

REPORT 26 OF THE BOARD OF TRUSTEES (A-19)
Research Handling of De-Identified Patient Information
(Reference Committee on Amendments to Constitution and Bylaws)

EXECUTIVE SUMMARY

At the 2018 Annual Meeting, Policy D-315.975, “Research Handling of De-Identified Patient Information,” was adopted by the House of Delegates. This policy directs the American Medical Association (AMA) to study the handling of de-identified patient data and report the findings and recommendations to the House of Delegates at the 2019 Annual Meeting. This report outlines appropriate and inappropriate use of de-identified patient data, perspectives from stakeholders in organized medicine, potential ethical concerns of the commercial use of such data, regulatory implications, and recommendations for the future use of de-identified patient data

Protected health information (PHI) includes many common identifiers (e.g., name, address, birth date, Social Security Number) when they can be associated with patient health information. The HIPAA Privacy Rule sets limits and conditions on the uses and disclosures that may be made of such information without patient authorization. Security of PHI safeguards patients from the risk of their data being released or used in manners that could result in discrimination, stigmatization, or embarrassment. However, the use, sale, or distribution of de-identified patient data is not prohibited under HIPAA, since once PHI is de-identified in accordance with the HIPAA Privacy Rule, it is no longer considered PHI and, thus, may be used and disclosed by a covered entity or health information organization (HIO) for any purpose.

REPORT OF THE BOARD OF TRUSTEES

B of T Report 26-A-19

Subject: Research Handling of De-Identified Patient Information

Presented by: Jack Resneck, Jr., MD, Chair

Referred to: Reference Committee on Amendments to Constitution and Bylaws
(William Reha, MD, Chair)

1 INTRODUCTION

2

3 At the 2018 Annual Meeting, Policy D-315.975, "Research Handling of De-Identified Patient
4 Information," was adopted by the House of Delegates. This policy directs the American Medical
5 Association (AMA) to study the handling of de-identified patient data and report the findings and
6 recommendations to the House of Delegates at the 2019 Annual Meeting. This report outlines
7 appropriate and inappropriate use of de-identified patient data, perspectives from stakeholders in
8 organized medicine, potential ethical concerns of the commercial use of such data, regulatory
9 implications, and recommendations for the future use of de-identified patient data.

10

11 BACKGROUND

12

13 Health-related information collected during the course of clinical care has always been of great
14 interest for a number of secondary use cases, including scientific research in the academic and
15 commercial settings, marketing for pharmaceutical and medical device companies, and a wide
16 variety of other uses. More recently, a new and substantial interest has been raised from technology
17 companies who seek to use patient data to build new clinical tools using machine learning and "big
18 data." Clinical data is the topic of significant ethical guidance and regulation at both the state and
19 federal levels, focused primarily on the appropriate use and handling of identifiable patient
20 information. Little guidance exists, however, on the use of de-identified patient data.

21

22 A variety of entities, including provider organizations, clinical laboratories, and commercial
23 entities such as personal genomics companies, may collect patient data intended for clinical use or
24 to deliver genetics information, and then resell de-identified data to other entities for other
25 purposes. For example, 23andMe, a personal genomics and biotech service, sells de-identified user
26 data to pharmaceutical companies that use it to conduct research on various diseases. Concerns
27 arise in that when the data is de-identified, it is no longer considered PHI and therefore patient
28 authorization or consent for use is not required and therefore not solicited—meaning that patients
29 are not always aware how their data is being used.¹ For example, research using de-identified data
30 such as biologic specimens may result in scientific knowledge that has commercial value. Proper
31 consent for use and/or disclosure of commercial interest in this research is ideal but not always
32 documented, sometimes resulting in legal action against physicians or researchers.²

33

34 In addition, there is a perceived lack of transparency and regulation in how patients' data is being
35 sold, distributed, or used outside of their direct health care. Risk of re-identification, which some
36 studies have demonstrated to be possible through matching data to other publicly available data
37 sources, is another issue related to the use of de-identified data. There are also concerns about

1 access to such information that is sought for marketing purposes on behalf of commercial entities
2 that have financial interests in physicians' treatment and/or prescribing behavior. In addition, the
3 sale of de-identified data by clinicians and provider organizations may create a real or perceived
4 conflict of interest, which could lead to a loss of patient confidence.

