AMERICAN MEDICAL ASSOCIATION YOUNG PHYSICIANS SECTION

Introduction

Resolution: 3
(A-19)

Introduction by: American College of Preventive Medicine – Young Physician Section

Subject: Basic Courses in Nutrition

Referred to: AMA-YPS Reference Committee

Whereas, A 2018 burden of disease collaborators report showed evidence that poor quality diet has been identified as the leading cause of death in the United States; and

Whereas, Health care has shifted from disease management to health promotion and prevention; and

Whereas, “Beginning with medical school the time devoted to nutrition is limited, with an average of 19 total hours over 4 years, and is focused largely on biochemistry and vitamin deficiency states” and nutritional deficiencies (for example, scurvy and beriberi) are not a major problem in the United States; and

Whereas The latest Accreditation Council for Graduate Medical Education common program requirement for residency and fellowship training lack a requirement for physician trainees to learn about nutrition or diet; and

Whereas, Clinical nutrition might not only serve to improve patient health, but also resident and physician wellness through “greater awareness and knowledge of the dietary influences on well-being”; and

Whereas, Clinicians with a foundation in nutrition will be more likely to recognize the importance of diet and make more effective referrals; therefore, be it

RESOLVED, That our American Medical Association amend Policy H-150.995, “Basic Courses in Nutrition,” by addition to read as follows:

Basic Courses in Nutrition H-150.995

1. Our AMA encourage effective education in nutrition at the undergraduate, graduate, and postgraduate levels.

2. Our AMA encourage collaboration with appropriate entities to develop and promote relevant nutrition education to enhance patient care and medical trainee education and wellbeing.

3. Our AMA encourage food served in medical trainings and medical conferences be aligned with the dietary guidelines for Americans. (Modify HOD Policy)

Fiscal Note: Less than $500 to implement.

RELEVANT AMA POLICY
Basic Courses in Nutrition H-150.995
Our AMA encourages effective education in nutrition at the undergraduate, graduate, and postgraduate levels.
References:


