Whereas, Medical students have a higher rate of depression, burnout, and suicidal ideation than the general population; and

Whereas, The Association of American Medical Colleges’ recommendations regarding health services for medical students includes giving all students access to confidential counseling by mental health professionals as well as keeping records confidential; and

Whereas, The lack of resources often keep schools from implementing these recommendations; and

Whereas, There is significant concern regarding the stigma of mental illness among medical students who may benefit from mental health services; and

Whereas, Demanding schedules, cost and stigma interfere with access to treatment; therefore be it

RESOLVED, That our American Medical Association recommend that the Association of American Medical Colleges strengthen their recommendations to all medical schools that medical schools provide confidential in-house mental health services at no cost to students, without billing health insurance, and that they set up programs to educate both students and staff about burnout, depression, and suicide. (Directive to Take Action)

Fiscal Note: Not yet determined

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