5

6 *What is Protected Health Information*

7

8 The Health Insurance Portability and Accountability Act of 1996 (HIPAA) provides extensive
9 protections for patient data that is considered protected health information (PHI).³ PHI is
10 information, including demographic information, which relates to an individual's past, present, or
11 future physical or mental health or condition; the provision of health care to the individual; or the
12 past, present, or future payment for the provision of health care to the individual, and that identifies
13 the individual or for which there is a reasonable basis to believe can be used to identify the
14 individual.⁴ PHI includes many common identifiers (e.g., name, address, birth date, Social Security
15 Number) when they can be associated with the health information listed above. The HIPAA
16 Privacy Rule sets limits and conditions on the uses and disclosures that may be made of such
17 information without patient authorization.⁵ Security of PHI safeguards patients from the risk of
18 their data being released or used in manners that could result in discrimination, stigmatization, or
19 embarrassment.^{6,7} Section 164.514(a) of the HIPAA Privacy Rule establishes standards for de-
20 identifying PHI so individuals can no longer be identified by any portion of the data. The use, sale,
21 or distribution of de-identified patient data is not prohibited under HIPAA, since once PHI is de-
22 identified in accordance with the HIPAA Privacy Rule, it is no longer considered PHI and, thus,
23 may be used and disclosed by a covered entity or health information organization (HIO) for any
24 purpose.⁸

25

26 In addition to regulation at the federal level, state lawmakers have exhibited a general trend toward
27 establishing stricter guards on the use of patient data and the requirement for patient consent, some
28 of which reflect standards set forth in the European Union's recent General Data Protection
29 Regulation (GDPR).⁹ Some states are considering and passing laws to protect consumer privacy as
30 it relates to the use of their personal information. For example, California in June 2018 passed the
31 California Consumer Privacy Act of 2018 (effective January 1, 2020), which protects consumers'
32 right to: (1) know what personal information a for-profit business has collected about them, where
33 it was sourced from, what it is being used for, whether it is being disclosed or sold, and to whom it
34 is being disclosed or sold; (2) "opt out" of allowing a business to sell their personal information to
35 third parties; (3) have a business delete their personal information, with some exceptions; and (4)
36 receive equal service and pricing from a business, even if they exercise their privacy rights under
37 the Act.¹⁰ California's law does not apply to information covered by HIPAA, de-identified personal
38 data, or aggregate consumer data, however, as long as the de-identification measures meet the
39 Act's strict standards.¹¹

40

41 *What is de-identified patient data?*

42

43 De-identified patient data is information about a patient or user of a health-related service that has
44 been stripped of individually identifiable health information. Removing identifiers from PHI
45 mitigates privacy risks to individuals and thereby supports the secondary use of data for
46 comparative effectiveness studies, policy assessment, life sciences research, and other endeavors.⁴
47 Information can be de-identified by either of two means: (1) a formal determination by a qualified
48 expert (expert determination); or (2) the removal of specified individual identifiers and an absence
49 of actual knowledge by the covered entity that residual information could be used to identify the
50 individual (safe harbor).

