

HOD ACTION: Council on Medical Education Report 3 presented as an informational report; no action required and the remainder of the report filed.

REPORT 3 OF THE COUNCIL ON MEDICAL EDUCATION (I-17)
Impact of Immigration Barriers on the Nation's Health

EXECUTIVE SUMMARY

The recently issued executive order instituting new limitations on immigration to the United States introduced great uncertainty into the lives of many physicians in training, physician scientists, medical researchers, hospital administrators, and patients. The health care community expressed immediate concern regarding the impacts of the order, especially during a time when physician shortages are predicted and the number of patients with multiple chronic conditions is growing.

Widespread media coverage of the order and multiple court rulings regarding its legality, combined with the overall complexity of existing U.S. visa regulations, have contributed to public confusion regarding this complicated topic and its multiple implications.

This comprehensive review characterizes the orders' potential impacts on physicians and patients, and seeks to educate physicians so they can appropriately advocate for their patients and their profession. The report explains the content of the executive order; characterizes the reaction from physicians and scientists; reviews visa implications; discusses potential impacts to international research and data sharing; describes institutional staffing and patient access implications; and offers suggestions regarding areas for further study.

The introduction of the order has prompted extensive and very public discussions regarding the physician workforce in multiple venues, all of which provide an excellent opportunity to educate the American people regarding the crucial, life-saving role played in this country by foreign-born physicians. Additional dialogue regarding the importance of collaborative, international research is also valuable and necessary. The Council on Medical Education will continue to follow this issue and report back to the House of Delegates as necessary.

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REPORT OF THE COUNCIL ON MEDICAL EDUCATION

CME Report 3-I-17

Subject: Impact of Immigration Barriers on the Nation’s Health

Presented by: Lynne M. Kirk, MD, Chair

1 American Medical Association (AMA) Policy D-255.980, “Impact of Immigration Barriers on the
2 Nation’s Health,” was adopted by the AMA House of Delegates (HOD) at its 2017 Annual
3 Meeting. It states the following:

- 4
5 1. Our American Medical Association (AMA) recognizes the valuable contributions and
6 affirms our support of international medical students and international medical graduates
7 and their participation in U.S. medical schools, residency and fellowship training programs
8 and in the practice of medicine.
9
- 10 2. Our AMA will oppose laws and regulations that would broadly deny entry or re-entry to
11 the United States of persons who currently have legal visas, including permanent resident
12 status (green card) and student visas, based on their country of origin and/or religion.
13
- 14 3. Our AMA will oppose policies that would broadly deny issuance of legal visas to
15 persons based on their country of origin and/or religion.
16
- 17 4. Our AMA will advocate for the immediate reinstatement of premium processing of H-
18 1B visas for physicians and trainees to prevent any negative impact on patient care.
19
- 20 5. Our AMA will advocate for the timely processing of visas for all physicians, including
21 residents, fellows, and physicians in independent practice.
22
- 23 6. Our AMA will work with other stakeholders to study the current impact of immigration
24 reform efforts on residency and fellowship programs, physician supply, and timely access
25 of patients to health care throughout the U.S.
26
- 27 7. Our AMA will update the House of Delegates by the 2017 Interim Meeting on the
28 impact of immigration barriers on the physician workforce.
29

30 During the HOD meeting, Reference Committee C heard universal support for the timely and
31 salient resolutions that were introduced regarding these topics, which sought to address and rectify
32 the multiple implications of restricting U.S. travel for foreign-born physicians, trainees, and
33 researchers. Testimony also noted that any travel restrictions could negatively affect patient access
34 to care, especially in areas of need. These same implications hold true for patients served by other
35 foreign-born clinicians and trainees employed in this country.
36

37 Restricting travel on the basis of country of origin or religion goes against the principles and policy
38 of our AMA, which has worked to enhance physician diversity and to address the quality of care
39 received and experienced by diverse patients and populations. Additionally, many communities,
40 including rural and low-income areas, face challenges attracting physicians to meet their health

1 care needs. International medical graduates (IMGs) often fill these openings. Currently, one out of
2 every four physicians practicing in the United States is an IMG. In certain specialties, that number
3 is even higher. These physicians are trained and licensed by the same stringent requirements
4 applied to U.S. medical school graduates. They are more likely to practice in underserved and poor
5 communities, and in primary care and other specialties that face significant workforce shortages.

