842, Recognition of Obesity as a Disease, will work with national specialty and state medical societies to advocate for patient access to and physician payment for the full continuum of evidence-based obesity treatment modalities (such as behavioral, pharmaceutical, psychosocial, nutritional, and surgical interventions).
3. Our AMA will work with interested national medical specialty societies and state medical associations to increase public insurance coverage of and payment for the full spectrum of evidence-based adult and pediatric obesity treatment.
4. Our AMA will:
 - a. work with state and specialty societies to identify states in which physicians are restricted from providing the current standard of care with regards to obesity treatment.
 - b. work with interested state medical societies and other stakeholders to remove out-of-date restrictions at the state and federal level prohibiting healthcare providers from providing the current standard of care to patients affected by obesity.
5. Our AMA will leverage existing channels within AMA that could advance the following priorities:
 - o Promotion of awareness amongst practicing physicians and trainees that obesity is a treatable chronic disease along with evidence-based treatment options.
 - o Advocacy efforts at the state and federal level to impact the disease obesity.
 - o Health disparities, stigma and bias affecting people with obesity.

- Lack of insurance coverage for evidence-based treatments including intensive lifestyle intervention, anti-obesity pharmacotherapy and bariatric and metabolic surgery.
 - Increasing obesity rates in children, adolescents and adults.
 - Drivers of obesity including lack of healthful food choices, over-exposure to obesogenic foods and food marketing practices.
6. Our AMA will conduct a landscape assessment that includes national level obesity prevention and treatment initiatives, and medical education at all levels of training to identify gaps and opportunities where AMA could demonstrate increased impact.
 7. Our AMA will convene an expert advisory panel once, and again if needed, to counsel AMA on how best to leverage its voice, influence and current resources to address the priorities listed in item 5 above.

(BOT Rep. 11, I-06; Reaffirmation A-13; Appended: Sub. Res. 111, A-14; Modified: Sub. Res. 811, I-14; Appended: Res. 201, A-18; BOT Action in response to referred for decision: Res. 415, A-22; Modified: Res. 818, I-22)

Models / Guidelines for Medical Health Care Teams H-160.906

1. Our AMA defines 'physician-led' in the context of team-based health care as the consistent use by a physician of the leadership knowledge, skills and expertise necessary to identify, engage and elicit from each team member the unique set of training, experience, and qualifications needed to help patients achieve their care goals, and to supervise the application of these skills.

2. Our AMA supports the following elements that should be considered when planning a team-based care model according to the needs of each physician practice:

Patient-Centered:

- a. The patient is an integral member of the team.
- b. A relationship is established between the patient and the team at the onset of care, and the role of each team member is explained to the patient.
- c. Patient and family-centered care is prioritized by the team and approved by the physician team leader.
- d. Team members are expected to adhere to agreed-upon practice protocols.
- e. Improving health outcomes is emphasized by focusing on health as well as medical care.
- f. Patients' access to the team, or coverage as designated by the physician-led team, is available twenty-four hours a day, seven days a week.
- g. Safety protocols are developed and followed by all team members.

Teamwork:

- h. Medical teams are led by physicians who have ultimate responsibility and authority to carry out final decisions about the composition of the team.
- i. All practitioners commit to working in a team-based care model.
- j. The number and variety of practitioners reflects the needs of the practice.
- k. Practitioners are trained according to their unique function in the team.
- l. Interdependence among team members is expected and relied upon.
- m. Communication about patient care between team members is a routine practice.
- n. Team members complete tasks according to agreed-upon protocols as directed by the physician leader.

Clinical Roles and Responsibilities:

- o. Physician leaders are focused on individualized patient care and the development of

treatment plans.

p. Non-physician practitioners are focused on providing treatment within their scope of practice consistent with their education and training as outlined in the agreed upon treatment plan or as delegated under the supervision of the physician team leader.

q. Care coordination and case management are integral to the team's practice.

r. Population management monitors the cost and use of care, and includes registry development for most medical conditions.

Practice Management:

s. Electronic medical records are used to the fullest capacity.

t. Quality improvement processes are used and continuously evolve according to physician-led team-based practice assessments.

u. Data analytics include statistical and qualitative analysis on cost and utilization, and provide explanatory and predictive modeling.

v. Prior authorization and precertification processes are streamlined through the adoption of electronic transactions.

(CMS Rep. 6, A-14; Reaffirmed: CMS Rep. 07, A-16; Reaffirmed: CMS Rep. 05, A-17)

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 6-A-26

Subject: Study of Practice Models for Physicians Performing Procedures Across State Lines

Presented by: Betty Chu, MD, MBA, Chair

Referred to: Reference Committee G

1 Resolution 711, “Study of Practice Models for Physicians Working Across State Lines,” was
2 introduced by the Oklahoma delegation at the 2025 Annual Meeting and was referred. It asks the
3 following:

4
5 RESOLVED, that our American Medical Association (AMA) undertake a thorough review of
6 the practice models for physicians relying on transfer agreements between corporate health
7 care entities, rather than physician-to-physician backup agreements for backup coverage, their
8 rates of expected and unexpected complications, the impact of this model on local patients and
9 on local physician medical liability costs; and be it further

10
11 RESOLVED, that our AMA should collect and analyze data regarding patient outcomes,
12 complications, and continuity of care issues associated with licensed physicians who primarily
13 practice out of state without appropriate backup agreements; and be it further

14
15 RESOLVED, that our AMA’s study should include an extensive review of the impact this
16 practice model has on physicians thrust into cross coverage without adequate handoff or fore-
17 knowledge of the patient, impact on physician malpractice costs, patient safety, and physician
18 well-being in our country.

19
20 This report focuses on physicians traveling out of state or to another area distant from their home
21 practice, performing a procedure in an ambulatory surgical center (ASC) or office-based laboratory
22 (OBL) and subsequently leaving the area or state. The report recommends the adoption of a new set
23 of related policy principles.

24
25 **BACKGROUND**

26
27 An itinerant surgeon travels to a distant site from their home practice, performs surgery, and
28 departs after completing the procedure, often leaving the postoperative care of the patient to
29 another physician or member of the care team. Many believe that in order for this practice to be
30 ethical, a surgeon must perform appropriate preoperative assessments and postoperative follow-up
31 care or delegate this care to a physician familiar with the patient and trained in the same specialty
32 as the surgeon performing the procedure. It should be noted that patients in rural settings can
33 benefit from services provided by itinerant surgeons, granting them access to specialists they would
34 otherwise have to travel long distances to see. Recent data from peer reviewed sources was not
35 available on the impact of itinerant surgeons on patient outcomes or physician liability and/or
36 malpractice. Studies on surgical workforce in the United States almost always omitted the effect of

1 itinerant surgeons. In cases where itinerant surgery was taken into account, data on the impact of
 2 this arrangement was inconclusive.

3
 4 ASCs are regulated health care facilities providing outpatient surgical care for patients who do not
 5 require an overnight stay, including preventive and diagnostic treatments. ASC procedures are
 6 often paid at rates 35-50 percent lower than those for comparable procedures performed at hospital
 7 outpatient departments and thus may be considered more cost efficient.¹ Examples of procedures
 8 performed at ASCs include hemodialysis thrombectomy, arteriovenous fistula creation, iliac artery
 9 intervention, venous stents, ports, and pacemaker and defibrillator installations. OBLs are similar
 10 non-hospital outpatient facilities, typically offering less complex procedures, including
 11 endovascular procedures, diagnostic health catheterization, and peripheral angiograms and/or
 12 interventions.

13
 14 ASCs account for over 60 percent of outpatient procedural care and represent a \$30 billion market.²
 15 In recent years, ASCs have become an attractive target for private equity investment. The shift to
 16 outpatient surgical procedures presents lucrative opportunities for investors without having to
 17 directly acquire a hospital facility. Empirical evidence on quality of care in ASCs after private
 18 equity acquisition is still limited and relies on a small number of studies, which to date have not
 19 found significant changes in short-term quality metrics though they do show substantial changes in
 20 charges and payer mix.³ A recent study found that private equity-owned ASCs do not increase
 21 surgical volume but do raise prices significantly – charging nearly 50 percent more per case within
 22 4-5 years.⁴

23
 24 **RELEVANT POLICY**

25
 26 [Policy H-475.984](#) establishes Core Principles on Office-Based Surgery. Most relevant to this report
 27 is Core Principle #4, which states that physicians performing office-based surgery with moderate
 28 sedation/analgesia, deep sedation/analgesia, or general anesthesia must have admitting privileges at
 29 a nearby hospital, or a transfer agreement with another physician who has admitting privileges at a
 30 nearby hospital or maintains an emergency transfer agreement with a nearby hospital.

31
 32 The AMA Code of Ethics discusses related issues in Opinions 2.3.6, Surgical Co-Management,
 33 1.1.3, Patient Rights, and 11.2.3, Contracts to Deliver Health Care Services. [Opinion 2.3.6](#) states
 34 that physicians engaging in the practice of surgical co-management should do so following all
 35 ethical and legal guidelines, working with the patient to designate one physician to be responsible
 36 for ensuring that care is delivered in a coordinated and appropriate manner, and obtaining patient
 37 consent for the surgical co-management arrangement. This consent should include the disclosure of
 38 significant aspects of the arrangement, such as qualifications of clinicians, services each clinician
 39 will provide, and billing arrangements. [Opinion 1.1.3](#) states that patients should be able to expect
 40 that their physician will cooperate in coordinating medically indicated care with other health care
 41 professionals. Further, the physician will not discontinue treating them when further treatment is
 42 medically indicated without giving them sufficient notice and reasonable assistance in making
 43 alternative arrangements for care. Finally, [Opinion 11.2.3](#) states that prior to entering into contracts
 44 to deliver health care services, physicians should consider the proposed contract to assure
 45 themselves that the terms do not create conflicts of interest or compromise their ability to fulfill
 46 their ethical and professional obligations to patients.

47
 48 The American College of Surgeons (ACS) has its own policy and ethics statements regarding
 49 itinerant surgeons and surgical co-management.⁶ Other surgical specialty societies such as the
 50 American Academy of Ophthalmology, American Society of Plastic Surgeons, and American
 51 Academy of Otolaryngology-Head and Neck Surgery also have policies or statements that outline

1 situations where itinerant surgery may be permissible. While these vary, they all generally indicate
2 that the ultimate responsibility for arranging an appropriate level of continuity of care falls upon
3 the operating surgeon.^{7,8,9}

4 5 DISCUSSION

6
7 The lack of available data on patient outcomes and physician liability and/or malpractice makes it
8 difficult to accurately gauge the impact of itinerant surgeons and their work at ASCs across state
9 lines. One can surmise that there may be negative impacts on patients who need follow-up care or
10 burdens on physicians who may be required to provide that care, but there are no data to indicate
11 that is the case.

12
13 There are varying opinions on the ethics of itinerant surgery. Despite some criticisms, it may be the
14 most appropriate way to provide specialty surgical care in rural areas or other places with a
15 shortage of specialty surgeons. Ethics statements from the AMA and ACS state that surgeons who
16 perform elective surgery at a practice that is distant from their home have a professional obligation
17 to also perform preoperative assessments and postoperative follow-up care. There is leeway,
18 however, if perioperative care is designated to another physician who is equivalently qualified to
19 continue caring for the patient, as long this arrangement is agreed to ahead of the procedure by all
20 parties, including the patient.

21
22 While the original resolution mentioned corporate entities, the recommendations made by the
23 Council are not specific to ownership type (e.g., private equity, physician-owned) as there is no
24 evidence to date that ownership of an ASC has an impact on itinerant surgeon arrangements or
25 outcomes for patients. When compared to non-private equity-owned ASCs, those owned by private
26 equity did not have statistically significant differences in the probability of a patient having an
27 unplanned hospital visit (i.e., complications during or post-surgery).⁵

28
29 The principles outlined in the recommendations below can be applied generally and highlight
30 important considerations for those considering the practice of itinerant surgery. Of utmost
31 importance is continuity of care for the patient and having both backup and transfer agreements in
32 place with local physicians who are able to provide the necessary follow-up care, both in case of
33 emergencies and to ensure proper healing and recovery. Itinerant surgery may not be appropriate in
34 all cases, but the Council believes that it may be acceptable in certain circumstances, specifically
35 providing planned specialty surgical care to areas of shortage. The Council concurs with the ethical
36 standards reviewed and agrees that in cases where itinerant surgery is the best option, physicians
37 should follow appropriate guidelines and ethical and legal standards.

38
39 As written, the original resolve clauses have challenges to their feasibility but raise an important
40 concern. Additionally, recent data could not be found to quantify the impact of the concerns raised
41 in the original resolution. However, the Council believes there is a gap in AMA policy regarding
42 the practice of itinerant surgeons and thus presents a set of guidelines for physicians performing
43 procedures across state lines, specifically at ASCs and OBLs, to address the issues raised in
44 Resolution 711-A-25.

45 46 RECOMMENDATIONS

47
48 The Council on Medical Service recommends that the following be adopted in lieu of Resolution
49 711-A-25 and the remainder of the report be filed.

- 1 1. That our American Medical Association (AMA) supports the following principles for
2 physicians employed by ambulatory surgical centers (ASC) or office-based laboratories
3 (OBL) who may travel from their primary practice location to provide patient care:
4 a. A transfer agreement with a physician or physician group licensed in the patient's
5 state should be arranged to address in-person care needs that may arise from a
6 patient receiving care from a physician who primarily practices out of state or out
7 of the immediate area or from a physician with no admitting privileges to the local
8 hospital.
9 b. A referral system with a local physician, physician practice, or other facility for
10 appropriate treatment should be established if a patient's conditions or symptoms
11 are beyond the scope of services provided by the ASC or OBL.
12 c. Transfer agreements and backup plans should be coordinated between physicians.
13 i. In the event an institution coordinates these arrangements (i.e., a hospital
14 system, an ASC, or an OBL), a physician that would be among those
15 receiving the patient must give explicit consent to the agreement to
16 provide follow-up care.
17 ii. When patient transfer is required, a direct hand off of the patient and
18 patient records should be completed.
19 iii. Transfer and referral agreements should be evidence-based and risk-based
20 to balance access to care and patient safety.
21 d. Protocols for ensuring continuity of care with physicians in the local community
22 should be established.
23 e. Consent from the patient regarding preoperative assessment and postoperative care
24 should be obtained prior to the provision of any procedure, with clarity on which
25 physician will be providing care during each step of the process.
26 f. Physicians entering into these arrangements should ensure that they are in keeping
27 with ethical standards and legal requirements.
28 (New HOD Policy)
29
30 2. That our AMA reaffirm Policy H-475.984, which lists Core Principles for Office-Based
31 Surgery Regulations, with a focus on Core Principle #4 which states that physicians
32 performing office-based surgery with moderate sedation/analgesia, deep
33 sedation/analgesia, or general anesthesia must have admitting privileges at a nearby
34 hospital or a transfer agreement with another physician who has admitting privileges at a
35 nearby hospital, or to maintain an emergency transfer agreement with a nearby hospital.
36 (Reaffirm HOD Policy)

Fiscal Note: Minimal

REFERENCES

- ¹Bruch, JD, et. al. Private Equity Acquisitions of Ambulatory Surgical Centers Were Not Associated with Quality, Cost, or Volume Changes. Health Affairs. 2022. <https://www.healthaffairs.org/doi/pdf/10.1377/hlthaff.2021.01904>
- ²Fenne, M. Private Equity in ambulatory surgical centers. Private Equity Stakeholder Project. October 2025. https://pestakeholder.org/wp-content/uploads/2025/10/PESP_Report_Ambulatory-Surgical-Centers_2025-compressed.pdf
- ³*Supra*. Note 1.
- ⁴*Supra*. Note 2.
- ⁵*Supra*. Note 1.
- ⁶American College of Surgeons. Statements on Principles. April 12, 2016. <https://www.facs.org/about-acs/statements/statements-on-principles/>
- ⁷American Academy of Ophthalmology. Comprehensive Guidelines for the Co-Management of Ophthalmic Postoperative Care. Accessed: March 24, 2026. <https://www.aao.org/Assets/075e64c4-dd0e-4e6d-b9a4-d35ed78f4027/636088512564430000/comprehensive-guidelines-for-the-co-management-of-ophthalmic-postoperative-care-08262016-final-pdf?inline=1>
- ⁸American Society of Plastic Surgeons. Position Statement on Itinerant Surgery. Issued: September 19, 2024. <https://www.plasticsurgery.org/documents/health-policy/positions/2025-itinerant-surgery.pdf>
- ⁹American Academy of Otolaryngology – Head and Neck Surgery. AAO-HNS Itinerant Surgery Policy. Revised: September 2013. https://www.entnet.org/wp-content/uploads/files/Itinerant%20Surgery%20Policy_0.pdf

Council on Medical Service Report 6-A-26
Study of Practice Models for Physicians Working Across State Lines
Policy Appendix

Office-Based Surgery Regulation, H-475.984

Our American Medical Association supports the following Core Principles on Office-Based Surgery:

Core Principle #1: Guidelines or regulations for office-based surgery should be developed by states according to levels of anesthesia defined by the American Society of Anesthesiologists (ASA) excluding local anesthesia or minimal sedation. (American Society of Anesthesiologists. Continuum of depth of sedation. Available at: <https://www.asahq.org/standards-and-guidelines/guidelines-for-office-based-anesthesia>, <https://www.asahq.org/standards-and-guidelines/continuum-of-depth-of-sedation-definition-of-general-anesthesia-and-levels-of-sedationanalgesia>).

Core Principle #2: Physicians should select patients for office-based surgery using moderate sedation/analgesia, deep sedation/analgesia or general anesthesia by criteria including the ASA Physical Status Classification System and so document. (American Society of Anesthesiologists. ASA physical status classification system. Available at: <https://www.asahq.org/standards-and-guidelines/asa-physical-status-classification-system>).

Core Principle #3: Physicians who perform office-based surgery with moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia should have their facilities accredited by The Joint Commission, Accreditation Association for Ambulatory Health Care (AAAHC), American Association for Accreditation of Ambulatory Surgical Facilities (AAAASF), American Osteopathic Association (AOA), or by a state recognized entity, such as the Institute for Medical Quality (IMQ), or be state licensed and/or Medicare certified.

Core Principle #4: Physicians performing office-based surgery with moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia must have admitting privileges at a nearby hospital or a transfer agreement with another physician who has admitting privileges at a nearby hospital, or maintain an emergency transfer agreement with a nearby hospital.

Core Principle #5: States should follow the guidelines outlined by the Federation of State Medical Boards (FSMB) regarding informed consent. (Report of the Special Committee on Outpatient [Office-Based] Surgery. (Med. Licensure Discipline. 2002; 88:-160-174).

Core Principle #6: For office surgery with moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia, states should consider legally privileged adverse incident reporting requirements as recommended by the FSMB and accompanied by periodic peer review and a program of Continuous Quality Improvement. (Report of the Special Committee on Outpatient (Office-Based) Surgery. <https://www.fsmb.org/siteassets/advocacy/policies/outpatient-office-based-surgery.pdf>).

Core Principle #7: Physicians performing office-based surgery using moderate sedation/analgesia, deep sedation/analgesia or general anesthesia must obtain and maintain board certification by one of the boards recognized by the American Board of Medical Specialties, American Osteopathic Association, or a board with equivalent standards approved by the state medical board within five years of completing an approved residency training program. The procedure must be one that is

generally recognized by that certifying board as falling within the scope of training and practice of the physician providing the care.

Core Principle #8: Physicians performing office-based surgery with moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia may show competency by maintaining core privileges at an accredited or licensed hospital or ambulatory surgical center, for the procedures they perform in the office setting. Alternatively, the governing body of the office facility is responsible for a peer review process for privileging physicians based on nationally recognized credentialing standards.

Core Principle #9: For office-based surgery with moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia, at least one physician who is credentialed or currently recognized as having successfully completed a course in advanced resuscitative techniques (e.g., ATLS, ACLS, or PALS), must be present or immediately available with age- and size-appropriate resuscitative equipment until the patient has met the criteria for discharge from the facility. In addition, other medical personnel with direct patient contact should at a minimum be trained in Basic Life Support (BLS).

Core Principle #10: Physicians administering or supervising moderate sedation/analgesia, deep sedation/analgesia, or general anesthesia should have appropriate education and training. (BOT Action in response to referred for decision BOT Rep. 23, A-03; Modified: CMS Rep. 4, A-13; Modified: CCB/CLRPD Rep. 1, A-23)

E-2.3.6 Surgical Co Management

Surgical co-management refers to the practice of allotting specific responsibilities of patient care to designated clinicians. Such arrangements should be made only to ensure the highest quality of care.

When engaging in this practice, physicians should:

- (a) Allocate responsibilities among physicians and other clinicians according to each individual's expertise and qualifications.
- (b) Work with the patient and family to designate one physician to be responsible for ensuring that care is delivered in a coordinated and appropriate manner.
- (c) Participate in the provision of care by communicating with the coordinating physician and encouraging other members of the care team to do the same.
- (d) Obtain patient consent for the surgical co-management arrangement of care, including disclosing significant aspects of the arrangement such as qualifications of clinicians, services each clinician will provide, and billing arrangement.
- (e) Obtain informed consent for medical services in keeping with ethics guidance, including provision of all relevant medical facts.
- (f) Employ appropriate safeguards to protect patient confidentiality.
- (g) Ensure that surgical co-management arrangements are in keeping with ethical and legal restrictions.
- (h) Engage another caregiver based on that caregiver's skill and ability to meet the patient's needs, not in the expectation of reciprocal referrals or other self-serving reasons, in keeping with ethics guidance on consultation and referrals.
- (i) Refrain from participating in unethical or illegal financial agreements, such as fee-splitting.

AMA Principles of Medical Ethics: I,II,IV,V,VI

The Opinions in this chapter are offered as ethics guidance for physicians and are not intended to establish standards of clinical practice or rules of law.

(Issued: 2016)

E-1.1.3 Patient Rights

The health and well-being of patients depends on a collaborative effort between patient and physician in a mutually respectful alliance. Patients contribute to this alliance when they fulfill responsibilities they have, to seek care and to be candid with their physicians, for example.

Physicians can best contribute to a mutually respectful alliance with patients by serving as their patients' advocates and by respecting patients' rights. These include the right:

- (a) To courtesy, respect, dignity, and timely, responsive attention to his or her needs.
- (b) To receive information from their physicians and to have opportunity to discuss the benefits, risks, and costs of appropriate treatment alternatives, including the risks, benefits and costs of forgoing treatment. Patients should be able to expect that their physicians will provide guidance about what they consider the optimal course of action for the patient based on the physician's objective professional judgment.
- (c) To ask questions about their health status or recommended treatment when they do not fully understand what has been described and to have their questions answered.
- (d) To make decisions about the care the physician recommends and to have those decisions respected. A patient who has decision-making capacity may accept or refuse any recommended medical intervention.
- (e) To have the physician and other staff respect the patient's privacy and confidentiality.
- (f) To obtain copies or summaries of their medical records.
- (g) To obtain a second opinion.
- (h) To be advised of any conflicts of interest their physician may have in respect to their care.
- (i) To continuity of care. Patients should be able to expect that their physician will cooperate in coordinating medically indicated care with other health care professionals, and that the physician will not discontinue treating them when further treatment is medically indicated without giving them sufficient notice and reasonable assistance in making alternative arrangements for care.

AMA Principles of Medical Ethics: I,IV,V,VIII,IX

The Opinions in this chapter are offered as ethics guidance for physicians and are not intended to establish standards of clinical practice or rules of law.

(Issued: 2016)

E-11.2.3 Contracts to Deliver Health Care Services

Prioritizing profits over patients is incompatible with physicians' ethical obligations. No part of the health care system that supports or delivers patient care should place profits over such care.

Physicians have a fundamental ethical obligation to put the welfare of patients ahead of other considerations, including personal financial interests. This obligation requires that before entering into contracts to deliver health care services, physicians consider carefully the proposed contract to assure themselves that its terms and conditions do not create untenable conflicts of interest or compromise their ability to fulfill their ethical and professional obligations to patients. Those physicians who enter into contracts with corporate entities, such as private equity firms, management service organizations, professional services corporations, insurance companies, or pharmaceutical benefit managers, who act within their capacity as a physician, even as administrators or intermediaries, also have a duty to uphold the ethical obligations of the medical profession.

Ongoing evolution in the health care system continues to bring changes to medicine, including changes in reimbursement mechanisms, models for health care delivery, restrictions on referral and use of services, clinical practice guidelines, and limitations on benefits packages. While these

changes are intended to enhance quality, efficiency, and safety in health care, they can also put at risk physicians' ability to uphold professional ethical standards and can impede physicians' freedom to exercise independent professional judgment and tailor care to meet the needs of individual patients.

As physicians seek capital to support their practices or enter into various differently structured contracts to deliver health care services—with group practices, hospitals, health plans, investment firms, or other entities—they should be mindful that while some arrangements have the potential to promote desired improvements in care, other arrangements have the potential to put patients' interests at risk and to interfere with physician autonomy.

