



Act rapidly

Pre-assessment

Instructions: Check all boxes that apply to your practice.

1. What office protocols are in place?

- Provider is notified if patient has high blood pressure (BP)
- High BPs are flagged in electronic health record (EHR)

2. What treatment protocol is used?

- None
- Your practice's customized protocol
- Clinical decision support guidance within EHR (including embedded treatment protocol)
- AHA/ACC/CDC high blood pressure algorithm
- Million Hearts® protocol for controlling hypertension in adults
- Kaiser Permanente Clinical Practice Guideline for Adult Hypertension
- National Institute for Health and Care Excellence (NICE) protocol for hypertension in adults
- Other: _____

3. How are medical records used?

- Identify patients with uncontrolled BP using EHR report
- Identify clinical inertia
 - Initiation or intensification of antihypertensive medication
 - Initiation or continuation of non-pharmacological therapy
 - Schedule follow-up visits
 - Use of self-measured BP measurements
 - Use of 24-hour ambulatory BP monitoring
- Identify contributing factors of clinical inertia
 - Provider's lack of knowledge on treating hypertension
 - Unsure about "true" BP
 - Medication complexity
 - Medication adherence
 - Patient does not want or agree with treatment plan
 - Follow-up issue