6
7 Concerns related to additional limitations on immigration also have been voiced by the biomedical
8 research community. Restriction of travel can constrain the free flow of ideas and hamper the
9 international cooperation that has historically led to advancements in the delivery of care.

10
11 AMA delegates collectively introduced seven related resolutions to the HOD for the 2017 Annual
12 Meeting; an umbrella resolution, which incorporated elements of all seven resolutions, was
13 subsequently adopted. This report addresses Resolves 6 and 7 of that umbrella resolution. The issue
14 of physician immigration also was highlighted by the Council on Medical Education during the
15 Annual Meeting—with support from the Council on Science and Public Health, Academic
16 Physicians Section, International Medical Graduates Section, Integrated Physician Practice Section,
17 and Medical Student Section—through development of an educational session that called attention
18 to and addressed these important concerns.

19
20 Individuals eligible for Deferred Action for Childhood Arrivals (DACA) status face related, but not
21 entirely similar, concerns. Council on Medical Education Report 4-A-17, “Evaluation of DACA-
22 Eligible Medical Students, Residents, and Physicians in Addressing Physician Shortages,” offers a
23 comprehensive review of DACA-eligible individuals, their prospects, and their potential impact on
24 the U.S. workforce. This report was submitted to and adopted by the HOD (see D-350.986), and
25 interested parties are encouraged to review the report and its findings. The Council on Medical
26 Education continues to monitor DACA and will report back to the HOD as needed.

27 28 INTRODUCTION

29
30 The executive order issued by President Donald J. Trump on January 27, 2017—“Protecting the
31 Nation from Foreign Terrorist Entry into the United States”—introduced great uncertainty into the
32 lives of physicians in training, physician scientists, other medical researchers, and hospital
33 administrators. Many in the health care community expressed immediate concern regarding the
34 impacts of the proposed order on physicians, institutions, researchers, and patients on multiple
35 levels, especially during a time when physician shortages are predicted and the number of patients
36 with multiple chronic conditions is growing.

37
38 A recent article published in *JAMA* effectively frames these legitimate concerns. The article notes,
39 “At least 1 in 4 physicians [in the U.S.] are foreign born. Research demonstrates that foreign-born
40 physicians offer high-quality care, with low mortality rates among their patients. Due to critical
41 health worker shortages, special visas are offered to foreign physicians who practice for 3 years in
42 rural, underserved communities. More than 13,000 physicians from the 6 Muslim-majority
43 countries with suspended entry practice in the United States, including 9,000 from Iran and 3,500
44 from Syria. In 2015 alone, 453 foreign nationals from these countries were admitted to residency
45 programs. If this group of physicians were not replaced, given the size of the average primary care
46 patient panel (2,500 patients), the ban could affect more than 1 million patients nationally.”¹

