Partner with patients
Pre-assessment

Instructions: Check all boxes that apply to your practice.

1. What methods are in place to improve collaborative communication?
   - Engage patients using open-ended questions
   - Use teach-back when providing patient education
   - Elicit patient views on options and priorities for the care plan
   - Explore reasons for non-adherence
   - Address health literacy needs
   - Remain non-judgmental at all times

2. What methods are in place to improve medication adherence?
   - Education on use, importance and effectiveness of medication
   - Prescribe once-daily medications when possible
   - Prescribe generic medications when possible
   - Use single-pill combination therapy when possible
   - Provide 90-day prescriptions when possible
   - Coordinate prescription refills for the same date
   - Identify and address financial barriers
   - Address issues of medication complexity
   - Provide patient guidance on what to do if medication side effects occur
   - Work with pharmacy to coordinate blister packs for patients who may benefit from them

3. Do you recommend the following lifestyle changes?
   - Avoid tobacco use
   - Drink alcohol in moderation (for those who currently drink alcohol)
   - Follow the DASH eating plan
   - Lose weight (if overweight)
   - Decrease sodium intake
   - Consume recommended amount of dietary potassium
   - Participate in physical activity regularly
4. If additional information on lifestyle is given, how is it shared with patients?

- Verbally
- Patient education materials generated from electronic health record
- Online resources
- Referral to educational programs offered by the health system
- Referral to educational programs offered by the community

5. **Self-measured blood pressure (SMBP):** See SMBP pre-assessment