When contracting with entities, or having a representative do so on their behalf, to provide health care services, physicians should:

- (a) Carefully review the terms of proposed contracts, preferably with the advice of legal and ethics counsel to assure themselves that the arrangement:
 - (i) minimizes conflict of interest with respect to proposed reimbursement mechanisms, financial or performance incentives, restrictions on care, or other mechanisms intended to influence physicians' treatment recommendations or direct what care patients receive, in keeping with ethics guidance;
 - (ii) does not compromise the physician's own financial well-being or ability to provide high-quality care through unrealistic expectations regarding utilization of services or terms that expose the physician to excessive financial risk;
 - (iii) ensures the physician can appropriately exercise professional judgment;
 - (iv) includes a mechanism to address grievances and supports advocacy on behalf of individual patients;
 - (v) is transparent and permits disclosure to patients;
 - (vi) enables physicians to have significant influence on, or preferably outright control of, decisions that impact practice staffing;
 - (vii) prohibits the corporate practice of medicine.
- (b) Negotiate modification or removal of any terms that unduly compromise physicians' ability to uphold ethical or professional standards.

When entering into contracts as employees, preferably with the advice of legal and ethics counsel, physicians should:

- (c) Advocate for contract provisions to specifically address and uphold physician ethics and professionalism.
- (d) Advocate that contract provisions affecting practice align with the professional and ethical obligations of physicians and negotiate to ensure that alignment.
- (e) Advocate that contracts do not require the physician to practice beyond their professional capacity and provide contractual avenues for addressing concerns related to good practice, including burnout or related issues.
- (f) Not enter into any contract that would require the physician to violate their professional ethical obligations.

When contracted by a corporate entity involved in the delivery of health care services, physicians should:

- (g) Terminate any contract that requires the physician to violate their professional ethical obligations and report any known or suspected ethical violations through the appropriate oversight mechanisms.

AMA Principles of Medical Ethics: I,II,III,V,VI,VIII,IX

The Opinions in this chapter are offered as ethics guidance for physicians and are not intended to establish standards of clinical practice or rules of law.

(Issued: 2016)

REPORT 7 OF THE COUNCIL ON MEDICAL SERVICE (A-26)
Private Insurance Coverage of Anti-Obesity Medications

EXECUTIVE SUMMARY

Resolution 230-A-25, “Advocating to Expand Private Insurance Coverage of Anti-Obesity Medications,” was introduced by the Endocrine Society, American Association of Clinical Endocrinology, American Society for Reproductive Medicine, American Society for Metabolic and Bariatric Surgery, Obesity Medicine Association, and American College of Physicians. The resolution asked that existing Policy H-440.801 be amended. Subclauses 1f and 1h were adopted while Subclauses 1e and 1g were referred. These referred subclauses ask the following:

RESOLVED, that our American Medical Association (AMA) amend policy H-440.801, Advocacy Against Obesity-Related Bias by Insurance Providers, by addition to read as follows:

1. Our AMA will urge individual state delegations to directly advocate for their state insurance agencies and insurance providers in their jurisdiction to:
 - e. Eliminate coverage exclusions for the pharmacologic treatment of obesity.
 - g. Support and cover chronic treatment with anti-obesity medications to maintain weight loss.

This report discusses the persistence of obesity, the marketplace and coverage of anti-obesity medications (AOMs), guidelines for the treatment of obesity, and includes several policy recommendations. Obesity is a chronic, progressive disease and a global public health challenge. While seven medications are currently approved for weight loss, the next generation of AOMs will enter the market within the next few years and are considered more effective with fewer side effects. Despite an increasing body of evidence to suggest that AOMs are effective treatments, coverage for obesity remains limited. The World Health Organization and Institute for Clinical and Economic Review recently released reports providing guidance on the use of glucagon-like peptide-1 (GLP-1) medications, strategies to guide market action, policy solutions, and federal policy interventions to improve access. Furthermore, the regulatory environment has been dynamic, with GLP-1s included in the Trump Administration’s priority to lower prescription drug prices.

The Council on Medical Service recommends new policy supporting potential innovative payment arrangements and pilot programs which allow for demonstration projects that cover emerging medications which aid in obesity management. The Council also recommends the long-term coverage of AOMs to maintain weight loss through consistent drug pricing, formulary tiering, benefit structures, and coverage criteria in private insurance and employer-sponsored insurance to offset cost variability. Furthermore, the Council recommends equitable access to comprehensive disease management, health promotion, and prevention interventions targeting the general population and those who are at elevated risk for obesity. Additionally, the Council recommends reaffirming Policy H-110.997 and Policy H-110.959 to emphasize the AMA’s support for affordable access to prescription drugs. The Council also recommends reaffirming Policy H-110.987 to highlight the AMA’s support to ensure that drug prices are affordable to patients and Policy D-330.954 and Policy D-110.987 to underscore the AMA’s support and recognition for the Centers for Medicare & Medicaid Services (CMS) to negotiate pharmaceutical pricing for all applicable medications covered by CMS and efforts to increase pharmacy benefit manager transparency and regulation. Lastly, the Council recommends reaffirming Policy H-150.953 to highlight the AMA’s recognition of obesity as a complex health disorder.

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 7-A-26

Subject: Private Insurance Coverage of Anti-Obesity Medications

Presented by: Betty Chu, MD, MBA, Chair

Referred to: Reference Committee G

1 Resolution 230-A-25, “Advocating to Expand Private Insurance Coverage of Anti-Obesity
2 Medications,” was introduced by the Endocrine Society, American Association of Clinical
3 Endocrinology, American Society for Reproductive Medicine, American Society for Metabolic and
4 Bariatric Surgery, Obesity Medicine Association, and American College of Physicians. The
5 resolution asked that existing Policy H-440.801 be amended. Subclauses 1f and 1h were adopted,
6 while Subclauses 1e and 1g were referred. These referred subclauses ask the following:

7
8 RESOLVED, that our American Medical Association (AMA) amend policy H-440.801,
9 Advocacy Against Obesity-Related Bias by Insurance Providers, by addition to read as
10 follows:

- 11 1. Our AMA will urge individual state delegations to directly advocate for their state
12 insurance agencies and insurance providers in their jurisdiction to:
13 e. Eliminate coverage exclusions for the pharmacologic treatment of obesity.
14 g. Support and cover chronic treatment with anti-obesity medications to maintain
15 weight loss.

16
17 This report discusses the persistence of obesity, the emerging marketplace and coverage of anti-
18 obesity medications (AOMs), guidelines for the treatment of obesity, and includes several policy
19 recommendations.

20
21 **BACKGROUND**

22
23 Defined by the World Health Organization (WHO) as a chronic, progressive, and relapsing disease,
24 obesity is a global public health challenge affecting more than one billion people worldwide and
25 contributing to millions in preventable deaths each year. In the United States (U.S.), the prevalence
26 of obesity among adults increased from 34.7 million (19.3 percent) in 1990 to 107 million (42.5
27 percent) in 2022.^{1,2} Adults with severe obesity accounted for 9.2 percent (over twenty-two million
28 by total population) in 2020.³ By 2035, an estimated 46.9 percent of the adult population (126
29 million) will be categorized as obese.⁴ The percentage of U.S. children and adolescents affected by
30 obesity has more than tripled from 1965 (5 percent) to 2018 (19 percent).⁵ Obesity is costly to the
31 U.S. health care system, with an estimated \$172 billion annually attributed in medical costs,
32 representing 5 to 7 percent of all health care expenditures.⁶ Despite obesity being a significant
33 chronic disease for all populations, prevalence varies by race and ethnicity. In 2022, non-Hispanic
34 Black females were estimated to have the highest prevalence of obesity, at 56.9 percent followed
35 by Hispanic females at 49.4 percent.⁷ The increasing prevalence of obesity also varied by race and
36 ethnicity. For instance, obesity has risen least for non-Hispanic Black males, with an increase in
37 prevalence from 22.0 percent in 1990 to 40.4 percent in 2022.⁸ Additionally, there are state-level
38 differences, with prevalence highest in Midwestern and Southern states and variance by age, with

1 obesity prevalence highest among middle-aged adults and large increases in the youngest adult
2 ages, especially for females.⁹

3
4 While the WHO defines obesity as having a body mass index (BMI) of 30.0 or higher in adults, the
5 Lancet Commission recently announced a new definition that moves beyond BMI to classify it as a
6 chronic disease.¹⁰ Obesity is associated with and can result in an increased risk of comorbidities
7 such as hypertension, diabetes, hypercholesterolemia, coronary heart disease, gallbladder disease,
8 osteoarthritis, certain cancers, and liver disease. Severe obesity, defined as having a BMI of 40 or
9 higher, can shorten life expectancy by up to 14 years, similar to smoking.¹¹ Moderately obese and
10 severely obese individuals are estimated to have 14 to 25 percent more visits to their physicians,
11 respectively, with visits to primary physicians to be 38 percent higher for those who are obese.¹²

12
13 Previously, obesity was thought to be an imbalance between energy intake and expenditure.
14 However, recent research has suggested that genetic, physiological, and behavioral factors play a
15 significant role.¹³ Variations in genes that affect metabolic processes, appetite regulation, body fat
16 distribution, and environmental factors such as geography, food and physical activity environment,
17 and socioeconomic status are consequential in the development of obesity.¹⁴ While traditional
18 strategies focused on individual behavior have been insufficient, prevention efforts targeting
19 obesity-related noncommunicable diseases have never been more important. For instance,
20 prevention efforts can include the promotion of healthy eating, active lifestyles, and early
21 intervention to reduce risks of diabetes, heart disease, and cancer. People with obesity continue to
22 face social stigma with weight bias and discrimination persisting as significant factors in
23 understanding the impact of and providing treatment through pharmacological methods.¹⁵
24 Additionally, weight bias has led to delays in diagnosis and treatment and contributes to poorer
25 health outcomes leading to a profound effect on all aspects of patients' lives and those of their
26 families.¹⁶

27
28 Multiple public health interventions, such as school nutrition and exercise programs, taxes on
29 unhealthy foods, and health system requirements for nutritional counseling programs¹⁷ have had
30 limited success, requiring health care to evolve to meet the needs of the population more
31 adequately. Currently, comprehensive care for obesity includes nutrition therapy, physical therapy,
32 behavioral counseling, and pharmacotherapy.¹⁸ There are multiple methods for treating obesity
33 including lifestyle modifications (e.g., diet, physical activity, and behavioral modifications),
34 medications, and bariatric surgery, usually in combination.¹⁹

35 36 ANTI-OBESITY MEDICATIONS

37
38 Initially developed for the treatment of type-2 diabetes, GLP-1 receptor agonist and glucose-
39 dependent insulintropic polypeptides (GIP)/GLP-1 dual agonist therapies have emerged as
40 potential AOMs. By targeting mechanisms that reduce appetite and enhance satiety along with
41 other physiological effects, GLP-1 medications provide a complementary treatment to traditional
42 behavioral interventions and important innovations to address obesity.²⁰ Additionally, clinical
43 benefits associated with GLP-1 therapies have demonstrated improvements for major
44 cardiovascular events, heart failure with preserved ejection fraction, diabetes prevention, systolic
45 blood pressure and low-density lipoprotein cholesterol, obstructive sleep apnea, peripheral artery
46 disease, kidney disease, metabolic dysfunction-associated steatohepatitis, and neurodegenerative
47 diseases.²¹ Similar results can be seen for patients with diabetes: improved glycemic control,
48 significant weight loss, cardiovascular risk reduction, renal and liver production, a reduced need for
49 other medications, lowered blood pressure, and improved cholesterol profiles.²² The pleiotropic
50 effects are beneficial for patients with multiple chronic conditions, especially for older patients,
51 because it can help reduce polypharmacy and increase adherence to pharmacological treatments.²³

1 There has also been emerging evidence to suggest their utility in treating neurodegenerative
 2 diseases, reducing stroke risk, liver disease, and substance use disorders.²⁴ However, there are
 3 potential unintended consequences through the long-term use of GLP-1 medications. For instance,
 4 there is emerging clinical and paraclinical evidence that suggests that the agents may contribute to
 5 a reduction in skeletal muscle mass, potentially exacerbating or precipitating sarcopenic obesity,
 6 particularly in older or frail individuals with limited muscular reserves.²⁵ Therefore, the
 7 preservation of muscular health through nutritional support, exercise, and pharmacological
 8 therapies are important supplementary treatments, especially for older patients.

9
 10 At the time this report was written, there were seven medications approved for weight loss by the
 11 Food & Drug Administration (FDA), with varying effectiveness and occurrences of side effects.
 12 Earlier generations of obesity medications had lower degrees of effectiveness with higher
 13 incidences of side effects. Appendix A highlights the FDA approved GLP-1 medications for the
 14 treatment of obesity. There may be potential benefits to prescribing and administering earlier
 15 generations of AOMs.²⁶ For instance, access to second generation AOMs remains limited because
 16 of restricted insurance coverage and high out-of-pocket costs. While Wegovy® and Zepbound®
 17 are listed at \$16,188 and \$12,720 per year, respectively, Qsymia and Contrave are \$1,465 and
 18 \$2,095, respectively.²⁷ Additionally, significant shortages of GLP-1 medications can make it
 19 difficult to prescribe the second generation of AOMs and further inhibit access for certain patients.
 20 Furthermore, some patients may be nonresponders to semaglutide (or tirzepatide) or have difficulty
 21 tolerating GLP-1 based medications.²⁸ Some patients may require multiple medications in addition
 22 to semaglutide or tirzepatide to achieve significant weight loss or second generation AOMs might
 23 be too powerful and result in too much weight loss, loss of lean muscle mass, and concern of
 24 increased frailty.²⁹

25
 26 The next generation of AOMs are set to enter the market within the next several years—with 40
 27 manufacturers in the process of developing GLP-1 drugs and 16 AOMs expected to be approved
 28 from 2026 to 2029—and are considered more effective with fewer side effects.³⁰ Similarly, non-
 29 GLP-1 medications are part of this emerging market and include melanocortin-4 receptor agonists,
 30 amylin analogs, and mitochondrial uncouplers.³¹ Non-GLP-1 medications can be appealing for
 31 patients who do not respond to GLP-1s or have specific metabolic needs. Some of these new
 32 medications provide an oral alternative targeting similar pathways without requiring injections,
 33 thereby improving accessibility and patient adherence. Further, the dosing schedule for some of
 34 these new medicines is easily adherable. The emergence of these medications, their efficacy,
 35 favorable effects on metabolism and obesity-related complications, and recognition of obesity as a
 36 chronic health condition, has led to a rapid expansion in their use. GLP-1-based prescriptions
 37 among people without diabetes have risen by 700 percent between 2019 to 2023.³² Pervasive media
 38 attention has led some to theorize whether AOMs could be a potential solution to the obesity
 39 epidemic. In December 2025, Novo Nordisk released a pill version of Wegovy® and, in less than
 40 three weeks, 150,000 prescriptions were filled.³³ According to the manufacturer, most prescriptions
 41 are from new patients and 9 out of 10 paid out of pocket.³⁴

42
 43 Pervasive media attention has also led GLP-1s to being used off-label for non-obese patients to lose
 44 small amounts of weight.³⁵ While GLP-1s are being used off-label by individuals who do not meet
 45 obesity criteria, there are significant considerations required in prescribing an AOM. There is a
 46 marked difference between AOMs being prescribed for chronic, long-term use and for short-term
 47 use without the guidance of a medical professional. Compounded versions of the GLP-1 injectables
 48 were made available in early 2022 when brand name versions were in short supply. Under [Section](#)
 49 [503A and 503B of the Federal Food, Drug, and Cosmetic \(FD&C\) Act](#), compounded drugs are
 50 allowed when the brand-name drug is on the FDA's official [Drug Shortages](#) list. While the FDA
 51 provides some flexibility, the agency may act if an outsourcing facility continues to fill new orders

1 for more than 60 days after the drug has been removed from the Drug Shortages list. In the case of
 2 GLP-1 medications, the FDA removed the injectables from the list in February 2025 but allowed a
 3 brief window for compounders to wind down operations with 503A pharmacies allowed to
 4 continue until April 22, 2025 and 503B outsourcing facilities until May 22, 2025.³⁶ Despite the
 5 timeline, and the FDA warning telehealth companies against illegal marketing of compounded
 6 GLP-1s, Hims & Hers™ was still offering its versions of injectable weight-loss drugs until March
 7 2026 when it struck a deal with Novo Nordisk to sell Wegovy® at a discounted rate.^{37,38}

8
 9 Treatment discontinuation of tirzepatide and semaglutide remains high and is a significant issue as
 10 it is associated with increased risks of cardiovascular events and mortality. Randomized trials, such
 11 as SURMOUNT-4, demonstrate that discontinuation of pharmacotherapy leads to weight re-gain
 12 reinforcing the chronic nature of obesity treatment.³⁹ Cost or insurance-related (insurance denial,
 13 expiration of manufacturer discount coupon, or out-of-pocket cost) hurdles were cited as the most
 14 common reason, by half of respondents (47.6 percent).⁴⁰ Side effects were the second most cited
 15 reason with 14.6 percent of respondents. For comparison, side effects and efficacy are cited as the
 16 most common reason for treatment discontinuation of medication for chronic medical conditions.⁴¹
 17 In general, high-risk, non-oral medications for conditions like diabetes, asthma, and glaucoma
 18 often have higher initial discontinuation rates.⁴² Furthermore, younger patients, those with
 19 comorbidities, and patients who are non-White may have higher rates of discontinuation.⁴³

20
 21 **COVERAGE OF ANTI-OBESITY MEDICATIONS**

22
 23 Despite an increasing body of evidence to suggest that emerging AOMs are effective treatments,
 24 coverage of GLP-1s for obesity treatment remains limited. Indeed, coverage is sparse for
 25 individuals through Medicaid, Affordable Care Act (ACA) Marketplace plans, and those who work
 26 in large employer firms, and coverage in Medicare for treatment of obesity is, for now,
 27 prohibited.^{44,45,46} While all Medicaid programs cover GLP-1s for the treatment of diabetes,
 28 coverage is optional for the treatment of obesity. As of October 2025, 16 state Medicaid programs
 29 covered GLP-1s for obesity treatment, 11 states cover GLP-1s for weight loss under their state
 30 employee health plan, and five provide coverage under both programs.⁴⁷ Some of these Medicaid
 31 programs, however, have already announced they will discontinue coverage or restrict those who
 32 can qualify. North Carolina Medicaid, for example, ended coverage of GLP-1s for obesity in
 33 October 2025, citing shortfalls in state funding.⁴⁸ Additionally, California, New Hampshire and
 34 South Carolina will end coverage at the beginning of 2026.⁴⁹ Further, starting next year, Michigan
 35 Medicaid will limit coverage to people who are “morbidly obese,” (BMI of 40 or higher).⁵⁰ Lastly,
 36 Pennsylvania, Rhode Island and Wisconsin are also considering new restrictions.⁵¹

37
 38 Private insurance coverage is often based on the insurance plan or employer decision to include the
 39 benefit; even if the coverage is offered, its initial and continued coverage is restricted by stringent
 40 prior authorization criteria. As of 2025, 39.4 percent of individuals with private insurance and 45.1
 41 percent of individuals with employee sponsored insurance had at least one GLP-1 medication
 42 covered by their plan.⁵² Drugs solely approved to treat obesity have minimal to no coverage on
 43 most ACA Marketplace formularies. Among ACA Marketplace plans with these drugs on
 44 formulary, prior authorization is required by most plans (greater than 98 percent).⁵³ Step therapy, a
 45 utilization management tool that requires patients to try and fail lower cost medications before
 46 coverage is provided for more expensive medications, is less commonly used, with 1 in 4
 47 marketplace plans requiring it.⁵⁴ Quantity limits are imposed in most plans among those including
 48 these drugs.⁵⁵ With such a high demand for and short supply of GLP-1 agonists, some patients have
 49 taken to procuring them from alternative sources, such as online vendors, medical spas, or
 50 compounding pharmacies selling products not evaluated by the FDA, some of which may contain
 51 different ingredients.⁵⁶ The FDA is increasing enforcement against compounded GLP-1 drugs, as

1 many shortages have been resolved, removing the exemption that allowed pharmacies to create
 2 copies of branded drugs.⁵⁷ The agency is targeting companies, including telehealth providers, for
 3 selling non-FDA-approved, mass-marketed “copycat” versions that pose safety risks.⁵⁸

4
 5 Despite a notable increase in employers covering GLP-1 medications for weight loss, the high costs
 6 associated with obesity medications raise significant concerns. While recognizing their benefit,
 7 many employers are considering scaling back coverage due to their high cost and higher than
 8 expected use. Approximately 34 percent of non-elderly people with employer-sponsored health
 9 insurance (36.2 million) have a body mass that would medically qualify them for GLP-1 drugs.⁵⁹
 10 The share of firms with 5,000 or more workers covering these medications for weight loss
 11 increased significantly (from 28 percent in 2024 to 43 percent in 2025).⁶⁰ However, only 19 percent
 12 of firms with 200 or more workers cover GLP-1 drugs for weight loss in their largest health plan in
 13 2025.⁶¹ Furthermore, for those firms that cover GLP-1s for weight loss, about a third require
 14 enrollees to meet with a dietician, case manager, therapist, or participate in a lifestyle program.⁶²

15
 16 While insurance coverage of GLP-1 medications for obesity remains lower than other medications,
 17 there is a roadmap to broader access with comparable treatments. Bariatric surgery coverage has
 18 evolved from a rarely covered, high-risk procedure in the early 1990s to a widely accepted,
 19 insurance-covered treatment for severe obesity. Driven by improved safety and proven metabolic
 20 benefits, a major milestone occurred when the Centers for Medicare & Medicaid Services (CMS)
 21 expanded Medicare coverage in 2006 for patients with specific comorbidities.⁶³ Currently, bariatric
 22 surgery is generally covered for obesity when deemed medically necessary, a specific BMI
 23 threshold is met with obesity-related comorbidities like diabetes and sleep apnea. Additionally,
 24 coverage requires documentation of failed, previous weight loss attempts, a supervised diet
 25 program, and mental health evaluations.⁶⁴

26
 27 Rebates for GLP-1 medications are widespread and, as of 2025, are estimated to be 40 percent or
 28 higher for major products like Wegovy® and Zepbound®.⁶⁵ They are most readily used by
 29 pharmacy benefit managers (PBMs) to secure formulary placement, reducing high list prices to
 30 lower net costs for payers. The rebates are a primary tool used to secure preferred coverage on
 31 insurer formularies, with some discounts at 50 percent.⁶⁶ Additionally, states received substantial
 32 rebates for brand-name GLP-1s, with usage growing and accounting for eight percent of Medicaid
 33 prescription drug spending before rebates in 2024.⁶⁷ However, these manufacturer-to-payer rebates
 34 do not always translate directly into lower out-of-pocket costs for individual users and frequently
 35 rely on copay assistance coupons to manage costs.

36
 37 PBMs play a central, controversial role in the high cost of GLP-1 medications. By controlling
 38 access via formularies and negotiating large, often opaque rebates, PBMs are criticized for favoring
 39 higher-priced drugs for larger rebates and, therefore, keeping net costs high for employers.^{68,69}
 40 PBMs argue their negotiating power is used to counterbalance high list prices set by manufacturers,
 41 sometimes securing lower out-of-pocket costs for members. However, limited transparency makes
 42 it difficult to distinguish how and if the discounts are passed on to employers or patients.⁷⁰ PBMs
 43 can also implement strict utilization controls including mandatory prior authorization, step therapy,
 44 and BMI requirements to limit access and manage costs.⁷¹ While utilization controls can be useful,
 45 it is argued that PBMs may use unfair criteria or a patient facing restricted access despite it being a
 46 clinically appropriate treatment.

47
 48 A study from 2025 showed that there was significant disparities in AOM prescription rates based
 49 on gender, race/ethnicity, age, insurance type, insurance carrier, and adjusted gross income
 50 (AGI).^{72,73} For instance, Black patients, Hispanic individuals, and those of other racial or ethnic
 51 backgrounds had lower prescription rates, compared with white patients.⁷⁴ Furthermore, men had

1 lower rates than women and, compared with privately insured individuals those with Medicaid,
2 traditional Medicare, Medicare Advantage, self-paying, and other insurance types had lower rates
3 of prescription.⁷⁵ Lastly, those with the highest level of income had the highest prescription rate
4 compared to those with the lowest income.⁷⁶ Patients filling their prescription differed as well,
5 though less significantly than those receiving an AOM prescription. While Hispanic patients were
6 less likely to fill their prescription compared with White patients, Black patients had similar filling
7 rates.⁷⁷ Patients who were older or women were more likely to fill their prescription higher odds of
8 AOM fill.⁷⁸ Furthermore, Medicaid, traditional Medicare and Medicare Advantage insurance types
9 were associated with lower odds of AOM fill, compared with private insurance category.⁷⁹
10 Interestingly, insurance carriers or AGI did not produce any significant difference in filling rates.⁸⁰

11
12 WORLD HEALTH ORGANIZATION GUIDELINES ON THE USE OF GLP-1 THERAPIES⁸¹

13
14 In December 2025, and in response to requests from its member nations, the WHO published an
15 evidence-informed [guideline on the use of GLP-1 therapies](#) in the treatment of obesity in adults.
16 The guideline outlines a strategic foundation to help countries accelerate their response to the
17 obesity crisis, brings together the current evidence base, details the development process, and
18 distills the implications for expanding equitable access to these medications while shaping a more
19 comprehensive ecosystem for obesity management. In the report, two practice statements were
20 outlined with partnering recommendations. First, obesity was recognized as chronic, complex
21 disease that requires lifelong care beginning in clinical assessment and early diagnosis. It was
22 recommended that in adults living with obesity, GLP-1 receptor agonists or GIP/GLP-1 dual
23 agonists may be used as long-term treatment for obesity. Second, people living with obesity should
24 receive context-appropriate counselling on behavioral and lifestyle changes as an initial step
25 toward more structured behavioral interventions. Thus, it was recommended that in adults living
26 with obesity who are prescribed GLP-1 receptor agonists or GIP/GLP-1 dual agonists, intensive
27 behavioral therapy may be provided as a co-intervention within a comprehensive multimodal
28 clinical algorithm.