1 UNDERSTANDING THE ORDERS: “PROTECTING THE NATION FROM FOREIGN
2 TERRORIST ENTRY INTO THE UNITED STATES”
3

- 4 • On January 27, 2017, President Donald J. Trump signed the executive order titled
5 “Protecting the Nation from Foreign Terrorist Entry into the United States.”² The order
6 barred entry to the United States to all individuals with immigrant and non-immigrant visas
7 from Iraq, Iran, Libya, Somalia, Sudan, Syria, and Yemen for a period of 90 days.
8 Refugees worldwide were subject to an entry ban for 120 days, and refugees from Syria
9 were indefinitely banned. In subsequent days, federal lawsuits were filed in New York,
10 Massachusetts, Virginia, and Washington on behalf of travelers denied entry into the U.S.
11 from one of the seven affected countries.
- 12 • On February 3, a Federal District Court halted the implementation of the executive order
13 with a temporary restraining order; also that day, the state of Hawaii filed a lawsuit asking
14 the court to block the order’s implementation.
- 15 • On February 4, the Department of Justice appealed the February 3 restraining order to the
16 Ninth Circuit Court of Appeals.
- 17 • On February 9, the Ninth Circuit Court of Appeals unanimously ruled to deny the Justice
18 Department’s request for a stay.
- 19 • On March 6, rather than continue to litigate the first executive order, President Trump
20 withdrew the first executive order and signed a revised order, which was intended to go
21 into effect on March 16.³ The revised order removed Iraq from the list of countries facing
22 the 90-day travel ban. Additionally, the order removed the indefinite ban on Syrian
23 refugees and clarified that individuals with a valid visa to enter the U.S. would be
24 permitted to do so, regardless of their country of origin.
- 25 • On March 8, Hawaii filed another legal challenge to this revised ban.
- 26 • On March 15, a U.S. District Judge issued a temporary restraining order, blocking the
27 executive order from taking effect on March 16.⁴ On March 16, a second judge issued a
28 preliminary injunction related to the order.⁵
- 29 • On March 29, a federal judge in Hawaii extended an order that blocked the ban from
30 nationwide implementation until Hawaii’s lawsuit was decided.⁶
- 31 • On June 12, the Ninth Circuit Court largely upheld the injunction on the revised travel ban.
- 32 • On June 26, the U.S. Supreme Court allowed parts of the revised order to go into effect;
33 oral arguments are scheduled to be heard in October 2017 (after drafting of this report).
34 The Supreme Court’s decision upholds the revised order with the exception of those with
35 “any bona fide relationship with a person or entity in the United States,”⁷ which is being
36 defined as those with certain family connections in the U.S. (guidance from the State
37 Department indicated that only parents, step-parents, spouses, children, step-children, adult
38 sons/daughters, sons-/daughters-in-law, and siblings apply, but later added fiancées and
39 grandparents as well⁸); students accepted by a U.S. university; individuals with job offers
40 at U.S. companies; and lecturers invited to address an American audience.
- 41 • The partial ban went into effect the evening of Thursday, June 29, and expired on
42 September 24. A new ban was then instituted, scheduled to take effect on October 18,
43 which struck the country of Sudan from the list but added Chad, North Korea, and
44 Venezuela (limited to government officials and their families).
- 45 • On October 10, the U.S. Supreme Court dismissed one of two pending lawsuits related to
46 the travel ban based on the argument that the ban in question had expired.
- 47 • On October 17, a federal judge in Hawaii blocked the revised travel ban, scheduled to go
48 into effect on October 18. As of the writing of this report, restrictions on North Korea and
49 Venezuela will be permitted to go into effect.

1 REACTION TO THE ORDER

2
3 The U.S. medical and scientific community responded immediately and forcefully to both
4 executive orders. Leading national medical groups, including the AMA,^{9,10} Accreditation Council
5 for Graduate Medical Education (ACGME),¹¹ American Association of Colleges of Osteopathic
6 Medicine (AACOM),¹² Association of American Medical Colleges (AAMC),^{13,14} American
7 Hospital Association (AHA),^{15,16} American Medical Student Association (AMSA),¹⁷ American
8 Osteopathic Organization (AOA),¹⁸ Committee of Interns and Residents (CIR),¹⁹ and National
9 Medical Association (NMA)²⁰ all registered their serious concerns, often multiple times, over the
10 following months. The Educational Commission for Foreign Medical Graduates (ECFMG), the
11 body that evaluates and certifies qualified graduates of foreign medical schools prior to their entry
12 into the U.S. graduate medical education system, dedicated an entire page of resources on its
13 website related to the executive order.²¹

14
15 Individual specialty societies also spoke out. The American College of Cardiology (ACC),²²
16 American College of Physicians (ACP),²³ American Society for Clinical Oncology (ASCO),²⁴
17 American Academy of Family Physicians (AAFP),²⁵ and American Academy of Pediatrics
18 (AAP),^{26,27} among others, all expressed unease with the content and implications of the executive
19 orders.