51

The identifiers removed from PHI in the safe harbor method include:⁴

1 • Names
2 • All geographic subdivisions smaller than a state, including street address, city, county,
3 precinct, ZIP code, and their equivalent geocodes, except for the initial three digits of the
4 ZIP code if, according to the current publicly available data from the Bureau of the Census:
5 ○ The geographic unit formed by combining all ZIP codes with the same three initial
6 digits contains more than 20,000 people; and
7 ○ The initial three digits of a ZIP code for all such geographic units containing
8 20,000 or fewer people is changed to 000
9
10 • All elements of dates (except year) for dates that are directly related to an individual,
11 including birth date, admission date, discharge date, death date, and all ages over 89 and all
12 elements of dates (including year) indicative of such age, except that such ages and
13 elements may be aggregated into a single category of age 90 or older
14 • Telephone numbers
15 • Vehicle identifiers and serial numbers, including license plate numbers
16 • Fax numbers
17 • Device identifiers and serial numbers
18 • Email addresses
19 • Web URLs
20 • Social security numbers
21 • Internet Protocol addresses
22 • Medical record numbers
23 • Biometric identifiers, including finger and voice prints
24 • Health plan beneficiary numbers
25 • Full-face photographs and any comparable images
26 • Account numbers
27 • Any other unique identifying number, characteristic, or code, except as permitted
28 • Certificate/license numbers
29

30 *How is de-identified data used?*

31
32 De-identified data is used for research to derive information and knowledge about treatment and
33 outcomes, as well as other patient care-related purposes. Outside of health care organizations and
34 researchers, de-identified patient data is used by a variety of organizations and industries for
35 various purposes, including many not related to patient care. De-identified data is sourced,
36 collected, and used by a variety of organizations, including health care provider organizations such
37 as hospitals or academic medical centers, and commercial enterprises such as personal genomics
38 and biotechnology companies. Pharmaceutical manufacturers and retail pharmacies may also find
39 use in de-identified health data to target their advertising. Health care providers use this data
40 typically in research or the direct care of patient populations. The data can also be used to help
41 reduce costs of care, improve treatment options, and support public health initiatives.
42

43 Machine learning is a family of methods used by some health care and data solution organizations
44 to help predict certain outcomes and better prepare for and treat patients identified to be at risk.
45 Machine learning models establish predictive rules using vast amounts of computing power. The
46 more data a machine learning model has, the more complex the rules and the more accurate the
47 predictions.¹² However, machine learning models are vulnerable to biases induced by data that does
48 not adequately represent the patient population, such as data collected from only one institution or
49 one geographic region. In order to develop clinical decision support tools that can be effectively
50 used to treat the diverse patient populations in the United States, large amounts of data are

1 required, and often data from many different providers across the country are required to avoid
2 bias. This data is often sourced from de-identified or anonymized patient records. Allscripts, for
3 example, used 50 million de-identified patient records, and the application of an advanced machine
4 learning algorithm, to “train” its systems and further improve its clinical decision support tools.¹³
5 Organizations like Orion Health and Precision Driven Health are using datasets like these to
6 generate machine learning aimed at improving health care decisions, and driving operational and
7 cost efficiencies.^{12, 14} By combining multiple datasets, such as behavioral data, device use data,
8 patient claim data and socioeconomic and geographic data, these organizations are developing
9 advanced predictive analytics to further improve precision health care.¹⁴ The data used for the
10 purposes of data mining and honing machine learning algorithms are either sourced and used at the
11 organizational level, or de-identified or anonymized when used for external research, such as the
12 analysis done by Allscripts. Data may be sourced via publicly available de-identified datasets,
13 databases established through collaborative research agreements, or via the purchase of bulk de-
14 identified data, on an exclusive or non-exclusive basis. Since this technology is relatively new in
15 the health care space its implications for patient data are not well-studied. As artificial intelligence
16 and advanced machine learning proliferate in the health care space, the value and number of
17 potential uses of patient health data will inevitably increase. Stakeholders should be prepared for
18 increasing concerns about related patient privacy and data security.
19

20 Commercial entities, such as personal genomics companies, may collect data to deliver genetics
21 information to subscribers and then subsequently sell the de-identified data to another entity for
22 another purpose. For example, 23andMe, a genomics and biotech service, sells de-identified user
23 data to pharmaceutical companies that use it to conduct research on various diseases. Concerns
24 arise in that when the data is de-identified, it is no longer considered PHI and therefore patient
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26 are not always aware how their data is being used.¹ For example, research using de-identified data
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29 documented, sometimes resulting in legal action against physicians or researchers.²
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31 In addition, there is a perceived lack of transparency and regulation in how patients’ data is being
32 sold, distributed, or used outside of their direct health care. Risk of re-identification, which some
33 studies have demonstrated to be possible through matching data to other publicly available data
34 sources, is another issue related to the use of de-identified data. There are also concerns about
35 access to such information that is sought for marketing purposes on behalf of commercial entities
36 that have financial interests in physicians’ treatment and/or prescribing behavior.
37

