

At-Large Members

M. Natalie Achong, MD, MHL



Statement of Interest: I am passionate about diversity and inclusivity across all the dimensions of medicine. I was first motivated to get into organized medicine as a medical student. Over 20 years as an educator, researcher and advocate for historically underrepresented groups keeps me involved. I have had progressive leadership roles in both the AMA and NMA.

I was elected the 225th President, and the first black leader, of the Hartford County Medical Association. As President, I focused on the importance and implications of the complex and nuanced facets of history, intersectionality, bias and culture in medicine.

As the first Connecticut State Medical Society (CSMS) Director of Health Equity, I developed and implemented new programs. I was honored with the inaugural CSMS Healthcare Physician Leader and Innovator Award and as 2017 Women's Section Inspirational Physician for my work to address health disparities and inequity.

I am committed to workforce diversity and increasing our numbers across all levels of leadership in medicine. I am the PI for an innovative young physician leadership academy for the generation of diverse healthcare leaders.

As physicians from underrepresented groups, we not only represent, but we are living out diversity and inclusivity. I am about equity and progress. The task before us is big and courageous. As healthcare delivery changes, we must engage and retain more diverse members and to develop effective programs and benchmarks to promote long lasting change.

Thank you for your volunteerism to the MAS and your dedicated service to the patients and communities we represent.

Specialty: Obstetrics & Gynecology