20
21 On June 12, the AAMC filed an amicus brief with the Supreme Court in opposition to the
22 government's petition for a stay against lower court injunctions against the executive order.
23 Twenty-one organizations joined the brief: the AAFP; AAP; American Association of Colleges of
24 Nursing (AACN); American Association of Colleges of Pharmacy (AACP); American College of
25 Healthcare Executives (ACHE); American College of Obstetricians and Gynecologists (ACOG);
26 ACP; American Dental Education Association (ADEA); American Nurses Association (ANA);
27 American Psychiatric Association (APA); American Public Health Association (APHA);
28 Association of Academic Health Centers (AAHC); Association of Schools and Programs of Public
29 Health (ASPPH); Association of Schools of Allied Health Professions (ASAHP); Association of
30 University Programs in Health Administration (AUPHA); Greater New York Hospital Association;
31 Hispanic-Serving Health Professions Schools, Inc. (HSHPS); NMA; National Resident Matching
32 Program (NRMP); Physician Assistant Education Association (PAEA); and Society of General
33 Internal Medicine (SGIM).

34
35 As the brief noted, "Individuals from outside the United States play a critical role in the delivery of
36 healthcare in America...Non-U.S. health professionals hail from around the world, including from
37 the six countries subject to the Executive order's suspension of entry. Economists estimate that
38 more than seven thousand physicians currently working in the United States received training in
39 the six countries, and that those doctors collectively provide fourteen million patient visits each
40 year...Physicians from outside the United States 'situate [themselves] on the front lines of medical
41 need,' including rural and other underserved communities, Native American communities, and
42 U.S. Department of Veterans Affairs hospitals. In Alabama, for example, 'Syria ranks fourth as a
43 source of doctors for medically-needy areas . . . behind India, Pakistan and the Philippines'."²⁸

44
45 The brief goes on to describe additional implications: "Collaborative international efforts,
46 especially strengthening the capacity of national health systems, are essential to prevent and
47 prepare for an array of threats, from infectious disease pandemics to the silent killers of chronic
48 non-communicable diseases. Any constraint on the participation of recognized experts in the free
49 exchange of scientific research and collaboration impairs the collective knowledge of our
50 healthcare community and jeopardizes American lives."²⁹

1 Innovation and medical research were also highlighted in the brief: “The Executive order also has
2 the potential to adversely affect patient care by constraining medical research and innovation. In
3 2016, all six American winners of the Nobel Prize in economics and scientific fields were
4 immigrants. Moreover, since 2000, immigrants have been awarded 40%—or 31 of 78—of the
5 Nobel Prizes won by Americans in chemistry, medicine, and physics. An analysis of the U.S.
6 Patent and Trademark Office’s online database shows that 76% of patents awarded to the top ten
7 patent-producing U.S. universities in 2011 listed at least one inventor who had been born in another
8 country. During that same period, 56% of all patents were awarded to inventors who were students,
9 postdoctoral fellows, or staff researchers from another country. Because non-U.S. post-doctorate
10 students are increasingly relied upon to counter a decrease in U.S. students pursuing biomedical
11 research in this nation, chilling their participation could adversely affect biomedical research and
12 our health security.”³⁰

13 14 VISA IMPLICATIONS

15
16 As noted in Council on Medical Education Report 11-A-09, “Rationalize Visa and Licensure
17 Process for IMG Residents,” the two most commonly used temporary, nonimmigrant
18 classifications by IMGs are the J-1 Exchange Visitor program and the H-1B Temporary Worker
19 classification.

