

AMERICAN MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution: 512
(A-22)

Introduced by: Mississippi

Subject: Scheduling and Banning the Sale of Tianeptine in the United States

Referred to: Reference Committee E

1 Whereas, While Tianeptine is approved in some countries to treat depression and anxiety, it is
2 an unapproved drug in the United States due to safety concerns; and

4 Whereas, Tianeptine is legally sold over the counter in the United States commonly in gas
5 stations and convenience stores; and

7 Whereas, The U.S. Food and Drug Administration (FDA) is warning consumers they may
8 inadvertently find themselves addicted to tianeptine and should avoid all products containing it,
9 especially those that claim to treat opioid use disorder since reliance on these products may
10 delay appropriate treatment and put consumers at greater risk of overdose and death; and

12 Whereas, The FDA is aware of several serious adverse event reports including agitation,
13 drowsiness, confusion, sweating, rapid heartbeat, high blood pressure, confusion, nausea,
14 vomiting, slowed or stopped breathing, coma, and death associated with tianeptine and these
15 reports are increasing with poison control centers cases nationwide from 11 cases between
16 2000 and 2013 to 151 in 2020 alone; and

18 Whereas, Tianeptine is not approved in the United States for any medical use; and

20 Whereas, Tianeptine is currently widely available for sale to the public, presenting safety risks
21 and risk of abuse; and

23 Whereas, Tianeptine is not currently controlled under the Controlled Substances Act, but is
24 being scheduled on a state-by-state basis as a Schedule II controlled substance, as recently
25 passed in Alabama and Michigan. Schedule II drugs by definition mean that a substance may
26 lead to severe psychological or physical dependence and joins other substances such as
27 morphine, methamphetamine, cocaine, methadone, hydrocodone, fentanyl, and phencyclidine
28 (PCP) in that class; therefore be it

30 RESOLVED, That our American Medical Association advocate to schedule Tianeptine as
31 Schedule II whilst supporting research into the safety and efficacy of the substance (Directive to
32 Take Action); and be it further

34 RESOLVED, That our AMA advocate to ban the sale of Tianeptine directly to the public.
35 (Directive to Take Action)

Fiscal Note: Not yet determined

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<https://www.fda.gov/consumers/consumer-updates/tianeptine-products-linked-serious-harm-overdoses-death>
<https://en.wikipedia.org/wiki/Tianeptine>