38 AMA POLICY

39
40 The AMA has multiple policies expressing its recognition of the importance of data privacy and
41 protection of PHI, as well as policies expressing commitment to ensuring safe and appropriate use
42 of de-identified data.
43

44 Board of Trustees Report 21-A-18, “Ownership of Patient Data,” outlines federal and state laws
45 that establish who owns a patient’s medical records. The report also highlights the importance of
46 ensuring patients have appropriate access to their data and physicians have the tools and controls
47 they need to be good stewards of their patients’ information while at the same time maintaining the
48 ability to share information to seamlessly coordinate the best care. In support of these initiatives,
49 the AMA has actively engaged with the U.S. Department of Health and Human Services (HHS),
50 the Office of Inspector General, the Office of Civil Rights, and the Office of the National

1 Coordinator for Health Information Technology (ONC), and has broad policy in place covering all
2 aspects of patient record maintenance, access and control.
3

4 AMA Policy H-315.978, “Privacy and Confidentiality,” states that where possible, informed
5 consent should be obtained before personally identifiable health information is used for any
6 purpose. However, in those situations where specific informed consent is not practical or possible,
7 either (1) the information should have identifying information stripped from it or (2) an objective,
8 publicly accountable entity must determine that patient consent is not required after weighing the
9 risks and benefits of the proposed use. Re-identification of personal health information should only
10 occur with patient consent or with the approval of an objective, publicly accountable entity.
11

12 AMA Policy H-315.974, “Guiding Principles, Collection and Warehousing of Electronic Medical
13 Record Information,” expresses the AMA’s commitment to advocating that physicians, as trusted
14 stewards of PHI, should be the owners of all patient claims data and de-identified aggregate data
15 that is established and maintained by the physician practice, specifically including data stored in
16 the electronic health record or practice management system. The policy establishes principles
17 around the use of these data that include compliance with HIPAA, requires physician consent for
18 analysis of the data, and requires data to remain accessible to authorized users for purposes of
19 treatment, public health, patient safety, quality improvement, medical liability defense, and
20 research.
21

22 AMA Policy H-315.983, “Patient Privacy and Confidentiality,” states that whenever possible,
23 medical records should be de-identified for purposes of use for utilization review, panel
24 credentialing, quality assurance, and peer review. This policy also states our AMA will guard
25 against the imposition of unduly restrictive barriers to patient records that would impede or prevent
26 access to data needed for medical or public health research or quality improvement and
27 accreditation activities, and that whenever possible, de-identified data should be used for these
28 purposes. Policy H-315-983 posits that in the event of a sale or discontinuation of a medical
29 practice, only de-identified and/or aggregate data should be used for “business decisions,”
30 including sales, mergers, and similar business transactions when ownership or control of medical
31 records changes hands. This policy includes extensive language emphasizing the AMA’s
32 commitment to protecting PHI, and that it will continue its advocacy for privacy and confidentiality
33 regulations, including: (a) The establishment of rules allocating liability for disclosure of
34 identifiable patient medical information between physicians and the health plans of which they are
35 a part, and securing appropriate physician control over the disposition of information from their
36 patients’ medical records; (b) The establishment of rules to prevent disclosure of identifiable patient
37 medical information for commercial and marketing purposes; and (c) The establishment of
38 penalties for negligent or deliberate breach of confidentiality or violation of patient privacy rights.
39