20
21 Most IMGs in graduate medical education (GME) programs arrive under the J-1 Exchange Visitor
22 Program, although the H-1B Temporary Worker category has been increasingly utilized. Data
23 collected via the AMA’s National GME Census reflect changes in the ease or difficulty of
24 obtaining different visas. Between 2001 and 2008, there was an increase in IMGs in residency
25 programs under H status from 1,474 to 4,777. Meanwhile, IMGs under J status declined over the
26 same period from 5,473 to 4,152.³¹ Since then, however, more IMGs have been training with J-1
27 visas. In 2012 there were 4,059 residents with H visas, and 5,200 with J visas; by 2015 there were
28 2,889 IMG residents with H visas and 6,394 with J visas.³²

29
30 Additional analysis of the AMA’s National GME Census reveals that during the 2016/2017
31 academic year, 2,477 physicians who were born in the seven countries affected by the original
32 executive order were participating in GME in the U.S. Of those, 615 (24.8 percent) were training
33 here with a visa.³³

34
35 The J-1 visa is a temporary, non-immigrant visa, meant to enhance educational and cultural
36 exchange and promote mutual understanding between the U.S. and other countries. The ECFMG is
37 the only authorized J-1 visa sponsor of foreign national physicians in U.S. clinical training
38 programs. In 2016/2017, the ECFMG sponsored more than 10,000 individuals who are training in
39 U.S. GME programs in 48 states plus the District of Columbia and Puerto Rico. The majority of
40 these physician trainees were in primary care programs: 50 percent in internal medicine, 10 percent
41 in pediatrics, and 7 percent in family medicine.³⁴ The ECFMG also reports that in the 2017 NRMP
42 Match, while the overall match rate of non-U.S. citizen IMGs increased slightly, fewer IMGs
43 participated in the Match process.

44
45 The ECFMG further reports that the number of J-1 visa applications it has received for the
46 2017/2018 year has declined 33 percent from Iran and 60 percent from Syria, while remaining flat
47 in Libya and Yemen.³⁵ As of August 15, 2017, 97.8% of the 2,766 physicians initially sponsored
48 by ECFMG for J-1 visa status had successfully secured this status and arrived at their U.S. training
49 programs. Of the 57 initially-sponsored J-1 physicians who are nationals of the countries identified
50 in Executive Order 13780, 50 (87.7%) have successfully secured J-1 status and reported to their
51 training program. Of the 7 (12.3%) who have not yet reported to their programs in J-1 status, 5

1 already are in the United States in another visa status and awaiting a change of status through U.S.
2 Citizenship and Immigration Services.³⁶

3
4 A program known as the Conrad 30 Waiver program, which is intended to lessen physician
5 shortages in medically underserved areas, allows physicians with J-1 status to apply for a waiver
6 for the two-year residence requirement upon completion of the J-1 program (individuals with J-1
7 status are otherwise required to return to their country of last permanent residence for two
8 consecutive years prior to being permitted to apply for permanent resident status in the U.S.).
9 Participants in the Conrad 30 Waiver program are required to practice medicine for a minimum of
10 three years in an area designated by the U.S. Department of Health and Human Services (HHS) as
11 a health professional shortage area (HPSA), medically underserved area (MUA), or medically
12 underserved population (MUP). At the conclusion of that three-year period, waiver recipients can
13 apply for an immigrant visa and permanent resident status.³⁷

14
15 The Conrad State 30 and Physician Access Act (S. 898 and H.R. 2141) is intended to address the
16 most recent extension of the Conrad State 30 Program, which was scheduled to expire on April 28.
17 The AMA strongly supports adoption of the Act, writing that “J-1 visa waivers play a significant
18 role in placing physicians in communities that face healthcare access challenges. Many
19 communities, including rural and low-income urban areas, struggle to attract physicians to meet
20 their patient needs. This legislation will help ensure continued access to care in medically
21 underserved communities across the U.S.”³⁸ As of the writing of this report, these bills had been
22 referred to both the Senate and House Committees on the Judiciary.

