Thank you for joining us. Our program will begin shortly.
WELCOME

Overview and Zoom Tips | Jim Pawelski

Advisory Committee on LGBTQ Issues Update | Magda Houlberg, MD

Foundational concepts in LGBTQ health: From principle to practice | Jessica Halem, MBA

Discussion, Shared Insight, Consultation & Problem Solving | All
Zoom Meeting Tips

• During presentations, participant microphones are muted. We ask that you turn off your cameras as well and double-check your mic.

• Q & A, discussion following second presentation.

• Please use the Chat function as virtual queue.

• Please use Raise Hand function for live discussion following presentations.

• Technical issues? HODMeetingSupport@ama-assn.org or 800-337-1599 for assistance.
Advisory Committee on LGBTQ Issues Update

Magda Houlberg, MD | Chair
Member since 2003
We take harassment and conflicts of interest seriously. Visit ama-assn.org/codeofconduct to learn more.

Conduct Liaison for this meeting: Lauren Robinson lauren.robinson@ama-assn.org (312) 464-4926

Confidential reporting: lighthouse-services.com/ama (800) 398-1496
Advisory Committee on LGBTQ Issues
Celebrating Service and Leadership

- Adrian Jacques Ambrose, MD | Young Physician Section Representative
- Shilpen Patel, MD | Immediate Past Chair
- Brianna Sohl | Medical Student Section Representative
Welcoming New Members

- James Ding | Medical Student Section Representative
- Carl G. Streed, Jr., MD | Young Physician Representative
AMA Advisory Committee on LGBTQ Issues

- Advises BOT and consults with internal and external partners LGBTQ issues.

- Amplifies related efforts, opportunities, and outcomes.

- Provides a forum for member involvement, mentoring, leadership development, and networking.

- Works to improve health equity, LGBTQ+ patient health outcomes, and increase health care workforce diversity and inclusion.

- Engages other sections and stakeholders to explore new opportunities to amplify AMA policy and enhance education efforts.
Strategic Priorities 2020-2021

- Strengthening alignment and integration of LGBTQ+ health initiatives across AMA sectors.

- Awareness building and education on issues of intersectionality.

- Analyzing existing AMA LGBTQ+ policy identify needed actions and gaps

- Networking and mentorship opportunities for LGBTQ+ medical students.

- Collaboration and partnership with AMA internal and external and stakeholders to advance enterprise LGBTQ+ equity goals.
Recent Activities and Initiatives
AMA EdHub LGBTQ+ Health Curriculum

• LGBTQ Health, Diversity & Inclusion course bundle

• LGBTQ Essentials: Foundations of Care
• Transgender and Gender Nonconforming Essentials
• Creating Trans Affirming Spaces—Using Gender Appropriate Language

• Health Across the Gender Spectrum
• Teaching LGBTQ+ Health

• Content SAGE Care, Fenway Health, and others forthcoming.

• Open access, free CME for all users | https://edhub.ama-assn.org/
Policy

• Committee advises AMA policy through expert analysis and strategic guidance.

• AMA letter to CEOs of EHR companies including information collection and user experience recommendations aimed at optimizing products to meet the needs of LGBTQ+ patients.

• Convened consortium of national experts to assess policies, practices, and trainings for Institutional Review Boards on research with LGBTQ+ human subjects. Assembling best practices and resources.
Federal Advocacy

• Advisory Committee worked with federal advocacy leads to identify AMA LGBTQ+ priorities for the new Congress:
  • Expanded access and coverage to quality physical and mental health care for LGBTQ individuals.
  • Discrimination protections (medical care, employment, etc.)
  • LGBTQ inclusive and supportive data collection.
  • Prohibiting the use of so-called “conversion therapy.”

• Consults with federal advocacy team on LGBTQ+ issues and opportunities.
State Advocacy

- Advisory Committee advises AMA Advocacy Resource Center (ARC) on key LGBTQ+ issues in states and supports related state medical society engagement.
  - LGBTQ so-called “conversion therapy”
  - Coverage for gender-affirming care
  - Transgender individuals’ access to public facilities
  - *In development:* Legislative bans on gender affirming care
Judicial Advocacy

• The AMA has a long history of advocating for patients and physicians through the legal system, including a robust body of work on LGBTQ+ equity issues.