40 In Policy H-315.975, “Police, Payer, and Government Access to Patient Health Information,” the
41 AMA commits to advocating for narrow and clearly defined bounds for the appropriate use of
42 patient information by law enforcement, payers and government entities, for operations that cannot
43 be reasonably undertaken with de-identified data. AMA Policy H-315.987, “Limiting Access to
44 Medical Records,” further defines who should and should not have access to this information.
45

46 The AMA’s Code of Medical Ethics includes an opinion on “Access to Medical Records by Data
47 Collection Companies.” Opinion E-3.2.4 asserts that disclosing information to third parties for
48 commercial purposes without consent undermines trust, violates principles of informed consent and
49 confidentiality, and may harm the integrity of the patient-physician relationship. The opinion
50 further expresses that physicians who wish to permit third-party access to *specific patient*
51 *information* for commercial purposes should: (a) only provide data that has been de-identified, and

1 (b) fully inform each patient whose record would be involved about the purpose(s) for which
2 access would be granted. This opinion, with respect to requests for permission to allow access to or
3 disclose a *full medical record*, prohibits disclosing identifiable information for commercial
4 purposes *without obtaining consent* from the patient to do so.

5
6 The authors of Resolution 3-A-18, which established policy D-315.975 and is the subject of this
7 report, expressed particular concern that this Code of Medical Ethics Opinion may contradict itself
8 in its emphasis on informing the patient of how their de-identified data will be used and the
9 subsequent emphasis on the importance of obtaining consent. The key difference between the two
10 elements of the opinion lies in the description of the patient information being requested (specific,
11 de-identified patient information vs. full medical record), thus our AMA does not agree that these
12 statements are contradictory.

13
14 The authors also expressed that this Opinion may be in disharmony with the rules set forth in the
15 HIPAA Privacy Rule, specifically stating that authorization, rather than consent, is sometimes
16 mandated for the release of PHI when being requested for purposes not related to treatment,
17 payment, or health care operations (TPO). HIPAA defines three such uses or disclosures for which
18 written authorization of the patient is required: (1) use and disclosure of psychotherapy notes; (2)
19 use and disclosure of PHI for marketing; and (3) any sale of PHI.

20
21 Ethical Opinion E-3.2.4 was originally issued in 1994 and updated in 1998, prior to the enactment
22 of the HIPAA Privacy Rule, yet provides an even higher standard than the Rule with respect to
23 requirements for consent to disclose patient data, including data that has been de-identified. With
24 respect to authorization requirements, Opinion E-3.2.4 does not include a statement about when
25 authorization, rather than consent, is appropriate and/or required. Guidance provided in the Code of
26 Ethics is provided by standards of conduct that define the essentials of honorable behavior for the
27 physician. They cover broad ethical principles and are not intended to align with law or specific
28 regulations that may be legally enforceable. During a comprehensive eight-year modernization
29 process that ended in 2017, the AMA *Code of Medical Ethics* was reviewed for
30 relevance/timeliness of guidance, clarity, and consistency of guidance. Opinion E-3.2.4 was
31 reorganized in this process, taking the HIPAA provisions into consideration during the process.
32 Care was taken to ensure the Council on Ethical and Judicial Affairs was conservative in
33 suggesting substantive change, doing so only where needed to ensure that guidance remains
34 relevant in the face of changes in biomedical science and conditions of medical practice. No
35 contradictions or points of discord with HIPAA were identified in that review.

36
37 **DISCUSSION**

38

39 *Oversight of patient information*

40

41 The use of de-identified patient data is not heavily regulated. The HIPAA Privacy Rule does not
42 restrict the use or disclosure of de-identified health information, since it is not considered PHI.^{2,5}
43 HIPAA permits secondary uses of de-identified data for purposes such as public health initiatives,
44 research, law enforcement, and other public interest endeavors.^{5,15} In addition, commercial entities
45 that sell or use de-identified data, such as biotech and pharmaceutical companies, are not
46 considered covered entities under HIPAA. Through their interactions with pharmacy benefit
47 managers, pharmacies, payers, physicians and patients, however, they are indirectly impacted by
48 privacy rules and must structure their transactions, projects, and internal data programs such that
49 their partners that are covered entities or business associates thereof meet data privacy
50 requirements under HIPAA and any other applicable standards.