23 24 *J-1 Visas and the 2017 Match*

25
26 The timing of the executive order was extremely disruptive to IMGs applying for residency
27 training programs through the NRMP match, as well as for institutions and program directors
28 seeking to fill their slots. The NRMP was concerned enough to issue a February 3 statement: “We
29 ask the medical education community to support all international medical graduates and their
30 families during these difficult times. Please be assured that NRMP will do all it can to address the
31 uncertainties the order has created. As for the current Match cycle, we hope that applicants and
32 programs will continue to rank each other in the order of true preference, based on the
33 qualifications and qualities each seeks in the other.”³⁹ Although no data exist to support this claim,
34 the Council on Medical Education has heard anecdotally that some GME programs struggled to
35 justify ranking qualified applicants from the list of countries affected by the executive order
36 because of concerns about filling their programs and having enough resident staff on hand to fully
37 serve their local patient populations.

38 39 *H-1B Visas*

40
41 In March, U.S. Citizenship and Immigration Services (USCIS) reported that it would temporarily
42 suspend premium processing of H-1B visas beginning on April 3.⁴⁰ H-1B visas grant temporary
43 work status for immigrants who work for a specific employer. A recent *JAMA* article⁴¹ noted that
44 physicians practicing in the U.S. with H-1B status accounted for 1.4% of all physicians actively
45 delivering patient care nationwide in 2016 (more than 10,000 physicians). Physicians with this visa
46 status, however, make up much larger percentages of the practicing physician workforce in certain
47 states. For example, of practicing physicians in the following states, 4.7 percent in North Dakota
48 are authorized to work through the H-1B visa program, 4 percent in Rhode Island, 3.9 percent in
49 Michigan, and 3.6 percent in Delaware. It is worth noting, however, that USCIS typically suspends
50 premium processing annually. The primary difference in this suspension, and likely the reason why

1 it garnered more attention, is that this year's suspension period was longer (potentially up to six
2 months).

3
4 On June 23, USCIS announced that the department would resume the expedited processing of H-
5 1B visas for physicians seeking such status under the Conrad 30 waiver program.⁴² As of the
6 writing of this report, premium processing remains suspended for other categories of H-1B
7 petitions.

8 9 IMPLICATIONS FOR RESEARCHERS AND GLOBAL DATA SHARING

10
11 Physician scientists and researchers were quick to note the obstacles the executive order would
12 introduce into the heretofore collaborative nature of scientific research, which has led to life-saving
13 medical advancements at home and abroad.^{43,44,45,46,47,48,49} There were concerns that existing
14 research partnerships might be threatened or terminated,^{50,51,52} and that the next generation of U.S.
15 researchers and biomedical engineers might be depleted as talented individuals from other
16 countries choose to settle and work outside of the U.S.⁵³

17
18 A group of almost 200 organizations, ranging from professional scientific, engineering, and
19 education societies, as well as leading research universities, signed a letter to President Trump
20 vocalizing their concerns regarding the January executive order. The letter notes, "Scientific
21 progress depends on openness, transparency, and the free flow of ideas and people, and these
22 principles have helped the United States attract and richly benefit from international scientific
23 talent...The Executive order will discourage many of the best and brightest international students,
24 scholars, engineers and scientists from studying and working, attending academic and scientific
25 conferences, or seeking to build new businesses in the United States. Implementation of this policy
26 will compromise the United States' ability to attract international scientific talent and maintain
27 scientific and economic leadership."⁵⁴

28
29 Furthermore, since the first order was signed in January, more than 41,000 academics and
30 researchers from a variety of fields, including 62 Nobel Laureates, have signed a statement
31 attesting that "The EO [Executive order] significantly damages American leadership in higher
32 education and research...The proposed EO limits collaborations with researchers from these
33 nations by restricting entry of these researchers to the US and can potentially lead to departure of
34 many talented individuals who are current and future researchers and entrepreneurs in the US. We
35 strongly believe the immediate and long term consequences of this EO do not serve our national
36 interests."⁵⁵