• Recent engagement includes:
  • A case challenging the constitutionality of an Idaho law preventing transgender female students from participating in organized sports.
  • A Supreme Court case related to denial of services to prospective LGBTQ+ parents by child welfare agencies.
  • A case challenging the City of Los Angeles’ eviction moratorium, noting that evictions and homelessness hit the LGBTQ+ population especially hard.
Black & LGBTQ+ | Health at the intersection of race, sexual orientation, and gender identity

June 24, 2021; 7 p.m. CT Sponsored by AMA Minority Affairs Section & AMA Advisory Committee on LGBTQ Issues

Register at:

bit.ly/mas-lgbtq-webinar
# Growing Acceptance

## Americans' Self-Identification as LGBT, by Generation

<table>
<thead>
<tr>
<th>Generation</th>
<th>LGBT</th>
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<tbody>
<tr>
<td>Generation Z (born 1997-2002)</td>
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<td>Millennials (born 1981-1996)</td>
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<tr>
<td>Generation X (born 1965-1980)</td>
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<tr>
<td>Baby boomers (born 1946-1964)</td>
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<tr>
<td>Traditionalists (born before 1946)</td>
<td>1.3</td>
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GALLUP, 2020
Experiences of Discrimination among LGB People

LGB adults are significantly more likely than heterosexual adults to report experiences of employment and housing discrimination and childhood bullying.
Reisner et al. 2015

Depression

Anxiety

Suicide Attempt

Inpatient MH Services

Transgender Youth

Cisgender Youth

Percent (%)

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
1973
Homosexuality removed from *DSM*

1981
AIDS

1987
ACT-UP

1987
March on Washington

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
1993
March on Washington

2003
Lawrence v. Texas

2013
Gender Dysphoria DSM

2015
Marriage Equality

2016
Section 1557 of ACA

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
For LGBTQ patients, discrimination can become a barrier to medical care

Why a Scary-High Number of LGBTQ+ People Are Afraid to Go to the Doctor

Discrimination discourages LGBTQ people from seeking health care

Transgender patients face fear and stigma in the doctor's office

Discrimination Prevents LGBTQ People From Accessing Health Care

LGBTQ Americans are scared to go to the doctor, and it's completely understandable

LGBTQ Boomers Still Fear Lack Of Respect From Doctors

LGBTQ people face discrimination and mistreatment at doctors’ offices
Gender Expectations

Gender Expression

Gender Identity

Sex

Assigned at Birth

Anatomy

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
Language Matters

Lesbian
Gay
Bisexual
Transgender
Queer
Intersex

Pansexual
Asexual
Butch
Femme
Non-binary
Gender nonconforming
Genderqueer
Genderfluid
Agender

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
Transgender & Non-binary Inclusion
Avoid:
ladies  gentlemen  ma’am  sir  girls  guys  etc.

Consider using instead:

“Thanks, friends. Have a great night.”
“Good morning, folks!”
“Hi, everyone!”
“And for you?”
“Can I get you all something?”

Why?
Shifting to gender-inclusive language respects and acknowledges the gender identities of all people and removes assumption.

Be mindful of language

Jessica Halem for the AMA LGBTQ & Allies Caucus - June 2021
Anatomical Inventory
What is your current gender identity?

- Male
- Female
- Trans male/Trans man
- Trans female/Trans woman
- Genderqueer/Gender non-conforming
- Different Identity

Please select the set of pronouns you want people to use to refer to you.

They/Them/Theirs

To edit your Birth Information, go to My AAMC Profile
Harvard Medical School Med Students

<table>
<thead>
<tr>
<th></th>
<th>LGBTQ</th>
<th>Applicants</th>
<th>Offers</th>
<th>Matriculants</th>
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<td>11%</td>
<td>11%</td>
<td>8%</td>
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<tr>
<td>2018</td>
<td>8%</td>
<td>13%</td>
<td>13%</td>
<td>11%</td>
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<td>2019</td>
<td>9%</td>
<td>17%</td>
<td>17%</td>
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<tr>
<td>2020</td>
<td>11%</td>
<td>16%</td>
<td>16%</td>
<td>14%</td>
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Let’s Talk
Thank you for completing our meeting evaluation

bit.ly/survey-j21
HAPPY PRIDE MONTH!
Physicians’ powerful ally in patient care
lgbtq@ama-assn.org