1 Studies that use de-identified data are exempt from regulations that govern human subject
2 research.^{2, 16} Entities that collect and use consumer data, such as pharmaceutical companies or
3 academic institutions conducting research, should employ privacy protections into their practices,
4 such as data security, reasonable collection limits, sound retention and disposal practices, and data
5 accuracy to protect privacy, as guided in recommendations from the Federal Trade Commission
6 (FTC).¹⁷ For example, Harvard University, like many academic institutions receiving federal
7 grants, implements strict policy to govern the collection, storage and use of research data, including
8 PHI.¹⁸ In addition to the enforcement of strict policy, all human subjects research is subject to
9 approval by the institution's Institutional Review Board (IRB). It is the responsibility of IRBs to
10 specify the security level for research projects they review and approve, obtain confirmation that
11 the relevant security controls are being implemented and decide if the human subject must give
12 consent or in the case of de-identified information, approve the research under an exempt status
13 from obtaining the consent.

14
15 Human subject research conducted or supported by certain federal departments or agencies is
16 governed by the Federal Policy for the Protection of Human Subjects ("Common Rule"). Revisions
17 to the Common Rule in 2017 were adopted in response to shifts in science, technology, public
18 engagement, and public expectations that have raised concerns about the limitations of the existing
19 ethical framework in research.¹⁹ The rapid pace of change in the availability, utility, and value of
20 patient data, including PHI and de-identified data, will continue to necessitate regular
21 reconsideration of the ethical oversight of patient data and how it is protected by researchers and
22 other entities.

23

24 *Risks and ethical concerns*

25

26 There are ethical concerns about the disclosure and use of de-identified health data that are rooted
27 in the risk of re-identification. Studies have shown that certain elements of patient records,
28 although not exclusive or unique to individual patients, increase the risk of re-identification if not
29 removed from individual-level data.^{20, 21} Elements such as gender, date of service, date of birth or
30 zip code can potentially be linked back to other sources of data, such as voter registration lists, and
31 could put the data at risk of re-identification.^{21, 22} Organizations that collect, store, transfer and
32 distribute de-identified data should take steps to reduce this risk, such as replacing a specific date
33 of birth or date of service with a year.

34

35 Studies have been undertaken to assess the risk of re-identification after steps have been taken to
36 de-identify the data, and have found gaps that can put de-identified patient health data at risk of
37 being re-identified.^{20, 23, 24} While these findings are significant and should not be ignored, one
38 review of some of these studies concluded that many of them were small and did not use data that
39 was de-identified according to existing standards (those set forth in the HIPAA Privacy Rule), so
40 caution should be taken when making generalizations based on the few cases identified in the
41 studies.²⁵

42

43 In addition to risk of re-identification, there are general ethical concerns with the availability and
44 use of patient health data, even if it's de-identified, without explicit authorization from patients. For
45 example, pharmaceutical companies may use de-identified data to target marketing or advertising
46 efforts to specific physicians, therefore influencing treatment plans for patient populations with
47 specific diseases or conditions. Accountable Care Organizations (ACOs), as business associates of
48 the ACO participants or a covered entity, may use de-identified data to analyze quality measures,
49 population risk scores and patient behaviors.²⁶ Other for-profit entities may use de-identified data
50 for the development of new technology or clinical innovations. These sales of patient records for
51 profit by provider organizations may raise concerns from the public that providers have an ulterior

1 motive for collecting their data during clinical encounters. In addition, patient record licensing
2 contracts with exclusive rights may raise questions about the appropriate stewardship of patient
3 data, as such exclusive contracts may be seen to benefit specific licensees at the expense of others,
4 rather than enabling research and product development across the entire marketplace.

