Whereas, the American Medical Association (AMA) recognizes the critical importance of addressing the impact of obesity on various chronic diseases, including hypertension, cardiovascular disease, type 2 diabetes, and metabolic dysfunction-associated hepatitis; and

Whereas, obesity significantly increases the risk of developing these chronic conditions, leading to substantial morbidity, mortality, and healthcare costs across the United States; and

Whereas, the AMA is committed to advancing evidence-based approaches to prevent and manage obesity-related chronic diseases, improve patient outcomes, and enhance healthcare delivery systems; and

Whereas, regular monitoring of epidemiological trends, development of effective disease progression algorithms, and coordination of efforts to improve access to care are essential components of addressing the multifaceted challenges posed by obesity-related chronic diseases; therefore be it

RESOLVED, that our American Medical Association convene an annual meeting of its Federation partners to comprehensively review the impact of obesity on hypertension, cardiovascular disease, type 2 diabetes, metabolic dysfunction-associated hepatitis (MASH) and other related comorbidities with a focus on monitoring epidemiology, developing algorithms to combat disease progression, and coordinating efforts to improve access to care (Directive to Take Action); and be it further

RESOLVED, that our AMA shall feature presentations, workshops, and panel discussions covering the latest research findings, clinical guidelines, and best practices related to the prevention, diagnosis, and management of obesity-related chronic diseases (Directive to Take Action); and be it further

RESOLVED, that our AMA shall invite renowned experts, researchers, clinicians, policymakers, and patient advocates to contribute their insights, experiences, and recommendations during the annual meeting (Directive to Take Action); and be it further

RESOLVED, that our AMA shall collaborate with relevant stakeholders, including government agencies, healthcare systems, insurers, community organizations, and industry partners, to develop and implement strategies for combating obesity-related chronic diseases (Directive to Take Action); and be it further
RESOLVED, that our AMA assist in the discussion of epidemiological trends, development of evidence-based algorithms for disease management, and coordination of efforts to improve access to care for patients affected by obesity-related chronic diseases (Directive to Take Action); and be it further

RESOLVED, that our AMA shall publish a comprehensive report summarizing the discussions, findings, and recommendations from each annual meeting and disseminate it to member organizations, policymakers, healthcare providers, and the public (Directive to Take Action); and be it further

RESOLVED, that the AMA shall convene the first annual meeting in 2025 and subsequent meetings annually thereafter. (Directive to Take Action)

Fiscal Note: To Be Determined

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REFERENCES


RELEVANT AMA POLICY

Recognition of Obesity as a Disease H-440.842
Our American Medical Association recognizes obesity as a disease state with multiple pathophysiological aspects requiring a range of interventions to advance obesity treatment and prevention.