Membership that Matters
The American Medical Association is your powerful ally in patient care that represents physicians with a unified voice, drives the future of medicine, removes obstacles that interfere with patient care and leads the charge to confront public health crises. Membership in the AMA also comes with benefits specially tailored to med students like you.

Designed Especially for Med Students
Joining the AMA gives you access to discounts, opportunities and resources that help you succeed in med school and beyond. These benefits are tailored to the unique needs of students throughout med school.

Worry-Free Benefits
Your benefits stay with you throughout your membership. No expiration dates, no conditions. Just renew your membership to keep them.

Exclusive Access
As an AMA member, you can play a direct role in the future of health care by attending events, joining advocacy groups, filling leadership positions and more.

Table of Contents
- Benefits for Your Education 4–7
- Benefits for Your Life 8–9
- Benefits for Your Wallet 10–13
- Benefits for Your Mind 14–17
- Member Profile 18
- What’s Next 19

Students Photo (left to right):
Sneha Swaminathan | Member since 2017
Daniel Torolira | Member since 2018 (seated)
Haidn Foster | Member since 2017
Arlene Ho | Member since 2017 (with sign)
Al-Karim Gilani | Member since 2018
Damani McIntosh-Claire | Member since 2016 (seated)
Blake Murphy | Member since 2016
Benefits for Your Education
You know medicine moves at a fast pace. But now you can keep ahead with a wealth of resources to stay up to date and at your professional best.

FREIDA™
Find your next big opportunity
When you're starting to look for your residency, the path ahead can seem like a great mystery, but the AMA is here to help with FREIDA™, the AMA Residency & Fellowship Database®.

- Search more than 11,000 programs to find the one that's right for you
- Use over 35 filters to explore opportunities by specialty, location and more
- Plus rank, rate and compare programs in your members-only dashboard
Medical Student Advocacy & Region Conference (MARC) participants on location in Washington DC. (left to right) Breyen Coffin, MD, Riley Mickelsen and Jessica D’Annibale.
FREIDA™ Specialty Guide
Choosing a specialty is one of the biggest decisions you make in med school. The FREIDA™ Specialty Guide has everything you need to find the right fit for you.

Leadership Positions
The AMA offers over 1,000 leadership positions for students at the local, state and national level for the opportunity to leave your mark on medicine and make your CV stand out.

Member Groups
Dive deeper into the issues that personally affect you by joining membership groups within the AMA. Member Sections come with a specially crafted newsletter and an opportunity to shape AMA policy. Member groups listed below.

- Academic Physicians
- Advisory Committee on LGBTQ Issues
- Integrated Physician Practices
- International Medical Graduates
- Medical Students
- Minority Affairs
- Organized Medical Staff
- Residents & Fellows
- Senior Physicians
- Women Physicians
- Young Physicians

“I have the honor of representing more than 55,000 medical student members to the AMA’s House of Delegates. To be entrusted with this responsibility has been both humbling and uplifting.”

Dan Pfeifle
Future Physician
AMA MEMBER SINCE 2015
Benefits for Your Life

AMA Member Benefits PLUS is the next level in customizing benefits that fit your lifestyle. Whether you are a homebody or globetrotter, have settled down roots or are in the middle of house hunting, managing a busy calendar or preparing for vacation, find exclusive perks, savings and advantages.

Home & Lifestyle
Stress less over finding and financing your future home, or protecting your current one, with our resources tailored to your needs.

Auto & Transportation
In the market for a new ride? Use AMA-negotiated discounts to buy or lease new and used cars.

Health & Wellness
Switch up your dinnertime routine and save on easy-to-follow recipes with fresh pre-portioned ingredients delivered right to your door.

Travel & Entertainment
Check out discounts on car rentals, group travel and cruises to check off places on your bucket list this year.

NEW! Health & Wellness
Headspace is the meditation and mindfulness app helping health care professionals live happier and healthier. Get 2 years free today.

Learn more at ama-assn.org/mbp
Kaplan Medical
For Doctors, By Doctors
AMA members add ME # for lowest price

USMLE® Step 1 Prep Options

Qbank

Qbank, Integrated Plan

On Demand

First Aid USMLE Step 1 2020

Benefits for Your Wallet | AMA Membership Benefits Catalog
Benefits for Your Wallet

**AMA Member Benefits PLUS** also helps you save directly on the expenses you accrue throughout your education and career so you can achieve your personal and professional goals and feel confident in your financial future.

**Loan & Financial Services**
Find financing to tackle your student debt, or buy a home, and take advantage of exclusive savings for members.

**Practice Discounts**
Reduce your overhead and get ahead by accessing special offers on technology, shipping, payment processing and medical supplies.

**Education & Student Discounts**
Get discounts on test preparation courses to study for medical and licensing exams.
Laurel Road
AMA members receive a 0.25% rate discount when they refinance with Laurel Road.¹

Test Prep Discounts
AMA members save 30% on Kaplan’s Qbank and High-Yield courses — in total, students save an average of $150.

