

## 2025 Annual Meeting of the AMA Senior Physicians Section (SPS)

Friday, June 6, 2025  
Hyatt Regency Chicago

Friday, June 6		
2:00 – 2:30 pm	<p><b>SPS Education Program</b> <b>Title:</b> Prior Authorization in Medicare Advantage: The Road to Reform</p> <p><b>Speaker:</b> Heather McComas, PharmD, Director, Administrative Simplification Initiatives, American Medical Association</p> <p><b>Program Description:</b> American Medical Association (AMA) research shows that the prior authorization process often leads to patient harms and significant administrative burdens, contributing to clinician frustration and burnout. Medicare Advantage (MA) plans cover more than half (54%) of Medicare beneficiaries and use prior authorization widely, with 99% of MA plans requiring it for certain services. The AMA strongly advocates for reforms to streamline and modernize this process, including in MA plans. This session will review recently promulgated and proposed regulatory and legislative changes for MA plans' prior authorization programs that enhance transparency, require public reporting of plan metrics, and automate the process.</p> <p><b>Objectives:</b> (1) Review AMA research showing the impact of prior authorization on patient outcomes, physician practice burdens, and overall health care utilization. (2) Discuss concerns related to use of prior authorization specific to MA plans. (3) Describe the AMA's policy priorities regarding prior authorization reform. (4) Examine recent regulatory and legislative requirements and proposals to reform prior authorization in MA plans, to include improved transparency for patients and physicians and the transition to a fully electronic prior authorization process.</p>	Crystal Ballroom A
2:30 – 3:30 pm	<p><b>SPS Business meeting</b> AMA House of Delegates Handbook Review</p> <p><b>Facilitators:</b> Virginia (Ginny) E. Hall, MD, Delegate &amp; Douglas M. DeLong, MD, Alternate Delegate (1) Welcome &amp; Introductions (2) Finalized Grid to be discussed at the SPS Assembly Meeting (Support/Non-Support/Monitor)</p>	Crystal Ballroom A
3:30 – 4:45 pm	<p><b>SPS Education Program</b> <b>Title:</b> Transitioning out of Active Medical Practice: Your Next Move</p> <p><b>Program Description:</b> Transitioning out of active medical practice marks a significant life</p>	Crystal Ballroom A

	<p>change, one that can be both rewarding and challenging. The process may involve reducing working hours, managing health concerns, or providing valuable strategies to guide you through this transition. Led by a Professional Life Coach, this program will explore effective strategies to support this transition. Key topics include planning for a gradual shift in professional responsibilities, maintaining physical and cognitive health, and ensuring financial readiness. The program will also emphasize the importance of career fulfillment and ongoing professional growth as you enter the later stages of your career.</p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>(1) Identify factors that should inform the timing of your transition out of medicine.</li> <li>(2) Select resources to assist in planning your exit from active medical practice.</li> <li>(3) Discuss the three stages of career transition: recognizing the end of your previous role, navigating the emotional adjustment, and progression toward feeling grounded in the next phase of life.</li> <li>(4) Examine alternative roles post-practice that offer opportunities for physicians to contribute to the medical field after retirement.</li> <li>(5) Evaluate the role of a medical association in supporting your career transition.</li> </ul> <p><b>Speaker:</b> Debra Atkisson, MD, Professional Certified Coach, International Coaching Federation, Diplomate, American Board of Psychiatry &amp; Neurology</p>	
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## 2025 Annual Meeting of the AMA House of Delegates

June 6-11, 2025

Visit the [AMA website](#) for meeting details.

*Last updated 6/2/2025*