29
30 The guideline emphasizes the importance of fair access to GLP-1 therapies and preparing health
31 systems for use of obesity medicines. Without deliberate policies, the WHO suggests access to
32 GLP-1 therapies could exacerbate existing health disparities. Additionally, in September 2025, the
33 WHO added GLP-1 therapies to its [Essential Medicines List](#) for managing type 2 diabetes in high-
34 risk groups.⁸² With the guideline, the WHO issues conditional recommendations for using therapies
35 to support people living with obesity, as part of a comprehensive approach that includes healthy
36 diets, regular physical activity, and support from health professionals.

1 INSTITUTE FOR CLINICAL AND ECONOMIC REVIEW REPORT: AFFORDABLE ACCESS
 2 TO GLP-1 OBESITY MEDICATIONS⁸³

3
 4 In April 2025, the Institute for Clinical and Economic Review (ICER) released the report
 5 [Affordable Access to GLP-1 Obesity Medications: Strategies to Guide Market Action and Policy](#)
 6 [Solutions](#). In the report, ICER presented potential strategies to guide market action, policy
 7 solutions, and federal policy interventions to improve access to GLP-1 medications, and AOMs in
 8 general.

9
 10 Five market strategies were suggested, informed by ICER’s interviews with different stakeholders
 11 and their advantages and limitations are outlined for each option in Appendix B. For instance,
 12 temporary coverage denial was a solution, suggesting that some purchasers and insurers have
 13 concluded that they do not have the budget flexibility to provide coverage for GLP-1s for treatment
 14 of obesity at current prices. For those that are seeking a more affordable and long-term way to
 15 provide coverage for expensive drugs, such as GLP-1s, purchasers and insurers may apply
 16 enhanced utilization and could include coverage criteria. Some coverage criteria included BMI and
 17 clinical comorbidities, additional clinical or genetic factors, and/or duration of coverage. Another
 18 suggestion was that managing the network of clinical providers may improve results while
 19 controlling costs. While some purchasers may consider temporary non-coverage of GLP-1 drugs,
 20 another solution may be to utilize alternative payment arrangements to help individuals afford
 21 treatment. The last market solution that the report outlined was carve-out programs. Many
 22 purchasers or payers are delegating obesity management to a comprehensive program offered by a
 23 PBM or to an independent obesity management company.

24
 25 Five federal policy interventions were suggested as potential policy reforms that the federal
 26 government could enact to address access to GLP-1 medications and the overall cost of obesity
 27 treatment. One potential policy reform was increased access through coverage of obesity drugs in
 28 Medicare. While the Trump Administration announced the coverage of GLP-1 medications for the
 29 treatment of obesity, federal law still bans Medicare from covering weight-loss drugs and requires
 30 a pilot program to evaluate coverage. At a federal level, in lieu of Medicare coverage of GLP-1s for
 31 obesity, another way to broaden coverage would be to ask the United States Preventive Services
 32 Task Force to evaluate GLP-1s and deem them as preventive treatments worthy of a rating of “A”
 33 or “B” that creates a mandate for coverage by all private insurers with no patient cost sharing. The
 34 third cited policy reform was reducing costs through aggressive drug price negotiation by the
 35 federal government. The Trump Administration, as will be outlined, recently negotiated the price
 36 for GLP-1 medications covered through Medicare and Medicaid. Additionally, the federal
 37 government negotiated during its second round of Medicare’s Drug Price Negotiation Program,
 38 created by the Inflation Reduction Act (IRA) of 2022, which included diabetes and obesity drugs
 39 Ozempic® and Wegovy®. The fourth reform was to reduce costs through federal subsidies for
 40 private insurance coverage of obesity treatments. The federal government, it is suggested, could
 41 negotiate significant price concessions like the affordable prices that were negotiated for
 42 COVID-19 vaccines and treatments during the pandemic in exchange for federal subsidies to
 43 private insurers. Along with negotiating lower prices through the IRA process, the fifth
 44 intervention is to require that drugmakers license GLP-1 drugs to generic manufacturers for the
 45 express purpose of providing more affordable versions for public payers, including state Medicaid
 46 programs and state employee health plans.

47
 48 RECENT REGULATORY ACTIVITY

49
 50 In May 2025, the Trump Administration issued [Executive Order No. 14297, Delivering Most-](#)
 51 [Favored-Nation Prescription Drug Pricing to American Patients](#) which instructed drug

1 manufacturers to reduce the prices of brand-name drugs to match the lowest price among selected
 2 high-income countries as part of its aim to deliver its most-favored-nation (MFN) drug pricing.⁸⁴ In
 3 November 2025, the Trump Administration announced an [agreement](#) with pharmaceutical
 4 manufacturers Eli Lilly and Novo Nordisk to offer their weight-loss drugs for individuals receiving
 5 Medicare and Medicaid as part of its MFN policy.⁸⁵ As part of this plan, the Medicare price for
 6 Ozempic®, Wegovy®, Mounjaro®, and Zepbound® will be \$245, with Wegovy® and Zepbound®
 7 covering patients with obesity and related comorbidities for the first time. Further, in December
 8 2025, CMS published its voluntary [Better Approaches to Lifestyle and Nutrition for](#)
 9 [Comprehensive hEalth \(BALANCE\) Model](#).⁸⁶ The BALANCE Model will allow CMS to negotiate
 10 drug pricing and coverage terms with manufacturers of GLP-1 medications on behalf of state
 11 Medicaid agencies and Medicare Part D plan sponsors. Medicaid agencies can join the model
 12 beginning in May 2026, and Part D plans in January 2027. However, as previously mentioned,
 13 federal law still bans Medicare from coverage of weight-loss drugs and will require demonstration
 14 programs and waivers to proceed. Furthermore, it is unclear whether states will find the model
 15 appealing. For instance, due to recent budget cuts, many states are facing tighter budget constraints.
 16 Additionally, it is unknown how the new lower costs compare to the net prices state Medicaid
 17 programs already pay after rebates. Lastly, state interest in expanding coverage of obesity drugs
 18 has been waning due to their significant budgetary impact and sustainability.

19
 20 Legal challenges and negative feedback from stakeholders led to the withdrawal of prior proposals
 21 introduced during the first Trump Administration: International Pricing Index (IPI) Model and
 22 MFN Model. The IPI Model sought to lower drug costs and reduce out-of-pocket costs for patients.
 23 CMS solicited public comments on options considered for testing changes to payment for
 24 separately payable Medicare Part B drugs to align with international prices more closely. Similarly,
 25 the proposed MFN Model negotiated for the lowest price that drug manufacturers received in other
 26 similar countries for high-cost Medicare Part B drugs. While both were withdrawn, these policies
 27 provided the outline for the Trump Administration’s second attempt to lower prescription drug
 28 costs.

29
 30 While Novo Nordisk and Eli Lilly have committed to lowering the prices for private insurance and
 31 group health plans, it is unclear how the negotiated prices will affect them. The agreement does not
 32 include pricing obligations in the commercial market. Some experts suggest price reductions will
 33 transition over to group health plans and private insurance, while others believe manufacturers will
 34 make up the difference by lowering rebates or increasing prices. Others have expressed concern
 35 over MFN policies, suggesting that price controls trade short-term benefits for long-term risk.
 36 Further, while the Trump Administration has indicated its desire to codify MFN pricing, it is
 37 unclear if Congress will be agreeable citing concern potential threats to medical innovation,
 38 reduced access to new medicines, and increased government intervention in the health care market.

39
 40 In November 2025, CMS announced the prices that the federal government negotiated during its
 41 second round of Medicare’s Drug Price Negotiation Program (MDPNP), created by the IRA, which
 42 included Ozempic® and Wegovy®.⁸⁷ According to a spokesperson for CMS, MFN prices will
 43 supersede MDPNP prices and that MFN drug prices will supersede “maximum fair prices”
 44 negotiated under the IRA where there is a conflict.

45
 46 Finally, the Trump Administration launched [TrumpRx](#) in February 2026 – a government run, direct
 47 to consumer website designed to deliver MFN prices directly from manufacturers. Not all
 48 medications will be available, with five manufacturers participating and 40 of the nation’s highest-
 49 cost brand-name drugs listed on the website. For instance, not all AOM are available for purchase -
 50 Wegovy® and Zepbound® are listed while Saxenda® is not. Details are still emerging, and
 51 questions remain regarding who will benefit.

1 AMA POLICY

2
3 [Policy H-110.997](#) supports programs whose purpose is to contain the rising costs of prescription
4 drugs, most notably that: all patients have access to all prescription drugs necessary to treat their
5 illnesses and physicians have the freedom to prescribe the most appropriate drug and method of
6 delivery. Additionally, [Policy H-110.997](#) encourages physicians to stay informed about the
7 availability and therapeutic efficacy of generic drugs, to consider the prescribing of the least
8 expensive drug product, and to become familiar with the price in their community of the
9 medications they prescribe.

10
11 [Policy H-110.959](#) supports efforts to ensure that patients have affordable access to medications and
12 encourages all payers to establish a reasonable and affordable cap on patient out-of-pocket
13 prescription costs.

14
15 [Policy H-110.987](#) encourages prescription drug price and cost transparency among pharmaceutical
16 companies, pharmacy benefit managers and health insurance companies, encourages the Federal
17 Trade Commission actions to limit anticompetitive behavior by pharmaceutical companies
18 attempting to reduce competition, and supports legislation to shorten the exclusivity period for
19 biologics.

20
21 [Policy D-110.987](#) supports the active regulation of PBMs under state departments of insurance,
22 supports improved transparency of PBM operations, and details that the AMA will develop model
23 state legislation addressing the state regulation of PBMs, which shall include provisions to
24 maximize the number of PBMs under state regulatory oversight.

25
26 [Policy H-150.953](#) urges physicians and managed care organizations and other third-party payers to
27 recognize obesity as a complex disorder and all payers to ensure coverage parity for evidence-
28 based treatment of obesity, including FDA-approved medications without exclusions or additional
29 carve-outs.

30
31 [Policy D-330.954](#) supports federal legislation which gives the Secretary of the Department of
32 Health and Human Services (HHS) the authority to negotiate contracts with manufacturers of
33 covered Part D drugs, works toward eliminating Medicare prohibition on drug price negotiation,
34 and prioritizes the AMA's support for CMS to negotiate pharmaceutical pricing for all applicable
35 medications covered by CMS.

36
37 Finally, [Policy H-440.801](#), which is amended by Resolution 230, urges state delegations to directly
38 advocate for their insurance agencies and insurance providers to, most notably: allow a patient's
39 physician to prescribe anti-obesity medication and have it covered by insurance and reduce the
40 prior authorization burden for the coverage of anti-obesity medications.

41
42 DISCUSSION

43
44 The Council recognizes the changing landscape of AOMs, their role in the treatment of obesity,
45 and the emergence of GLP-1s as a "game-changing" pharmacological treatment for patients with
46 obesity, diabetes, and comorbid conditions. Their clinical efficacy is clear, but they are expensive.
47 Although many employer-sponsored insurance or private insurance plans do not cover GLP-1
48 medications for the treatment of obesity, that could change in the future as there have been several
49 developments toward improved affordability and access. Starting in July 2026, Medicare will
50 significantly expand coverage for GLP-1 medications for patients with obesity and comorbid
51 conditions. Patients will have access to these drugs with copays capped at \$50 per month,

1 supported by the short-term demonstration program acting as a bridge to the broader BALANCE
 2 model launching in 2027 which will also serve as a pilot program for state Medicaid programs.
 3 Moreover, the proliferation of direct-to-consumer marketplaces, which bypass traditional insurance
 4 and retail pharmacies, offer lower list prices and enhance medication access. Likewise, the recently
 5 approved pill versions of Wegovy® –and soon to be approved non-peptide GLP-1 called
 6 Orforglipron® – enhance affordability. Additionally, the emergence of more effective AOMs set to
 7 enter the marketplace within the next few years will improve their affordability and access.
 8 Furthermore, while some states have rescinded coverage of GLP-1 medications for the treatment of
 9 obesity, the demand for AOMs and potential payment structures lessening variability may improve
 10 access organically.

11
 12 Nonetheless, the Council recognizes the importance of more immediate coverage and the potential
 13 value of the market strategies and policy reforms outlined in the ICER report. Therefore, the
 14 Council recommends several new policies to supplement AOM affordability and access. The
 15 Council recommends support for innovative payment arrangements and pilot programs consistent
 16 with several recently announced Medicare and Medicaid demonstrations intended to increase the
 17 affordability of GLP-1 medications.

18
 19 It also is becoming more evident that patients with chronic obesity may need to take these
 20 medications long-term. As such, the Council supports the long-term coverage of AOMs to maintain
 21 weight loss through consistent drug pricing, formulary tiers, and benefit structures. The Council
 22 also acknowledges pharmacological treatment may not be effective, in some cases, without
 23 concurrent disease management treatment which may not be accessible for all patients. With that in
 24 mind, the Council supports equitable access to comprehensive disease management, nutritional
 25 therapies, health promotion, and prevention interventions targeting the general population, those
 26 who are at elevated risk for obesity, and patients being treated for obesity.

27
 28 Medication affordability and access continue to be significant concerns for many patients,
 29 including those that need AOMs for chronic obesity. As such, the Council recommends reaffirming
 30 Policy H-110.987, which supports efforts to ensure drug prices are affordable to patients, and
 31 Policy H-110.959, which encourages all payers to establish a reasonable and affordable cap on
 32 patient out-of-pocket prescription drug spending in a manner that does not increase patient
 33 premiums. The Council also recognizes the contribution of PBMs to high drug costs and their lack
 34 of clarity on rebate driven formularies. Therefore, the Council recommends reaffirming Policy
 35 D-110.987, which supports efforts to increase PBM transparency and regulation. Additionally, the
 36 Council notes that negotiating for Medicare drug prices is crucial to reducing high out-of-pocket
 37 costs for seniors and lowering government health care spending. Thus, the Council recommends
 38 reaffirming Policy D-330.954, which supports CMS negotiating pharmaceutical pricing for all
 39 applicable medications covered by CMS and indicates the AMA’s support for federal legislation
 40 giving the Secretary of HHS the authority to negotiate contracts with manufacturers of covered
 41 Medicare Part D drugs. The Council appreciates the important role of the physician in the treatment
 42 of chronic obesity and, as such, recommends reaffirming Policy H-110.997, which supports
 43 programs whose purpose is to contain the rising costs of prescription drugs, physicians having the
 44 freedom to prescribe the most appropriate drug and method of delivery, and encourages all
 45 physicians to become familiar with the price in their community of the medications they prescribe.

46
 47 Lastly, the Council recognizes the complexity, prevalence, and impact of obesity and, therefore,
 48 recommends reaffirming Policy H-150.953, which recognizes obesity as a complex health disorder,
 49 urges all payers to ensure coverage parity for evidence-based treatment of obesity, including FDA-
 50 approved medications without exclusions or additional carve-outs, and appropriate federal agencies

1 work with organized medicine to develop coding and payment mechanisms for the evaluation and
2 management of obesity.

3
4 RECOMMENDATIONS

5
6 The Council on Medical Service recommends that the following be adopted in lieu of Subclauses
7 1e and 1g of Resolution 230-A-25, and the remainder of the report be filed:

- 8
9 1. That our American Medical Association (AMA) support:
- 10 a. Potential innovative payment arrangements to help individuals afford treatment for
11 emerging anti-obesity medications (AOMs);
 - 12 b. Pilot programs which allow for demonstration projects that cover emerging
13 medications which aid in obesity management, such as glucagon-like peptide-1
14 and glucose-dependent insulinotropic polypeptide-based medications;
 - 15 c. The long-term coverage of AOMs to maintain weight loss through consistent drug
16 pricing, formulary tiering, benefit structures, and coverage criteria in private
17 insurance and employer-sponsored insurance to offset cost variability;
 - 18 d. Equitable access to comprehensive disease management, nutritional therapies,
19 health promotion, and prevention interventions targeting the general population,
20 those who are at elevated risk for obesity, and patients being treated for obesity.
21 (New HOD Policy)
- 22
- 23 2. That our AMA reaffirm [Policy H-110.987](#), which supports efforts to ensure drug prices are
24 affordable to patients. (Reaffirm HOD Policy)
- 25
- 26 3. That our AMA reaffirm [Policy D-110.987](#), which supports efforts to increase PBM
27 transparency and regulation. (Reaffirm HOD Policy)
- 28
- 29 4. That our AMA reaffirm [Policy H-110.959](#), which supports efforts to ensure patients have
30 affordable access to medications and encourages all payers to establish a reasonable and
31 affordable cap on patient out-of-pocket prescription drug spending in a manner that does not
32 increase patient premiums. (Reaffirm HOD Policy)
- 33
- 34 5. That our AMA reaffirm [Policy H-110.997](#), which supports programs whose purpose is to
35 contain the rising costs of prescription drugs, that all patients have access to all prescription
36 drugs necessary to treat their illnesses, and physicians have the freedom to prescribe the most
37 appropriate drug and method of delivery. (Reaffirm HOD Policy)
- 38
- 39 6. That our AMA reaffirm [Policy D-330.954](#), which supports Centers for Medicare & Medicaid
40 Services (CMS) negotiating pharmaceutical pricing for all applicable medications covered by
41 CMS, AMA working toward the elimination Medicare prohibition on drug price negotiation,
42 and indicates the AMA's support for federal legislation giving the Secretary of the Department
43 of Health and Human Services the authority to negotiate contracts with manufacturers of
44 covered Part D drugs. (Reaffirm HOD Policy)
- 45
- 46 7. That our AMA reaffirm [Policy H-150.953](#), which recognizes obesity as a complex health
47 disorder, urge all payers to ensure coverage parity for evidence-based treatment of obesity,
48 including FDA-approved medications without exclusions or additional carve-outs, and

1 appropriate federal agencies work with organized medicine to develop coding and payment
2 mechanisms for the evaluation and management of obesity. (Reaffirm HOD Policy)

Fiscal Note: Minimal

REFERENCES

¹ Obesity and overweight. World Health Organization. Updated: 12/08/2025. <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>.

² DeCleene NK, Kahn E, Yuan C, et al. US State-Level Prevalence of Adult Obesity by Race and Ethnicity From 1990 to 2022 and Forecasted to 2035. JAMA. Published online January 28, 2026. doi:10.1001/jama.2025.26817.

³ Adult Obesity Facts: Obesity. Public Health. U.S. Centers for Disease Control and Prevention. Updated: 05/14/2024. <https://www.cdc.gov/obesity/adult-obesity-facts/index.html>.

⁴ *Supra* 2.

⁵ Sarah E. Hampl, Sandra G. Hassink, Asheley C. Skinner, Sarah C. Armstrong, Sarah E. Barlow, Christopher F. Bolling, Kimberly C. Avila Edwards, Ihuoma Eneli, Robin Hamre, Madeline M. Joseph, Doug Lunsford, Eneida Mendonca, Marc P. Michalsky, Nazrat Mirza, Eduardo R. Ochoa, Mona Sharifi, Amanda E. Staiano, Ashley E. Weedn, Susan K. Flinn, Jeanne Lindros, Kymika Okechukwu; Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents With Obesity. Pediatrics February 2023; 151 (2): e2022060640. 10.1542/peds.2022-060640.

⁶ About Obesity: Obesity. U.S. Centers for Disease Control and Prevention. Updated: 01/23/2024. <https://www.cdc.gov/obesity/php/about/index.html>.

⁷ *Supra* 2.

⁸ *Supra* 2.

⁹ *Supra* 2.

¹⁰ Definition and diagnostic criteria of clinical obesity. Rubino, Francesco et al. The Lancet Diabetes & Endocrinology, Volume 13, Issue 3, 221 – 262. [https://www.thelancet.com/journals/landia/article/PIIS2213-8587\(24\)00316-4/abstract](https://www.thelancet.com/journals/landia/article/PIIS2213-8587(24)00316-4/abstract).

¹¹ Kitahara CM, Flint AJ, Berrington de Gonzalez A, Bernstein L, Brotzman M, MacInnis RJ, Moore SC, Robien K, Rosenberg PS, Singh PN, Weiderpass E, Adami HO, Anton-Culver H, Ballard-Barbash R, Buring JE, Freedman DM, Fraser GE, Beane Freeman LE, Gapstur SM, Gaziano JM, Giles GG, Håkansson N, Hoppin JA, Hu FB, Koenig K, Linet MS, Park Y, Patel AV, Purdue MP, Schairer C, Sesso HD, Visvanathan K, White E, Wolk A, Zeleniuch-Jacquotte A, Hartge P. Association between class III obesity (BMI of 40-59 kg/m²) and mortality: a pooled analysis of 20 prospective studies. PLoS Med. 2014 Jul 8;11(7):e1001673. doi: 10.1371/journal.pmed.1001673. PMID: 25003901; PMCID: PMC4087039.

¹² Wilborn C, Beckham J, Campbell B, Harvey T, Galbreath M, La Bounty P, Nassar E, Wismann J, Kreider R. Obesity: prevalence, theories, medical consequences, management, and research directions. J Int Soc Sports Nutr. 2005 Dec 9;2(2):4-31. doi: 10.1186/1550-2783-2-2-4. PMID: 18500955; PMCID: PMC2129146.

¹³ Wolfgang Stroebe, Is the energy balance explanation of the obesity epidemic wrong?, Appetite, Volume 188, 2023, 106614, ISSN 0195-6663, <https://doi.org/10.1016/j.appet.2023.106614>.

¹⁴ Llewellyn CH, Kininmonth AR, Herle M, Nas Z, Smith AD, Carnell S, Fildes A. Behavioural susceptibility theory: the role of appetite in genetic susceptibility to obesity in early life. Philos Trans R Soc Lond B Biol Sci. 2023 Sep 11;378(1885):20220223. doi: 10.1098/rstb.2022.0223. Epub 2023 Jul 24. PMID: 37482774; PMCID: PMC10363697.

¹⁵ Westbury S, Oyebode O, van Rens T, Barber TM. Obesity Stigma: Causes, Consequences, and Potential Solutions. Curr Obes Rep. 2023 Mar;12(1):10-23. doi: 10.1007/s13679-023-00495-3. Epub 2023 Feb 14. PMID: 36781624; PMCID: PMC9985585.

¹⁶ *Ibid*.

¹⁷ Ard J, Huett-Garcia A, Bildner M. Tackling the complexity of obesity in the US through adaptation of public health strategies. Front Public Health. 2025 Apr 1;13:1477401. doi: 10.3389/fpubh.2025.1477401. PMID: 40236318; PMCID: PMC11996779.

- ¹⁸ Chamarthi VS, Daley SF. Comprehensive Behavioral Modification and Counseling Strategies for Obesity Management. [Updated 2025 Sep 1]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK618378/>.
- ¹⁹ Ibid.
- ²⁰ Celletti F, Farrar J, De Regil L. World Health Organization Guideline on the Use and Indications of Glucagon-Like Peptide-1 Therapies for the Treatment of Obesity in Adults. *JAMA*. Published online December 01, 2025. doi:10.1001/jama.2025.24288.
- ²¹ Gonzalez-Rellan MJ, Drucker DJ. The expanding benefits of GLP-1 medicines. *Cell Rep Med*. 2025 Jul 15;6(7):102214. doi: 10.1016/j.xcrm.2025.102214. PMID: 40669447; PMCID: PMC12281309.
- ²² Li Z, Han Z, Sun R, Xuan X, Huang C. Long-Term Efficacy Trajectories of GLP-1 Receptor Agonists: A Systematic Review and Network Meta-Analysis. *Diabetes Metab Syndr Obes*. 2025 Sep 23;18:3611-3624. doi: 10.2147/DMSO.S539822. PMID: 41019499; PMCID: PMC12476180.
- ²³ Ibid.
- ²⁴ Moiz A, Filion KB, Tsoukas MA, Yu OHY, Peters TM, Eisenberg MJ. The expanding role of GLP-1 receptor agonists: a narrative review of current evidence and future directions. *EClinicalMedicine*. 2025 Jul 17;86:103363. doi: 10.1016/j.eclinm.2025.103363. PMID: 40727007; PMCID: PMC12303005.
- ²⁵ Alexandr Ceasovschih, Andreea Asaftei, Maria Giovanna Lupo, Stanislav Kotlyarov, Hana Bartušková, Anastasia Balta, Victorita Sorodoc, Laurentiu Sorodoc, Maciej Banach, Glucagon-like peptide-1 receptor agonists and muscle mass effects, *Pharmacological Research*, Volume 220, 2025, 107927, ISSN 1043-6618, <https://doi.org/10.1016/j.phrs.2025.107927>.
- ²⁶ Pearson SD, Whaley CM, Emond SK. Affordable access to GLP-1 obesity medications: strategies to guide market action and policy solutions in the US. *J Comp Eff Res*. 2025 Sep;14(9):e250083. doi: 10.57264/ceer-2025-0083. Epub 2025 Jul 11. PMID: 40641455; PMCID: PMC12403326.
- ²⁷ Ibid.
- ²⁸ Barenbaum SR, Aras M. First-Generation Anti-Obesity Medications. *Diabetes Spectr*. 2024 Nov 15;37(4):296-302. doi: 10.2337/dsi24-0003. PMID: 39649696; PMCID: PMC11623038.
- ²⁹ Ibid.
- ³⁰ Melson, E., Ashraf, U., Papamargaritis, D. et al. What is the pipeline for future medications for obesity?. *Int J Obes* 49, 433–451 (2025). <https://doi.org/10.1038/s41366-024-01473-y>.
- ³¹ Ibid.
- ³² Chao AM, Gilden A, Wadden TA. Glucagon-like peptide-1 receptor agonists for obesity: Growing popularity met with growing questions over safety. *PLoS Med*. 2026 Jan 14;23(1):e1004871. doi: 10.1371/journal.pmed.1004871. PMID: 41533690; PMCID: PMC12803457.
- ³³ Lovelace Jr., Berkeley. Wegovy pill in high demand in weeks since launch, Novo Nordisk says. *Health News*. NBC News. 02/04/2026. <https://www.nbcnews.com/health/health-news/170000-people-us-are-taking-wegovy-pill-novo-nordisk-says-rcna257395>.
- ³⁴ Ibid.
- ³⁵ Ugwu H, Willis E, Pickett M. Electronic word-of-mouth and off-label use of Ozempic and other GLP-1 medications. *J Health Psychol*. 2026 Jan 28;13591053251409613. doi: 10.1177/13591053251409613. Epub ahead of print. PMID: 41604144.
- ³⁶ FDA clarifies policies for compounders as national GLP-1 supply begins to stabilize. U.S. Food & Drug Administration. 04/28/2025. <https://www.fda.gov/drugs/drug-safety-and-availability/fda-clarifies-policies-compounders-national-glp-1-supply-begins-stabilize#:~:text=%20For%20a%20state%20Dlicensed%20pharmacy%20or%20physician,from%20today's%20announcement%2C%20until%20May%2022%2C%202025>.
- ³⁷ FDA Warns 30 Telehealth Companies Against Illegal Marketing of Compounded GLP-1s. U.S. Food & Drug Administration. 03/03/2026. <https://www.fda.gov/news-events/press-announcements/fda-warns-30-telehealth-companies-against-illegal-marketing-compounded-glp-1s>.
- ³⁸ Jacobsen, Stine; Fick, Maggie. Novo Nordisk strikes deal for Hims to sell Wegovy and Ozempic, drops lawsuit. 03/09/2026. Reuters. <https://www.reuters.com/legal/litigation/novo-nordisk-strikes-deal-hims-sell-wegovy-ozempic-drops-lawsuit-2026-03-09/>.
- ³⁹ Aronne LJ, Sattar N, Horn DB, Bays HE, Wharton S, Lin WY, Ahmad NN, Zhang S, Liao R, Bunck MC, Jouravskaya I, Murphy MA; SURMOUNT-4 Investigators. Continued Treatment With Tirzepatide for Maintenance of Weight Reduction in Adults With Obesity: The SURMOUNT-4 Randomized Clinical Trial.