37
38 As noted in a recent article in the *New England Journal of Medicine*, "Whether we are concerned
39 about the competence of the physicians who will care for us when we are ill, the biomedical
40 enterprise that represents one sixth of our economy, the jobs created by academic medical centers,
41 or our global leadership position in health and health care, immigration policy that blocks the best
42 from coming to train and work in the United States and blocks our trainees and faculty from safely
43 traveling to other countries is a step backward, one that will harm our patients, colleagues, and
44 America's position as a world leader in health care and innovation."⁵⁶

45 46 INSTITUTIONAL IMPLICATIONS AND PATIENT ACCESS TO CARE

47
48 According to research generated by The Immigrant Doctors Project, physicians from Iran, Libya,
49 Somalia, Sudan, Syria and Yemen provide 14 million doctors' appointments each year,⁵⁷ and
50 almost all Americans (94%) reside in a community that hosts at least one doctor from one of the
51 countries specified in the executive order.⁵⁸

1 As previously noted, concerns have been voiced that regardless of country of origin, qualified non-
2 US citizen IMGs will in the future pursue training and employment in other countries.⁵⁹ Yet we
3 know that higher proportions of IMGs, compared to U.S. medical school graduates, provide care to
4 socioeconomically disadvantaged patients,^{60,61,62} and health care systems and patients rely heavily
5 on foreign-born physicians. According to a recent article in the *New York Times*, “in Coudersport,
6 Pa., a town in a mountainous region an hour’s drive from the nearest Walmart, Cole Memorial
7 Hospital counts on two Jordanian physicians to keep its obstetrics unit open and is actively
8 recruiting foreign specialists. In Fargo, N.D., a gastroenterologist from Lebanon — who is among
9 hundreds of foreign physicians in the state — has risen to become vice president of the North
10 Dakota Medical Association. In Great Falls, Mont., 60 percent of the doctors who specialize in
11 hospital care at Benefis Health System, which serves about 230,000 people in 15 counties, are
12 foreign doctors on work visas.”⁶³ Findings from a recent survey from a physician recruiting agency
13 further highlight this country’s need for foreign-born physicians, noting that just over eight percent
14 of practicing physicians and less than three percent of trainees believe that practicing in a rural area
15 is desirable.⁶⁴

16
17 Some specialties rely more heavily on IMGs. According to data from the 2017 NRMP Match,
18 primary care continues to depend on foreign-born physicians. Of 7,233 positions offered in internal
19 medicine, 2,003 were filled by non-U.S. IMGs. Of 3,356 positions offered in family medicine, 337
20 were filled by non-U.S. IMGs, and of 2,738 positions offered in pediatrics, 253 were filled by non-
21 U.S. IMGs.⁶⁵ Certain subspecialties also depend heavily on non-U.S. citizen graduates of
22 international medical schools. The NRMP notes that in 2017, these individuals filled 45.1% of
23 nephrology fellowship positions, 41.6% of vascular neurology positions, 39.3% of
24 endocrinology/diabetes/metabolism positions, 37% of interventional pulmonology positions, and
25 35.3% of abdominal transplant surgery positions.⁶⁶

26 27 RELEVANT AMA POLICY

28
29 Policy D-255.991, “Visa Complications for IMGs in GME,” directs our AMA to work with the
30 ECFMG to minimize delays in the visa process for international medical graduates applying for
31 visas to enter the U.S. for GME and/or medical practice; promote regular communication between
32 the Department of Homeland Security and AMA IMG representatives to address and discuss
33 existing and evolving issues related to the immigration and registration process required for
34 international medical graduates; and work through the appropriate channels to assist residency
35 program directors, as a group or individually, to establish effective contacts with the State
36 Department and the Department of Homeland Security, in order to prioritize and expedite the
37 necessary procedures for qualified residency applicants and reduce the uncertainty associated with
38 considering a non-citizen or permanent resident IMG for a residency position. It also calls on our
39 AMA to study, in collaboration with the ECFMG and the ACGME, the frequency of such J-1 Visa
40 reentry denials and their impact on patient care and residency training, and, with other
41 stakeholders, to advocate for unfettered travel for IMGs for the duration of their legal stay in the
42 US in order to complete their residency or fellowship training to prevent disruption of patient care.