5 *Consent and authorization*

6
7 Issues that arise in the potential risks of patient data use can be mitigated by proactively obtaining
8 appropriate authorization or consent from patients for the use of their data. These issues primarily
9 apply to PHI covered under HIPAA, however, and not de-identified data. The HIPAA Privacy Rule
10 permits, but does not require, a covered entity voluntarily to obtain patient consent for uses and
11 disclosures of PHI for TPO. Covered entities that decide to obtain consent have complete discretion
12 to design a process that best suits their needs. By contrast, an authorization is required by the
13 Privacy Rule for most uses and disclosures of PHI not otherwise allowed by the Rule. Where the
14 Privacy Rule requires patient authorization, voluntary consent is not sufficient to permit a use or
15 disclosure of PHI. An authorization is a detailed document that gives covered entities permission to
16 use PHI for specified purposes (e.g., sale or marketing of PHI) or to disclose PHI to a third party
17 specified by the individual. An authorization must include a number of elements, including a
18 description of the PHI to be used and disclosed, the person authorized to make the use or
19 disclosure, the person to whom the covered entity may make the disclosure, an expiration date, and,
20 in some cases, the purpose for which the information may be used or disclosed.²⁷

21
22 PHI may be used and disclosed for research without an authorization in limited circumstances: (1)
23 Under a waiver of the authorization requirement; (2) as a limited data set with a data use
24 agreement; (3) preparatory to research; and (4) for research on decedents' information. Limited
25 data sets exclude 16 categories of direct identifiers, rather than the 18 identifiers removed in de-
26 identified data. The information in a limited data set is considered PHI and its use or disclosure
27 requires a data use agreement between the covered entity and the entity that will receive or use the
28 data.

29
30 Non-covered entities that use de-identified health data for purposes such as genomics services or
31 research are not regulated under HIPAA, but most have policies and procedures in place to protect
32 the privacy of their subscribers or participants, and to ensure transparency in the use of the data.
33 23andMe, for example, obtains personal information from its subscribers and through its service
34 identifies genetic information that is stored within its databases. According to its Privacy Policy,
35 23andMe "implements physical, technical, and administrative measures to prevent unauthorized
36 access to or disclosure of your information, to maintain data accuracy, to ensure the appropriate use
37 of information, and otherwise safeguard your Personal Information."²⁸ Subscribers can voluntarily
38 consent to allow their information to be used in research, and can also choose what level of de-
39 identified data they consent for use. 23andMe stores and allows access to both aggregate and
40 individual level data to third-party service providers such as marketing and analytics organizations
41 and targeted advertising service providers that contribute to the service provided by 23andMe. It
42 also sells de-identified user data to pharmaceutical companies for the purposes of research.

43
44 Other entities may use anonymous, de-identified data in manners that are legal but may be
45 perceived as ethically questionable since they may not have obtained patient consent for the use of
46 the data. For example, a startup artificial intelligence business, funded by executives at a cancer
47 center, has received exclusive access to the cancer center's database of millions of tissue slides.²⁹
48 The cancer center holds an equity stake in the organization along with two of its top leaders, and
49 other board members are initial investors in the new venture. The company's leadership indicated
50 that some patients had provided consent for the use of their data, others did not and their data was

1 subsequently stripped of its identifying factors. Still, pathologists at the cancer center, and their
2 patients, have expressed concern about the potential conflict of interest in the cancer center
3 leadership's relationship with the startup, as well as the use of patient data for a profit-driven
4 venture. In this case, it was reported that the enterprise had been reviewed and approved by an
5 IRB.²⁹

6

7 *Standards and guidance*

8

9 ONC publishes the "Guide to Privacy and Security of Electronic Health Information" to help
10 physicians, other health care providers and practices work to comply with federal requirements in
11 collecting, storing and using patients' data.³⁰

12

13 In addition to the policy set by the AMA and the guidance provided in the AMA *Code of Medical*
14 *Ethics*, other physician and health care organizations provide guidelines and standards on the use of
15 de-identified patient data. For example, the American Academy of Family Physicians published a
16 "Data Stewardship" policy that facilitates the appropriate collection, storage, transmission,
17 analysis, and reporting of de-identified patient data.³¹ This policy includes guidance on establishing
18 and maintaining a proper patient and physician consent process, as well as the appropriate use of
19 data by third parties and policies that establish requirements for third party use.