JAMA. 2024 Jan 2;331(1):38-48. doi: 10.1001/jama.2023.24945. PMID: 38078870; PMCID: PMC10714284.

⁴⁰ Gasoyan et al., Obesity. (2025) PMID: 41039650.

⁴¹ Ibid.

⁴² Rodriguez PJ, Zhang V, Gratzl S, et al. Discontinuation and Reinitiation of Dual-Labeled GLP-1 Receptor Agonists Among US Adults With Overweight or Obesity. JAMA Netw Open. 2025;8(1):e2457349. doi:10.1001/jamanetworkopen.2024.57349.

⁴³ Ibid.

⁴⁴ Elizabeth Williams, Robin Rudowitz, and Clea Bell. Medicaid Coverage of and Spending on GLP-1s. KFF. Published: 11/04/2024. <https://www.kff.org/medicaid/medicaid-coverage-of-and-spending-on-glp-1s/#:~:text=The%20FDA%20has%20approved%20three,only%20includes%20data%20through%202023.>

⁴⁵ 2025 Employer Health Benefits Survey. Published: 10/22/2025. KFF.

<https://files.kff.org/attachment/Employer-Health-Benefits-Survey-2025-Annual-Survey.pdf>.

⁴⁶ Lynne Cotter, Matthew Rae, Matthew McGough, Nirmita Panchal, Emma Wager, Cynthia Cox, Gary Claxton. Perspectives from employers on the costs and issues associated with covering GLP-1 agonists for weight loss. Peterson-KFF Health System Tracker. Published: 10/22/2025.

<https://www.healthsystemtracker.org/brief/perspectives-from-employers-on-the-costs-and-issues-associated-with-covering-glp-1-agonists-for-weight-loss/>.

⁴⁷ *Supra* 76.

⁴⁸ Chatlani, Shalina. States retreat from covering drugs for weight loss. Stateline. Published: 11/28/2025.

<https://stateline.org/2025/11/28/states-retreat-from-covering-drugs-for-weight-loss/#:~:text=Some%20states%20are%20rethinking%20their,who%20can%20qualify%20for%20it.>

⁴⁹ Ibid.

⁵⁰ Ibid.

⁵¹ Ibid.

⁵² Obesity Coverage Nexus GLP-1 Drugs Coverage (2025) LEVERAGE | AXIACI.

⁵³ Justin Lo, Cynthia Cox. Insurer strategies to control costs associated with weight loss drugs. Peterson-KFF Health System Tracker. Published: 06/12/2024. <https://www.healthsystemtracker.org/brief/insurer-strategies-to-control-costs-associated-with-weight-loss-drugs/>.

⁵⁴ Ibid.

⁵⁵ Ibid.

⁵⁶ Ibid.

⁵⁷ FDA Intends to Take Action Against Non-FDA-Approved GLP-1 Drugs. U.S. Food & Drug Administration. Press Announcement: Released 02/06/2026. Martin A Makary, M.D., M.P.H.

Commissioner of Food and Drugs - Food and Drug Administration. <https://www.fda.gov/news-events/press-announcements/fda-intends-take-action-against-non-fda-approved-glp-1-drugs#:~:text=Today%2C%20the%20U.S.%20Food%20and,associated%20public%20health%20concerns.>

⁵⁸ *Supra* 36.

⁵⁹ *Supra* 77.

⁶⁰ *Supra* 77.

⁶¹ *Supra* 77.

⁶² *Supra* 77.

⁶³ Faria GR. A brief history of bariatric surgery. Porto Biomed J. 2017 May-Jun;2(3):90-92. doi: 10.1016/j.pbj.2017.01.008. Epub 2017 Mar 6. PMID: 32258594; PMCID: PMC6806981.

⁶⁴ Ibid.

⁶⁵ Williams, Elizabeth. Medicaid Coverage of and Spending on GLP-1s. KFF. 01/16/2026.

<https://www.kff.org/medicaid/medicaid-coverage-of-and-spending-on-glp-1s/#:~:text=in%20recent%20years?-The%20number%20of%20Medicaid%20prescriptions%20and%20gross%20spending%20on%20GLP,they%20expected%20rebates%20to%20grow.>

⁶⁶ Cubanski, Juliette. Recent Trends in GLP-1 Use and Spending in Medicare. KFF. 01/30/2026.

<https://www.kff.org/medicare/recent-trends-in-glp-1-use-and-spending-in-medicare/#:~:text=Figure%20-Medicare%20Part%20D%20Gross%20Spending%20on%20GLP%20D1s%20Increased%20Five,Net%20Spe>

[nding%20is%20Much%20Lower&text=Note:%20*Other%20GLP%2D1s,%2C%20Saxenda%2C%20and%20generic%20liraglutide.](#)

⁶⁷ Ibid.

⁶⁸ Bollmeier SG, Griggs S. The Role of Pharmacy Benefit Managers and Skyrocketing Cost of Medications. *Mo Med*. 2024 Sep-Oct;121(5):403-409. PMID: 39421485; PMCID: PMC11482839.

⁶⁹ Meredith Freed, Juliette Cubanski, Elizabeth Williams, and Kaye Pestaina, What to Know About Pharmacy Benefit Managers (PBMs) and Federal Efforts at Regulation. KFF. 02/09/2026. <https://www.kff.org/other-health/what-to-know-about-pharmacy-benefit-managers-pbms-and-federal-efforts-at-regulation/>.

⁷⁰ Ibid.

⁷¹ Ibid.

⁷² Sarpatwari A, Soto MJ, Ganguli I, Sloan CE, Goss F, Sinaiko AD. Glucagon-Like Peptide-1 Receptor Agonist Order Fills and Out-of-Pocket Costs by Race, Ethnicity, and Indication. *JAMA Health Forum*. 2025;6(10):e254258. doi:10.1001/jamahealthforum.2025.4258.

⁷³ Gasoyan et al., *Diabetes Obes Metab*. (2024) PMID: 38287140.

⁷⁴ Ibid.

⁷⁵ Ibid.

⁷⁶ Ibid.

⁷⁷ Ibid.

⁷⁸ Ibid.

⁷⁹ Ibid.

⁸⁰ Ibid.

⁸¹ WHO guideline on the use of glucagon-like peptide-1 (GLP-1) therapies for the treatment of obesity in adults. Geneva: World Health Organization; 2025. Licence: CC BY-NC-SA 3.0 IGO.

⁸² The selection and use of essential medicines, 2025: WHO Model List of Essential Medicines, 24th list. Geneva: World Health Organization; 2025. <https://doi.org/10.2471/B09474>. Licence: CC BY-NC-SA 3.0 IGO.

⁸³ *Supra* 46.

⁸⁴ Delivering Most-Favored-Nation Prescription Drug Pricing to American Patients: Executive Orders. Presidential Actions: The White House. Published: 05/12/2025. <https://www.whitehouse.gov/presidential-actions/2025/05/delivering-most-favored-nation-prescription-drug-pricing-to-american-patients/>.

⁸⁵ Fact Sheet: President Donald J. Trump Announces Major Developments in Bringing Most-Favored-Nation Pricing to American Patients. Fact Sheets: The White House. Published: 11/06/2025. <https://www.whitehouse.gov/fact-sheets/2025/11/fact-sheet-president-donald-j-trump-announces-major-developments-in-bringing-most-favored-nation-pricing-to-american-patients/>.

⁸⁶ BALANCE (Better Approaches to Lifestyle and Nutrition for Comprehensive hEalth) Model: Innovation Models. Centers for Medicare & Medicaid Services. Page Last Modified: 12/29/2025. <https://www.cms.gov/priorities/innovation/innovation-models/balance>.

⁸⁷ Cubanski, Juliette. Understanding the Trump Administration's Negotiated Drug Prices for Medicare. KFF. 11/26/2026. <https://www.kff.org/quick-take/understanding-the-trump-administrations-negotiated-drug-prices-for-medicare/#:~:text=The%20Centers%20for%20Medicare%20&%20Medicaid.net%20prices%20to%20begin%20with>.

Appendix A
GLP-1 Obesity Medications Approved by the FDA

Drug	Effectiveness	FDA Approval Indication	Year Approved
<p>Liraglutide (Saxenda®)</p> <p>GLP-1 Receptor Agonist</p> <p>Daily subcutaneous injection</p>	<p>63% lost at least 5% reduction of body weight</p>	<p>Adjunct to a reduced-calorie diet and increased physical activity for chronic weight management in: 1) Adult patients with an initial body mass index (BMI) of</p> <ul style="list-style-type: none"> •30 kg/m² or greater (obese), or •27 kg/m² or greater (overweight) in the presence of at least one weight-related comorbid condition; 2) Pediatric patients aged 12 years and older with body weight above 60 kg and an initial BMI corresponding to 30 kg/m² for adults (obese) by international cut-offs 	<p>2014</p>
<p>Semaglutide (Wegovy®)</p> <p>GLP-1 Receptor Agonist</p> <p>Weekly subcutaneous injection</p>	<p>80% lost at least 5% reduction of body weight</p>	<p>GLP-1 receptor agonist indicated in combination with a reduced calorie diet and increased physical activity:</p> <ul style="list-style-type: none"> •to reduce the risk of major adverse cardiovascular events in adults with established cardiovascular disease and either obesity or overweight • to reduce excess body weight and maintain weight reduction long term in: 1) Adults and pediatric patients aged 12 years and older with obesity; 2) Adults with overweight in the presence of at least one weight-related comorbid condition 	<p>2021</p>
<p>Semaglutide (Wegovy®)</p> <p>GLP-1 Receptor Agonist</p> <p>Once-daily oral administration</p>	<p>76% lost at least 5% reduction of body weight</p>	<p>GLP-1 receptor agonist indicated in combination with a reduced calorie diet and increased physical activity:</p> <ul style="list-style-type: none"> • chronic weight management in adults with obesity (BMI ≥ 30) or overweight (BMI ≥ 27) with weight-related conditions; • reduced calorie diet/exercise to lower cardiovascular risk in adults with established heart disease and to treat MASH 	<p>2025</p>
<p>Tirzepatide (Zepbound®)</p> <p>Combined GLP-1/GIP Receptor Agonist</p>	<p>85% lost at least 5% reduction of body weight</p>	<p>GIP receptor and GLP-1 receptor agonist indicated as an adjunct to a reduced-calorie diet and increased physical activity for chronic weight management in indicated in combination with a reduced-calorie diet and increased physical activity:</p>	<p>2023</p>

Weekly subcutaneous injection		<ul style="list-style-type: none">• to reduce excess body weight and maintain weight reduction long term in adults with obesity or adults with overweight in the presence of at least one weight-related comorbid condition.• to treat moderate to severe obstructive sleep apnea (OSA) in adults with obesity.	
-------------------------------	--	--	--

Appendix B

Potential Strategies to Guide Market Action: Institute for Clinical and Economic Review (ICER) Report

- 1) Temporary Coverage Denial: Some purchasers and insurers have concluded that they do not have the budget flexibility to provide coverage for GLP-1s for treatment of obesity at current prices. Some purchasers believe that, within a year or two, providers will be more efficient and effective, more will be known about how to maintain long-term use of all AOMs, and competition may bring lower pricing.
 - a. Advantages: For purchasers with high employee turnover and limited resources, this perspective can provide a compelling argument for holding off on providing coverage until the landscape changes. Additionally, individuals may be able and willing to bear the cost of GLP-1 drugs outside of insurance, although much of that access was made possible through far less expensive, and less reliable, compounded versions.
 - b. Limitations: Clinical trials have demonstrated relatively rapid reductions in cardiac events among patients with existing cardiac conditions after treatment initiation and, therefore, temporary non-coverage may be untenable for those with serious medical conditions. Additionally, the broader societal goal of reducing disparities in access to effective treatments for obesity across socioeconomic and racial categories may make temporary non-coverage insupportable. Furthermore, there is an equity concern about requiring people with one medical condition to bear the financial burden alone when most costs of other conditions are covered by insurance.
- 2) Enhanced Prior Authorization and Formulary Management: For those seeking a more affordable and long-term way to provide coverage for expensive drugs, such as GLP-1s, purchasers and insurers may apply enhanced utilization and could include coverage criteria. Some coverage criteria included BMI and clinical comorbidities, additional clinical or genetic factors, and/or duration of coverage. Two additional formulary management options were suggested: covering only a single GLP-1 drug; or step therapy through earlier AOMs.
 - a. Advantages: Using more restrictive BMI and comorbidity thresholds for coverage can be seen as a principled, evidence-based approach to targeting coverage to those individuals at highest risk for short-term adverse events and who therefore stand to benefit most from treatment.
 - b. Limitations: Coverage criteria narrower than the FDA label language can be criticized by clinicians and patients as being inappropriately restrictive. For example, BMI, the main patient characteristic being used for limiting coverage eligibility, is an imperfect measure of obesity-related health risks. Additionally, data from clinical trials suggest that patients stopping GLP-1 treatment often regain much or all the weight lost. Furthermore, some patients who merit treatment will face delays or other barriers to effective care.
- 3) Network Management: Managing the network of clinical providers may improve results while controlling costs. Some options include - open prescribing with attendant tighter utilization management could allow all primary care providers to prescribe GLP-1 drugs as part of their practice, limiting prescribing by a curated expert network with lighter or no utilization management, or carve-out clinical care and prescribing to external weight loss management firms.
 - a. Advantages: Open prescribing maximizes access to the most effective obesity treatment, thereby reducing disparities in access across socioeconomic, racial, and other categories. In addition, integrating GLP-1 prescribing into primary care helps keep medication use coordinated across other clinical conditions, such as diabetes and

**Council on Medical Service Report 7-A-26
Private Insurance Coverage of Anti-Obesity Medications
Policy Appendix**

Advocacy Against Obesity-Related Bias by Insurance Providers H-440.801

1. Our American Medical Association will urge individual state delegations to directly advocate for their state insurance agencies and insurance providers in their jurisdiction to:
 - a. Revise their policies to ensure that bariatric surgery are covered for patients who meet the appropriate medical criteria.
 - b. Eliminate criteria that place unnecessary time-based mandates that are not clinically supported nor directed by the patient's medical provider.
 - c. Ensure that insurance policies in their states do not discriminate against potential metabolic surgery patients based on age, gender, race, ethnicity, socioeconomic status.
 - d. Advocate for the cost-effectiveness of all obesity treatment modalities in reducing healthcare costs and improving patient outcomes.
 - e. Reduce the prior authorization burden for the coverage of anti-obesity medications, to include not requiring a new prior authorization for every dose change.
 - f. Allow a patient's physician to prescribe anti-obesity medication and have it covered by insurance, without a requirement that patients must receive the prescription only from contracted disease management companies.
2. Our AMA will support and provide resources to state delegations in their efforts to advocate for the reduction of bias against patients that suffer from obesity for the actions listed.
(Res. 224, A-23; Appended: Res. 230, A-25)

Obesity as a Major Public Health Problem H-150.953

1. Our American Medical Association will urge physicians as well as managed care organizations and other third party payers to recognize obesity as a complex disorder involving appetite regulation and energy metabolism that is associated with a variety of comorbid conditions.
2. Our AMA will work with appropriate federal agencies, medical specialty societies, and public health organizations to educate physicians about the prevention and management of overweight and obesity in children and adults, including education in basic principles and practices of physical activity and nutrition counseling; such training should be included in undergraduate and graduate medical education and through accredited continuing medical education programs.
3. Our AMA will urge federal support of research to determine:
 - a. the causes and mechanisms of overweight and obesity, including biological, social, and epidemiological influences on weight gain, weight loss, and weight maintenance;
 - b. the long-term safety and efficacy of voluntary weight maintenance and weight loss practices and therapies, including surgery;
 - c. effective interventions to prevent obesity in children and adults; and
 - d. the effectiveness of weight loss counseling by physicians.
4. Our AMA will encourage national efforts to educate the public about the health risks of being overweight and obese and provide information about how to achieve and maintain a preferred healthy weight.
5. Our AMA will urge physicians to assess their patients for overweight and obesity during routine medical examinations and discuss with at-risk patients the health consequences of further weight gain; if treatment is indicated, physicians should encourage and facilitate weight maintenance or reduction efforts in their patients or refer them to a physician with special interest and expertise in the clinical management of obesity.

6. Our AMA will urge all physicians and patients to maintain a desired weight and prevent inappropriate weight gain.
7. Our AMA will encourage physicians to become knowledgeable of community resources and referral services that can assist with the management of overweight and obese patients.
8. Our AMA will urge the appropriate federal agencies to work with organized medicine and the health insurance industry to develop coding and payment mechanisms for the evaluation and management of obesity.
9. Our AMA will urge all payers to ensure coverage parity for evidence-based treatment of obesity, including FDA-approved medications without exclusions or additional carve-outs. (CSA Rep. 6, A-99; Reaffirmation A-09; Reaffirmed: CSAPH Rep. 1, A-09; Reaffirmation A-10; Reaffirmation I-10; Reaffirmation A-12; Reaffirmed in lieu of Res. 434, A-12; Reaffirmation A-13; Reaffirmed: CSAPH Rep. 3, A-13; Reaffirmation: A-19; Appended: Res. 806, I-23)

Prescription Medication Price Negotiation H-110.959

1. Our AMA supports efforts to ensure that patients have affordable access to medications.
2. Our AMA encourages all payers, both public and private, in efforts to establish a reasonable and affordable cap on patient out-of-pocket prescription drug spending in a manner that does not increase patient premiums.
3. Our AMA opposes drug payment methodologies that result in physician practices being paid at less than the cost of acquisition, inventory, storage, and administration of relevant drugs and other necessary related clinical services.
(CMS Rep. 06, A-25; Reaffirmed: CMS Rep. 04, I-25)

Cost of Prescription Drugs H-110.997

1. Our American Medical Association supports programs whose purpose is to contain the rising costs of prescription drugs, provided that the following criteria are satisfied:
 - a. physicians must have significant input into the development and maintenance of such programs;
 - b. such programs must encourage optimum prescribing practices and quality of care;
 - c. all patients must have access to all prescription drugs necessary to treat their illnesses;
 - d. physicians must have the freedom to prescribe the most appropriate drug(s) and method of delivery for the individual patient; and
 - e. such programs should promote an environment that will give pharmaceutical manufacturers the incentive for research and development of new and innovative prescription drugs.
2. Our AMA reaffirms the freedom of physicians to use either generic or brand name pharmaceuticals in prescribing drugs for their patients and encourages physicians to supplement medical judgments with cost considerations in making these choices.
3. Our AMA encourages physicians to stay informed about the availability and therapeutic efficacy of generic drugs and will assist physicians in this regard by regularly publishing a summary list of the patient expiration dates of widely used brand name (innovator) drugs and a list of the availability of generic drug products.
4. Our AMA encourages expanded third party coverage of prescription pharmaceuticals as cost effective and necessary medical therapies.
5. Our AMA will monitor the ongoing study by Tufts University of the cost of drug development and its relationship to drug pricing as well as other major research efforts in this area and keep the AMA House of Delegates informed about the findings of these studies.

6. Our AMA encourages physicians to consider prescribing the least expensive drug product (brand name or FDA A-rated generic).
7. Our AMA encourages all physicians to become familiar with the price in their community of the medications they prescribe and to consider this along with the therapeutic benefits of the medications they select for their patients.

(BOT Rep. O, A-90; Sub. Res. 126 and Sub. Res. 503, A-95; Reaffirmed: Res. 502, A-98; Reaffirmed: Res. 520, A-99; Reaffirmed: CMS Rep. 9, I-99; Reaffirmed: CMS Rep.3, I-00; Reaffirmed: Res. 707, I-02; Reaffirmation A-04; Reaffirmed: CMS Rep. 3, I-04; Reaffirmation A-06; Reaffirmed in lieu of Res. 814, I-09; Reaffirmed in lieu of Res. 201, I-11; Reaffirmed in lieu of: Res. 207, A-17; Reaffirmed: BOT Rep. 14, A-18; Reaffirmed: CMS Rep. 04, I-24)

Pharmaceutical Costs H-110.987

1. Our AMA encourages Federal Trade Commission (FTC) actions to limit anticompetitive behavior by pharmaceutical companies attempting to reduce competition from generic manufacturers through manipulation of patent protections and abuse of regulatory exclusivity incentives.
2. Our AMA encourages Congress, the FTC and the Department of Health and Human Services to monitor and evaluate the utilization and impact of controlled distribution channels for prescription pharmaceuticals on patient access and market competition.
3. Our AMA will monitor the impact of mergers and acquisitions in the pharmaceutical industry.
4. Our AMA will continue to monitor and support an appropriate balance between incentives based on appropriate safeguards for innovation on the one hand and efforts to reduce regulatory and statutory barriers to competition as part of the patent system.
5. Our AMA encourages prescription drug price and cost transparency among pharmaceutical companies, pharmacy benefit managers and health insurance companies.
6. Our AMA supports legislation to require generic drug manufacturers to pay an additional rebate to state Medicaid programs if the price of a generic drug rises faster than inflation.
7. Our AMA supports legislation to shorten the exclusivity period for biologics.
8. Our AMA will convene a task force of appropriate AMA Councils, state medical societies and national medical specialty societies to develop principles to guide advocacy and grassroots efforts aimed at addressing pharmaceutical costs and improving patient access and adherence to medically necessary prescription drug regimens.
9. Our AMA will generate an advocacy campaign to engage physicians and patients in local and national advocacy initiatives that bring attention to the rising price of prescription drugs and help to put forward solutions to make prescription drugs more affordable for all patients.
10. Our AMA supports:
 - a. drug price transparency legislation that requires pharmaceutical manufacturers to provide public notice before increasing the price of any drug (generic, brand, or specialty) by 10% or more each year or per course of treatment and provide justification for the price increase;
 - b. legislation that authorizes the Attorney General and/or the Federal Trade Commission to take legal action to address price gouging by pharmaceutical manufacturers and increase access to affordable drugs for patients; and
 - c. the expedited review of generic drug applications and prioritizing review of such applications when there is a drug shortage, no available comparable generic drug, or a price increase of 10% or more each year or per course of treatment.
11. Our AMA advocates for policies that prohibit price gouging on prescription medications when there are no justifiable factors or data to support the price increase.

12. Our AMA will provide assistance upon request to state medical associations in support of state legislative and regulatory efforts addressing drug price and cost transparency.
13. Our AMA supports legislation to shorten the exclusivity period for FDA pharmaceutical products where manufacturers engage in anti-competitive behaviors or unwarranted price escalations.
14. Our AMA supports legislation that limits Medicare annual drug price increases to the rate of inflation.