43
44 Policy D-255.985, “Conrad 30 - J-1 Visa Waivers,” directs our AMA to advocate for solutions to
45 expand the J-1 Visa Waiver Program to increase the overall number of waiver positions in the U.S.
46 in order to increase the number of IMGs who are willing to work in underserved areas to alleviate
47 the physician workforce shortage; work with the Educational Commission for Foreign Medical
48 Graduates and other stakeholders to facilitate better communication and information sharing among
49 Conrad administrators, IMGs, US Citizenship and Immigration Services and the State Department;
50 and continue to communicate with the Conrad 30 administrators and IMG members to share
51 information and best practices in order to fully utilize and expand the Conrad 30 program.

1 CONCLUSIONS AND AREAS FOR FURTHER STUDY

2
3 Ultimately, the real impact of the executive order will not be known until it becomes clear how the
4 language of the revised ban is interpreted and applied at U.S. points of entry both at home and in
5 consular offices abroad. The Supreme Court’s ruling would seem to imply that practicing
6 physicians and resident physicians with a job offer from a U.S. institution will indeed be permitted
7 to travel to and from the United States. However, anecdotal evidence indicates that several
8 incoming resident trainees have either not been able to obtain a visa or have experienced significant
9 delays, preventing them from starting residency on July 1; also, an Iranian researcher with a valid
10 J-1 visa and job offer as a visiting scholar was prevented from entering the country on July 11.^{67,68}

11
12 As noted previously, even the specter of immigration limitations can have an effect on individuals
13 seeking to enter the United States. As a recent article observes, “Even with the travel restrictions on
14 hold, admissions from the six nations fell dramatically in March and April, government data show.
15 Compared with a year earlier, the number of people admitted from Iran, Libya, Somalia, Sudan,
16 Syria and Yemen was down by about half year over year. It was unclear whether that was primarily
17 due to fewer people seeking to travel to the U.S. or to the administration rejecting more
18 applications.”⁶⁹

19
20 Although not the focus of this report, what is less clear at this time is how the ruling will apply to
21 foreign students seeking to apply to U.S. medical schools. As a parallel, we might look to the
22 immigration environment immediately following the 2001 terrorist attacks. As one recent article
23 notes, “Student visa applications dropped by 25 percent between 2001 and 2002, and the number of
24 rejections rose from 25 to 34 percent between 2001 and 2003; and perhaps as a result of those post-
25 9/11 policies, the number of international students enrolled at universities dropped for several
26 years, says the 2009 report by the Council on Foreign Relations. ‘Overall, the number of foreign
27 students attending American universities would have been about 25 percent higher if the pre-9/11
28 growth rates had continued,’ the report says. During that same time period, the report continues,
29 international enrollment in the United Kingdom, France, Australia, Japan, and Germany surged as
30 students went elsewhere.”⁷⁰ The effects of the executive order on medical school enrollment bear
31 monitoring, as a diverse body of medical students is critical to the creation and retention of a
32 diverse physician workforce.

33
34 If there is a bright side to the executive orders, it is this: extensive and very public discussions are
35 taking place in multiple venues, all of which provide an excellent opportunity to educate the
36 American people regarding the crucial, life-saving role played in this country by foreign-born
37 physicians. Additional dialogue regarding the importance of collaborative, international research is
38 also valuable and necessary. The Council on Medical Education therefore will continue to follow
39 this issue and report back to the House of Delegates as necessary.

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