Home Chef
AMA members receive 50% off (up to $40!) on their first order.

Lenovo™
AMA members save up to 30% off laptops, tablets, desktops, servers, accessories and more.

¹The 0.25% American Medical Association (AMA) member discount is offered for applications from AMA members in good standing. To receive the 0.25% AMA member discount throughout the life of the loan, AMA member must maintain good standing throughout the loan term. Offer cannot be combined with other Laurel Road offers, including the Referral Program.

"Medicine is an ever-changing field, which means that those of us working to advance it, must move with it."

Aishwarya Thakur
Future Physician
AMA MEMBER SINCE 2017
Quality Protection
The Student Insurance Program sponsored by the American Medical Association offers full-time medical students $100,000 of Group Term Life Insurance for just $40 a year, or $50,000 coverage for $20 a year.

- Acceptance is guaranteed for eligible students
- Spouse/domestic partner coverage is available
- Benefit doubles in the event of accidental death
- No physical exam or health questions
- Your coverage can continue after graduation regardless of your health

For another $41 a year, the program also provides Group Disability Income Insurance that is designed to pay $1,000 a month, for up to 12 months, if you were unable to attend classes because of a covered disabling accident, illness or organ donation, in addition to any other health benefits you receive.

- Acceptance is guaranteed for eligible students
- No physical exam or health questions
- Your coverage can continue after graduation regardless of your health

Top-Notch Service
AMA Insurance has served physicians and their families for more than 30 years. Our physician-focused, customized insurance program is designed especially for the way doctors train, work and live, at competitive rates from top carriers.


For more information, including features, costs, eligibility, renewability, limitations and exclusions visit amainsure.com
AR Insurance Producer License #100105975
CA Insurance Producer License #0754707
1824761
Benefits for Your Mind
Even after med school, physicians never stop learning. AMA membership comes with benefits and opportunities to expand your industry knowledge and learn from your peers.

“I advocate for patients and physicians by meeting face to face with legislators to discuss problems and policies affecting our health care system.”

Emily Dewar, MD
Resident Physician
AMA MEMBER SINCE 2015
AMA Member Events
Events are not only opportunities to meet and learn, but many also include an extra discount with an AMA membership.

AMA Meetings

Interim Meeting of the AMA House of Delegates
November 14 – November 17, 2020
San Diego, California

*Free for AMA Members*
Officials and members will gather to address policy. Voting delegates will introduce business to the AMA House through presentation of resolutions on behalf of their delegation, or as individuals.

2021 AMA Annual Meeting
AMA House of Delegates: June 12 – June 16, 2021
Hyatt Regency Chicago | Chicago, Illinois

*Free for AMA Members*
Join us in Chicago as we elect officers to the AMA House of Delegates and address policies that affect health care.

AMA EXPO
November 16, 2020
San Diego, California

Learn about residency programs at the AMA Career Fair and showcase your research to leaders in medicine at the AMA Research Symposium.

Medical Student Advocacy & Region Conference
March 4 – March 6, 2021
Washington D.C.

Learn about current legislation and how to be a successful advocate, meet with senators and representatives, and network with students from across the country.

Due to the COVID-19 pandemic and the demands on our healthcare system, some events and meetings that have been planned may be suspended. The AMA Board of Trustees continues to monitor the evolving situation, and we will update event pages on the AMA website accordingly.

Learn more at ama-assn.org/events
Meet Bukky Ajagbe, a third-year medical student at Lincoln Memorial University-DeBusk College of Osteopathic Medicine (LMU-DCOM) in Harrogate, Tennessee.

Bukky’s love for answering the question “why” inspired her to pursue a career in medicine. Now in med school, she’s not only exploring why things are the way they are, but also what she can do about them.

Bukky puts advocacy first in everything she does. She had developed a patient-first philosophy that places her on the front lines, fighting for positive change in medicine and giving voice to those in her local community.

“I have met the greatest people who I genuinely believe will change the world one day,” she says about her work, “Seeing change happen as a direct result of advocacy on both a large [national] and small [medical school] scale is one of the best feelings in the world.”

Bukky Ajagbe
Future Physician
AMA MEMBER SINCE 2016

“Seeing change happen as a direct result of advocacy on both a large and small scale is one of the best feelings in the world.”

Learn more about Bukky and other members at MembershipMovesMedicine.com
What’s Next
Membership gets even better together. Invite your colleagues to join the American Medical Association.
Visit amc.ama-assn.org/referrals

Sending an invite is easy!
1) Visit amc.ama-assn.org/referrals
2) Log in to your online account (or create one)
3) Enter your colleague’s information and hit “submit”

That’s it! They will receive an email inviting them to join with a link for them to get started.