(CMS Rep. 2, I-15; Reaffirmed in lieu of: Res. 817, I-16; Appended: Res. 201, A-17; Reaffirmed in lieu of: Res. 207, A-17; Modified: Speakers Rep. 01, A-17; Appended: Alt. Res. 806, I-17; Reaffirmed: BOT Rep. 14, A-18; Appended: CMS Rep. 07, A-18; Appended: BOT Rep. 14, A-19; Reaffirmed: Res. 105, A-19; Appended: Res. 113, I-21; Reaffirmed in lieu of: Res. 810, I-22; Reaffirmed: Res. 801, I-23; Reaffirmed: Res. 801, I-23; Reaffirmed: CMS Rep. 04, I-24; Reaffirmed: CMS Rep. 06, A-25)

The Impact of Pharmacy Benefit Managers on Patients and Physicians D-110.987

1. Our AMA supports the active regulation of pharmacy benefit managers (PBMs) under state departments of insurance.
2. Our AMA will develop model state legislation addressing the state regulation of PBMs, which shall include provisions to maximize the number of PBMs under state regulatory oversight.
3. Our AMA supports requiring the application of manufacturer rebates and pharmacy price concessions, including direct and indirect remuneration (DIR) fees, to drug prices at the point-of-sale.
4. Our AMA supports efforts to ensure that PBMs are subject to state and federal laws that prevent discrimination against patients, including those related to discriminatory benefit design and mental health and substance use disorder parity.
5. Our AMA supports improved transparency of PBM operations, including disclosing:
 - Utilization information;
 - Rebate and discount information;
 - Financial incentive information;
 - Pharmacy and therapeutics (P&T) committee information, including records describing why a medication is chosen for or removed in the P&T committee's formulary, whether P&T committee members have a financial or other conflict of interest, and decisions related to tiering, prior authorization and step therapy;
 - Formulary information, specifically information as to whether certain drugs are preferred over others and patient cost-sharing responsibilities, made available to patients and to prescribers at the point-of-care in electronic health records;
 - Methodology and sources utilized to determine drug classification and multiple source generic pricing; and
 - Percentage of sole source contracts awarded annually.
6. Our AMA encourages increased transparency in how DIR fees are determined and calculated. (CMS Rep. 05, A-19; Reaffirmed: CMS Rep. 6, I-20; Reaffirmed: CSAPH Rep. 02, I-24; Reaffirmed: CMS Rep. 06, A-25; Reaffirmed: CMS Rep. 04, I-25)

Prescription Drug Prices and Medicare D-330.954

1. Our American Medical Association will support federal legislation which gives the Secretary of the Department of Health and Human Services the authority to negotiate contracts with manufacturers of covered Part D drugs.
2. Our AMA will work toward eliminating Medicare prohibition on drug price negotiation.

3. Our AMA will prioritize its support for the Centers for Medicare & Medicaid Services to negotiate pharmaceutical pricing for all applicable medications covered by CMS.
(Res. 211, A-04; Reaffirmation I-04; Reaffirmed in lieu of Res. 201, I-11; Appended: Res. 206, I-14; Reaffirmed: CMS Rep. 2, I-15; Appended: Res. 203, A-17; Reaffirmed: CMS Rep. 4, I-19; Reaffirmed: CMS Rep. 3, I-20; Reaffirmed: Res. 113, I-21; Reaffirmed: CMS Rep. 4, A-22; Reaffirmed in lieu of: Res. 810, I-22)

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 9-A-26

Subject: Nonprofit Status

Presented by: Betty Chu, MD, MBA, Chair

Referred to: Reference Committee G

1 Resolution 221, “Nonprofit Status,” was introduced by the New York delegation at the 2025
2 Interim Meeting and was referred. It asks the following:

3
4 RESOLVED, that our American Medical Association advocate that the granting and
5 maintenance of health care entities not-for-profit status be reassessed by both the state
6 legislature and the U.S. Congress.

7
8 Resolution 221-I-25 was referred largely due to concerns about vague language and the potential
9 for unintended consequences. The Reference Committee report noted that technical questions
10 regarding federal and state tax law should be considered to ensure that the American Medical
11 Association (AMA) does not advocate for an outcome with harmful consequences. This report
12 provides a review of the topic and recommendation to modify current AMA policy.

13 14 BACKGROUND

15
16 Nonprofit hospitals account for 58 percent of community hospitals in the United States and most of
17 these hospitals are part of a larger health system.¹ Tax-exempt nonprofit hospitals operate as
18 501(c)(3) organizations, which by definition must be organized and operated exclusively for
19 specific tax-exempt purposes and must have the following characteristics determined by the
20 Internal Revenue Service (IRS): 1) no part of their net earnings is allowed to benefit any private
21 shareholder or individual; 2) no substantial part of their activities can consist of carrying on
22 propaganda or otherwise attempting to influence legislation; and 3) the organization should not
23 participate or intervene in any political campaign on behalf of (or in opposition to) any candidate
24 for public office.²

25
26 Additional requirements were added following the passage of the Affordable Care Act and are
27 codified in Section 501(r) of the Internal Revenue Code. To retain 501(c)(3) tax-exempt status,
28 nonprofit entities must:

- 29 • Establish a financial assistance policy (FAP) that describes who is eligible for charity care,
30 the level of assistance provided, and how patients can apply. The FAP must be easily
31 accessible to patients and translated into the languages commonly spoken in the
32 community served by the hospital or health care organization.
- 33 • Cap charges to patients eligible for charity care based on fee-for-service Medicare rates,
34 Medicaid rates, and/or commercial plan rates.
- 35 • Conduct a community health needs assessment (CHNA) every three years and adopt an
36 implementation strategy to address those needs.

- 1 • Make reasonable efforts to determine if a patient is eligible for charity care before
 2 engaging in certain debt collection practices, including selling the patient’s debt to third
 3 parties, reporting the debt to credit agencies, and taking legal action to control a patient’s
 4 financial assets.³
 5

6 Furthermore, to qualify as a 501(c)(3) tax-exempt organization, a nonprofit hospital must
 7 demonstrate that it has provided benefits to a class of people that is broad enough to benefit the
 8 community and operate to serve a public rather than a private interest. The IRS requires a tax-
 9 exempt hospital to annually file Form 990 Schedule H to provide the public with information on its
 10 policies and activities and the community benefits that its facilities provide. Schedule H broadly
 11 categorizes community benefit spending as charity care, unreimbursed costs for providing services
 12 to patients insured by government programs (Medicare and Medicaid), subsidized health services,
 13 community health improvement services and community benefit operations, research, health
 14 professions education, and financial and in-kind contributions to community groups.⁴
 15

16 The IRS does not currently define specific types of services and activities that a hospital must
 17 undertake to qualify for a tax exemption. Instead, the IRS provides guidance on the types of
 18 activities that can demonstrate community benefits. IRS implementation of the Internal Revenue
 19 Code can give tax-exempt hospitals broad latitude to determine the nature and amount of
 20 community benefits they provide. Representatives from tax-exempt hospitals have shared that this
 21 provides needed flexibility in demonstrating community benefits. For example, a hospital located
 22 in a rural community may be the only hospital within hundreds of miles, making its existence the
 23 primary benefit to the community.⁵ However, that lack of clarity also creates a challenge for the
 24 IRS in administering tax law. For example, a hospital could, in theory, maintain a tax exemption by
 25 operating an emergency room open to all and accepting patients on Medicare and Medicaid, which
 26 are common among hospitals while spending little to no money on charity care or other community
 27 benefits. As a result, reporting is inconsistent on many community benefit factors. Several years
 28 ago, the Government Accountability Office recommended that the IRS update Form 990 to ensure
 29 that the information demonstrating which community benefits a hospital is providing is clear and
 30 easily understood by Congress and the public. While the IRS has made minor adjustments to the
 31 form, it continues to allow hospitals to describe their community benefits in narrative form.
 32 Additionally, according to IRS officials, hospitals with little to no community benefit expenses
 33 may warrant an audit; however, the IRS was unable to provide evidence that it conducted reviews
 34 specifically related to hospital’s community benefits.⁶
 35

36 Because there is no explicit definition of what constitutes a community benefit, policymakers and
 37 others can reach different conclusions on whether a nonprofit hospital meets the requirements to
 38 maintain tax-exempt status or fails to do so. According to one 2024 study, 24 percent of nonprofit
 39 hospitals received more tax benefits than they spent on community benefits, but noted that the
 40 characteristics and location of nonprofit hospitals influenced the provision and composition of
 41 community benefits.⁷ Some analyses on nonprofit hospital community benefits omit spending on
 42 Medicaid shortfall which can significantly impact the total amount of hospital-reported spending
 43 on community benefits. The IRS includes Medicaid shortfall as a community benefit on Form 990
 44 Schedule H; therefore, many hospitals continue to report this amount and include it in calculations
 45 on community benefit spending. However, the calculation of Medicaid shortfall may not be
 46 reported in a standardized manner. Shortfall could be calculated using a hospital’s charge master
 47 file, which may not accurately represent the actual cost of care.
 48

49 Conversely, the lack of an explicitly defined list of appropriate community benefit activities can
 50 provide flexibility for nonprofit hospitals to report activities and spending based on their individual
 51 communities’ needs or the focus of the hospital itself. For example, a nonprofit academic medical

1 center may report higher spending on medical education and research, while a children’s hospital
 2 may report higher spending on Medicaid shortfall due to serving many patients on Medicaid and/or
 3 the Children’s Health Insurance Program. Those advocating for more stringent guidelines from the
 4 IRS argue that the vague requirements allow for reporting of activities and spending that do not
 5 show clear community benefit. However, when interviewed, hospital executives argue that the lack
 6 of clarity leads many of their organizations to omit spending because they are not sure it would
 7 qualify under the IRS guidelines, which can result in underreporting on community impact.
 8 Examples of excluded spending include hiring local contractors, increasing supplier diversity, or
 9 building a new office or facility to improve health care access.⁸

10
 11 The estimated value of tax exemption for nonprofit hospitals is estimated to be \$28 billion, split
 12 between \$14.4 billion from exempted federal taxes and \$13.7 billion from exempted state and local
 13 taxes. According to KFF, the \$28 billion total estimated value of tax exemption exceeded the total
 14 estimated charity care costs of \$16 billion for nonprofit hospitals.⁹ Twenty-eight states mandate
 15 some form of reporting on community benefit spending by nonprofit hospitals, although this varies
 16 significantly from state to state and the impacts on spending and community health outcomes are
 17 mixed. While states with reporting requirements often saw increases in total spending on
 18 community benefits from nonprofit hospitals, there was less spending on charity care specifically,
 19 as spending was spread across several different categories. Nonprofit hospitals in states with
 20 reporting requirements spent 0.95 percent more on total community benefits (including Medicaid
 21 shortfall) than nonprofit hospitals in states without reporting requirements.¹⁰

22
 23 **AMA POLICY**

24
 25 [Council on Medical Service Report 1-I-24](#), Nonprofit Hospital Charity Care Policies, addressed a
 26 similar request to the one made in Resolution 221-I-25. CMS Report 1-I-24 generated [Policy H-](#)
 27 [155.954](#), which states that the AMA advocates: 1) that all nonprofit hospitals be required to screen
 28 patients for charity care eligibility and other financial assistance program eligibility prior to billing;
 29 2) to encourage debt collectors to ensure a patient has been screened for financial assistance
 30 eligibility before pursuing that patient for outstanding debt, provide an appeals process for those
 31 patients not screened previously or deemed ineligible, and require the hospital to reassume the debt
 32 account if an appeal is successful; 3) for the development of minimum standards for nonprofit
 33 hospital financial assistance eligibility programs which are publicly accessible; 4) for a
 34 standardized definition of what is considered a “community benefit” when evaluating community
 35 health improvement activities; 5) for the development of transparent, publicly available,
 36 standardized data set on community benefit including consideration of charity care-to-expense
 37 ratios; and 6) for governmental oversight of nonprofit hospitals and enforcement of federal and/or
 38 state guidelines and standards for community benefit requirements including the ability to enact
 39 penalties and/or loss of tax-exempt status.

40
 41 [Policy H-215.975](#) states that the AMA supports the concept that all hospitals be held to the same
 42 standards of care, community service, professional education and commitment to their respective
 43 communities.

44
 45 **DISCUSSION**

46
 47 The Council believes that nonprofit hospitals are not interchangeable, as each is part of a
 48 community with unique needs. For example, a large nonprofit health system that operates hospitals
 49 in multiple states is very different from a critical access hospital in a small rural town. While both
 50 are technically 501(c)(3) nonprofit hospitals, it should not be expected that these entities have the
 51 same resources to manage additional reporting requirements or other administrative burdens that

1 may result from increased scrutiny on maintaining tax-exempt status. Furthermore, as they likely
 2 serve distinct communities, they may have different interpretations of what constitutes a
 3 community benefit tailored to the needs of their respective communities. Some studies the Council
 4 reviewed questioned the inclusion of Medicaid shortfall as a category for community benefit
 5 spending. However, reimbursement for Medicaid shortfall can have a huge impact on small critical
 6 access hospitals, and in some cases may allow the hospital to stay open to provide care to a
 7 community that may not have access to another hospital nearby.

8
 9 The Reference Committee heard mixed, but largely negative testimony on Resolution 221-I-25 and
 10 recommended referral of this item due to concerns about vague language and the potential for
 11 unintended consequences. Reference Committee testimony on Resolution 221-I-25 cautioned that
 12 requiring new federal or state documentation mandates could divert limited resources from patient
 13 care to compliance activities, force safety-net institutions to consider reductions in force or service
 14 closures, and/or accelerate conversion or acquisition by for-profit or private equity-backed systems,
 15 leading to greater market consolidation and diminished local control. The Council agrees with this
 16 assessment and, thus, is not recommending a definition of what should be considered a community
 17 benefit. In addition to being beyond the scope of the AMA, it is a nuanced issue where more
 18 flexibility is likely beneficial, especially for smaller nonprofit hospitals that may have limited
 19 resources. Instead, the Council recommends advocating for consistency and transparency when
 20 defining these benefits to allow policymakers and the public to assess nonprofit hospital spending
 21 on community benefits more clearly.

22
 23 Physician employment by hospitals and health systems has been rising steadily in recent years. In
 24 2024, 47 percent of physicians were directly employed by a hospital, contracted directly with a
 25 hospital, or employed by a hospital-owned practice.¹¹ Given that physicians employed by hospitals
 26 or health systems comprise nearly one-half of the medical community, finding a balanced solution
 27 for addressing the level of community benefits provided by nonprofit hospitals is crucial. As the
 28 AMA represents all physicians, the Council does not want to unintentionally burden those
 29 employed by hospitals or health systems by placing additional mandates on their employers.
 30 However, the Council does understand the importance of holding nonprofit hospitals accountable
 31 for faithfully maintaining their tax-exempt status.

32
 33 Accordingly, the Council continues to support the recommendations in [CMS Report 1-I-24](#) and
 34 offers amendments to [Policy H-155.954](#), which are intended to clarify and strengthen the AMA's
 35 position on this issue. The amendments offered call for increased transparency and consistency in
 36 governmental oversight of nonprofit hospitals, so physicians and the public are better aware of
 37 efforts undertaken by nonprofit hospitals and health systems to improve the health of their
 38 communities and justify their tax-exempt status as 501(c)(3) organizations. In addition, the Council
 39 recommends adding a new clause that encourages nonprofit hospitals to share results from their
 40 federally-required CHNA, including progress that has been made since the previous assessment
 41 and areas in need of improvement. This recommendation aims to achieve transparency and
 42 consistency regarding benefits nonprofit hospitals provide their communities. It also provides an
 43 opportunity for nonprofit hospitals to work with other individuals and/or organizations in their
 44 community on projects where progress can be furthered. AMA policy supports efforts to reduce
 45 administrative burdens in health care; therefore, although the Council does not recommend
 46 increasing the level of mandated reporting by nonprofit hospitals on community benefit efforts, it
 47 does encourage nonprofit hospitals to share accomplishments within their communities, including
 48 but not limited to CHNA results.

1 RECOMMENDATIONS

2
3 The Council on Medical Service recommends that the following be adopted in lieu of Resolution
4 221-I-25 and the remainder of the report be filed.

- 5 1. That our American Medical Association amend Policy H-155.954 by addition and deletion
6 to read as follows:

7
8 NONPROFIT HOSPITAL ~~CHARITY CARE~~ POLICIES, H-155.954

- 9
10 1. Our American Medical Association (AMA) advocates that all nonprofit hospitals be
11 required to screen patients for charity care eligibility and other financial assistance
12 program eligibility prior to billing.
13 2. Our AMA advocates to encourage debt collectors to ensure a patient has been screened
14 for financial assistance eligibility before pursuing that patient for outstanding debt,
15 provide an appeals process for those patients not screened previously or deemed
16 ineligible, and require the hospital to reassume the debt account if an appeal is
17 successful.
18 3. Our AMA advocates for the development of minimum standards for nonprofit hospital
19 financial assistance eligibility programs which are publicly accessible.
20 4. Our AMA advocates for a standardized definition of what is considered a “community
21 benefit” when evaluating community health improvement activities and eligibility for
22 nonprofit status.
23 5. Our AMA advocates for the development of a transparent, publicly available,
24 standardized data sets and/or reports on nonprofit hospital community benefit
25 spending, including consideration of charity care-to-expense ratios.
26 6. Our AMA advocates for transparency and consistency regarding the expansion of
27 governmental oversight of nonprofit hospitals, and enforcement of federal and/or state
28 guidelines, and standards for community benefit requirements and reporting, including
29 the ability to enact penalties and/or loss of tax-exempt status.
30 7. Our AMA encourages nonprofit hospitals to publicly share the results from
31 assessments, such as the Community Health Needs Assessment (CHNA), including
32 progress that has been made since the previous assessment, as well as areas where
33 there is room for improvement. (Modify Current HOD Policy)

Fiscal Note: Minimal

REFERENCES

¹Godwin, J., Z. Levinson, Scott Hulver. KFF. The Estimated Value of Tax Exemption for Nonprofit Hospitals Was About \$28 Billion in 2020. March 14, 2023. <https://www.kff.org/health-costs/the-estimated-value-of-tax-exemption-for-nonprofit-hospitals-was-about-28-billion-in-2020/>

²IRS.gov. Exemption requirements – 501(c)(3) organizations. Accessed: February 10, 2026. <https://www.irs.gov/charities-non-profits/charitable-organizations/exemption-requirements-501c3-organizations>

³IRS.gov. Section 501(r) reporting. Accessed: February 10, 2026. <https://www.irs.gov/charities-non-profits/section-501r-reporting>

⁴Simmons, K. Nonprofit Hospitals’ Community Benefits Should Actually Benefit the Community: How IRS Reforms Can Improve the Provision of Community Benefits. Richmond Public Interest Law Review. Vol. 22, Issue 3. May 7, 2019. <https://scholarship.richmond.edu/cgi/viewcontent.cgi?article=1465&context=pilr>

⁵Conley, C. et al. Beyond community benefit: Unveiling hospitals’ comprehensive efforts to improve community health. Health Affairs Scholar. May 5, 2025.

<https://pmc.ncbi.nlm.nih.gov/articles/PMC12050685/pdf/qxaf062.pdf>

⁶United States Government Accountability Office. Testimony Before the Subcommittee on Oversight, Committee on Ways and Means, House of Representatives: IRS Oversight of Hospitals' Tax-Exempt Status. Statement of Jessica Lucas-Judy, Strategic Issues. April 26, 2023. <https://www.gao.gov/assets/gao-23-106777.pdf>

⁷Zare, H. and G. Anderson. Beyond the Bottom Line: Assessing Charity Care, Community Benefits, and Tax Exemptions in Nonprofit Hospitals. *Journal of Healthcare Management*. November 2024. <https://pubmed.ncbi.nlm.nih.gov/39792847/>

⁸*Supra*. Note 5.

⁹*Supra*. Note 1.

¹⁰Zare, H., C. Logan, G. F. Anderson. When States Mandate Hospital Community Benefit Reports, Provision Increases. *Journal of Healthcare Management*. 2023. <https://pmc.ncbi.nlm.nih.gov/articles/PMC9973432/pdf/jhema-68-083.pdf>

¹Kane, Carol K. Physician Practice Characteristics in 2024: Private Practices Account for Less Than Half of Physicians in Most Specialties. *AMA Policy Research Perspective*. 2025. <https://www.ama-assn.org/system/files/2024-prp-pp-characteristics.pdf>

**Council on Medical Service Report 9-A-26
Nonprofit Status
Policy Appendix**

Nonprofit Hospital Charity Care Policies, H-155.954

1. Our American Medical Association (AMA) advocates that all nonprofit hospitals be required to screen patients for charity care eligibility and other financial assistance program eligibility prior to billing.
2. Our AMA advocates to encourage debt collectors to ensure a patient has been screened for financial assistance eligibility before pursuing that patient for outstanding debt, provide an appeals process for those patients not screened previously or deemed ineligible, and require the hospital to reassume the debt account if an appeal is successful.
3. Our AMA advocates for the development of minimum standards for nonprofit hospital financial assistance eligibility programs which are publicly accessible.
4. Our AMA advocates for a standardized definition of what is considered a “community benefit” when evaluating community health improvement activities.
5. Our AMA advocates for the development of a transparent, publicly available, standardized data set on community benefit including consideration of charity care-to-expense ratios.
6. Our AMA advocates for the expansion of governmental oversight of nonprofit hospitals and enforcement of federal and/or state guidelines and standards for community benefit requirements including the ability to enact penalties and/or loss of tax-exempt status.

(CMS Rep. 01, I-24)

Uniform Standards for Not-For-Profit and For-Profit Hospitals, H-215.975

The AMA supports the concept that all hospitals be held to the same standards of care, community service, professional education and commitment to their respective communities.

(Res. 705, A-96; Reaffirmed: CMS Rep. 8, A-06; Reaffirmed: CMS Rep. 01, A-16)

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 701
(A-26)

Introduced by: Private Practice Physicians Section

Subject: The Crisis in the Availability of Primary Care: Halt the Required Participation of Small Practices in Value-Based Payment (VBP) Models

Referred to: Reference Committee G

1 Whereas, the COVID-19 pandemic revealed the strength of U.S. physicians' professionalism
2 and intrinsic motivation as physicians (and other healthcare professionals) learned rapidly and
3 did what needed to be done—no performance measures or financial incentives from value-
4 based programs (VBPs) were required to prompt their efforts; and

5
6 Whereas, VBP models risk undermining these strengths and our greatest resource for
7 improving care¹; and

8
9 Whereas, VBP model metric reporting and demoralizing score boosting tasks coupled with the
10 burden of an average of 7.3 hours in electronic health records per eight hours of scheduled
11 patients have led to a “burnout” epidemic among primary care clinicians^{2, 3, 4}; and

12
13 Whereas, the work of VBP programs was acknowledged by the Centers for Medicare &
14 Medicaid Services as they relieved physicians of reporting requirements “so the healthcare
15 delivery system can direct its time and resources toward caring for patients”⁵; and

16
17 Whereas, in 2024, compliance costs of the Merit-Based Incentive Payment System resulted in
18 penalties for 32 percent of small practices and 46 percent of solo practitioners⁶; and

19
20 Whereas, free medical education appears ineffective at encouraging students to pursue primary
21 care as evidenced by 2024 data showing U.S. medical school graduates filled only 35 percent of
22 categorical internal medicine residency positions and non-U.S. citizen international graduates
23 filled 30 percent⁷; and

24
25 Whereas, worrisomely, a 2023 Elsevier survey revealed that over half of U.S. medical students
26 envisioned their education as a stepping stone to careers outside direct patient care⁸; and

27
28 Whereas, the Pay Primary Care Providers Act, currently before the 119th Congress, seeks to
29 increase primary care physician reimbursement in hopes of bolstering primary care but also
30 seeks to move more physicians and patients into VBP arrangements (capitation); and

31
32 Whereas, these measures are not expected to save money and doubling down on VBP models
33 will exacerbate the exodus of physicians from primary care fields^{9,10}; and

34
35 Whereas, it is evident that relying on physician resilience, dedication, adjustments to VBP
36 programs, streamlining reporting requirements (Data-Driven Performance System proposed by
37 the AMA), team-based care, efforts to increase the number of students pursuing primary care,
38 optimizing technology, forthcoming advances promised by artificial intelligence, and even

1 increasing compensation for primary care physicians are insufficient to address the crisis in the
2 availability of primary care physicians; and

3
4 Whereas, ignoring this crisis will, ultimately, relegate our patients to a lower standard of care, as
5 numerous county and state health commissioners support independent practice by physician
6 assistants and nurse practitioners to alleviate the shortage of primary care physicians; and

7
8 Whereas, the consensus opinion is that the vast majority of VBP models have failed to reduce
9 healthcare expenditures or improve the quality of life meaningfully with considerable evidence
10 that they have resulted in the opposite—increasing costs and declining quality of care^{11,12,13,14};
11 and

12
13 Whereas, small independent practices (ten or fewer physicians) have 33 percent fewer
14 preventable hospital admissions and lower per-beneficiary spending than larger practices, thus
15 removing obstacles to their survival is an efficient way to lower costs and improve the quality of
16 care^{15,16,17}; therefore be it

17
18 RESOLVED, that our American Medical Association will advocate for the immediate
19 discontinuation of required participation in value-based programs (VBP) arrangements for
20 practices with ten or fewer physicians, regardless of practice revenue. (Directive to Take Action)

21
Fiscal Note: Minimal – less than \$5,000

Received:

REFERENCES

1. McWilliams, J.M. (2022). Pay for performance: When slogans overtake health policy. *JAMA*, Vol. 328, No. 21. December 6, 2022: <https://jamanetwork.com/journals/jama/article-abstract/2799177>. Accessed August 28, 2025.
2. The Commonwealth Fund. (2024). A poor prognosis: More than one-third of burned-out U.S. primary care physicians plan to stop seeing patients. December 6, 2024: <https://www.commonwealthfund.org/blog/2024/poor-prognosis-more-one-third-burned-out-us-primary-care-physicians-plan-stop-seeing>. Accessed August 28, 2025.
3. Holmgren, A.J., Sinsky, C.A., Rotenstein, L., & Apathy, N.C. (2024). National comparison of ambulatory physician electronic health record use across specialties. *Journal of General Internal Medicine*, Vol. 39, No. 14, pp. 2868-2870. <https://pubmed.ncbi.nlm.nih.gov/38980460/>. Accessed August 28, 2025.
4. Budd, J. (2023). Burnout related to electronic health record use in primary care. *Journal of Primary Care and Community Health*, Vol. 19, No. 14. <https://pmc.ncbi.nlm.nih.gov/articles/PMC10134123/>. Accessed August 28, 2025.
5. Centers for Medicare & Medicaid Services. (2020). *CMS announces relief for clinicians, providers, hospitals and facilities participating in quality reporting programs in response to COVID-19*. March 22, 2020: <https://www.cms.gov/newsroom/press-releases/cms-announces-relief-clinicians-providers-hospitals-and-facilities-participating-quality-reporting#:~:text=Today%2C%20the%20Centers%20for%20Medicare.fight%20against%20the%202019%20Novel>. Accessed August 28, 2025.
6. Madara, J.L. (2024). Statement letter to U.S. Senators Ron Wyden and Mike Crapo. American Medical Association. June 14, 2024: <https://searchf.ama-assn.org/letter/documentDownload?uri=/unstructured/binary/letter/LETTERS/lfjmt.zip/2024-6-14-AMA-Letter-to-Wyden-and-Crapo-SFC-re-WhitePaper-on-Chronic-Conditions-v2.pdf>. Accessed August 28, 2025.
7. Allen, J. (2024). What I've learned as a hospital medical director: The 2024 residency match. *National Resident Matching Program*. March 28, 2024: <https://hospitalmedicaldirector.com/the-2024-residency-match/>. Accessed August 28, 2025.
8. Elsevier. (2023). Clinician of the future 2023: Education edition. *Elsevier*. October, 2023: <https://www.elsevier.com/insights/clinician-of-the-future/education-edition>. Accessed August 28, 2025.
9. McWilliams, J.M. (2024). Physician payment reform in Medicare: Putting the pieces together. *Health Affairs Forefront*. October 9, 2024: <https://www.healthaffairs.org/content/forefront/physician-payment-reform-medicare-putting-pieces-together>. Accessed August 28, 2025.
10. Rooke-Ley, H., Song, Z. & Zhu, J.M. (2024). Value-based payment and vanishing small independent practices. *JAMA*, Vol. 332, No. 11. <https://jamanetwork.com/journals/jama/article-abstract/2822764>. Accessed August 28, 2025.
11. Gondi, S., Maddox, K.J., & Wadhwa, R.K. (2022). "REACHing" for equity—Moving from regressive toward progressive value-based payment. *The New England Journal of Medicine*; Vol. 387, No. 2. <https://www.nejm.org/doi/full/10.1056/NEJMp2204749>. Accessed August 28, 2025.
12. Congressional Budget Office. (2023). Federal budgetary effects of the activities of the Center for Medicare & Medicaid Innovation. September 28, 2023: <https://www.cbo.gov/publication/59274>. Accessed August 28, 2025.
13. The Commonwealth Fund. (2022). The impact of the payment and delivery system reforms of the Affordable Care Act. April 28, 2022: <https://www.commonwealthfund.org/publications/2022/apr/impact-payment-and-delivery-system-reforms-affordable-care-act>. Accessed August 28, 2025.

