

2024 Annual Meeting of the AMA Senior Physicians Section (SPS)

Friday, June 7, 2024, 2:30 – 5:30 p.m. Central Daylight Time (CDT)
Hyatt Regency Chicago

Friday, June 7

2:30 p.m. – 3:00 p.m.

All are welcome! Please join us for this special session!

Crystal Ballroom A
(West Tower, Lobby Level)

SPS Education Program

Title: Confronting Ageism in Medicine

Program Description: Research has shown that there is a strong link between ageism, in the form of negative stereotypes, prejudice and discrimination, combined with power imbalances, and risks for one’s physical and mental health. Ageism can be implicit, intersect with structures marginalizing other identities, and exist at multiple levels, from the individual to the institutional or societal. This session will examine how ageism developed as a concept and is expressed in health care today, the disparate impacts on older physicians and patients, and what strategies health care professionals might use to address ageism in the health care system at different levels, in the pursuit of optimal health and health work for older people.

Learning Objectives

- Define ageism and its disparate impact on older physicians and patients
- Describe resources and strategies for patients and physicians to address ageism

Speakers:

(1) William (Bill) Jordan, MD, MPH, Director, AMA Health Equity Policy & Transformation Director
(2) Emily Cleveland Manchanda, MD, MPH, Director, AMA Social Justice Education & Implementation

Moderator: Edward T. Bope, MD, AMA-SPS Governing Council, Chair-Elect and Education Program Chair

3:00 p.m. – 4:00 p.m.

SPS Assembly (Business) Meeting
(welcome | introductions | program overview)

Crystal Ballroom A
(West Tower, Lobby Level)

Open invitation to all senior physicians 65 and above to attend. AMA House of Delegate business items and future AMA-SPS activities. New items of business related to the SPS may be introduced along with points of personal privilege as time allows.

Virginia (Ginny) E. Hall, MD, AMA-SPS Delegate

	Douglas M. DeLong, MD, AMA-SPS Alternate Delegate	
4:00 p.m. – 5:30 p.m.	<p>SPS Education Program</p> <p>Title: Bone Health and Osteoporosis: A Comprehensive Look from Causes to Treatment</p> <p>Program Description: Osteoporosis is a preventable disease, and can often be reduced, eliminated, or prevented by following healthy lifestyle guidelines. As we age, our bones become less dense and can lose strength, which increases the risk of breaks or fractures. The health care costs associated with osteoporosis are expected to grow as life expectancy increases. This program will include information on diets that support bone health, review imaging and bone density studies, and provide differentiated recommendations for women and men. We will also cover the impact and types of exercise required for optimal bone health.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Review the causes and symptoms of osteoporosis • Determine the appropriate type of bone scan for specific age groups for optimal bone health • Explore treatment options for osteoporosis, including lifestyle modifications • Examine dietary and weight-bearing exercise strategies to prevent osteoporosis <p>Speakers:</p> <p>(1) Jade Anderson, MD, Assistant Professor, Department of Radiology; University of Wisconsin School of Medicine and Public Health</p> <p>(2) Pauline M. Camacho, MD, Professor of Medicine, Loyola University Medical Center; Director, Loyola University Osteoporosis and Metabolic Bone Disease Center</p> <p>(3) Prakash Jayabalan, MD, PhD, Associate Professor, Northwestern Feinberg School of Medicine; Director of Clinical Musculoskeletal Research & Attending Physician Scientist, Shirley Ryan AbilityLab</p> <p>Moderator: Edward T. Bope, MD, AMA-SPS Governing Council, Chair-Elect and Education Program Chair</p>	Crystal Ballroom A (West Tower, Lobby Level)
6:00 p.m. – completed	HOD Opening Session	Grand Ballroom (East Tower, Ballroom Level)

2024 Annual Meeting of the AMA House of Delegates

June 7-12, 2024

Visit the [AMA website](#) for meeting details.

