Whereas, Processed meats include (but are not limited to) bacon, sausages, hot dogs, salami, corned beef, beef jerky, ham, canned meat, ground beef processed with ammonia and other cured meat; and

Whereas, The International Agency for Research on Cancer (IARC) part of the World Health Organization (WHO) has classified processed meats as a Group 1 carcinogen after reviewing over 800 research studies; and

Whereas, Processed meats are associated with diabetes, hypertension, chronic obstructive pulmonary disease (COPD) and coronary artery disease; therefore be it

RESOLVED, That our American Medical Association support reduction of processed meat consumption, especially for patients diagnosed or at risk for coronary artery disease, type 2 diabetes and colorectal cancer (New HOD Policy); and be it further

RESOLVED, That our AMA support initiatives to reduce processed meats consumed in public schools, hospitals, food markets and restaurants while promoting healthy alternatives such as a whole foods and plant-based nutrition (New HOD Policy); and be it further

RESOLVED, That our AMA support public awareness of the risks of processed meat consumption, including research that better defines the health risks imposed by different methods of meat processing (New HOD Policy); and be it further

RESOLVED, That our AMA support educational programs for health care professionals on the risks of processed meat consumption and the benefits of healthy alternatives. (New HOD Policy)

Fiscal Note: Not yet determined

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