14. Li, X. & Evans, J.M. (2022). Incentivizing performance in health care: A rapid review, typology and qualitative study of unintended consequences. *BMC Health Services Research*; 22: 690. <https://pmc.ncbi.nlm.nih.gov/articles/PMC9128153/>. Accessed August 28, 2025.
15. Casalino, L.P. et al. (2014). Small primary care physician practices have low rates of preventable hospital admissions. *Health Affairs*, Vol. 22, No. 9. <https://www.healthaffairs.org/doi/10.1377/hlthaff.2014.0434>. Accessed August 28, 2025.
16. Casalino, L.P et al. (2018). Medical group characteristics and the cost and quality of care for Medicare beneficiaries. *Health Services Research*, 53: 6. <https://pmc.ncbi.nlm.nih.gov/articles/PMC6232442/>. Accessed August 28, 2025.
17. Kocher, B. (2016). How I was wrong about ObamaCare. *The Wall Street Journal*, July 31, 2016: <https://www.wsj.com/articles/i-was-wrong-about-obamacare-1469997311>. Accessed August 28, 2025.

RELEVANT AMA POLICY

Value-Based Insurance Design H-185.939

Our American Medical Association supports flexibility in the design and implementation of value-based insurance design (VBID) programs, consistent with the following principles:

- a. Value reflects the clinical benefit gained relative to the money spent. VBID explicitly considers the clinical benefit of a given service or treatment when determining cost-sharing structures or other benefit design elements.
- b. Practicing physicians must be actively involved in the development of VBID programs. VBID program design related to specific medical/surgical conditions must involve appropriate specialists.
- c. High-quality, evidence-based data must be used to support the development of any targeted benefit design. Treatments or services for which there is insufficient or inconclusive evidence about their clinical value should not be included in any targeted benefit design elements of a health plan.
- d. The methodology and criteria used to determine high- or low-value services or treatments must be transparent and easily accessible to physicians and patients.
- e. Coverage and cost-sharing policies must be transparent and easily accessible to physicians and patients. Educational materials should be made available to help patients and physicians understand the incentives and disincentives built into the plan design.
- f. VBID should not restrict access to patient care. Designs can use incentives and disincentives to target specific services or treatments, but should not otherwise limit patient care choices.
- g. Physicians retain the ultimate responsibility for directing the care of their patients. Plan designs that include higher cost-sharing or other disincentives to obtaining services designated as low-value must include an appeals process to enable patients to secure care recommended by their physicians, without incurring cost-sharing penalties.
- h. Plan sponsors should ensure adequate resource capabilities to ensure effective implementation and ongoing evaluation of the plan designs they choose. Procedures must be in place to ensure VBID coverage rules are updated in accordance with evolving evidence.
- i. VBID programs must be consistent with AMA Pay for Performance Principles and Guidelines (Policy H-450.947), and AMA policy on physician economic profiling and tiered, narrow or restricted networks (Policies H-450.941 and D-285.972).

Citation: CMS Rep. 2, A-13; Reaffirmed in lieu of: Res. 122, A-15; Reaffirmed in lieu of: Res. 121, A-16; Reaffirmed: CMS Rep. 05, I-16; Reaffirmed: I-16; Reaffirmed: Joint CMS/CSAPH Rep. 01, I-17; Reaffirmed: CMS Rep. 07, A-18; Reaffirmed: Joint CMS/CSAPH Rep. 01, I-18; Reaffirmed; CMS Rep. 06, A-19; Reaffirmed: BOT Rep. 14, A-23.

Opposed Replacement of the Merit-Based Incentive Payment System with the Voluntary Value Program D-395.998

1. Our AMA will oppose the replacement of the Merit-Based Incentive Payment System (MIPS) with the Voluntary Value Program (VVP) as currently defined.
2. Our AMA will study the criticisms of the Merit-Based Incentive Payment System (MIPS) program as offered by proponents of the VVP to determine where improvement in the MIPS program needs to be made.
3. Our AMA will continue its advocacy efforts to improve the MIPS program, specifically requesting: (a) true EHR data transparency, as the free flow of information is vital to the development of meaningful outcome measures; (b) safe harbor protections for entities providing clinical data for use in the MIPS program; (c) continued infrastructure support for smaller practices that find participation particularly burdensome; (d) adequate recognition of and adjustments for socioeconomic and demographic factors

that contribute to variation in patient outcomes as well as geographic variation; and (e) limiting public reporting of physician performance to those measures used for scoring in the MIPS program.

4. Our AMA will determine if population measures are appropriate and fair for measuring physician performance.

Citation: Res. 247, A-18; Reaffirmed: BOT Rep. 13, I-20

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 702
(A-26)

Introduced by: Pennsylvania

Subject: Physicians Who Do Not Practice in Hospital Setting

Referred to: Reference Committee G

1 Whereas, in order to address payment issues associated with unfair insurance panels, our AMA
2 created policy D-230.981 which states:

- 3
4 1. Our American Medical Association advocates for legislation, regulation, or other
5 interventions to prevent health insurers from threatening hospitals with payment cuts,
6 administrative fee imposition, network termination, or other negative financial policies, if
7 an out of network physician is involved in the treatment or care of a patient at that
8 hospital.
9 2. Our AMA will collaborate with specialty societies and state medical societies oppose
10 unfair and/or coercive business practices which undermine patient access and/or
11 physician practices.; and
12

13 Whereas, in response to this AMA policy some insurance payers in Pennsylvania adopted
14 insurance requirements of some other states, to require that their network physicians have
15 hospital privileges; and
16

17 Whereas, this imposes an unreasonable burden on physicians who do not work in
18 hospital settings; and
19

20 Whereas, when a hospital ceases operations, a physician credentialed only at that
21 hospital may lose their network status jeopardizing access to care for their patients; therefore be
22 it
23

24 RESOLVED, that our American Medical Association amend D-230-981 as follows:
25

- 26 1. Our American Medical Association advocates for legislation, regulation, or other
27 interventions to prevent health insurers from threatening hospitals with payment cuts,
28 administrative fee imposition, network termination, or other negative financial policies, if
29 an out of network physician is involved in the treatment or care of a patient at
30 that hospital.
31 2. Our AMA will collaborate with specialty societies and state medical societies oppose
32 unfair and/or coercive business practices which undermine patient access and/or
33 physician practices.
34 3. Our AMA advocate that hospital privileges not be a requirement for insurance network
35 participation.

36 (Modify Current HOD Policy)
37

Fiscal Note: Minimal – less than \$5,000

Received: 4/9/26

RELEVANT AMA POLICY

D-230.981 Oppose Unfair Hospital Privilege Decision Based on Insurance Plan Participation

1. Our American Medical Association advocates for legislation, regulation, or other interventions to prevent health insurers from threatening hospitals with payment cuts, administrative fee imposition, network termination, or other negative financial policies, if an out of network physician is involved in the treatment or care of a patient at that hospital.
2. Our AMA will collaborate with specialty societies and state medical societies oppose unfair and/or coercive business practices which undermine patient access and/or physician practices.

Res. 238, I-25

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 703
(A-26)

Introduced by: Obesity Medicine Association

Subject: Parity in Pricing for Anti-Obesity Medications

Referred to: Reference Committee G

1 Whereas, our American Medical Association recognizes obesity as a disease state with multiple
2 pathophysiological aspects requiring a range of interventions to advance obesity treatment and
3 prevention; and
4

5 Whereas, our AMA has elevated obesity to be one of its public health priorities, advocating for
6 the creation of a multidisciplinary federal task force to better recognize and treat obesity as a
7 chronic disease; and
8

9 Whereas, existing AMA policy (H-150.953) urges all payers to ensure coverage parity for
10 evidence-based treatment of obesity, including FDA-approved medications without exclusions
11 or additional carve-outs; and
12

13 Whereas, in spite of this policy, the majority of private insurers do not cover anti-obesity
14 medication treatments, and patients are accessing these treatments purchasing directly from
15 pharmaceutical manufacturers; and
16

17 Whereas, AMA policy (H-440.801) explicitly supports allowing a patient's established physician
18 to prescribe anti-obesity medication and have it covered by insurance, without requiring that
19 patients receive the prescription only from contracted disease management companies; and
20

21 Whereas, pharmaceutical manufacturers have recently agreed to sell GLP-1 anti-obesity
22 medications to telehealth companies at a reduced cost; and
23

24 Whereas, these discounted pricing structures threaten established doctor-patient relationships
25 by inappropriately incentivizing patients to abandon their regular physicians to pursue care with
26 telehealth companies solely to access lower medication prices; and
27

28 Whereas, obesity medicine practices are increasingly being driven out of business due to
29 patient diversion to closed networks by insurers, as well as patients seeking coverage through
30 med spas or by filling out online forms; and
31

32 Whereas, this diversion contradicts current AMA policy, which explicitly advocates for allowing a
33 patient's established physician to prescribe anti-obesity medication and have it covered by
34 insurance, without the requirement that patients must receive their prescription only from
35 contracted disease management companies; and
36

37 Whereas, offering preferential pricing for customers of online sales models further degrades the
38 ability of patients to receive continuous, comprehensive obesity care from their primary care or
39 established obesity medicine physician; therefore be it

40 RESOLVED, that our American Medical Association actively oppose preferential pricing
41 strategies by pharmaceutical manufacturers that offer discounted medications exclusively to
42 telehealth or online providers, as such practices undermine the established physician-patient
43 relationship and the continuity of care. (Directive to Take Action)
44

Fiscal Note: Moderate – between \$10,000 - \$50,000

Received: 4/13/26

REFERENCES

1. <https://www.reuters.com/business/healthcare-pharmaceuticals/novo-nordisk-launch-discounted-wegovy-subscriptions-self-pay-patients-us-2026-03-31/>, accessed April 13th, 2026.
2. <https://abcnews.com/GMA/Wellness/wegovy-sold-hims-ro-lifemd-reduced-price/story?id=121253313>, accessed April 13th, 2026.

RELEVANT AMA POLICY

Advocacy Against Obesity-Related Bias by Insurance Providers (H-440.801):

This policy supports allowing a patient's established physician to prescribe anti-obesity medications and have them covered by insurance, without requiring that patients receive the prescription exclusively from contracted disease management companies. (Res. 224, A-23; Appended: Res. 230, A-25)

Obesity as a Major Public Health Problem (H-150.953):

This policy urges all payers to ensure coverage parity for the evidence-based treatment of obesity, which includes FDA-approved medications without exclusions or additional carve-outs. (CSA Rep. 6, A-99; Reaffirmation A-09; Reaffirmed: CSAPH Rep. 1, A-09; Reaffirmation A-10; Reaffirmation I-10; Reaffirmation A-12; Reaffirmed in lieu of Res. 434, A-12; Reaffirmation A-13; Reaffirmed: CSAPH Rep. 3, A-13; Reaffirmation: A-19; Appended: Res. 806, I-23)

Recognition of Obesity as a Disease (H-440.842):

This policy formally establishes that the AMA recognizes obesity as a disease state with multiple pathophysiological aspects that require a range of interventions to advance treatment and prevention. (BOT Rep. 11, I-06; Reaffirmation A-13; Appended: Sub. Res. 111, A-14; Modified: Sub. Res. 811, I-14; Appended: Res. 201, A-18; BOT Action in response to referred for decision: Res. 415, A-22; Modified: Res. 818, I-22)

Recognizing and Taking Action in Response to the Obesity Crisis (D-440.980):

This directive elevates obesity to one of the AMA's primary public health priorities and advocates for a multidisciplinary federal task force to better recognize and treat obesity as a chronic disease. (Res. 405, A-03; Reaffirmation A-04; Reaffirmation A-07; Appended: Sub. Res. 315, A-15; Modified: CME Rep. 03, A-17; Modified - BOT Action in response to referred for decision: Res. 403, A-21; Appended: Res. 427, A-25)

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 704
(A-26)

Introduced by: Mississippi

Subject: Advocating Against Automatic Refill Requests

Referred to: Reference Committee G

1 Whereas, multiple studies show the tremendous financial and human resource burden imposed
2 upon physician practices by health insurance companies; and
3
4 Whereas, while filling medications is foundational to Prescription Drug Adherence (PDA), it does
5 not guarantee that a patient will take the medication as prescribed; and
6
7 Whereas, patients must have regular visits with physicians (as well as laboratory studies) in
8 order to safely continue medication orders; and
9
10 Whereas, non-patient-initiated refill requests are burdensome to the physician and often
11 unnecessary; and
12
13 Whereas, non-patient-initiated refill requests could cause physicians to errantly approve a
14 medication without an appropriate history, exam, and pertinent laboratory studies; therefore be it
15
16 RESOLVED, that our American Medical Association communicate effectively with large
17 pharmacy chains and conglomerates for the purpose of explaining the unnecessary
18 administrative burden of automatic, non-patient-initiated refill requests and petitioning them to
19 require all medication refill requests use a patient directed “opt-in” approach (Directive to Take
20 Action); and be it further
21
22 RESOLVED, that our AMA petition the Centers for Medicare and Medicaid Services to restrict
23 participating pharmacies from sending medication refill requests to physicians unless the patient
24 “opts-in” to using the refill request. (Directive to Take Action)
25

Fiscal Note: Modest – between \$5,000 - \$10,000

Received: 4/13/26

RELEVANT AMA POLICY

D-120.984 Streamlining the Process for Prescription Refills

Our American Medical Association will work with the American Pharmacists Association, the National Community Pharmacists Association, and the National Association of Chain Drug Stores to streamline the process for prescription refills in order to reduce administrative burdens on physicians and pharmacists and to improve patient safety. [Sub Res. 522, A-03 Reaffirmed: BOT Rep. 8, A-11 Reaffirmed: CSAPH Rep. 1, A-21]

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 705
(A-26)

Introduced by: American Academy of Family Physicians

Subject: Recognizing Physicians as Sexual Assault Forensic Examiners

Referred to: Reference Committee G

1 Whereas, there is a national shortage in Sexual Assault Forensic Examiners, resulting in delays
2 in care for sexual assault survivors¹; and

3
4 Whereas, rural areas and tribal communities have the largest gap in sexual assault examiner
5 coverage^{2,3}; and

6
7 Whereas, the standard of care as listed in the Department of Justice's "A National Protocol for
8 Sexual Assault Medical Forensic Examinations Adults/Adolescents" Third Edition (2024) states:
9 "Clinicians, in the context of the medical forensic examination, may be registered nurses,
10 advanced practice nurses, physician assistants or physicians, depending on factors such as
11 local protocols, support for specialized clinical programs, and available education."⁴; and

12
13 Whereas, the American College of Emergency Physicians' 2022 Model of the Clinical Practice
14 of Emergency Medicine includes "Sexual assault examination" within the section Procedures
15 And Skills Integral To The Practice Of Emergency Medicine⁵; and

16
17 Whereas, physicians, including family medicine physicians, emergency medicine physicians,
18 and pediatricians are part of the workforce that comprises Sexual Assault Medical Forensic
19 Examiners; therefore be it

20
21 RESOLVED, that our American Medical Association Policy H-80.999 "Sexual Assault Survivors"
22 be amended from "Our AMA will advocate for increased patient access to Sexual Assault Nurse
23 Examiners, and other trained and qualified clinicians, in the emergency department for medical
24 forensic examinations." to "Our AMA will advocate for increased patient access to Sexual
25 Assault Forensic Examiners in the emergency department for medical forensic examinations,"
26 (Modify Current HOD Policy); and be it further

27
28 RESOLVED, that our AMA Policy H-80.999 be amended from "Our AMA supports the
29 implementation of a national database of Sexual Assault Nurse Examiner and Sexual Assault
30 Forensic Examiner providers." to "Our AMA supports the implementation of a national database
31 of Sexual Assault Medical Forensic Examiners." (Modify Current HOD Policy)

32
Fiscal Note: Minimal – less than \$5,000

Received: 4/14/26

REFERENCES

1. <https://www.fox32chicago.com/news/illinois-taking-action-sexual-assault-survivors-face-er-delays>
2. <https://www.fox10phoenix.com/news/national-shortage-sexual-assault-nurse-examiners-impacting-cases>
3. https://www.wpsdlocal6.com/health/kentucky-faces-sexual-assault-nurse-examiner-shortage-impacting-rural-communities/article_f871bac5-5abb-451e-b9d9-7e202995de24.html
4. A National Protocol for Sexual Assault Medical Forensic Examinations Adults/Adolescents Third Edition U.S. Department of Justice Office on Violence Against Women, September 2024, <https://www.justice.gov/ovw/media/1367191/dl?inline>
5. Beeson MS, Bhat R, Broder JS, et al. The 2022 Model of the Clinical Practice of Emergency Medicine. J Emerg Med. 2023;64(6):659-695. doi:10.1016/j.jemermed.2023.02.016

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 706
(A-26)

Introduced by: New York

Subject: Discharge Summaries from Skilled Nursing Facilities

Referred to: Reference Committee G

1 Whereas, when patients transition between different settings, i.e. community to hospital,
2 hospital to skilled nursing facility (SNF), and SNF to community, the quality of care and patient
3 safety can be compromised due to high rates of medication errors, incomplete/inaccurate
4 information transfer, and lack of follow-up care (1,2,3,4,5,6), and
5

6 Whereas, published recommendations for optimization of transitions of care including a 2016
7 best practice consensus from SGIM-AMDA-AGS (7) includes a recommendation that SNFs
8 transmit a formal discharge summary to the patient's outpatient PCP within 72 hours of patient
9 discharge from SNF; and
10

11 Whereas, the Centers for Medicare and Medicaid Services (CMS) has issued a policy regulation
12 (8) in 2017 requiring SNFs to create a discharge summary that includes but is not limited to a
13 recapitulation of the resident's stay that includes, but is not limited to, diagnoses, course of
14 illness/treatment or therapy, medications/ Medication Reconciliation and pertinent lab, radiology,
15 and consultation results, to improve follow-up care; therefore be it
16

17 RESOLVED, that our American Medical Association educate their members as to Centers for
18 Medicare and Medicaid Services (CMS) Policy (8) regarding skilled nursing facilities' (SNF)
19 responsibility to create and timely deliver a comprehensive patient discharge summary to a
20 patient's outpatient primary care physician (PCP). (Directive to Take Action)
21

Fiscal Note: Minimal – less than \$5,000

Received: 4/14/26

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 707
(A-26)

Introduced by: New York

Subject: Malpractice Insurance for Employed Physicians

Referred to: Reference Committee G

1 Whereas, an increasing percentage of physicians are employed by a variety of corporate
2 structures; and

3
4 Whereas, employers often select “claims-made” malpractice insurance policies to reduce
5 expenses; and

6
7 Whereas, the gold standard for malpractice coverage is an “occurrence” policy, which provide
8 coverage for any incident that occurs during the policy period, regardless of when the claim is
9 filed; and

10
11 Whereas, a claims-made policy requires the purchase of a costly “tail” policy after leaving
12 employment to maintain coverage for prior acts, and the cost of this tail coverage may be
13 prohibitive; therefore be it

14
15 RESOLVED, that our American Medical Association support a requirement for employers to
16 purchase only occurrence malpractice insurance policies for their employed physicians, fellows
17 and residents. (New HOD Policy)

18
Fiscal Note: Minimal – less than \$5,000

Received: 4/14/26

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 708
(A-26)

Introduced by: New York

Subject: Oppose Imposition of Fees on Physicians for Electronic Payment Transfers

Referred to: Reference Committee G

1 Whereas, AMA Advocacy has on multiple occasions asked for halfway measures, and instead
2 of asking to ban VCC (virtual credit cards) on ERA transactions, it has asked for “further study at
3 an NCVHS meeting”; and
4

5 Whereas, AMA advocacy, well aware that CMS “Guidance” does not carry the weight of law as
6 has been pointed out to it on numerous occasions at the AMA PPS meeting and AMA
7 meetings, has asked CMS recently for more of the same, well aware that another Guidance will
8 provide zero benefit to physicians; and
9

10 Whereas, “Guidance” issued by federal agencies does not carry the weight of law and is “non-
11 enforceable, which is well-known to any attorney vaguely familiar with the Administrative Law
12 (and it states so on the bottom of every Guidance issued by CMS), however despite that being
13 pointed out the AMA Advocacy, the AMA persists in asking CMS to do what is illegal: enforce a
14 non-enforceable “Guidance” in June 10, 2025 letter to CMS, instead of asking CMS for what is
15 really needed, a legally sound regulation issued in an APA (Administrative procedure act
16 compliant manner with 60 day notice and comment period; and
17

18 Whereas, AMA Advocacy adopted the talking points of Visa, MasterCard, Zelis, and UHC that
19 “virtual credit cards” are legal, whereas there is no legal basis for such assertion, as they have
20 never been adopted or proposed to be adopted under an APA-compliant process; therefore be it
21

22 RESOLVED, that our American Medical Association asks Centers for Medicare & Medicaid
23 Services (CMS) to issue a legally-binding rules compliant with the Administrative Procedure Act
24 with a notice and comment period preventing the use of virtual credit cards or imposition of
25 electronic funds transfer (EFT) fees, or any fees on Health Insurance Portability and
26 Accountability Act (HIPAA) standard electronic transactions. (Directive to Take Action)

Fiscal Note: Modest – between \$5,000 - \$10,000

Received: 4/14/26

REFERENCES

1. <https://searchf.ama-assn.org/letter/documentDownload?uri=/unstructured/binary/letter/LETTERS/lfa.zip/2025-6-10-Letter-to-Oz-re-CMS-Deregulation-RFI-v2.pdf>
2. <https://searchf.ama-assn.org/letter/documentDownload?uri=/unstructured/binary/letter/LETTERS/lfh.zip/2025-7-10-Letter-to-Kennedy-re-HHS-RFI-on-Deregulation-v3.pdf>

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 709
(A-26)

Introduced by: New York

Subject: Requiring Transparency and Accountability When Insurers and Third-Party Administrators Require Utilization Review, Thereby Practicing Medicine

Referred to: Reference Committee G

1 Whereas, health plans require preauthorization for certain tests, procedures, consultations,
2 treatments, and medications, and such determinations may affect patient diagnosis, treatment,
3 and outcomes; and
4

5 Whereas, physicians requesting preauthorization are required to identify themselves to
6 insurance utilization review entities, including providing their National Provider Identifier (NPI);
7 and
8

9 Whereas, under the Health Insurance Portability and Accountability Act (HIPAA), physicians
10 must verify the identity and authority of individuals requesting access to a patient's protected
11 health information when those individuals are not already known to them; and
12

13 Whereas, utilization review and peer-to-peer review processes may involve physicians making
14 determinations that directly affect patient care, yet in some instances such reviewers do not
15 disclose their identity to the requesting physician; therefore be it
16

17 RESOLVED, that our American Medical Association seek legislation and/or regulation regarding
18 insurance company utilization reviewers to require the person charged with authorization
19 decisions to provide their full name, specialty and National Provider Identifier (NPI), in order to
20 maintain transparency, fulfill the requirements of the Health Insurance Portability and Privacy
21 Act (HIPAA), and allow for accountability should the decision be called into question (Directive
22 to Take Action); and be it further
23

24 RESOLVED, that our American Medical Association seek legislation and/or regulation regarding
25 utilization review so that the reviewing physician be licensed in New York State and therefore,
26 accountable to New York State authorities for the consequences of these clinically important
27 decisions (Directive to Take Action); and be it further
28

29 RESOLVED, that our American Medical Association amend their Policy H-285-939, subsection
30 (2) to amended to read as follows:
31

32 That medical directors of insurance entities be held accountable and liable for medical decisions
33 regarding contractually covered medical services including prior authorizations.
34

35 (2) that medical directors of insurance entities be held accountable and liable for medical
36 decisions regarding contractually covered medical services; and (3) that our AMA continue to
37 undertake federal and state legislative and regulatory measures necessary to bring about this
38 accountability.

