Your Reference Committee heard mixed testimony regarding Resolution 514. While there was concern for improper and illicit use of these compounds, many noted that they may hold significant opportunity for medical treatments. As such, amendments were proffered to maintain access to medications when they are proven to be safe and effective while pushing back against improper use. The title was modified to remove reference to adolescent populations and reflect the testimony heard seeking protections for all patients. Your Reference Committee recommends adoption of the amended Resolution.

(15) RESOLUTION 516 - FASTING IS NOT REQUIRED FOR LIPID ANALYSIS

RECOMMENDATION A:

That Resolution 516 be amended by addition and deletion to read as follows:

RESOLVED, That our American Medical Association support the development of educational programs affirming that fasting is not required for routine screening via lipid analysis. (Directive to Take Action)

Recommendation B:

That Resolution 516 be adopted as amended.

Recommendation C:

That the title of Resolution 516 be changed to read as follows:

FASTING IS NOT REQUIRED FOR ALL LIPID ANALYSIS

HOD ACTION: That Resolution 516 adopted as amended with a change in title:

FASTING IS NOT REQUIRED FOR ALL LIPID ANALYSIS

RESOLVED, That our American Medical Association develop educational programs affirming that fasting is not required for lipid analysis. (Directive to Take Action)

Your Reference Committee heard testimony that was broadly supportive of Resolution 516. Testimony highlighted how fasting lipid testing restricts equitable access to lipid testing, for example, for individuals who struggle to make multiple trips to a laboratory for screening or struggle with fasting requirements. Testimony also noted that our AMA can support other educational efforts on the appropriateness of fasting for lipid testing for different indications. Your Reference Committee recommends adoption as amended.