20

21 The American College of Physicians (ACP) policy encourages clinical entities and physicians to
22 publish electronically their policies and procedures for sharing patient data and ensuring privacy.
23 ACP's policy also states that in keeping with HIPAA, patients should know what information
24 exists about them, its purpose, who can access and use it, and where it resides. While ACP supports
25 the use of appropriately de-identified patient data for socially important activities, such as
26 population health efforts and retrospective research, it does recommend tighter controls on the risks
27 of re-identification of de-identified data.³²

28

29 CONCLUSION

30

31 Access to de-identified patient data is important for the future of health care. Its benefits to the field
32 of research have significant implications for our ability to make progress in refining the practice of
33 medicine, reducing health care costs, reducing and preventing chronic disease, identifying cures for
34 deadly conditions, and much more. In practice-level interventions, de-identified data can help
35 practice administrators recognize patterns and gaps in processes and treatment plans across
36 clinicians. In the genomics and biotechnology fields the study of patient data, stripped of
37 identifying factors, can contribute to global innovation in medical technology and pharmaceutical
38 solutions. There are numerous ways in which the use of de-identified patient data contributes to the
39 continuum of improvement that is much needed across health care.

40

41 Its use does not come without risks, however. In 1951, the development of the HeLa cell line led to
42 many significant research accomplishments in medicine. However, the lack of patient consent in
43 the development of the cell line raises serious ethical concerns, which were further compounded by
44 the commercial use of the cell line for profit, which was not shared with the patient or her family.
45 Though in recent times, substantial effort has been made to correct this historical wrong by the
46 National Institutes of Health and other organizations, much of the harm done to patients who's
47 clinically obtained samples were used without consent can never be undone. Today, a new
48 revolution in health science powered by big data is in process, and there is little doubt that the
49 research accomplishments derived from this data will transform the practice of medicine. However,
50 all stakeholders involved now have an opportunity to ensure that there is not a repeat of the ethical
51 mistakes of the past. Risk mitigation is the responsibility of all stakeholders, from the individual

1 clinician and patient to the administrators and third-party data users. The privacy and security of
2 the patient data must be protected at every point, and its use needs to be ethically conducted with
3 the appropriate level of consent or authorization required. The HIPAA provisions, regulations
4 enacted at the state level, and organizational policies and procedures, ensure compliance with
5 standards developed to protect the patient. If followed appropriately, these measures can effectively
6 protect patient data from misuse.

7

8 RECOMMENDATIONS

9

10 The Board of Trustees recommends that the following be adopted and the remainder of this report
11 be filed:

12

- 13 1. That our American Medical Association (AMA) reaffirm Policies H-315.974, “Guiding
14 Principles, Collection and Warehousing of Electronic Medical Record Information,”
15 H-315.983, “Patient Privacy and Confidentiality,” H-315.975, “Police, Payer, and Government
16 Access to Patient Health Information,” H-315.978, “Privacy and Confidentiality,” and
17 H-315.987, “Limiting Access to Medical Records.” (Reaffirm HOD Policy)
- 18 2. That our AMA support state-based efforts to protect patient privacy including the patient’s
19 right to know whether information is being disclosed or sold and to whom and the right to opt
20 out of the sale of their data. (New HOD Policy)
- 21 3. That our Council on Ethical and Judicial Affairs consider re-examining existing guidance
22 relevant to the confidentiality of patient information in light of new practices regarding de-
23 identified patient data, including the use of exclusive de-identified data licensing agreements in
24 healthcare. (Directive to Take Action)
- 25 4. That Policy D-315.975, “Research Handling of De-Identified Patient Information,” be
26 rescinded, as having been fulfilled by this report. (Rescind HOD Policy)

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Fiscal note: Minimal – Less than \$500

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