39 (Modify Current HOD Policy)

Fiscal Note: Moderate – between \$10,000 - \$50,000

Received: 4/14/26

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 710
(A-26)

Introduced by: American Society for Metabolic and Bariatric Surgery, Society of American Gastrointestinal and Endoscopic Surgeons, Obesity Medical Association, American Academy of Sleep Medicine, American Association of Clinical Endocrinology, Medical Student Section

Subject: Parity in Access to Evidence-Based Obesity Treatment

Referred to: Reference Committee G

1 Whereas, the American Medical Association recognized obesity as a disease state with multiple
2 pathophysiological aspects in 2013 (H-440.842) and elevated obesity as a top-tier public health
3 priority in 2025 (D-440.980); and
4

5 Whereas, the prevalence of obesity among adults in the United States has risen from 30.5% in
6 1999–2000¹ to 41.9% in 2017–2020², and current estimates exceed 42%, with severe obesity
7 (BMI ≥40) affecting approximately 9.7% of the adult population³; and
8

9 Whereas, the prevalence of obesity among children and adolescents in the United States is
10 approximately 19.7%⁴, having tripled since 1980, and affected youth face increased lifetime risk
11 of type 2 diabetes, cardiovascular disease, and psychosocial harm, yet pediatric obesity
12 treatment faces many of the same coverage barriers as adult treatment; and
13

14 Whereas, obesity is a root cause of more than 200 comorbid conditions⁵ including type 2
15 diabetes, cardiovascular disease, certain cancers, obstructive sleep apnea, and nonalcoholic
16 fatty liver disease, and is estimated to contribute to approximately 300,000 excess and
17 premature deaths annually in the United States⁶; and
18

19 Whereas, the annual economic cost of obesity in the United States is estimated to exceed \$260
20 billion in direct medical costs and lost productivity⁷, representing a significant burden on the
21 healthcare system, employers, and patients; and
22

23 Whereas, despite the AMA's recognition of obesity as a chronic disease more than a decade
24 ago, a systematic and pervasive failure of payers to provide equitable coverage for evidence-
25 based obesity treatments persists⁸, creating a treatment access crisis unlike that faced by
26 patients with any other AMA-recognized chronic disease; and
27

28 Whereas, Medicare Part D has historically excluded coverage of anti-obesity medications under
29 Section 1927(d)(2) of the Social Security Act, and while a proposed CMS reinterpretation and a
30 CMMI pilot program announced in 2025 represent incremental progress⁹, no statutory fix has
31 been enacted and millions of Medicare beneficiaries remain without reliable access to FDA-
32 approved anti-obesity medications; and
33

34 Whereas, only approximately 25 states have implemented some form of taxpayer-funded
35 coverage for anti-obesity medications¹⁰, and coverage in the ACA individual and small-group
36 marketplace remains virtually nonexistent, with fewer than 1% of plans covering GLP-1 receptor
37 agonists for weight management as of 2024¹¹; and

1 Whereas, utilization of anti-obesity medications among eligible individuals is estimated at only
2 0.5% overall and 0.27% among individuals from historically underserved populations⁸,
3 demonstrating a significant access gap that disproportionately affects communities of color,
4 rural populations, and those with lower socioeconomic status; and
5

6 Whereas, bariatric and metabolic surgery remains severely underutilized, with fewer than 1% of
7 eligible patients receiving surgery¹², due in part to burdensome prior authorization requirements
8 and exclusionary insurance plan design; and
9

10 Whereas, a 2024 AMA survey found that 93% of physicians reported that prior authorization
11 delays patients' access to necessary care¹³, with practices completing an average of 39 prior
12 authorization requests per physician per week, imposing a particularly acute burden in the
13 treatment of obesity; and
14

15 Whereas, some insurers terminate coverage of obesity treatments when a patient's BMI
16 improves below a threshold, which is clinically analogous to discontinuing insulin when
17 hemoglobin A1c normalizes and fundamentally contradicts the AMA's recognition of obesity as
18 a chronic disease requiring ongoing management¹⁴; and
19

20 Whereas, no other chronic disease recognized by the AMA, including hypertension, type 2
21 diabetes, or hyperlipidemia, is subject to comparable systematic exclusion from insurance
22 coverage or to the requirement that patients demonstrate failure of lifestyle modification before
23 receiving pharmacologic or procedural treatment¹⁵; and
24

25 Whereas, the continued rise in obesity prevalence since 2013, combined with persistently low
26 utilization of evidence-based treatments across all modalities, indicates that existing policy has
27 not yet achieved the systemic changes necessary to close the gap between the AMA's
28 recognition of obesity as a chronic disease and equitable patient access to treatment; therefore
29 be it
30

31 RESOLVED, that our American Medical Association promote policies and recommend to all
32 public and private health insurance plans to provide coverage parity for evidence-based obesity
33 treatments, including chronic weight management medications, bariatric and metabolic surgery,
34 intensive behavioral therapy, dietary counseling and medical nutrition therapy, equivalent to
35 coverage provided for other chronic diseases such as type 2 diabetes and cardiovascular
36 disease, without exclusionary carve-outs, annual or lifetime caps specific to obesity, or "fail
37 first"/step therapy requirements not applied to comparable chronic conditions (New HOD
38 Policy); and be it further
39

40 RESOLVED, that our AMA advocate for federal legislation to permanently repeal the Medicare
41 Part D statutory exclusion of anti-obesity medications (Section 1927(d)(2) of the Social Security
42 Act), and further advocate that all state Medicaid programs be required to include FDA-
43 approved anti-obesity medications on their formularies as a condition of federal matching funds
44 (Directive to Take Action); and be it further
45

46 RESOLVED, that our AMA oppose as discriminatory any insurance practice that terminates,
47 reduces, or restricts coverage for evidence-based obesity treatment on insurer-defined weight
48 loss targets, body mass index (BMI) thresholds, or other arbitrary metrics that are not aligned
49 with individualized, evidence-based clinical decision-making as well as advocate for federal and
50 state regulation prohibiting such practices (New HOD Policy); and be it further

1 RESOLVED, that our AMA oppose, in the absence of supporting clinical evidence, any
2 mandatory supervised weight loss period as a prerequisite for bariatric or metabolic surgery
3 coverage, and advocate for the elimination of such requirements at the federal and state level.
4 (New HOD Policy)
5

Fiscal Note: Modest – between \$5,000 - \$10,000

Received: 4/15/26

REFERENCES:

1. Flegal KM, Carroll MD, Ogden CL, Johnson CL. Prevalence and Trends in Obesity Among US Adults, 1999–2000. *JAMA*. 2002;288(14):1723–1727. doi:10.1001/jama.288.14.1723
2. CDC. Adult Obesity Facts. Division of Nutrition, Physical Activity, and Obesity. Updated March 2025. Available at: <https://www.cdc.gov/obesity/adult-obesity-facts/index.html>
3. Emmerich SD, Fryar CD, Stierman B, Ogden CL. Obesity and Severe Obesity Prevalence in Adults: United States, August 2021–August 2023. *NCHS Data Brief No. 508*. September 2024. Available at: <https://www.cdc.gov/nchs/products/databriefs/db508.htm>
4. Stierman B, Afful J, Carroll MD, et al. [National Health and Nutrition Examination Survey 2017–March 2020 prepandemic data files development of files and prevalence estimates for selected health outcomes](#). *Natl Health Stat Report*. 2021;158
5. GW Stop Obesity Alliance. The Economic Impact of Obesity. George Washington University Milken Institute School of Public Health. 2023. Available at: <https://stop.publichealth.gwu.edu/LFD-oct23>
6. Allison DB, Fontaine KR, Manson JE, Stevens J, Van Itallie TB. Annual Deaths Attributable to Obesity in the United States. *JAMA*. 1999;282(16):1530–1538. doi:10.1001/jama.282.16.1530
7. Oliveira ML, Santos RD, Kitzman HE, et al. Costs of Obesity, Obesity-Related Complications, and Weight Loss in the United States: A Systematic Literature Review. *J Manag Care Spec Pharm*. 2025;31(3). doi:10.18553/jmcp.2025.25051
8. Gasoyan H, Tajeu GS, Sarwer DB. Addressing Insurance-Related Barriers to Novel Anti-Obesity Medications: Lessons to Be Learned from Bariatric Surgery. *Obesity (Silver Spring)*. 2023;31(1):18–21. doi:10.1002/oby.23589. PMID: 36513584
9. Obesity Medicine Association. OMA Applauds Plan to Cover Obesity Medications Under Medicare and Medicaid. August 1, 2025. Available at: <https://obesitymedicine.org/blog/oma-applauds-plan-to-cover-obesity-medications-under-medicare-and-medicaid/>
10. Pharmacy Times. States Push Forward on Insurance Mandates for GLP-1 and Obesity Treatments. March 2025. Available at: <https://www.pharmacytimes.com/view/states-push-forward-on-insurance-mandates-for-glp-1-and-obesity-treatments>
11. Congressional Budget Office. How Would Authorizing Medicare to Cover Anti-Obesity Medications Affect the Federal Budget? October 2024. Available at: <https://www.cbo.gov/publication/60816>
12. Campos GM, Khoraki J, Browning MG, Pessoa BM, Mazzini GS, Wolfe L. Changes in Utilization of Bariatric Surgery in the United States from 1993 to 2016. *Ann Surg*. 2020;271(2):201–209
13. American Medical Association. 2024 AMA Prior Authorization Physician Survey. 2024. Available at: <https://www.ama-assn.org/system/files/prior-authorization-survey.pdf>
14. Medscape. Insurance Barriers to Obesity Care: Physicians Navigate Complex Prior Authorization Process. May 6, 2025. Available at: <https://www.medscape.com/viewarticle/insurance-barriers-obesity-care-physicians-navigate-complex-2025a1000awp>
15. Kaplan LM, Golden A, Jinnett K, et al. Perceptions of Barriers to Effective Obesity Care: Results from the National ACTION Study. *Obesity (Silver Spring)*. 2018;26(1):61–69. doi:10.1002/oby.22054.

RELEVANT AMA POLICY

H-440.842 Recognition of Obesity as a Disease H-440.842

Our American Medical Association recognizes obesity as a disease state with multiple pathophysiological aspects requiring a range of interventions to advance obesity treatment and prevention.

Res. 420, A-13, Reaffirmed: CSAPH Rep. 08, A-23

D-440.980 Recognizing and Taking Action in Response to the Obesity Crisis

1. Our American Medical Association will advocate for the creation of a multidisciplinary federal task force, including representation from the medical profession, to review the public health impact of obesity and recommend measures to:
 - a. Better recognize and treat obesity as a chronic disease.
 - b. Confront the epidemic of obesity and its root causes, particularly among populations with disproportionately high incidence.

2. Our AMA will actively pursue, in collaboration and coordination with programs and activities of appropriate agencies and organizations, the creation of a "National Obesity Awareness Month".
3. Our AMA will strongly encourage through a media campaign the re-establishment of meaningful physical education programs in primary and secondary education as well as family-oriented education programs on obesity prevention.
4. Our AMA will promote the inclusion of education on obesity prevention and the medical complications of obesity in medical school and appropriate residency curricula.
5. Our AMA will make Council on Medical Education Report 3, A-17, Obesity Education, available on the AMA website for use by medical students, residents, teaching faculty, and practicing physicians.
6. Our AMA elevates obesity to be one of its public health priorities.

Res. 405, A-03; Reaffirmation, A-04; Reaffirmation, A-07; Appended: Sub. Res. 315, A-15; Modified: CME Rep. 03, A-17; Modified – BOT, Action in response to referred for decision: Res. 403, A-21; Appended: Res. 427, A-25

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 711
(A-26)

Introduced by: Ohio

Subject: Oppose Denials Based on Origin of Referral

Referred to: Reference Committee G

- 1 Whereas, patients may see another clinician in a primary care group for an acute problem or
- 2 visit; and
- 3
- 4 Whereas, referrals may be made by multiple members of a care team; and
- 5
- 6 Whereas, denials for surgery are happening when the referring clinician does not match the
- 7 primary care clinician listed with the insurer; and
- 8
- 9 Whereas, the medical necessity or timeliness is irrelevant to the approval; and
- 10
- 11 Whereas, denials delay care and harm patients; therefore be it
- 12
- 13 RESOLVED, that our American Medical Association advocate against prior authorization
- 14 denials based solely upon the referring physician or appropriately licensed clinician.
- 15 (Directive to Take Action)
- 16

Fiscal Note: Minimal – less than \$5,000

Received: 4/15/26

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 712
(A-26)

Introduced by: American Academy of Dermatology, American College of Mohs Surgery,
Society for Investigative Dermatology

Subject: Addressing the Commoditization of Medicine Through Recognition of the Full
Scope of Physician Work and Contributions

Referred to: Reference Committee G

1 Whereas, employed physicians now often find themselves under substantial pressure to meet
2 benchmarks and productivity targets established by hospitals, health systems, and other
3 physician employers; and
4

5 Whereas, relentless focus on productivity metrics has been associated with physician burnout,
6 emotional exhaustion, moral distress, and workforce attrition, all of which may threaten patient
7 access to timely, high-quality care; and
8

9 Whereas, many commonly used productivity systems and metrics emphasize quantifiable
10 outputs while underrecognizing the substantial administrative, educational, and operational
11 work, as well as other essential responsibilities, that physicians are expected to perform for
12 hospitals, health systems, and other employers that rely on and benefit from these contributions;
13 and
14

15 Whereas, such work may include in-basket management, care coordination, quality reporting,
16 teaching, research, administrative leadership, supervision, and other activities that are essential
17 to patient care delivery but may not be fully reflected in physician productivity benchmarks,
18 creating tension between institutional productivity expectations and physicians' broader
19 professional obligations as employed clinicians; and
20

21 Whereas, increasing pressure to meet productivity benchmarks has occurred at the same time
22 as expanding clinical and administrative demands, often without corresponding physician time,
23 support, or recognition; and
24

25 Whereas, physician workforce sustainability and patient access are better supported when
26 physician expectations and performance assessments more accurately reflect the full scope of
27 work required in modern medical practice; therefore be it
28

29 RESOLVED, that our American Medical Association advocate that health systems, hospitals,
30 other physician employers, and third-party payors recognize that the profession of medicine is
31 not a commoditized entity, is fundamentally anchored in the patient-physician relationship, and
32 should not be reduced solely to productivity measures (Directive to Take Action); and be it
33 further
34

35 RESOLVED that our AMA encourage employers of physicians to utilize productivity
36 benchmarks, performance expectations, and compensation structures that recognize and
37 integrate the full scope of physician work, including clinical, administrative, educational, and

1 operational responsibilities that may not be fully captured by traditional productivity metrics
2 (New HOD Policy); and be it further
3

4 RESOLVED, that our AMA advocate for regulatory, employer, and practice models that provide
5 both employed and independent physicians with appropriate time, resources, compensation,
6 support, and recognition for non-billable work that is essential to patient care, physician well-
7 being, and health system function. (Directive to Take Action)
8

Fiscal Note: Minimal – less than \$5,000

Received: 4/15/26

RELEVANT AMA POLICY

D-400.982 AMA Efforts on Medicare Payment Reform

1. Our American Medical Association will increase media awareness around the 2024 AMA Annual meeting about the need for Medicare Payment Reform, eliminating budget neutrality reductions, and instituting annual cost of living increases.
2. Our AMA will step up its public relations campaign to get more buy-in from the general public about the need for Medicare payment reform.
3. Our AMA will increase awareness to all physicians about the efforts of our AMA on Medicare Payment Reform.
4. Our AMA will advocate for abolition of all MIPS penalties in light of the current inadequacies of Medicare payments.

[BOT Rep. 12, A-24 Reaffirmed: Res. 220, I-24]

D-385.945 Advocacy and Action for a Sustainable Medical Care System

1. Our American Medical Association will declare Medicare physician payment reform as an urgent advocacy and legislative priority for our AMA.
2. Our AMA will prioritize significant increases in funding for federal and state advocacy budgets specifically allocated to achieve Medicare physician payment reform to ensure that physician payments are updated annually at least equal to the annual percentage increase in the Medicare Economic Index.
3. Our AMA Board of Trustees will report back to the House of Delegates at each annual and interim meeting on the progress of our AMA in achieving Medicare payment reform until predictable, sustainable, fair physician payment is achieved.

[Res. 214, A-23 Reaffirmed in lieu of: Res. 225, A-25]

D-400.981 Increasing Transparency of AMA Medicare Payment Reform Strategy

1. Our American Medical Association will provide a summary of findings and actionable recommendations from both internal and external advocacy consultants regarding Medicare payment reform. The report must primarily focus on barriers identified, gaps in the current strategy, and specific recommendations for improving and accelerating advocacy efforts.
2. Our AMA will share with its members comprehensive reports on our Medicare payment reform advocacy efforts, including consultant findings on major barriers, strategy gaps, and recommendations for improvement, at both the Interim and Annual Meetings beginning at I-25, and more frequently as legislative dynamics dictate.

[Res. 233, A-25]

D-310.968 Physician and Medical Student Burnout

1. Our American Medical Association recognizes that burnout, defined as emotional exhaustion, depersonalization, and a reduced sense of personal accomplishment or effectiveness, is a problem among residents, fellows, and medical students.
2. Our AMA will work with other interested groups to regularly inform the appropriate designated institutional officials, program directors, resident physicians, and attending faculty about resident, fellow,

and medical student burnout (including recognition, treatment, and prevention of burnout) through appropriate media outlets.

3. Our AMA will encourage partnerships and collaborations with accrediting bodies (e.g., the Accreditation Council for Graduate Medical Education and the Liaison Committee on Medical Education) and other major medical organizations to address the recognition, treatment, and prevention of burnout among residents, fellows, and medical students and faculty.

4. Our AMA will encourage further studies and disseminate the results of studies on physician and medical student burnout to the medical education and physician community.

5. Our AMA will continue to monitor this issue and track its progress, including publication of peer-reviewed research and changes in accreditation requirements.

6. Our AMA encourages the utilization of mindfulness education as an effective intervention to address the problem of medical student and physician burnout.

7. Our AMA will encourage medical staffs and/or organizational leadership to anonymously survey physicians to identify local factors that may lead to physician demoralization.

8. Our AMA will continue to offer burnout assessment resources and develop guidance to help organizations and medical staffs implement organizational strategies that will help reduce the sources of physician demoralization and promote overall medical staff well-being.

9. Our AMA will continue to:

1. address the institutional causes of physician demoralization and burnout, such as the burden of documentation requirements, inefficient work flows and regulatory oversight.

2. develop and promote mechanisms by which physicians in all practices settings can reduce the risk and effects of demoralization and burnout, including implementing targeted practice transformation interventions, validated assessment tools and promoting a culture of well-being.

3. Our AMA supports physicians who are caregivers to alleviate physician burnout.

[CME Rep. 8, A-07 Modified: Res. 919, I-11 Modified: BOT Rep. 15, A-19 Reaffirmation: A-22 Reaffirmed: Res. 802, I-24 Appended: Res. 305, I-25]

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 713
(A-26)

Introduced by: North American Neuromodulation Society

Subject: Reducing Prior Authorization Delays to Improve Access to Neuromodulation and Non-Opioid Pain Therapies

Referred to: Reference Committee G

1 Whereas, chronic pain affects approximately 20% of adults in the United States and represents
2 a leading cause of disability and healthcare utilization¹; and
3

4 Whereas, neuromodulation therapies, including peripheral nerve stimulation, spinal cord
5 stimulation, and other device-based interventions, are evidence-based, minimally invasive, non-
6 opioid treatment options for chronic nociceptive and neuropathic pain^{2,3}; and
7

8 Whereas, timely initiation of neuromodulation therapies is critical to achieving optimal clinical
9 outcomes, particularly for therapies designed to modulate neural circuits early in the disease
10 course⁴; and
11

12 Whereas, prior authorization requirements imposed by insurance providers frequently result in
13 delays in access to medically necessary, evidence-based pain treatments⁵; and
14

15 Whereas, a prospective multicenter observational cohort study of patients undergoing
16 temporary peripheral nerve stimulation demonstrated that insurance authorization delays were
17 independently associated with reduced odds of achieving clinically meaningful pain relief at both
18 60 days and 12 months⁶; and
19

20 Whereas, increasing delays in authorization were associated with progressively lower treatment
21 response rates, even after adjustment for demographic and clinical variables⁶; and
22

23 Whereas, administrative delays in care are associated with worsened patient outcomes,
24 prolonged disability, and increased reliance on less effective or higher-risk treatments, including
25 opioids⁷; and
26

27 Whereas, variability in payer coverage policies, including recent updates by Aetna to provide
28 national coverage for select neuromodulation therapies, highlights an inconsistent and evolving
29 reimbursement landscape across insurers^{8,9}; and
30

31 Whereas, inconsistent prior authorization requirements across payers contribute to inequities in
32 access to evidence-based, non-opioid pain treatments; therefore be it
33

34 RESOLVED, that our American Medical Association advocate for the reduction of prior
35 authorization requirements for evidence-based neuromodulation therapies and other non-opioid
36 pain treatments when clinically indicated (Directive to Take Action); and be it further
37

38 RESOLVED, that our AMA advocate for standardized, transparent, and expedited prior
39 authorization processes across payers, including response timelines that do not exceed 72

1 hours for non-urgent requests and 24 hours for urgent requests (Directive to Take Action); and
2 be it further

3
4 RESOLVED, that our AMA work with public and private insurers to ensure that coverage
5 policies for neuromodulation therapies and other non-opioid pain treatments are evidence-
6 based, consistent across payers, and minimize administrative barriers to care (Directive to Take
7 Action); and be it further

8
9 RESOLVED, that our AMA support policies and legislation aimed at reducing administrative
10 delays that negatively impact patient outcomes and access to non-opioid pain care (New HOD
11 Policy); and be it further

12
13 RESOLVED, that our AMA encourage further research on the impact of insurance-related
14 delays on clinical outcomes, healthcare disparities, and cost-effectiveness in neuromodulation
15 and pain management therapies (New HOD Policy); and be it further

16
17 RESOLVED, that our AMA advocate for appropriate reimbursement and equitable access to
18 neuromodulation therapies and other evidence-based, non-opioid pain treatments regardless of
19 insurance type or socioeconomic status. (Directive to Take Action)

20
Fiscal Note: Moderate – between \$10,000 - \$50,000

Received: 4/15/26

REFERENCES

1. Dahlhamer J, Lucas J, Zelaya C, et al. Prevalence of chronic pain and high-impact chronic pain among adults-United States, 2016. *MMWR*. 2018;67(36):1001-1006.
2. Deer TR, Pope JE, Hayek SM, et al. The Neurostimulation Appropriateness Consensus Committee (NACC) recommendations for neuromodulation. *Neuromodulation*. 2020;23(1):1-20.
3. North RB, Shipley J, Prager J, et al. Practice parameters for the use of spinal cord stimulation in chronic pain. *Pain Med*. 2021.
4. Gilmore CA, Ilfeld BM, Rosenow JM, et al. Percutaneous peripheral nerve stimulation for chronic pain: prospective multicenter study. *Pain Med*. 2019;20(4):708-716.
5. American Medical Association. 2024 AMA Prior Authorization Physician Survey. Available at: <https://www.ama-assn.org>
6. Yoo S, Lartigue S, Mtanes C, Odonkor CA. Tick Tock: How Insurance Authorization Delays May Impact 60-day Peripheral Nerve Stimulation Outcomes. Prospective multicenter cohort study.
7. Resneck JS Jr, et al. Burden of prior authorization on patient care and physician practice. *JAMA*. 2021;326(5):429-430.
8. Aetna. Clinical Policy Bulletin: Electrical Stimulation for Pain (CPB 0011). Available at: https://www.aetna.com/cpb/medical/data/1_99/0011.html
9. SPR Therapeutics. SPRINT PNS System Now Covered Nationally by Aetna. *GlobeNewswire*. March 13, 2026.

RELEVANT AMA POLICY

D-320.970 Advocating Against Prior Authorization for In-Person Visits with Physicians

Our AMA advocates against health insurance plan policies that require prior authorization for in-person visits with a physician. [Res. 708, A-25]

H-320.939 Prior Authorization and Utilization Management Reform

Our American Medical Association will continue its widespread prior authorization (PA) advocacy and outreach, including promotion and/or adoption of the Prior Authorization and Utilization Management Reform Principles, AMA model legislation, Prior Authorization Physician Survey and other PA research, and the AMA Prior Authorization Toolkit, which is aimed at reducing PA administrative burdens and improving patient access to care. Our AMA will oppose health plan determinations on physician appeals based solely on medical coding and advocate for such decisions to be based on the direct review of a physician of the same medical specialty/subspecialty as the prescribing/ordering physician. Our AMA supports efforts to track and quantify the impact of health plans' prior authorization and utilization management processes on patient access to necessary care and patient clinical outcomes, including the

extent to which these processes contribute to patient harm. Our AMA will advocate for health plans to minimize the burden on patients, physicians, and medical centers when updates must be made to previously approved and/or pending prior authorization requests. [CMS Rep. 08, A-17; Reaffirmation I-17; Reaffirmed: Res. 711, A-18; Appended: Res. 812, I-18; Reaffirmed in lieu of: Res. 713, A-19; Reaffirmed: CMS Rep. 05, A-19; Reaffirmed: Res. 811, I-19; Reaffirmed: CMS Rep. 4, A-21; Appended: CMS Rep. 5, A-21; Reaffirmation A-22]

H-120.988 Patient Access to Treatments Prescribed by Their Physicians

Our American Medical Association confirms its strong support for the autonomous clinical decision-making authority of a physician and that a physician may lawfully use an FDA approved drug product or medical device for an off-label indication when such use is based upon sound scientific evidence or sound medical opinion; and affirms the position that, when the prescription of a drug or use of a device represents safe and effective therapy, third party payers, including Medicare, should consider the intervention as clinically appropriate medical care, irrespective of labeling, should fulfill their obligation to their beneficiaries by covering such therapy, and be required to cover appropriate 'off-label' uses of drugs on their formulary. Our AMA strongly supports the important need for physicians to have access to accurate and unbiased information about off-label uses of drugs and devices, while ensuring that manufacturer-sponsored promotions remain under FDA regulation. Our AMA supports the dissemination of generally available information about off-label uses by manufacturers to physicians. Such information should be independently derived, peer reviewed, scientifically sound, and truthful and not misleading. The information should be provided in its entirety, not be edited or altered by the manufacturer, and be clearly distinguished and not appended to manufacturer-sponsored materials. Such information may comprise journal articles, books, book chapters, or clinical practice guidelines. Books or book chapters should not focus on any particular drug. Dissemination of information by manufacturers to physicians about off-label uses should be accompanied by the approved product labeling and disclosures regarding the lack of FDA approval for such uses, and disclosure of the source of any financial support or author financial conflicts. Physicians have the responsibility to interpret and put into context information received from any source, including pharmaceutical manufacturers, before making clinical decisions (e.g., prescribing a drug for an off-label use). Our AMA strongly supports the addition to FDA-approved labeling those uses of drugs for which safety and efficacy have been demonstrated. Our AMA supports the continued authorization, implementation, and coordination of the Best Pharmaceuticals for Children Act and the Pediatric Research Equity Act. [Res. 30, A-88; Reaffirmed: BOT Rep. 53, A-94; Reaffirmed and Modified: CSA Rep. 3, A-97; Reaffirmed and Modified: Res. 528, A-99; Reaffirmed: CMS Rep. 8, A-02; Reaffirmed: CMS Rep. 6, A-03; Modified: Res. 517, A-04; Reaffirmation I-07; Reaffirmed: Res. 819, I-07; Reaffirmation A-09; Reaffirmation I-10; Modified: BOT Rep. 5, I-14; Reaffirmed: Res. 505, A-15; Reaffirmed: CMS Rep. 6, I-20; Reaffirmed: Res. 509, I-20; Reaffirmation: I-22; Reaffirmed: CSAPH Rep. 01, A-23; Reaffirmed: CSAPH Rep. 02, A-23; Reaffirmed: CSAPH Rep. 02, A-24]

H-120.922 Improved Access and Coverage to Non-Opioid Modalities to Address Pain

Our American Medical Association will advocate for increased access and coverage of non-opioid treatment modalities including pharmaceutical pain care options, interventional pain management procedures, restorative therapies, behavioral therapies, physical and occupational therapy, and other evidence-based therapies recommended by the patient's physician. Our AMA will advocate for non-opioid treatment modalities being placed on the lowest cost-sharing tier for the indication of pain so that patients have increased access to evidence-based pain care as recommended by the HHS Interagency Pain Care Task Force; and Our AMA will encourage the manufacturers of pharmaceutical pain care options to seek United States Food and Drug Administration approval for additional indications related to non-opioid pain management therapy. [Res. 218, A-19; Reaffirmed: CSAPH Rep. 01, A-23; Reaffirmed: Res. 830, I-25]

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 714
(A-26)

Introduced by: American Academy of Emergency Medicine

Subject: Physician Case Log Portability

Referred to: Reference Committee G

1 Whereas, physician case logs documenting clinical encounters and procedures are routinely
2 required for medical licensure, hospital credentialing, and the obtainment and renewal of
3 hospital clinical privileges; and
4

5 Whereas, hospitals, billing companies, management groups, and health systems typically
6 maintain exclusive custody and control of physician case logs through proprietary medical
7 record systems; and
8

9 Whereas, advances in health information technology permit rapid, secure, and reliable
10 deidentification of patient information in compliances with federal privacy standards; and
11

12 Whereas, delay or refusal to release physician case logs can delay or prevent a physician from
13 obtaining licensure and employment; and
14

15 Whereas, such delays disproportionately affect physicians leaving unsafe and unethical work
16 environments which further impairs physician well-being; and
17

18 Whereas, delays in credentialing and privileging result in measurable economic harm to
19 physicians; and
20

21 Whereas, there is currently no uniform, enforceable national standard governing timelines,
22 format, and remedies for the release of physician case logs; therefore be it
23

24 RESOLVED, that our American Medical Association advocates for federal and state policies
25 requiring physician employers, regardless of type of employment, to provide physicians, free of
26 charge, with complete and accurate copies of their case logs in a deidentified, electronically
27 transferrable, nonproprietary format when requested to do so (Directive to Take Action); and be
28 it further
29

30 RESOLVED, that such polices establish a mandatory and enforceable timeline for production of
31 case logs, not to exceed five (5) business days (Directive to Take Action); and be it further
32

33 RESOLVED, that procedures are in place for the immediate transfer of case logs to all
34 physicians upon dissolution of the physician employer for any reason. (Directive to Take Action)
35

Fiscal Note: Modest – between \$5,000 - \$10,000

Received: 4/20/26

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 715
(A-26)

Introduced by: Private Practice Physicians Section

Subject: Oppose the Legal Position that Virtual Credit Cards are a Legal Method of Payment under HIPAA

Referred to: Reference Committee G

1 Whereas, the AMA General Counsel acknowledged that the AMA members are free to advocate
2 for any issue as they wish, and the House of Delegates is free to pass policy that serves the
3 physician interests; and
4

5 Whereas, virtual credit cards are a perennial problem to physician practices, causing significant
6 administrative burnout and imposing high costs, collectively greater than \$10 billion per year;
7 and
8

9 Whereas, virtual credit cards have not been adopted as a legal payment method for health
10 plans to make electronic payments to physicians under HIPAA and their status is at best legally
11 contested; and
12

13 Whereas, the Centers for Medicare and Medicaid Services (CMS), under lobbying from the
14 virtual credit card industry including Mastercard and Zelis, decided to take a contested position
15 advocated by Mastercard and UnitedHealthcare Vpay that virtual credit cards are a legal way for
16 paying physicians by health plans, however CMS has never promulgated a proposed rule under
17 the Administrative Procedure Act to promulgate such policy as required by law; and
18

19 Whereas, CMS, incredulously and contrary to the law and under lobbying from Zelis, United
20 Healthcare Optum Vpay, Echohealth, and Mastercard took the position that even as the law
21 states that physicians are entitled to get healthcare payments via the adopted standard no-cost
22 ACH EFT, CMS decided that health plans are free to send the first payment through non-
23 standard electronic payment formats; and
24

25 Whereas, health plans allegedly coordinate with virtual credit card industry vendors to require
26 fees from physicians for getting paid by ACH EFT, a federally recognized low-cost payment
27 method, but CMS accepted vendor arguments that vendors can impose administrative costs on
28 physicians by forcing physicians to fill out the same form 700 times to enroll in the same
29 electronic transaction for every plan that is administered by virtual credit card companies or pay
30 2.5 percent of revenue while HIPAA mandates lowering administrative costs; and
31

32 Whereas, for any legally unsettled and contested issue, the American Medical Association is
33 legally free to take a position that is most favorable to its members and the legality of virtual
34 credit cards is such an issue; therefore be it
35

36 RESOLVED, that our American Medical Association will advocate that a vendor or
37 clearinghouse that offers a multi-payer platform may not create separate payer-specific
38 enrollment mechanisms into standard adopted HIPAA transactions (Directive to Take Action);
39 and be it further

1 RESOLVED, that our AMA will advocate that a health plan may not use a vendor for electronic
2 transactions that unnecessarily create duplicate administrative work for physician practices by
3 creating a separate mechanism of enrollment in the same standard transaction for different
4 health plans. (Directive to Take Action)
5

Fiscal Note: Moderate – between \$10,000 - \$50,000

Received: 4/20/26

REFERENCES

1. Madara, James. (June 6, 2025). [AMA comment letter to CMS Administrator Mehmet Oz regarding “Unleashing Prosperity Through Degregation of the Medicare Program (Executive Order 14192) – Request for Information”]. AMA federal and state correspondence finder.
2. Whyte, John. (July 10, 2025). [AMA comment letter to Health and Human Services Secretary Robert F. Kennedy, Jr regarding “Ensuring Lawful Regulation and Unleashing Innovation to Make American Healthy Again – Request for Information”]. AMA federal and state correspondence finder.

RELEVANT AMA POLICY

Virtual Credit Card Payments H-190.955

1. Our American Medical Association will educate its members about the use of virtual credit cards by third party payers, including the costs of accepting virtual credit card payments from third party payers, the beneficiaries of the administrative fees paid by the physician practice inherent in accepting such payments and the lower cost alternative of electronic funds transfer via the Automated Clearing House.
2. Our AMA will advocate for advance disclosure by third-party payers of transaction fees associated with virtual credit cards and any rebates or other incentives awarded to payers for utilizing virtual credit cards.
3. Our AMA supports transparency, fairness, and provider choice in payers' use of virtual credit card payments, including: advanced physician consent to acceptance of this form of payment; disclosure of transaction fees; clear information about how the provider can opt out of this payment method at any time; and prohibition of payer contracts requiring acceptance of virtual credit card payments for network inclusion.

Citation: Sub. Res. 714, A-15; Reaffirmed: BOT Rep. 09, A-25

Update the status of Virtual Credit card policy, EFT fees, and lack of Enforcement of Administrative Simplification Requirements by CMS D-190.965

Our American Medical Association will report at the Annual 2026 Meeting on the progress of, and action items for implementation of AMA Policies D-190.970, H-190.955, and D-190.968.

Citation: Res. 819, I-25

Amend Virtual Credit Card and Electronic Funds Transfer Fee Policy D-190.968

1. Our American Medical Association will advocate for legislation or regulation that would prohibit the use of virtual credit cards (VCCs) for electronic health care payments.
2. Our AMA will advocate on behalf of physicians and plainly state that it is not advisable or beneficial for medical practices to get paid by VCCs.
3. Our AMA will engage in legislative and regulatory advocacy efforts to address the growing and excessive electronic funds transfer (EFT) add-on service fees charged by payers when paying physicians, including advocacy efforts directed at:
 - a. The issuance of Centers for Medicare & Medicaid Services (CMS) regulatory guidance affirming physicians' right to choose and receive timely basic EFT payments without paying for additional services.
 - b. CMS enforcement activities related to this issue.
 - c. Physician access to a timely no fee EFT option as an alternative to VCCs.

Citation: Res. 819, I-23

CMS Administrative Requirements D-190.970

1. Our American Medical Association will forcefully advocate that the Centers for Medicare and Medicaid Services (CMS) investigate all valid allegations of HIPAA Administrative simplification requirements thoroughly and offers transparency in its processes and decisions as required by the Administrative Procedure Act (APA).
2. Our AMA will forcefully advocate that the CMS resolve all complaints related to the non-compliant payment methods including opt-out virtual credit cards, charging processing fees for electronic claims and other illegal electronic funds transfer (EFT) fees.
3. Our AMA will communicate its strong disapproval of the failure by the CMS Office of Burden Reduction to effectively enforce the HIPAA administrative simplification requirements as required by the law and its failure to impose financial penalties for non-compliance by health plans.
4. Our AMA will through legislation, regulation or other appropriate means, advocate for the prohibition of health insurers charging physicians and other providers to process claims and make payment.

Citation: Res. 229, I-21; Reaffirmed: A-22

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 716
(A-26)

Introduced by: Private Practice Physicians Section

Subject: Equal Opportunity for Payment for “On Call” Duty

Referred to: Reference Committee G

1 Whereas, a primary goal of the American Medical Association is enhancing the satisfaction and
2 sustainability of medical practice; and
3

4 Whereas, traditionally, physicians were expected to be “on call” to the hospital for a minimum
5 amount of time as a responsibility of being on the medical staff, but in recent decades, the shift
6 to employing many physicians by a hospital included coverage duties which by definition is paid
7 as a part of the salary of the employed physician; and
8

9 Whereas, additionally, some independent physicians are paid for “on call” duties to ensure
10 access to a given specialty, yet others (not in short supply) are not¹; and
11

12 Whereas, the duty to be “on call” for consultation at the hospital carries an opportunity cost of
13 being unable to schedule or participate in other activities, quite apart from any patient care that
14 may eventuate; and
15

16 Whereas, the independent physician may bill for direct patient care, but that does not cover the
17 opportunity cost of simply being “on call;” and
18

19 Whereas, in at least one state (Massachusetts), that the nature of the relationship of the
20 physician to the institution has changed in recent decades is acknowledged by policy ratified by
21 the Massachusetts Medical Society that advocates that “hospitals engage
22 community/independent specialty physicians on the medical staff for observation, inpatient and
23 emergency department coverage and that the parties negotiate mutually satisfactory payment
24 terms and service agreements for such service”²; and
25

26 Whereas, guidelines for such negotiation start with equitable payment for service; therefore be it
27

28 RESOLVED, that our American Medical Association will work with relevant stakeholders to
29 advocate that all physicians, whether employed or independent, should be paid for “on call”
30 responsibilities, whether or not patient care is separately billed. (Directive to Take Action)
31

Fiscal Note: Modest – between \$5,000 - \$10,000

Received: 4/20/26

REFERENCES

1. Naby, J. (2021). Your full guide to on-call pay for physicians. *Physicians Thrive*. <https://physiciansthive.com/physician-compensation/on-call-pay-physicians/>
2. Massachusetts Medical Society. (2024). *MMS Policy Compendium*. [https://www.massmed.org/Governance-and-Leadership/Policies,-Procedures-and-Bylaws/MMS-Policy-Compendium-\(pdf\)/](https://www.massmed.org/Governance-and-Leadership/Policies,-Procedures-and-Bylaws/MMS-Policy-Compendium-(pdf)/)

RELEVANT AMA POLICY

On-Call Physicians H-130.948

Our AMA:

(1) strongly encourages physicians and hospitals to work collaboratively to develop solutions based on adequate compensation or other appropriate incentives as the preferred method of ensuring on-call coverage and will monitor and oppose any state legislative or regulatory efforts mandating emergency room on-call coverage as a requirement for medical staff privileges and state licensure that are not supported by the state medical association;

(2) advocates that physician on-call coverage for emergency departments be guided by the following principles:

(a) The hospital and physicians should jointly share the responsibility for the provision of care of emergency department patients.

(b) Every hospital that provides emergency services should maintain policies to ensure appropriate on-call coverage of the emergency department by medical staff specialists that are available for consultation and treatment of patients.

(c) The organization and function of on-call services should be determined through hospital policy and medical staff by-laws, and include methods for monitoring and assuring appropriate on-call performance.

(d) Physicians should be provided adequate compensation for being available and providing on-call and emergency services.

(e) Hospital medical staff by-laws and emergency department policies regarding on-call physicians' responsibilities must be consistent with Emergency Medical Treatment and Active Labor Act (EMTALA) requirements.

(f) Medical staffs should determine and adopt protocols for appropriate, fair, and responsible medical staff on-call coverage.

(g) Hospitals with specialized emergency care capabilities need to have a means to ensure medical staff responsibility for patient transfer acceptance and care.

(h) Hospitals that lack the staff to provide on-call coverage for a particular specialty should have a plan that specifies how such care will be obtained.

(i) The decision to operate or close an emergency department should be made jointly by the hospital and medical staff;

(3) supports the enforcement of existing laws and regulations that require physicians under contract with health plans to be adequately compensated for emergency services provided to the health plans' enrollees; and

(4) supports the enactment of legislation that would require health plans to adequately compensate out-of-plan physicians for emergency services provided to the health plans' enrollees or be subject to significant fines similar to the civil monetary penalties that can be imposed on hospitals and physicians for violation of EMTALA.

Citation: CMS Rep. 3, I-99; Reaffirmed: A-00; Modified: Sub. Res. 217, I-00; Reaffirmed: I-01; Reaffirmed: A-07; Appended and Reaffirmed: CMS Rep. 1, I-09; Modified: Res. 818, I-17

On-Call Coverage Models D-130.965

Our American Medical Association will compile and make available to the physician community various examples of on-call solutions intended to avoid subjecting physicians to unrealistic and unduly burdensome on-call demands, and educate AMA physician members regarding these options.

Citation: Res. 722, A-13; Reaffirmed: CMS Rep. 01, A-23

On-Call and Emergency Services Pay D-130.963

Our AMA will develop and make available policy guidance for physicians to negotiate with hospital medical staffs to support physician compensation for on call and emergency services.

Citation: Res. 818, I-17

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 717
(A-26)

Introduced by: Private Practice Physicians Section

Subject: Advocacy for a Failure-Proof National Centralized Electronic Transaction Clearinghouse

Referred to: Reference Committee G

1 Whereas, the United States healthcare system is complex with over 2.5 million ERISA-covered
2 group plans in 2021 according to the U.S. Department of Labor, plus over 4,000 Medicare
3 Advantage and Medicaid managed care plans and even more vendors connecting to more than
4 one million physician practices and other provider in 1-to-1 connections making automation
5 neither possible nor feasible; and
6

7 Whereas, health plan identifiers (HPID), a standardized national identifier for each of the greater
8 than 2.5 million health plans was mandated by HIPAA but never implemented causing
9 numerous administrative problems, including the inability of the Centers for Medicaid and
10 Medicare Services (CMS) to administer the No Surprises Act and confusion as to who is getting
11 healthcare claims and who is paying with a health plan such as Kaiser Permanente having up to
12 five different payer IDs for the same plan, pending on the clearinghouse used; and
13

14 Whereas, true interoperability at scale is impossible with standardization and a unique health
15 plan ID; and
16

17 Whereas, the AMA has existing policy (“Promoting Electronic Data Interchange” H-190.978) that
18 calls for a national electronic transaction clearinghouse that “continues to facilitate the rapid
19 development of uniform, industry-wide, easy-to-use, low cost means for physicians to exchange
20 electronic claims and eligibility information and remittance advice with payers and others in a
21 manner that protects confidentiality of medical information and to assist physicians in the
22 transition to electronic data interchange;” and
23

24 Whereas, for the CMS Prior Authorization rule, CMS advised that healthcare providers pull out
25 their rotary phones to “connect electronically to health plans,” an insane idea for implementation
26 of a modern interconnectivity technology; therefore be it
27

28 RESOLVED, that our American Medical Association advocate for implementation of the
29 standard national health plan identifier (HPID) that all transactions must be communicated
30 directly with the health plan (Directive to Take Action); and be it further
31

32 RESOLVED, that our AMA advocates for the implementation of a national centralized electronic
33 healthcare transaction clearinghouse that would allow physician practices, other providers,
34 health plans, clearinghouses, health IT vendors, state and federal regulators, digital health
35 products, and consumer apps to maintain only one standard direct connection through which all
36 electronic transactions can flow seamlessly, securely, and at low cost to any other participant
37 guided by a transaction ID and a standard identifier such as a health plan identifier (HPID)
38 and/or national provider identifier (NPI). (Directive to Take Action)
39

Fiscal Note: Moderate – between \$10,000 - \$50,000

Received: 4/20/26

REFERENCES

1. Centers for Medicare and Medicaid Services. *HPID*. Department of Health and Human Services. <https://www.cms.gov/priorities/key-initiatives/burden-reduction/administrative-simplification/unique-identifiers/hpid>. Accessed April 7, 2026.

RELEVANT AMA POLICY

Promoting Electronic Data Interchange H-190.978

1. Our American Medical Association:
 1. adopts the following policy principles to encourage greater use of electronic data interchange (EDI) by physicians and improve the efficiency of electronic claims processing:
 - a. Public and private payers who do not currently do so should cover the processing costs of physician electronic claims and remittance advice.
 - b. Vendors, claims clearinghouses, and payers should offer physicians a full complement of EDI transactions (e.g., claims submission; remittance advice; and eligibility, coverage and benefit inquiry).
 - c. Vendors, clearinghouses, and payers should adopt American National Standards Institute (ANSI) Accredited Standard's Committee (ASC) Insurance Subcommittee (X12N) standards for electronic health care transactions and recommendations of the National Uniform Claim Committee (NUCC) on a uniform data set for a physician claim.
 - d. All clearinghouses should act as all-payer clearinghouses (i.e., accept claims intended for all public and private payers).
 - e. Practice management systems developers should incorporate EDI capabilities, including electronic claims submission; remittance advice; and eligibility, coverage and benefit inquiry into all of their physician office-based products.
 - f. States should be encouraged to adopt AMA model legislation concerning turnaround time for "clean" paper and electronic claims.
 - g. Federal legislation should call for the acceptance of the Medicare National Standard Format (NSF) and ANSI ASC X12N standards for electronic transactions and NUCC recommendations on a uniform data set for a physician claim. This legislation should also require that:
 - i. any resulting conversions, including maintenance and technical updates, be fully clarified to physicians and their office staffs by vendors, billing agencies or health insurers through educational demonstrations.
 - ii. that all costs for such services based on the NSF and ANSI formats, including educational efforts be fully explained to physicians and/or their office staffs during negotiations for such contracted services.
 2. continues to encourage physicians to develop electronic data interchange (EDI) capabilities and to contract with vendors and payers who accept American National Standards Institute (ANSI) standards and who provide electronic remittance advice as well as claims processing.
 3. continues to explore EDI-related business opportunities.
 4. continues to facilitate the rapid development of uniform, industry-wide, easy-to-use, low cost means for physicians to exchange electronically claims and eligibility information and remittance advice with payers and others in a manner that protects confidentiality of medical information and to assist physicians in the transition to electronic data interchange.
 5. continues its leadership roles in the NUCC and WEDI.
 6. through its participation in the National Uniform Claim Committee, will work with third party payers to determine the reasons for claims rejection and advocate methods to improve the efficiency of electronic claims approval.

Citation: BOT Rep. 9, A-96, Amended: CMS Rep. TT, I-96; Appended: Sub. Res. 702, A-00; Modified: CMS Rep. 6, A-10; Reaffirmed: I-13; Reaffirmed: A-22

Administrative Simplification in the Physician Practice D-190.974

1. Our American Medical Association strongly encourages vendors to increase the functionality of their practice management systems to allow physicians to send and receive electronic standard transactions directly to payers and completely automate their claims management revenue cycle and will continue to strongly encourage payers and their vendors to work with the AMA and the Federation to streamline the prior authorization process.
2. Our AMA will continue its strong leadership role in automating, standardizing and simplifying all administrative actions required for transactions between payers and providers.
3. Our AMA will continue its strong leadership role in automating, standardizing, and simplifying the claims revenue cycle for physicians in all specialties and modes of practice with all their trading partners, including, but not limited to, public and private payers, vendors, and clearinghouses.
4. Our AMA will prioritize efforts to automate, standardize and simplify the process for physicians to estimate patient and payer financial responsibility before the service is provided, and determine patient and payer financial responsibility at the point of care, especially for patients in high-deductible health plans.
5. Our AMA will continue to use its strong leadership role to support state and specialty society initiatives to simplify administrative functions.
6. Our AMA will continue its efforts to ensure that physicians are aware of the value of automating their claims cycle.

Citation: CMS Rep. 8, I-11; Appended: Res. 811, I-12; Reaffirmed: A-14; Reaffirmed: A-17; Reaffirmed: BOT Action in response to referred for decision: Res. 805, I-16; Reaffirmed: I-17; Reaffirmed: A-19; Modified: CMS Rep. 09, A-19; Reaffirmed: A-22